

## LMSC for Virginia Annual Meeting

Sunday, November 5, 2023

Zoom Call

5:00 P.M.

Attendees: Caycee Buscaglia, Heather Stevenson, LaTonya Moyer, Angela Howsmon, George Sushkoff, Chris Stevenson, Alice Phillips, Becca Latimer, Nancy Speer, David Anderson, Barbara Boslego, John Crane, James Porter

I. Welcome from Chair Caycee Buscaglia

II. Reports of Officers:

a. Chair  Chair Report for Annual Meeting

Caycee recapped some of the highlights in her report. One of those highlights was information gathered from Relay 2023 in Houston, including a presentation from Relay which was on how to run a meet. Caycee suggested this link should be put on our LMSC webpage to assist future meet directors in our LMSC. George will add that to the webpage. Caycee also highlighted information regarding the Colony Zone Championship that will be held at the Jeff Rouse Swim and Sport Center in Stafford, Va. in April 2024. Doug Sayles will be the Meet Director and Caycee will be the Volunteer Coordinator for the meet.

b. Vice Chair-no report

c. Secretary – no report

d. Treasurer [2023 Treasurer's Report](#); [2024 Budget .xlsx](#)

Becca did a helpful overview of this past year's finances. Our net worth totals \$59,690.31. New proposals for 2024 include paying for the USMS annual membership for the LMSC Board of Directors, assisted funding for new events, a stipend for Event directors, hospitality costs for the Colony Zones meet, a grant allocated for possible loss of coverage at the Colony Zone meet, and covering the cost of a Club/Workout group fee. Some budget items were slightly increased such as ordering some more rule books this year, and some were slightly decreased.

There was some discussion on providing the stipend for an Event director and how this would be handled. Becca stated that she could create a form that Event directors would use ahead of the event to request the stipend. Overall, the Board felt this stipend would be good to encourage more people to put on a swim event. Other note, Becca has joined an LMSC Treasurer Peer Group. She was matched with three other LMSC Treasurers from North Carolina, South Carolina, and Indiana. Becca stated this has been very helpful.

III. Reports from Committee Chairs

a. Sanctions: Angela reported that there were two open water USMS sanctions issued this year: Lake Moomaw event and the Chris Green Lake event. There were six USMS pool sanctions issued this year: VMST meet in Va. Beach, Nova Short Course meet, Nova Long Course meet, Big Kahuna sponsored by TIDE Masters, Tribe Masters Classic, and the David Gregg Memorial meet.

b. Long Distance/Open Water [open water LD chair report 2023](#)

Caycee mentioned she is excited about the new incentive in Dave's report that states that the Lake Moomaw, Reston, and Chris Greene events will be combined to award an overall series award, combining the fastest total times for those swimming in all three events.

- c. Officials: This position is currently open. Caycee mentioned she is speaking with Bob Rustin about the possibility of taking this position.
- d. Fitness: No report
- e. Coaches [Coaches Chair Report - LMSC of Virginia 2023](#)

Alice reported that this year marked an increase in professional certifications among coaches and instructors in Virginia and other LMSC's. The certification event at SwimRVA in mid September was well attended. Overall, more than 50 individuals received instructional certifications and 26 swimmers attended the swimming technique clinics. Individuals who were from the LMSC for VA received various amounts in reimbursement as voted on for this year. Alice mentioned that she would like our LMSC to continue to help in the cost of the certifications for LMSC of VA members. Discussion was held that there most likely will not be a Coaches Clinic in 2024, but possibly in 2025.

