



# SWIM-MASTER

VOL III - No 3 THE OFFICIAL PUBLICATION OF THE AAU MASTERS SWIMMING COMMITTEE APRIL 1974

## PROFILE OF A NATIONAL MASTERS CHAMPION

By Joyce Louise Bloom

AAU Masters Swimming can be proud of many lovely people. One of the loveliest is its 1973 100 yard butterfly and 200 yard individual medley National Record holder. She is Jane Katz, a special beauty. It is appropriate to take a look at one of our champions.

We infrequently meet someone who is so expert in athletics. It is even more rare to see the qualities of intelligence and personal dynamism combined in one person. It is this well-roundedness which is remarkable.

Jane takes swimming seriously. Her interest in personal fitness takes her to the pool every day where the workout sessions she sets for herself consist of synchronized swimming as well as stroke practice. She is noted for her amateur national and international Synchronized Swimming Exhibitions. She has graced the pools of England, Wales, France, Greece, Japan and Israel. In Israel she set a record for the 100 meter butterfly at the 1961 Maccabiah Games. Japan saw Jane with the 1964 Olympic Synchronized Swimming Team. At present she is preparing for a swimming performance for the 100th Anniversary Celebration of the Young Men's Hebrew Association in New York City. Naturally she choreographs these types of presentations herself. This synchronized swimming ability explains why the strokes she has at her command in a race are poised as well as powerful. Her aquatic versatility is superb.

The aforementioned 1973 Butterfly and IM records were set during the East Coast Masters Invitationals at Princeton University last May. Jane swam to a fantastic finish in 1:11.5 in the 100 yard butterfly and 2:41.8 in the 200 yard IM in the Women's 30-34 category. Many other victories during the year account for the frequent appearance of her name in the January SWIM-MASTER MAGAZINE 10 Best Times list. She is in the

Top Ten of the year nationally in seven different events! In addition to her two first place victories, she performed excellently in the 50 yard butterfly, 200 yard backstroke and 1650 yard freestyle events. Her achievements in the 50 and 200 yard freestyle events are meritorious.

One of the most genuinely distinguishing characteristics we may note is that Jane is constructive as well as industrious. She takes opportunities to encourage other swimmers to participate in the Masters program and she encourages them to do their best. She's often busy at a Swimming Meet, talking with the swimmers, sharing a point of interest about the sport and enjoying the friendliness of the afternoon. Her thoughts about the value of competitive swimming are evident in an article which appeared in the November-December 1973 issue of the JOURNAL OF PHYSICAL EDUCATION in which she wrote: "Swimming is an activity which aids in the socialization process. It is fun, and at the same time increases one's self-image. In one form or another, all human beings interact socially through some form of game play. Game playing is a very important part of the socialization process."

Continued on Page 2



What may we learn from looking at a superior athlete? I think that motivation, endeavor, discipline and social interactions combine to become part of the expression of the individual. These factors are a joy to observe in a successful individual. Have you noticed Jane Katz? Take a look for her sometime. She's the fast leg of the Gotham Realy Team. And she's quite a woman!

Professor Jane Katz and Mrs. Joyce Bloom are colleagues at Bronx Community College of the City University of New York.

## 1973 AAU All-Americans

Compiled by Dr. Burwell "Bump" Jones

WOMEN	25 - 29	MEN
Anne Grams		Bob Coleman
Carol Brown Clay		
Vickie Good		
	30 - 34	
Nancy Ridout		Timothy Garton
Millie Bergeron		Steve Rabinovitch
Carol MacPherson		Chuck Ogilby
	35 - 39	
Betsy Jordap		Richard Tanabe
Virginia Stephanos		
	40 - 44	
Gail Roper*		Burwell Jones*
Betty Brey		Bill Clinton
Barbara Reeve		
	45 - 49	
Anne Adams*		Paul Hutinger*
Patricia Clinton		Ted Haartz
June Krauser*		Carl Yates
	50 - 54	
Jane McCollister*		John Crews
Zada Taft*		Ray Hakomaki
Jean Pieretti		Paul Herron
		Ray Taft
	55 - 59	
Viola Thompson		Jim Welch*
Mildred Anderson*		Walt Pfeiffer*
Margaret George		
Joan Osborne		
	60 - 64	
Maxine Merlino		Reg Richardson *
		Lloyd Osborne
		Lawrence Smith
	65 - 69	
Edna Perrce		Llyle Collet*
Silvia Bailey		Harry Jagers
Elizabeth Mauric		
	70 - 79	
Frances Watkins		Clarence Ross
		Bill Trask
	80 & UP	
		Joseph Ross

\* Second year for selection

# MASTERS NOTES SWIMMING

Lt. Cease Brown reports from England that: "From the opening ceremony with the Lord Mayor of London presiding to the afternoon tea break, the 1973 Otter Master's Swimming Tournament appeared to be a big success. About 100 participants, twice the size of last year's competition, came from all over England, Scotland and Wales to compete in the meet held in London. Most of the swimmers were ex-Great Britain internationals and/or ex-Olympic competitors, but too many to give mention to all individually. However, two of the most interesting were Jack Hale (45-49) who was the first man to swim using the dolphin kick with butterfly stroke and Commander Gerald Forsberg, Royal Navy (60 & over) who once held the world record for the English Channel swim. Men's competition was quite hot, especially in the 25-29 age group but surprisingly the 50 and over age groups saw a lot of action also. Although the women were in the minority, they made up for their small numbers in the quality of their swims. Lending an international flavor to the meet were four Americans: Sue Tomasovic (25-29) ex-Vesper B.C. swimmer and Capt. D. Duester (25-29) USAF from Iowa. Also helping to spread the master's gospel from the US was A. L. Hausman (45-49) whose home is in New Jersey. Although swimming doesn't hold the popularity in England that it does in the USA, I felt that this was quite an enthusiastic turnout of swimmers, most of whom appeared in remarkably good shape. This was only the second master's meet in two years to be held in England, but there is probably sufficient enthusiasm to keep the program alive, although certainly on a less formal and less organized basis than our own program."

