

New Mexico Masters Swimming  
Annual Meeting  
4 Nov, 2023

Attendees: Kay Armstrong (Secretary), Mark Brown, Emily Clark, Nick Decker (Web Master), Teddy Decker (Vice Chair), Barb Deshler (Treasurer), Rebecca (Bex) Friedberg (new chair), David Patterson, Kyle Roth, Lyndsay Shand, Jeremiah Stanton, Wright Stanton, Kristy Stickrod, Ben Travelstead, Bob Wilson

Swim groups represented: BEAST, BETS, Chargers, Lobos, individual

Meeting was called to order at 9:00 MST. Many thanks to Barb for hosting and to Bex for providing the door prizes!

#### Summary – Teddy Decker

-In the past year USMS approved and completed the inclusion of the West Texas LMSC into the NM LMSC. This area includes El Paso and Midland, TX.

-USMS Relay (annual national meeting to focus on state and local swimming)

--Bex and Teddy attended this past year

--Bex was inspired by discussions centered on planning events, feels more events will raise awareness of Master's swimming in NM.

---Generally allow 6 months for planning and ensure: the focus is on fun as much as possible; include music, prizes, etc; volunteers are essential so consider incentives.

---offered suggestion – instead of handing out ribbons perhaps give 'coupons' for a local swim store. The store redeems the coupon with us (NM LMSC) so they are not out funds.

--Teddy reminded us that Masters are adults and choose to swim and participate a little or a lot.

---A group in Atlanta started "Grown Up Swimming", an adult summer league with swim meets that include 25yd/m distances and a party after.

---USMS is acquiring the brand "Grown Up Swimming" from this Atlanta group and promoting the concept nationwide.

---USMS is planning to establish geographical coordinators to manage / grow this effort; these will be paid positions.

---Go to [grownupswimming.com](http://grownupswimming.com) for a preview of what's in store!

#### Budget

-Barb would like to pass on the treasurer baton. She states the position requires 3-10 hours/year. If interested please contact Teddy.

-Teddy led discussion of stipends offered for USMS sanctioned meets

--NM LMSC already pays the USMS sanctioning fee

--Proposing we add a \$100 stipend for meet hosts who add adult races to children's meets, and \$200 for those who host adult-only meets.

--The topic of dual-sanctioned meets (children and adults) raised questions regarding the "Safe Sports" program.

---Jeremiah indicated this requires separate locker facilities for children and adults, and for all participants over the age of 18 to complete online training and obtain a background check. Jeremiah will provide a more in-depth summary of the requirements.

---Will also look into the possibility of holding adult meets between the prelims and finals of the children's meet which may avoid Safe Sports requirements.

-Emily expressed a desire for open water events and clinics.

--Teddy and Emily will contact Zoe to see what she may have planned.

--Emily take over Open Water Chair if needed, and will collaborate with Bex, Ben, and David to make a budget based on desired events.

-USMS Coaches Clinic, Oct 2024

--Will be held in Houston, each LMSC can send 2 coaches.

--Teddy would like to send an experienced coach and a new coach; if interested contact Teddy.

-Upcoming travel opportunities

--Relay, Oct 2024

---This meeting has fun topics (events, collaboration, etc.)

---If interested contact Teddy

--Annual meeting (Virtual)

---Rules and administration oriented, voting on national level issues, volunteer for national positions

---If interested contact Teddy

-In the past (and continuing) NM LMSC has reimbursed coaches and 18-25 year olds for their USMS fees.

-College Club Swimming

--This is similar to college intramurals, very popular on East coast, and has its own governing body. USMS provides limited financial support.

--In early Mar 2020 we'd approved to provide some funding support to the NM Tech college group, but COVID interrupted the generation of needs and funding request. If still interested in pursuing please contact Teddy.

-Funds status

--We currently have \$39,000

--Contact Teddy if you have a swimming related idea that can appropriately utilize funding support

--Wright (El Paso) asked what amount transferred from West Texas LMSC to NM LMSC.

---Teddy gave a brief review of how the incorporation occurred (WT LMSC had 50-60 members, but no board, no attendance at national level, and was offered opportunity to join NM LMSC).

---WT LMSC brought \$6,261 to the merger.

USMS Meet Officials

-Teddy encourages all to become meet officials

--Stroke training is online, with videos; see USMS website for more information.

- After this can train to become a starter, race coordinator, etc.
- Suggestion was made to hold a training class prior to the start of the Taos meet.
- Any completed training will also enhance our support of open water events.

#### NM LMSC Website

- Nick gave overview of his activities.
  - He's been running both the legacy site (free to host but limited capabilities) and the USMS-offered site (increased capabilities but administered only at national level – Nick submits desired changes and waits for them to occur).
  - Plan to shut down the legacy site and continue to provide content to the national page.
  - Looking for content (local club schedules, race summaries, updated records, pictures and newsletters, etc).

#### At Large

- Wright asked that the West Texas information be added to whichever website continues.
  
- Wright also recommended we ensure swimmers are involved all along the way in the development and building of the North Domingo Baca pool, as the city / building contractors will likely run across issues that can effect actual pool usage. Ensuring one or more Master's swimmers are kept in the loop will help minimize surprises when the pool opens. Teddy stated this has occurred, but she will track to ensure the LMSC stays involved.

The former Registrar position has transitioned to a Communications job. All registration activities are completed at the national level when registering online. This position will support emails to the organization at large, generating website content, and similar activities.

-Jeremiah owns Go Time Athletics in Albuquerque (<https://gotimeathletics.org/>) , and SwimWest ABQ is on the corner of Paseo Del Norte and Ventura. Please consider these local shops for your swimming needs.

#### Board of Directors

- Chair- Rebecca (Bex) Friedberg
- Vice Chair- Teddy Decker
- Secretary- Kay Armstrong
- Treasurer- Barbara (Barb) Deshler (looking for replacement)
- Coaches Chair- Jeremiah Stanton volunteered
- Top Ten- John Berry (looking for replacement)
- Sanctions- Roman Anaya
- Comms Chair- Kyle Roth volunteered

**KAA 17 Nov 2023**