

**United States Masters Swimming
Open Water/Long Distance National Championship**

RESULTS

CHAMPIONSHIP EVENT: 5K Postal National Championship
EVENT DATE(S): May 15, 2009-Sept 15, 2009
SANCTION NUMBER: 040-011-SLCY
SANCTIONING LMSC: New England
SPONSORING ORG: Minuteman Masters Swim Club
EVENT DIRECTOR: Sue Sotir
Address 105 Lincoln Woods Rd
Waltham, MA 02451
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WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club	Time	Quality Points	NR
18-24	1	Elizabeth	Munroe	S	19	DOC	1:11:18.78	910	
	2	Valerie	Adams		23	WMAC	1:14:08.40	875	
	3	Jessica	Connors	A	23	WMAC	1:17:45.70	835	
	4	Kayla	Abbott	C	22	DOC	1:19:48.32	813	
	5	Celeste	Morton	R	21	OREG	1:20:37.00	805	
	6	Linnea	Freeman	R	24	PALM	1:23:33.00	777	
	7	Leanna	Farnam	M	24	NEM	1:29:31.00	725	
	8	Regina	Macolino	C	24	SPM	1:34:11.00	689	
	9	Erin	Maloney	K	24	CMS	1:39:44.90	651	
	10	Dana	Litoff		25	IM	1:46:24.36	610	
	11	Christina	Fenske	M	24	SAWS	1:46:47.45	608	

25-29

1	Bridget	Pranke	A	25	ARIZ	1:10:33.00	930
2	Rebekah	Olsen		28	MVN	1:11:17.98	921
3	Sarah	Mooney	M	26	PALM	1:14:32.00	881
4	Sarah	Santos	E	25	NEM	1:20:14.36	818
5	Madeline	Allen	M	28	PALM	1:29:33.00	733
6	Jenny	Hagan	L	29	PALM	1:32:32.00	709
7	Elizabeth	Scott	A	28	NEM	1:38:51.00	664
8	Katie	Gates	B	29	NCMS	1:49:57.96	597
9	Shannon	Blake	E	29	NEM	1:51:46.00	587

30-34

1	Kristi	Lee	D	33	SAWS	1:09:13.61	931
2	Julie	Soltys		31	BERK	1:13:09.14	881
3	Kimberly	Von Doring	J	30	WMAC	1:14:51.10	861
4	Karen	Fair	M	34	NEM	1:19:07.00	814
5	Jenny	Birmelin	L	32	MICH	1:19:48.71	807
6	Evelyn	Pryor	G	32	OREG	1:22:16.00	783
7	Tina	Alkezweeny		34	PNA	1:30:56.19	708
8	Abbey	Scott	C	31	NEM	1:41:50.00	633

35-39

1	Kelly	Reynolds	M	39	MOVY	1:12:19.33	878
2	Dale	LeClair	A	39	GOLD	1:18:18.25	811
3	Jennifer	Bauman	L	36	BERK	1:19:05.83	802
4	Elizabeth	Kooy	A	38	IM	1:21:42.24	777
5	Megan	Lassen	M	39	OREG	1:22:33.07	769
6	Carrie	Ohm	A	36	IM	1:24:04.41	755
7	Katie	Whitworth	K	35	VMST	1:24:07.00	755
8	Lisa	Mische-Lawson	A	38	MOVY	1:26:40.99	732
9	Julie	Flanagan	A	35	MVN	1:28:14.39	719
10	Michelle	Frink	L	38	NEM	1:29:25.00	710
11	Melanie	Brede	H	35	UNAT	1:30:18.00	703
12	Denise	Veenstra	L	39	NEM	1:31:28.05	694
13	Bonnie	Edwards	B	37	OREG	1:31:37.62	693
14	Marci	Shindel		35	OREG	1:32:50.00	684
15	Jane	Woo		39	UNAT	1:36:05.81	660
16	Gloria	O'Connor		39	CMS	1:36:41.00	656