Anne Adams has requested that I place the following notice in Swim-Master: "Concerning the 1974 Sr. Olympics, this will be an unsanctioned meet. I feel we must advise all Masters swimmers of the possibility of facing a suspension from their local AAU if they participate in an unsanctioned meet. The SPA Registration Committee tells me they will have to take action if a protest is filed regarding a Masters swimmer swimming in this meet. Times established in this meet will not qualify for Masters records nor our Ten Best Times list." I would hope that before the date of this meet the

SPA Masters Swimming Committee would re-consider their list of basic rules for this particular meet that has been so popular in the past. Some compromise should be reached so that a sanction can be issued for this meet. In fact, we should all work with any group that wishes to sponsor a Masters Meet! The Annual Senior International Olympics covers just about every athletic activity. The motto of the organization is "Youth Eternal" and is promoted to keep the American adults in a continued interest in keeping fit. These Games were started in 1970.

Anne Adams is still selling patches and decals for \$1.00 each. Send your money, name and addressed stamped envelope to Anne at 17432 Osborne St., Northridge, CA 91324.

Watch out you 35-39'ers for after just two weeks of training after a 15 year lay off Bert Petersen went 25.7 for the 50 yd fly and 29.5 for the 50 mtr fly; 1:01.5 for the 100 yd fly and 1:12.4 for the 100 mtr fly. (However, these times were in practice not a meet). Bert was the 1st Canadian to ever break a minute in the 100 yd fly in 1955. As Bert says, "Here we go again!"

Tom Crosby, PSA AAU Masters Diving Chairman sent in results of the first AAU Clown Diving Competition ever held in the US for Masters. In the individual Clown Diving event (limited to one diver and one announcer) the winner was Charlie Moss from Chula Vista, CA who did a skit on "Geraldine". In the Team Clown Diving (limited to two to five divers and one announcer) the winning team "The Chula Vista Nuclear Nitwits" with five spastic divers, colorful clown suits and wild music. All divers performed on the three meter springboard. Detailed information has been prepared and will be furnished upon request. Write to Tom at 1628 Melrose Ave., Chula Vista, CA 92011.

Newsletters are pouring in and they are all full of such interesting stuff! It is the most efficient way of letting all of your Master swimmers know what is going on in their own area. If your Association doesn't have one, volunteer to start one today!

Alex Gilbert is the Travel Coordinator for the AAU Masters SC Nationals from CA. So far those expressing an interest in attending are about evenly divided between swimmers who would like to stay for only the Nationals' and those who would like to either take a vacation in Florida or Nassau, Grand Bahamas. Through the cooperation of Eastern Airlines and Travel Advisors, several group packages have been developed that should

satisfy both groups.

If you are interested in joining one of the groups please contact Alex immediately at 9866 Mariposa Ave., Fountain Valley, CA 92708 - (714) 968-0311.

Masters Swimmer Carol O'Hara has organized a fantastic combination of vacation and LC Nationals with group fares from Gateway cities to Honolulu departing August 29th. Carol gets you to Santa Clara just in time for the LC Nationals. If you are interested write to Carol, Parsons Travel Agency, Inc., 312 Chestnut Street, Oneonta, NY 13820.

It is nice to see the many Masters Swimmers that come to the Swimming Hall of Fame Pool to work out while they are in the area. The pool is open to the public from 11 am until 4 pm. You will always find someone swimming up and down.

## Short Course Nationals

If you have not written for your entry forms please do so right away. The ENTRY DEADLINE is TUESDAY, May 7th - don't be late! A Patron page in the program has been set aside for sports enthusiasts, such as yourself, and for a \$10.00 contribution your name will be added to the list. Make all contributions payable to the Fort Lauderdale Aquatic Club, 5340 NE 17th Ave., Ft. Lauderdale, FL 33308. If all goes well, we plan on running the Men's events at the East end of the pool and the Women's events at the West end of the pool. Omega Timing Equipment will be used on both courses. We hope this will cut the time of the meet down and leave everyone some leisure time. Please do not ask when a certain event will start for no one will know until after all of the entries are in - and that will be at the last minute! So choose your events accordingly.

MEET RESULTS - I wish to take this opportunity to thank all of the people who typed meet results for SWIM-MASTER. I did not have space for all of the results. I would appreciate the original typed sheets as the originals reproduce better than zerox. I cannot use results when they are on both sides of the paper. Also, some columns are too wide as pica type is 10 characters per inch and elite is 11 or 12 and I use elite. So if you use pica, use only 27 spaces instead of 30. Carbon ribbon reproduces best.

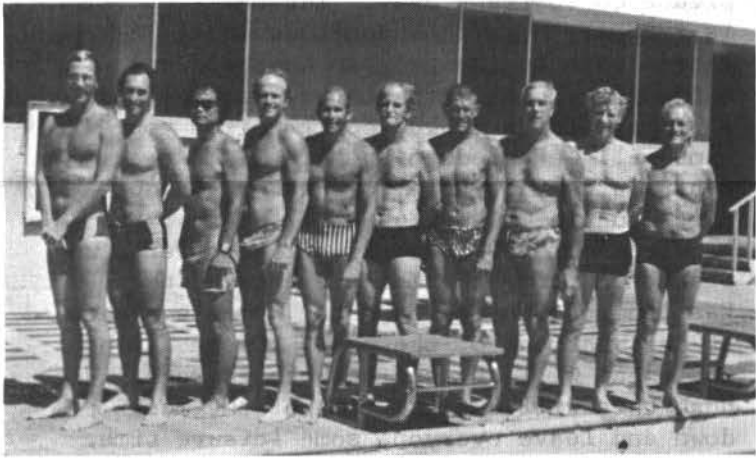
*"If you see someone without a smile - give him one of yours".*



Pictured here is Eldin "Al" Onsgard -winner of four medals in the four events entered in the 1973 AAU Masters Nationals held in Santa Monica. Al is the physical fitness instructor and swimming director of the Mid-Valley YMCA in Van Nuys, CA. Also winning medals at the Santa Monica meet were Norm Litwak - Swim Coach of Mid Valley Y - and John McKenzie a member of the Y.

Al will be leaving as a USA Team Member for competition in Australia and New Zealand and is favored to win in Distance Events. "I win for our youth", says Al. "It inspires them and that makes it all worth while. It's not hard to train 2 to 5 miles per day when you have a nice heated pool like we have at Mid-Valley Y," Onsgard commented.

Good luck to Al and the USA team on their trip to Australia and New Zealand. We hope to have some pictures and comments in our next issue of Swim-Master.