#### IV. Additional Board Members

- a. Membership Coordinator [MembershipReport\\_2023](#)  
Chris gave an overview from this past year. For the first time in a while, "Unattached" was not the largest club. VMST currently has the most members at 315.
- b. Newsletter: Caycee mentioned that she spoke to people at Relay 2023 about how often their LMSC's put out newsletters to their members. She said people responded that some do monthly, some do quarterly, but it seems that most LMSC's put one together for their members. Chris stated that getting material for the newsletter was the most challenging part. Heather updated that there was one person who had interest in the Newsletter, thinking the job was just to edit one article, but was not interested in taking on the Newsletter position. Heather suggested that for now, until we find someone to be the Newsletter Chair, we send out any LMSC information in an email to members.
- c. Website/Social Media [Webmaster\\_Report.2023docx](#); [Social\\_Media\\_Report.2023docx](#)  
George stated that there have been some security concerns with the LMSC webpage, but no major problems. However, he said we always need to stay one step ahead. Caycee asked George if he was satisfied with the design of the webpage and George stated that he was.
- d. Records & Top Ten: Chris stated that there have been Records broken and Top Ten times recorded for this calendar year.
- e. Safety: No report
- f. Review: No report
- g. Diversity, Equity, & Inclusion [Diversity and Inclusion Report - LMSC of Virginia 2023.docx](#)

LaTonya mentioned that it has been a challenge trying to find locations to host ALTS classes. Many locations don't have the space or openings for these classes. There has been a push for High School swim teams in the Richmond area so space is limited. LaTonya also mentioned that high school swimmers do turn into adult swimmers so there is encouragement in that. She also stated that there were three YMCA instructors of color that completed the ALTS certification class in September.

#### V. Reports from any Club Representatives present

- a. Barbara Boslego, President of VMST: Barbara reported on the recent VMST swim meet that was held in Va. Beach on Nov. 4th. There were a total of 90 registered swimmers and 6 National Records were set. For 22 swimmers, it was their first swim meet ever, or their first swim meet since Covid. Barbara stated that preparing for the meet was a challenge, especially getting officials. John Crane said that he has the opposite issue. He is an official and it is frustrating to him that he is not getting calls to officiate at meets. Barbara suggested it may be

helpful to have a calendar of swim meets held in Virginia, with a list of the officials that were already working at those. Discussion followed on helpful sites. Chris offered that the USMS site has a section marked, "Volunteer Central" that could help. There is also a VA USA Swimming link that has lists of officials and refs that could be helpful. Barbara also asked if there is a way that VMST could "piggyback" on the LMSC webpage so there is a place to put information. Discussion ensued with how best to do this. Heather said that the Newsletter may be the best place to do this because the LMSC Newsletter takes articles and information from all the teams.

#### VI. New Business:

- a. LMSC for VA to cover USMS Membership for Board: Caycee led a discussion that the LMSC cover the cost of the annual USMS membership for Board members. Alice made a motion, Heather seconded. The motion passed.
- b. Meet Director Stipend for New events to be held in our LMSC: This was discussed under Becca's Treasurer's report.
- c. Pay Club registration fees to USMS in 2024? 2025?: Discussion held about the simplest way to do this, whether the USMS bills us, or we pay. Caycee mentioned that she spoke to some other LMSC Chairs and they said they send out an email to their members, asking if they are going to register again for the year, to know how many fees need to be paid.  
Barbara posed the question of why there are some clubs with only a few swimmers. Could we encourage them to join a larger club? Alice said these swimmers might not understand the verbiage of workout groups and Club teams and the difference between the two. Alice made the motion that club registration fees be paid by the LMSC, Heather seconded. The motion was passed.
- d. "Grown Up Swimming" initiative by USMS for 2024: Caycee said that this was brought up at Relay 2023. "Grown Up Swimming" is like a Summer League Swimming for adults. Caycee mentioned to LaTonya that this initiative may be something that could encourage ALTS swimmers.
- e. Event Grants through USMS: Caycee shared that she has talked to Doug Sayles about these grants and that this might be something our LMSC would like to pursue.

Voting on the budget for Fiscal Year 2024: Alice moved to approve the budget; George seconded. The motion was passed.

Meeting was adjourned at 6:31 p.m.