17	Nadine	Olney		37	DBMS	2:16:30.00	465
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40-44

1	Jutta	Schickore		44	DOC	1:07:41.23	929
2	Victoria	Rian	L	43	ISF	1:10:10.47	896
3	Elizabeth	Watkins	A	44	OREG	1:13:40.60	854
4	Heather	Hagadorn		44	CMS	1:17:07.32	815
5	Melissa	Kerker	A	44	ISF	1:18:27.20	802
6	Dawn	Clark		44	SPM	1:24:04.00	748
7	Denise	Fletcher		42	AMP	1:28:10.00	713
8	Jill	Hofstetter	D	43	GOLD	1:29:08.21	706
9	Lissa	Morris	D	40	DOC	1:30:06.13	698
10	Cathy	Hallman-Kenner	L	44	PALM	1:36:43.00	650
11	Flavia	Zappa	L	42	SPM	1:41:44.06	618
12	Mary	Ott	A	41	ISF	1:45:49.00	594
13	Muffin	Camp		40	MOST	1:47:45.11	584
14	Kimberly	Pudlo	L	41	NEM	1:52:21.00	560
15	Mei-Hsin	Kuo		40	ISF	2:12:04.00	476

45-49

1	Andrea	Block	J	47	IM	1:05:14.77	988
2	Denise	Brown	H	49	MICH	1:07:58.87	948
3	Arlene	Delmage		46	OREG	1:11:01.55	907
4	Nicole	Vanderpoel	L	45	CMS	1:14:50.67	861
5	Leticia	Castro		49	GOLD	1:15:16.00	856
6	Marcia	Cleveland	E	45	IM	1:15:50.00	850
7	Heidi	Kafka		47	IM	1:16:10.14	846
8	Ali	Hall	R	48	MARY	1:19:10.00	814
9	Lisa	Zedonis	L	47	ISF	1:19:18.40	813
10	Laura	Kaleel	L	48	SPM	1:21:22.00	792
11	Joni	Young	D	48	OREG	1:21:48.03	788
12	Kathy	Gifford	M	49	DOC	1:22:33.48	781
13	Kris	Denney	A	49	OREG	1:23:03.99	776
14	Robyn	Schaffer	K	46	MARY	1:23:40.00	770
15	Kathryn	Froehlich		47	IM	1:23:52.55	768
16	Ann	Apple	L	46	CMS	1:25:12.00	756
17	Christina	Fox	M	48	OREG	1:34:14.00	684

18	Christine	Swanson	T	47	SPM	1:36:46.00	666
19	Patricia	Rogers	L	49	OREG	1:42:02.00	632
20	Gayle	Orner	A	47	OREG	1:44:58.00	614
21	Lesa	Rathjen	L	45	MOST	1:51:04.66	580
22	Debbie	Pappa		48	OREG	1:55:53.00	556
23	Sue Ann	Richardson		45	NEM	1:57:59.00	546
24	Roberta	Varela-Hein	K	45	MOST	2:03:31.12	522
25	G Iris	Threatt-Milton		46	DBMS	2:28:33.00	434

50-54

1	Mary	Sweat		52	OREG	1:15:34.29	867
2	Celia	Devanney	C	52	GOLD	1:17:00.00	851
3	Ahelee Sue	Osborn	M	51	MVN	1:17:30.29	845
4	Sharon	Steinmann	B	51	SPM	1:20:38.00	812
5	Laura	Worden	A	51	OREG	1:23:11.37	788
6	Colette	Crabbe	M	52	OREG	1:24:39.65	774
7	Sandy	Mitchel	H	50	ARIZ	1:25:22.00	767
8	Maddie	Diedo		51	MICH	1:26:27.04	758
9	Susan	Blattner	J	52	MOVY	1:26:36.59	756
10	Jo Ann	Harrelson		53	SPM	1:27:30.00	749
11	Nan	Stager	H	54	DOC	1:27:31.31	749
12	Teresa	Copeland	A	51	OREG	1:28:14.00	743
13	Paula	Moores	J	51	SAWS	1:34:30.50	693
14	Barbara	Delanois		54	IM	1:39:52.00	656
15	Shelley	Prober	R	52	MOST	1:47:37.70	609
16	Connie	Peterson	L	54	OREG	1:51:50.00	586
17	Dana	Scruggs	L	50	ISF	1:57:49.00	556
18	Sue	Moucha	A	51	FMM	2:34:14.39	425