The Hawaii Masters Swim Club has organized an "all age group" ten man freestyle relay team, one man from each of the ten age groups between 25 and 79 years. Each man swims 100 yds/meters for a total of 1000 yds/meters. On 10 March '74 at the Univ. of Hawaii pool (50 mtrs by 25 yds) the team swam the 1000 meter relay in 12:07.88. We would like to challenge other Master teams to better our time! The team included (left to right) Dick Merritt 27, Art Thomson 31, Ron Honda 38, Jim Cotton 41, Fred Trask 46, Tom Mahoney 52, Jim Welch 56, Lloyd Osborne 64, Frank Walton 65 and Wally Laury 72.

The Masters Swim Meet in Edwardsville, IL on January 12-13 was held at the YMCA. The group posed for this picture during the meet. Left to right Front Row: Barbar Barber, Dale Trinka, Russ Rudin, Margaret Borowski, Irene David, Patti Hutinger, Paul Hutinger, Nancy Stupka, Alice Vlietstra, Nancy Hay and boy Mike Hinton. Kneeling Row: Wade Barber, Dick Van Hook, Beth Gabriel, Mildred Anderson, Jean Schnorbus, Shirley Myles, Tom Hay, Paulette Hinton, Terry Dunscombe, Bob Barber. Back Row: Judy Taylor, John Wanner, Will Grant, Bill Grant, Soe Sueme, Ron Jones, Bill Woosley, Allen Hahn, Jeff Wohlford, Bill Simpson, Dave McIntyre, Bob Maurer, John Gallaher.



# And they come out swimmin'

By Al Parker *Colo. Spec. SUN* Feb. 17, 1974

Cries of "come on, Grandpa!" and "go, go, go Grandpa!" echo off the walls.

Checker game? Hardly. Horsehoe picking? Never. Would you believe it's a swimming meet?

At an age when most grandparents start figuring out how much their Social Security payments will be, there is a group of seniors and some not-so-senior-citizens in Colorado Springs who are competing against each other in swimming.

The light of gray and bald heads bobbing in the pool has led to much good natured ribbing. One of the swimmers is called "Sugar Cramp." A television announcer recently gave results of high school and masters swimming meets. When he finished with the high school results, he said: "And now for the results of the over-the-hill gang."

One Coronado High School custodian usually sticks his head into the door of the pool and yells: "Is this the Myron Strickton Home swim team?"

All the swimmers aren't grandparents, however, quite a few aren't even parents. But they are all members of the masters swimming program sponsored by the Rocky Mountain Association of the Amateur Athletic Union.

Competition is by age groups, with the youngest being the 25-29 group, going on up in five-year increments to 60-64 years of age. Coach of the oldsters is Ed McVehil, men's swimming coach at Coronado High School and himself a grandfather.

Not only is he a grandfather, he is the current record holder for the 50 yard butterfly in the Rocky Mountain district and is ranked sixth in the nation in his specialty in the 50-54 year old group.

Two other members of the team — the Pikes Peak League — are ranked nationally. Mr. Pat Kamm, a school teacher at Mark Twain, is ranked seventh in the 200 yard backstroke, seventh in

the 100 yard backstroke, and ninth in the 200 yard breaststroke in the 25-29 age group. Al Parker, a Holly Sugar Corp. executive, is ranked 10th in the 100 yard backstroke. In the 50-54 year group.

"We went to the Intermountain Championships at Englewood last year with 27 swimmers and ended up taking third place. This year, if we can get 50 swimmers, we can take first," McVehil said.

Members of the team have been working out Tuesday, Wednesday and Thursday nights from 9 to 10 at Coronado High School's pool. McVehil is planning two development meets at the pool on Feb. 10 and March 10.

McVehil stressed that competition isn't the name of the game but, rather, the emphasis is on physical conditioning.

"Swimming meets are the means by which a masters swimmer can find out how he does in competition among his peers," McVehil said.

He explained that because many of the masters swimmers have competed in their youth in high school or college or for swimming clubs, they have been swimming away with first place medals in meets.

"This year, the masters meets are having A and B categories. A is for the hot shot who have been competing. B is for the swimmer just getting started and who has never won a first place in a meet. This will keep the new swimmer from becoming discouraged should he find himself next to a Buster Crabbe or Mark Spitz in a meet," McVehil said.

He said that the highlight of the season is the national championships, which follow the Intermountain championships scheduled for April 25-28 at the Olympic pool in Denver.

The national short course will be in Fort Lauderdale, Fla. May 17-19 while the long course championships will be at Santa Clara, Calif. Sept. 6-8.

"Pat Kamm and Al Parker competed in the national short course last year in Santa Monica, Calif. Pat brought home the medal and Parker one. Pat got two seconds in the 100 and 200 yard backstroke, took a fifth in the 200 yard breaststroke, sixth in the 100 yard breaststroke and sixth in the 100 yard backstroke," McVehil said.

McVehil said the team's makeup is a cross section of many occupations in the Springs.

"We've got two doctors, one of whose wife also competes, a dentist, a lawyer, several housewives, several high school coaches, both male and female, several businessmen, a couple of scientists and some military officers," McVehil said.

He said that the hottest prospect on the team for walking off with several first places in the Intermountain championships is a housewife who never swam in competition until last summer.

She is Mrs. Gwen Beaulieu, who does volunteer work at the YMCA's swimming classes and who is in charge of the Coronado pool when it is open for public swimming at night.

"We had a device of a time converting bet that she should try competing because she had never done it and had no confidence in herself. In her first competition, she flubbed up her start, missed her turn and still beat the top female swimmer in her age group who is the current Intermountain champion," McVehil explained.

Masters swimmers follow a training program specifically designed for their age group by a Navy doctor who is the father of masters swimming. He is Captain Ransom Arthur who also is a competitor.

Arthur has statistics which prove that masters swimmers can get within 10 per cent of their best previous times if they follow his training program.

(Continued on page 3)



(Continued from page 2)

"Arthur says this can be done if the swimmer will swim a slow 800 yards to warm up, rest five minutes, and then swim two fast 200s with a two minute rest interval between the two. Then finish up with a slow 200-300 yard swim-down," McVehil explained.

## McVehil—Springs' senior Spitz?

McVehil said that Arthur also has statistics to show that masters swimmers are healthier and have lower cholesterol levels than non-swimmers.