55-59

1	Shirley	Loftus-Charley	A	57	SMAM	1:15:12.62	952
2	Kathy	Boyer	M	55	MOST	1:20:19.63	892
3	Judith	Laney	B	56	CMS	1:24:03.00	852
4	Anne	Fisher Campbell	E	57	ISF	1:27:37.00	817
5	Elizabeth	Budd	H	55	OREG	1:27:38.00	817
6	Carol	Wildman	J	55	NMMS	1:29:49.20	797
7	Jeanna	Summers		55	OREG	1:31:19.00	784

8	Emily	White		56	NEM	1:32:35.00	774
9	Pam	Geiger		56	SPM	1:33:25.00	767
10	Linda	Callaway	S	56	MOST	1:36:45.52	740
11	Chris	Mayhew		56	MOST	1:36:58.46	739
12	Jill	Wright	M	58	SAWS	1:38:00.00	731
13	Ruth	Thompson	A	59	DBMS	1:44:28.00	686
14	Jeanette	Groesz	G	59	OREG	1:51:55.99	640
15	Susan	Sanders	K	55	OREG	1:54:19.00	627
16	Heather	Adkins-Narte	D	55	PNA	2:22:49.84	501

60-64

1	Barbara	Dunbar	G	60	SDSM	1:15:42.56	1,125	√
2	Ann	Svenson		63	DCM	1:29:43.40	950	
3	Barbara	Bos	J	60	NEM	1:31:01.20	936	
4	Greta	Van Meeteren		62	NCMS	1:38:56.50	861	
5	Ginny	Saunders	A	62	OREG	1:45:35.00	807	
6	Tam	Jenkins	K	61	OREG	1:46:44.00	798	
7	Joan	Delgado	D	64	PNA	1:47:16.77	794	
8	Susan	Paris	I	63	SKY	2:04:03.00	687	
9	Carol	Stark	R	60	OREG	2:21:44.01	601	
10	Camille	Klotz	A	64	NCMS	2:31:12.01	564	
11	Jeanne	Seidler		62	WMAC	2:48:18.93	506	

65-69

1	Jennifer	Parks	A	66	MICH	1:37:28.12	869	
2	Claire	Gregg	M	68	MOST	2:15:08.02	627	
3	Peggie	Hodge	H	69	OREG	2:15:16.34	626	
4	Lynn	Francis	A	65	MOST	2:21:38.46	598	

70-74

1	Patricia	Bond	M	71	FMM	1:42:48.86	923	
2	Anne	Olson	P	70	PNA	1:48:54.00	871	
3	Carol	Lowengrub	W	72	DOC	2:20:25.79	676	
4	Sandy	Steer	L	70	SPM	2:29:05.00	637	

75-79

1 no entries

80-84

1 no entries

85-89 1 no entries
 90-94 1 no entries
 95-99 1 no entries
 100+ 1 no entries

MEN

Age group	Place	First Name	Last Name	MI	Age	Club	Time	Quality Points	NR
18-24	1	Thomas	Alne	J	21	GSM	1:06:55.10	974	
	2	Greg	Kearney	M	19	WCM	1:09:06.54	943	
	3	Ben	Ungs	R	19	IAMA	1:23:33.71	780	
25-29	1	Craig	Charley	R	26	SMAM	1:14:50.20	834	
	2	Michael	Kalk	L	29	OREG	1:22:39.00	755	
	3	Tyler	Rich		26	AMP	1:47:32.00	581	
30-34	1	Bryan	Bachman	D	34	MINN	1:07:10.30	892	
	2	Adam	Parker	B	33	IM	1:09:01.10	868	
	3	William	Simmons	B	34	ISF	1:09:26.40	862	
	4	Nathan	Boal	J	31	OREG	1:12:53.10	822	
	5	Michael	Thiry	A	34	IM	1:20:52.23	741	
	6	Mark	Manderino	D	32	IM	1:24:20.89	710	
35-39	1	Tyler	Blessing	J	37	TXLA	1:02:25.40	932	
	2	Mike	Broglio		38	NEM	1:09:05.00	842	
	3	Peter	Juiris		35	IM	1:09:09.38	841	
	4	Tony	Rezek		36	MOVY	1:17:08.59	754	
	5	Matthew	Wicklender	E	35	IM	1:22:18.52	707	