5 "Even if people don't want to compete, we urge them to

come out for the team for the health benefits. If for nothing else. There is no charge for the swimming," McVehil explained.

He urged interested men and women to call him at home, 596-9118, or at the pool, 471-1388.

# At 87 He Skis, Ice-Skates, Swims, Plays Volley Ball—And Relaxes by Dancing a Lively Tango

By JOHN M. CATHCART

Joe Ross is just as likely to be found swooping down a ski slope as thrashing his way across a swimming pool.

He crams ice-skating in between a stiff gymnastics program and a fast game of volleyball.

Evenings, he relaxes to the upbeat tempo of a lively tango and or an energetic rhumba.

It's a punishing program for a man of any age . . . and Joe Ross is 87.

"People become old before their time and senile through lack of exercise. They don't get enough blood going to the brain," says Ross, who stands 5-foot-8 and is lean and hard at 150 pounds.

"As they get older they sit down more and that's wrong. I exercise every day for 20 to 30 minutes. I even stand on my head."

Ross offers three key reasons for the way he looks and acts now . . . firmly-muscled, clear-eyed, strong-voiced and sharp of mind: the right mental attitude, proper diet and continual exercise.

"When I was 21 I had developed an excellent body due to my interest in gymnastics and other activities — and I was determined to stay that way the rest of my life," Ross told The ENQUIRER in an interview at his Hollywood, Calif., apartment, where every day he swims 200 yards in the pool.

"As for my diet," he said, "I eat only natural, unprocessed foods. Nothing made with white flour. No white sugar. I eat protein three times a day — eggs, cheese and lean meat. Also raisins, dates, figs, nuts — all fruits and raw vegetables. And I drink a glass of raw certified milk every day."

Ross explained that his interest in nutrition began over fifty years ago when he read a book about vitamins. "I haven't touched white bread since."

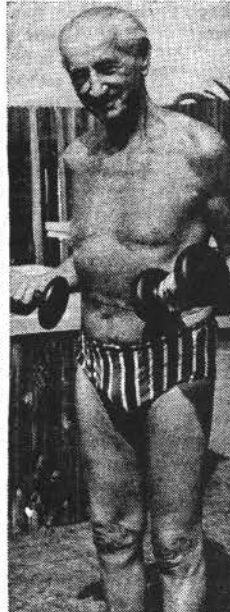
Born in Frankfurt, Germany, on May 8, 1886, Ross was an accomplished swimmer, skater and gymnast by the age of 6.

He slipped into his first pair of skis when he was 52, around the age most skiers are thinking of giving up the demanding sport.

"An instructor spent half an hour with me and that's all I needed. I was on my own after that," he said with supreme self-confidence.

Twenty years later, in 1958, he had a serious skiing accident that left him with a broken ankle and torn tendon. But Ross was undeterred.

"I couldn't wait for the following season to get into my skis again. I love it," he exclaimed.



**KEEPING IN TRIM**  
Joe Ross says: "People become old before their time through lack of exercise."

As a swimmer, Ross won two gold medals last May when he set two National A.A.U. records in competitions for men over 80.

And for years now — lately in the company of his girl friend who is 30 years younger — he has been winning dancing prizes. "Latin dances are my specialty," he said.

Ross came to the United States in 1907. He's been a salesman all his adult life, first selling imported novelties for 20 years and then life insurance.

Recently, his auto insurance company broke its own rule and renewed his policy even though Ross was over 85. "When they turned me down, I went down to see them and asked them, 'Do I look over 85?' Then they renewed my policy," Ross said.

Ross is ready to face up to any kind of competition. But when Santa Monica Recreation Dept. invited him to join its lawn bowling program he declined.

"After skiing and skating, lawn bowling is a little too tame for me," he explained with a twinkle in his eye. "That's for older people, and I consider myself a young man."

That's also the opinion of Joe Miko, organizer of the Santa Monica Swim Club and a director of the oldest ski club in Los Angeles. "Joe is fantastic," said Miko. "I'm 53 and I wish I could do the same things he does."

## SPAGHETTI FOR ATHLETES

With meat again reaching astronomical prices, here's some good news for athletes who used to rely on protein-laden steak before the big game.

Spaghetti, bread, and potatoes, chock-full of carbohydrates, provide athletes with more stamina than steak.

So declares Dr. David L. Costill, director of the Human Performance Laboratory at Ball State University in Muncie, Ind.

In Berkeley recently to discuss nutrition at a symposium on sports medicine at the University of California, Dr. Costill revealed that many athletes eat spaghetti, bread and potatoes before games. He explained that proteins are more vital as long-term building blocks of muscle tissue but that carbohydrates provide an immediate source of sugar molecules to muscles depleted of glycogen.

## Athletes Need Practice, Even in Love Making

PARIS — (UPI) — "Can athletes make love before a competition without compromising their physical conditioning?" was the subject of a discussion organized by the French Basketball Federation.

"Five years ago no one mentioned such a thing," said Dr. Jean Dumas, physician for the grueling three-week Tour de France Bicycle Race.

"And if they did, it was to preach abstinence. But the opinions expressed by some of the experts indicated times have changed.

"Let athletes make love as much as they want and whenever they want," advised Dr. Gerard Zwang at the weekend discussion. "There's nothing like staying in practice."



YMCA Director Dale Trinko catches his breath after race.

## SWIM-MASTER

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AAU MASTERS SWIMMING COMMITTEE

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# MEET RESULTS

MASTERS SWIMMING MEET  
1-26-74 Columbia, Mo.