6	Mark	Braun		37	OREG	1:25:01.60	684
7	Eduardo	Cruz		39	CMS	1:25:10.43	683
8	Chris	Veenstra	T	38	NEM	2:02:02.00	477

40-44

1	Sam	Manhart	H	40	MESC	1:07:08.30	870
2	William	Sax	C	40	GMUP	1:08:15.93	855
3	Hardy	Lussier	C	44	OREG	1:09:05.00	845
4	William	Cordero		42	IM	1:10:14.70	831
5	Robert	Higley	E	44	OREG	1:12:18.00	808
6	Larry	Caldwell	E	44	GOLD	1:13:02.19	799
7	Michael	Bell	A	40	MICH	1:13:07.15	799
8	Robert	Fernald	E	42	GBM	1:13:11.07	798
9	Timothy	Waud	P	42	OREG	1:15:09.78	777
10	Ed	Coates	M	43	TXLA	1:17:20.00	755
11	Mike	Fairbairn	J	42	PALM	1:20:25.00	726
12	Robert	Clayton		41	SAWS	1:23:54.00	696
13	John	Drew	M	42	DOC	1:25:58.23	679
14	Al	Prescott		40	NEM	1:27:24.00	668
15	Michael	Hennessey	J	43	MOST	1:27:35.72	667
16	Peter	Collins		44	PNA	1:33:16.10	626
17	Mike	Nims	D	41	UNAT	1:37:16.00	600
18	Steven	Sloop	E	44	OREG	1:39:09.00	589
19	Keith	Nelson	W	44	SPM	2:05:41.00	465

45-49

1	Jeff	Erwin	T	45	SAWS	1:00:25.14	1,014	√
2	Anders	Rasmussen	M	46	TXLA	1:05:00.00	943	
3	Kurtis	Baron	C	45	VCM	1:05:44.99	932	
4	Christopher	Cooper	E	45	VCM	1:06:01.98	928	
5	Frank	Wuest	C	49	NEM	1:06:58.00	915	
6	James	Biles	B	48	WMAC	1:07:32.12	907	
7	Daniel	Smith	C	46	PNA	1:07:39.06	906	
8	David	Hathaway		48	OREG	1:10:08.13	874	
9	Ron	Collins	L	47	SPM	1:10:34.00	868	
10	David	Sebastian		48	IM	1:12:15.40	848	
11	Kyle	Treadway	R	49	QUAC	1:12:25.14	846	
12	Kris	Calvin		47	OREG	1:12:38.00	844	

13	Geoffrey	Brown	M	48	DOC	1:16:09.30	805
14	Jeffrey	Leonard	D	49	MOVY	1:16:28.65	801
15	G. Mark	Doyle		49	NCMS	1:16:57.27	796
16	Konrad	Fritz		49	UNAT	1:17:44.68	788
17	James	Walker		45	AMP	1:19:58.10	766
18	Michael	Stresemann	N	49	PALM	1:22:12.00	746
19	Jay (John)	Kincaid	W	48	DOC	1:22:25.80	743
20	Andrew	Miller	H	45	DOC	1:25:23.40	718
21	Mark	Devlin		46	NEM	1:27:26.03	701
22	Anthony	Thompson	G	45	MOVY	1:29:13.44	687
23	William	Marshall	S	46	COM	1:31:38.00	669
24	David	Nobles	O	49	COM	1:34:02.00	652
25	Ken	Heraty		46	IM	1:37:41.00	627
26	Jeff	Hinely	T	45	HUNT	2:07:40.00	480