## WOMEN 25-29

50 YARD FREESTYLE	Bonnie MacAlmon 46.7
100 YARD FREESTYLE	Carol Poste 1:48.3
50 YARD BREASTSTROKE	Carol Poste 1:48.3
100 YARD BREASTSTROKE	Carol Poste 1:38.9
200 YARD BREASTSTROKE	Carol Poste 3:36.6
100 YARD I.M.	Carol Poste 1:38.9

## WOMEN 35-39

50 YARD FREESTYLE	Barbara Zaremski 31.7
100 YARD FREESTYLE	Barbara Zaremski 1:13.1
50 YARD BREASTSTROKE	Barbara Zaremski 1:27.0
100 YARD BREASTSTROKE	Barbara Zaremski 2:51.0
200 YARD BREASTSTROKE	Barbara Zaremski 8:35.6
50 YARD FLY	Glenda Sharp 40.4
100 YARD FLY	Glenda Sharp 1:29.0
50 YARD PLY	Barbara Zaremski 42.6
100 YARD PLY	Barbara Zaremski 1:26.0
50 YARD I.M.	Glenda Sharp 3:18.1

## WOMEN 40-44

50 YARD FREESTYLE	Patti Hutinger 1:01.4
100 YARD FREESTYLE	Patti Hutinger 2:11.9
50 YARD BREASTSTROKE	Patti Hutinger 4:19.8
100 YARD BREASTSTROKE	Patti Hutinger 10:05.8

## WOMEN 45-49

50 YARD FREESTYLE	Margaret Handeville 52.0
100 YARD FREESTYLE	Margaret Handeville 2:05.8
50 YARD BREASTSTROKE	Mildred Anderson 5:52.0
100 YARD BREASTSTROKE	Mildred Anderson 1:57.9
50 YARD FLY	Mildred Anderson 5:52.0
100 YARD FLY	Mildred Anderson 1:49.5
50 YARD I.M.	Mildred Anderson 4:12.3

## WOMEN 55 & over

50 YARD FREESTYLE	Dave Bard 25.6
100 YARD FREESTYLE	Joe Logan 27.0
50 YARD BREASTSTROKE	Bob Barber 31.5
100 YARD BREASTSTROKE	Dave Bard 56.6
50 YARD FLY	Neal Willmann 7:19.3
100 YARD FLY	Bob Barber 32.7
50 YARD I.M.	Bob Barber 1:15.4
100 YARD I.M.	Dave Bard 3:02.0
50 YARD PLY	Dave Bard 27.2
100 YARD PLY	Dave Bard 1:07.5
50 YARD I.M.	Dave Bard 1:15.1
100 YARD I.M.	Joe Logan 1:50.5
200 YARD I.M.	Joe Logan 2:02.2

## WOMEN 30-34

50 YARD FREESTYLE	Henry Ottinger 28.4
100 YARD FREESTYLE	Henry Ottinger 1:03.1
50 YARD BREASTSTROKE	Henry Ottinger 2:29.8
100 YARD BREASTSTROKE	Henry Ottinger 2:41.5
50 YARD FLY	Bob Schneider 7:15.5
100 YARD FLY	Bob Schneider 1:15.0
50 YARD I.M.	Bob Schneider 1:18.5
100 YARD I.M.	Bob Schneider 2:53.2
50 YARD PLY	Robert Poste 30.4
100 YARD PLY	Bob Schneider 31.0
50 YARD I.M.	Henry Ottinger 31.6
100 YARD I.M.	Bob Schneider 1:19.2
50 YARD PLY	Bob Schneider 1:13.8
100 YARD PLY	Bob Schneider 1:14.2

## 200 YARD I.M.

Bob Schneider 2:57.6
----------------------

## MEN 35-39

50 YARD FREESTYLE	David McIntyre 25.6
100 YARD FREESTYLE	Wayland Barber 26.6
50 YARD BREASTSTROKE	Terry Dunscombe 30.6
100 YARD BREASTSTROKE	G.J. Sales 36.2
50 YARD FLY	David McIntyre 58.5
100 YARD FLY	David McIntyre 2:24.4
50 YARD I.M.	Jim Sampson 2:27.5
100 YARD I.M.	Wayland Barber 2:27.9
50 YARD PLY	Jim Sampson 7:02.9
100 YARD PLY	Wayland Barber 7:16.8
50 YARD I.M.	Ron Barr 1:17.4
100 YARD I.M.	Jim Sampson 2:44.5
50 YARD PLY	Ron Barr 2:56.6
100 YARD PLY	Terry Dunscombe 40.7
50 YARD I.M.	G.J. Sales 47.0
100 YARD I.M.	Terry Dunscombe 1:28.7
50 YARD PLY	G.J. Sales 1:44.8
100 YARD PLY	Terry Dunscombe 3:31.1
50 YARD I.M.	Wayland Barber 4:07.6
100 YARD I.M.	Ron Barr 28.6
50 YARD PLY	G.J. Sales 30.1
100 YARD PLY	G.J. Sales 44.0
50 YARD I.M.	Wayland Barber 1:13.2
100 YARD I.M.	David McIntyre 1:09.3
50 YARD PLY	Ron Barr 1:10.1
100 YARD PLY	Wayland Barber 1:12.5
50 YARD I.M.	Jim Sampson 1:14.4
100 YARD I.M.	Ron Barr 2:42.3
50 YARD PLY	200 YARD FREE RELAY-25 plus 1:58.4
100 YARD PLY	CSC-Allen Hahn, Terry Dunscombe, Gene Haberstock, Ron Barr 2:08.4
50 YARD I.M.	KCM-Noel Scott, G.J. Sales, John Zagar, Frank Erickson 4:19.8
100 YARD I.M.	200 YARD MED. RELAY-25 plus 2:19.9
50 YARD PLY	CSC-Terry Dunscombe, Allen Hahn, Ron Barr 2:14.8
100 YARD PLY	SMM-Exhibition 2:14.8

## MEN 40-44

50 YARD FREE	Noel Scott 28.1
100 YARD FREE	Gene Haberstock 29.5
50 YARD BREASTSTROKE	Allen Hahn 29.6
100 YARD BREASTSTROKE	James Pinkerton 33.4
50 YARD FLY	Noel Scott 1:01.1
100 YARD FLY	Gene Haberstock 1:09.6
50 YARD I.M.	Allen Hahn 1:10.3
100 YARD I.M.	James Pinkerton 1:22.2
50 YARD PLY	Noel Scott 2:31.4
100 YARD PLY	Gene Haberstock 2:40.2
50 YARD I.M.	James Fitzgerald 3:05.7
100 YARD I.M.	James Pinkerton 3:27.9
50 YARD PLY	Allen Hahn 37.0
100 YARD PLY	Dale Trinka 38.9
50 YARD I.M.	Gene Haberstock 42.8
100 YARD I.M.	James Fitzgerald 43.6
50 YARD PLY	Allen Hahn 1:25.4
100 YARD PLY	Dale Trinka 1:25.3
50 YARD I.M.	Dale Trinka 3:13.7
100 YARD I.M.	Noel Scott 32.2
50 YARD PLY	Dale Trinka 37.0
100 YARD PLY	Gene Haberstock 38.2
50 YARD I.M.	Allen Hahn 38.5
100 YARD I.M.	Noel Scott 1:13.5
50 YARD PLY	Dale Trinka 1:23.8
100 YARD PLY	Gene Haberstock 1:24.8