50-54

1	James	Stewart	A	52	MINN	1:08:18.43	892
2	Kern	Davis	M	54	SPM	1:08:20.00	891
3	Patrick	Allender		51	OREG	1:10:14.60	867
4	Chris	Layton		50	IM	1:12:34.10	839
5	Timothy	Kennedy	C	53	SPM	1:13:00.00	834
6	John	Erb		53	DCM	1:13:52.80	824
7	Joe	Aumiller	F	52	MICH	1:15:13.81	809
8	Brian	Fouts	D	50	DOC	1:17:54.12	782
9	Steve	Hugo	D	51	IAMA	1:19:38.94	765
10	Keith	Dow	C	54	OREG	1:21:35.99	746
11	Kyle	Murray		50	GBM	1:26:07.00	707
12	Kenneth	Resnick	S	54	UNAT	1:28:29.13	688
13	Garry	Rich		51	AMP	1:28:45.00	686
14	Michael	Quinn	K	53	PVMA	1:32:37.14	658
15	William	Riggert	S	50	DOC	1:33:03.54	654
16	Kenneth	Leclerc	M	53	MOST	1:33:26.07	652
17	Doug	Nelson		54	MOVY	1:35:53.53	635
18	Jack	Frackleton	J	50	NEM	1:37:05.03	627
19	Walter	Carter	R	54	OREG	1:45:57.00	575
20	Andrew	Seter		51	WMAC	2:00:18.00	506

55-59

1	Jim	Mc Conica		58	VCM	1:04:24.87	983
2	Larry	Wood	W	55	TXLA	1:06:36.60	951
3	Robert	Wright	E	55	DOC	1:07:11.55	943
4	George	Keenan	W	56	IM	1:09:24.32	913
5	Brian	Vance	A	58	TXLA	1:11:52.24	881
6	William	Reeves	W	56	UTAH	1:12:29.34	874
7	Frank	Thompson	L	57	MICH	1:13:41.56	860
8	David	Tanner	A	59	DOC	1:14:54.85	846
9	William	Penn	J	57	PNA	1:14:59.00	845
10	Joel	Stager	M	56	DOC	1:17:30.20	817
11	Jack	Fritts	M	59	IAMA	1:19:26.90	797
12	Allen	Larson	J	56	OREG	1:21:24.00	778
13	Peter	Finn	R	55	DOC	1:23:20.36	760
14	Wayne	Winston	L	59	DOC	1:24:45.52	747
15	Jim	Teisher	L	59	OREG	1:25:40.00	739
16	Wes	Edwards		56	OREG	1:27:41.00	722
17	Skip	Montanaro		55	IM	1:32:38.23	684
18	Michael	Carew	P	59	OREG	1:37:00.00	653
19	Dallas	Figley	G	57	OREG	1:41:39.14	623
20	Larry	Beck	M	58	OREG	2:02:12.10	518
21	Douglas	Fairchild	L	56	AMP	2:05:31.00	505
22	Larry	Gillham	H	59	OREG	2:19:24.00	454

60-64

1	Bob	Bruce	A	61	OREG	1:15:55.14	903
2	Jed	Cronin	P	60	OREG	1:16:08.81	901
3	Carl	Selles	H	62	CMS	1:18:16.23	876
4	John	Derr	M	60	VCM	1:20:29.32	852
5	Roman	Karbownik		63	MVN	1:26:56.00	789
6	Max	Maust	M	62	CGCC	1:33:06.00	737
7	Chuck	Zeese		62	MICH	1:34:18.95	727
8	John	Ellis	L	63	OREG	1:34:27.00	726
9	Henry	Greenberg		61	NOVA	1:35:44.47	716
10	Walter	Gantz		63	DOC	1:40:28.00	683
11	Gerald	Wunsch	A	63	DOC	1:42:53.86	667

12	Bruce	Diel	N	60	MOVY	1:47:17.66	639
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65-69

1	Larry	Raffaelli	L	66	VCM	1:17:50.49	929
2	Tom	Landis		67	OREG	1:22:10.99	880
3	Bart	Bleuel	S	68	VCM	1:28:34.00	816
4	Ralph	Mohr	W	68	OREG	1:34:50.00	762
5	Phil	Heath		66	IM	1:37:46.53	739
6	Donald	Jackson	B	69	WMAC	1:42:54.00	703

70-74

1 no entries

75-79

1	David	Radcliff	A	75	OREG	1:16:36.73	1,077	√
2	Robert	Beach	E	79	SPM	1:40:07.00	824	
3	Patrick	Quinn	J	78	ADMS	2:07:18.52	648	

80-84

1 no entries

85-89

1 no entries

90-94

1 no entries

95-99

1 no entries

100+

1 no entries