## MEN 45-49

50 YARD FREE	Robert Maurer 29.0
100 YARD FREE	John Zagar 29.9
50 YARD BREASTSTROKE	Bill Simpson 31.1
100 YARD BREASTSTROKE	Paul Hutinger 57.7
50 YARD FLY	Robert Maurer 1:03.2
100 YARD FLY	Paul Hutinger 2:10.0
50 YARD I.M.	Robert Maurer 2:20.6
100 YARD I.M.	Paul Hutinger 6:12.9
50 YARD PLY	Robert Maurer 7:05.3
100 YARD PLY	Bill Simpson 7:39.4
50 YARD I.M.	John Zagar 1:15.2
100 YARD I.M.	Jerry Gallaher 1:34.9
50 YARD PLY	John Zagar 3:04.0
100 YARD PLY	John Zagar 3:04.0
50 YARD I.M.	Jerry Gallaher 36.3
100 YARD I.M.	Bill Simpson 36.2

## 100 YARD BREAST

Bill Simpson 4:25.6
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## 200 YARD BREAST

Jerry Gallaher 4:25.6
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## 50 YARD FREE

George Swanson 29.6
Frank Erickson 34.4
George Swanson 1:08.3
Frank Erickson 1:13.4
George Swanson 2:39.1
Frank Erickson 2:43.9
George Swanson 7:40.7
Frank Erickson 7:53.7
George Swanson 1:16.1
Frank Erickson 1:37.2
George Swanson 2:52.1
Frank Erickson 3:25.8
George Swanson 4:10.0
Frank Erickson 34.6
George Swanson 50.0

## 50 YARD FREE

Wm. Grant 29.1
Ham Anderson 30.8
Cliff Brown 44.8
Wm. Grant 1:06.8
Ham Anderson 1:12.8
Cliff Brown 2:00.0
Ham Anderson 2:42.7
Cliff Brown 4:33.4
Ham Anderson 5:52.3
Cliff Brown 14:05.9
Cliff Brown 2:20.1
Michael Stefanko 3:18.4
P. Dimotakis 3:27.0
Charley Baumgartner 5:10.4
John Bushman 41.1
Earl Gustky 43.7
William T. Slaughter 3:09.6
D. J. Kevles 6:41.5
W. T. Limbrecht 32.7
Burt Kanner 40.3
Patrick Schlup 1:21.4
D. J. Kevles 1:21.4
Earl Gustky 2:09.2
James P. Shaw 1:11.0
William T. Slaughter 1:12.0
Dick Stewart 1:14.0
Patrick Schlup 1:15.6
W. T. Limbrecht 1:38.1
John Bushman 29.2
James P. Shaw 28.3
Ronald Scott 29.5
William T. Slaughter 31.5
W. T. Limbrecht 35.7
Ronald Scott 1:07.6
James P. Shaw 1:07.7
D. J. Kevles 1:13.1
James P. Shaw 1:59.4
Burt Kanner 4:57.7
Dick Stewart 5:01.5
Patrick Schlup 5:07.7

## WOMEN 25-29

Dee Ann D. Berger 29.0
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## WOMEN 35-39

50 YARD FREESTYLE	Phyllis J. Scribe 32.3
100 YARD FREESTYLE	Phyllis J. Scribe 1:29.8
50 YARD BREASTSTROKE	Helen Geoffrion 1:47.2
100 YARD BREASTSTROKE	Helen Geoffrion 41.3
50 YARD FLY	Phyllis J. Scribe 1:25.2
100 YARD FLY	Phyllis J. Scribe 4:00.0
50 YARD I.M.	Helen Geoffrion 8:23.3
100 YARD I.M.	Helen Geoffrion 1:24.7

## WOMEN 40-44

50 YARD FREESTYLE	Jacqueline D. Smith 34.8
100 YARD FREESTYLE	Jacqueline D. Smith 1:17.0
50 YARD BREASTSTROKE	Jacqueline D. Smith 1:27.3
100 YARD BREASTSTROKE	Mickey Shockley 44.8
50 YARD FLY	Mickey Shockley 1:36.6
100 YARD FLY	Mickey Shockley 1:54.0
50 YARD I.M.	Betty Talbot 8:18.6
100 YARD I.M.	Betty Talbot 1:58.5

## WOMEN 50-54

50 YARD FREESTYLE	Bette F. Crowell 38.0
100 YARD FREESTYLE	Bette F. Crowell 1:36.4
50 YARD BREASTSTROKE	Bette F. Crowell 1:48.5
100 YARD BREASTSTROKE	Bette F. Crowell 1:30.9
50 YARD FLY	Rita Simonton 37.5
100 YARD FLY	Margaret George 35.4
50 YARD I.M.	Viola Thompson 40.6
100 YARD I.M.	Rita Simonton 8:26.0
50 YARD PLY	Margaret George 1:41.0
100 YARD PLY	Lorraine I. Peterson 2:06.6
50 YARD I.M.	Rita Simonton 1:50.7
100 YARD I.M.	Viola Thompson 1:54.3
50 YARD PLY	Lorraine I. Peterson 2:40.7
100 YARD PLY	Viola Thompson 66.5
50 YARD I.M.	Rita Simonton 1:35.0
100 YARD I.M.	Viola Thompson 1:44.0

## MEN 25-29

50 YARD FREESTYLE "A"	Brian Magee 25.0
100 YARD FREESTYLE "A"	Fred Show 26.0
50 YARD BREASTSTROKE "B"	P. Dimotakis 27.5
100 YARD BREASTSTROKE "B"	Tom Clavin 31.5
50 YARD FLY	Charley Baumgartner 5:46.2
100 YARD FLY	Tom Clavin 8:33.3
50 YARD I.M.	Charley Baumgartner 1:12.4
100 YARD I.M.	Fred Show 1:13.1
50 YARD PLY	Michael Stefanko 1:13.4
100 YARD PLY	P. Dimotakis 1:20.0
50 YARD I.M.	Brian Magee 1:03.2
100 YARD I.M.	Michael Stefanko 1:07.4
50 YARD PLY	P. Dimotakis 1:12.6
100 YARD PLY	Charley Baumgartner 5:07.5
50 YARD I.M.	John Bushman 26.5
100 YARD I.M.	Earl Gustky 28.9
50 YARD PLY	William T. Slaughter 26.1
100 YARD PLY	D. J. Kevles 27.3
50 YARD I.M.	W. T. Limbrecht 30.1
100 YARD I.M.	Burt Kanner 5:30.4
50 YARD PLY	Patrick Schlup 5:40.5
100 YARD PLY	D. J. Kevles 6:39.9
50 YARD I.M.	Earl Gustky 7:01.4
100 YARD I.M.	James P. Shaw 1:11.0
50 YARD PLY	William T. Slaughter 1:12.0
100 YARD PLY	Dick Stewart 1:14.0
50 YARD I.M.	Patrick Schlup 1:15.6
100 YARD I.M.	W. T. Limbrecht 1:38.1
50 YARD PLY	John Bushman 29.2
100 YARD PLY	James P. Shaw 28.3
50 YARD I.M.	Ronald Scott 29.5
100 YARD I.M.	William T. Slaughter 31.5
50 YARD PLY	W. T. Limbrecht 35.7
100 YARD PLY	Ronald Scott 1:07.6
50 YARD I.M.	James P. Shaw 1:07.7
100 YARD I.M.	D. J. Kevles 1:13.1
50 YARD PLY	James P. Shaw 1:59.4
100 YARD PLY	Burt Kanner 4:57.7
50 YARD I.M.	Dick Stewart 5:01.5
100 YARD I.M.	Patrick Schlup 5:07.7

## MEN 35-39

50 YARD FREESTYLE "A"	William R. Parks 27.6
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## 500 YARD FREESTYLE

Sandy Gideonse 6:22.4
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## 100 YARD BACKSTROKE "A"

William R. Parks 6:31.9
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## 100 YARD BACKSTROKE "B"

V. Zhurin 1:12.0
Keith Martin 1:18.4
Budd Symes 1:18.4
William R. Parks 1:18.6
Frederick W. Herr 1:27.8
Lee H. Helie 1:26.0
V. Zhurin 26.6
William R. Parks 29.6
Lee H. Helie 33.3
Frederick W. Herr 33.5
V. Zhurin 1:11.2
Lee H. Helie 1:21.4
Sandy Gideonse 5:33.4
Keith Martin 6:07.6

## MEN 40-44

50 YARD FREESTYLE	John E. Winkler 30.4
100 YARD FREESTYLE	Don Johnson 32.1
50 YARD BREASTSTROKE	Alex Gilbert 6:39.0
100 YARD BREASTSTROKE	Herb A. Nakama 7:06.5
50 YARD FLY	Jerry Cunningham 7:21.6
100 YARD FLY	Don Johnson 8:40.1
50 YARD I.M.	Jerry Cunningham 1:20.4
100 YARD I.M.	Alex Gilbert 1:30.2
50 YARD PLY	John E. Winkler 3:37.5
100 YARD PLY	Jerry Cunningham 4:12.0
50 YARD I.M.	John E. Winkler 3:32.4
100 YARD I.M.	Alex Gilbert 3:33.3
50 YARD PLY	Herb Nakama 1:11.0
100 YARD PLY	John E. Winkler 1:27.0
50 YARD I.M.	Alex Gilbert 5:57.6

## MEN 45-49

50 YARD FREESTYLE "A"	Larry Larimore 27.1
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## 500 YARD FREESTYLE

Sandy Gideonse 6:22.4
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## 100 YARD BACKSTROKE "A"

William R. Parks 6:31.9
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## 100 YARD BACKSTROKE "B"

V. Zhurin 1:12.0
Keith Martin 1:18.4
Budd Symes 1:18.4
William R. Parks 1:18.6
Frederick W. Herr 1:27.8
Lee H. Helie 1:26.0
V. Zhurin 26.6
William R. Parks 29.6
Lee H. Helie 33.3
Frederick W. Herr 33.5
V. Zhurin 1:11.2
Lee H. Helie 1:21.4
Sandy Gideonse 5:33.4
Keith Martin 6:07.6

## MEN 50-54

50 YARD FREESTYLE	John E. Winkler 30.4
100 YARD FREESTYLE	Don Johnson 32.1
50 YARD BREASTSTROKE	Alex Gilbert 6:39.0
100 YARD BREASTSTROKE	Herb A. Nakama 7:06.5
50 YARD FLY	Jerry Cunningham 7:21.6
100 YARD FLY	Don Johnson 8:40.1
50 YARD I.M.	Jerry Cunningham 1:20.4
100 YARD I.M.	Alex Gilbert 1:30.2
50 YARD PLY	John E. Winkler 3:37.5
100 YARD PLY	Jerry Cunningham 4:12.0
50 YARD I.M.	John E. Winkler 3:32.4
100 YARD I.M.	Alex Gilbert 3:33.3
50 YARD PLY	Herb Nakama 1:11.0
100 YARD PLY	John E. Winkler 1:27.0
50 YARD I.M.	Alex Gilbert 5:57.6

## MEN 55-59

50 YARD FREESTYLE	Clifford Croome 29.5
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<b>100 YARD BREASTSTROKE</b>		<b>30-34</b>	
Brud Cleveland 56	1:27.7	100 Free	
Don Rankin 57	1:32.6	John Tobin(31) LYM	1:04.6
<b>50 YARD BUTTERFLY</b>		<b>200 Ind Medley</b>	
Clifford Croome 56	35.6	John Tobin(31) LYM	2:57.3
Don Rankin 57	37.6		
<b>100 YARD INDIVIDUAL MEDLEY</b>		<b>50 Free</b>	
Clifford Croome 56	1:27.4	Ed Westwater	BYM :36.6
<b>400 YARD INDIVIDUAL MEDLEY</b>		<b>100 Free</b>	
Don Rankin 57	6:49.8	Hank Zentgraf(39) BYM	:59.9
<b>MEN 60-64</b>		<b>George Kenry</b>	
<b>50 YARD FREESTYLE</b>		<b>LYM</b>	
W. Richardson 62	29.7	200 Free	
Eldin B. Onsogard 61	32.7	Hank Zentgraf(39) BYM	2:33.0
Rufus Clark 62	40.5	50 Back	
<b>500 YARD FREESTYLE</b>		<b>George Kenry</b>	
Eldin B. Onsogard 61	7:52.8	LYM *	:38.7
Rufus Clark 62	8:44.5	50 Breast	
<b>100 YARD BACKSTROKE</b>		<b>Ed Westwater</b>	
W. Richardson 62	1:31.4	BYM	:40.9
Eldin B. Onsogard 61	1:50.2	200 Ind Medley	
Rufus Clark 62	1:27.1	George Kenry	LYM
Eldin B. Onsogard 61	1:30.7	LYM	3:10.8
Eldin B. Onsogard 61	1:53.0	<b>40-44</b>	
W. Richardson 62	36.2	<b>50 Free</b>	
Eldin B. Onsogard 61	46.9	John Myers	BYM
<b>100 YARD INDIVIDUAL MEDLEY</b>		<b>Don Freeman(42) UNA</b>	
W. Richardson 62	1:20.1	BYM	1:30.5
<b>MEN 65-69</b>		<b>Jim Green</b>	
<b>500 YARD FREESTYLE</b>		<b>BYM</b>	
Al Guth 65	8:32.9	200 Free	
Al Guth 65	1:41.5	Don Freeman(42) UNA	3:19.7
Al Guth 65	1:39.1	<b>45-49</b>	
Al Guth 65	1:38.0	<b>100 Free</b>	
Al Guth 65	7:24.5	Skip Mann	DAC
<b>200 YARD FREE RELAY</b>		<b>25-up</b>	
Cal Tech	1:47.4	200 Free	DAC
Santa Barbara Athletic C	1:49.9	Skip Mann	DAC
San Fernando Athletic C	2:35.0	200 Ind Medley	DAC
<b>200 YD MEDLEY RELAY COED</b>		<b>50-54</b>	
San Fernando Valley AC	2:30.9	50 Free	
<b>CELEBRITY MASTERS SWIM MEET</b>		<b>Don Meehan</b>	
<b>FEB 3, 1974 25 YD POOL</b>		<b>MTV</b>	
<b>WOMEN</b>		<b>30.3</b>	
<b>25-29</b>		<b>Walt Lindstrom</b>	
50 Free		NJ	1:06.8
Judie Jones	CST	Jack Warren	BYM
100 Free		1:14.6	
Cindy Walters	DAC	200 Free	
Betty Murphy	CST	Walt Lindstrom	NJ
200 Back		2:41.0	
Julie Barnes	CST	100 Breast	
100 Breast		Walt Lindstrom	NJ
Julie Barnes	CST	1:22.9	
50 Fly		Don Meehan	MTV
Cindy Walters	DAC *	1:31.5	
200 Ind Medley		50 Fly	
Cindy Walters	DAC	Jack Warren	BYM
Julie Barnes	CST	3:35.5	
<b>30-34</b>		<b>65-69</b>	
200 Free		50 Free	
Karen Zentgraf	BYM	Harold T. Davis	UNA
3:18.2		4:1.2	
200 Back		100 Free	
Karen Zentgraf	BYM	Harold T. Davis	UNA
3:17.7		1:32.5	
<b>35-39</b>		<b>200 Free</b>	
50 Free		Harold T. Davis	UNA
Caroll Kaveney	CST	3:04.0	
50 Breast		Harold T. Davis	UNA
Caroll Kaveney	CST *	1:40.1	
45-49		Harold T. Davis	UNA
50 Free		2:03.0	
Louise Mann	DAC	70-79	
50 Back		50 Free	
Louise Mann	DAC *	Seth Gonzalez(71) CST *	:53.0
100 Breast			
Louise Mann	DAC		
1:54.9			
<b>55-59</b>		<b>MIAMI MASTERS MEET</b>	
50 Free		<b>2-9-74 Miami, FL</b>	
Folly Townsend	BYM	<b>WOMEN 25-29</b>	
1:01.0		<b>100 YARD FREESTYLE</b>	
50 Breast		Pat Smith, 27	
Folly Townsend	BYM *	1:11.3	
1:15.5		<b>50 YARD BREASTSTROKE</b>	
<b>65-69</b>		Nancy Barnette, 25	
50 Free		39.4	
Nicky Crismon	CST *	Pat Smith, 27	
1:36.5		40.1	
50 Back		<b>100 YARD BREASTSTROKE</b>	
Nicky Crismon	CST *	Nancy Barnette, 25	
1:43.0		1:31.7	
<b>MEN</b>		<b>100 YARD INDIVIDUAL MEDLEY</b>	
<b>20-24</b>		Pat Smith, 27	
50 Free		1:16.6	
Dick Irwin(23)	CST	Nancy Barnette 25	
1:28.7		1:25.3	
50 Back		<b>WOMEN 35-39</b>	
Dick Irwin(23)	CST	50 YARD FREESTYLE	
1:35.0		Anne LeMaire, 36	
<b>25-29</b>		32.0	
50 Free		<b>50 YARD BREASTSTROKE</b>	
Don O'Keefe	BYM	Anne McGuire, 39	
1:26.6		38.2	
Randy Lorange	CST	1:23.4	
1:28.2		Anne LeMaire, 36	
<b>100 Free</b>		1:25.0	
Brian Barnes(28)	CST	50 YARD BUTTERFLY	
1:58.4		Anne McGuire, 39	
James Stouffer	BYM	36.6	
1:03.8		<b>100 YARD INDIVIDUAL MEDLEY</b>	
<b>200 Free</b>		Anne McGuire, 39	
Brian Barnes(28)	CST	1:18.4	
2:18.0		Anne LeMaire, 36	
<b>50 Breast</b>		1:19.2	
Randy Lorange	CST	<b>WOMEN 40-44</b>	
1:35.9		50 YARD FREESTYLE	
Warron Johnson	CST	Cynthia Bruce, 43	
1:10.2		31.6	
<b>50 Fly</b>		Dot Murray, 44	
Don O'Keefe	BYM	50.4	
1:29.0		<b>100 YARD FREESTYLE</b>	
James Stouffer	BYM	Dot Murray, 44	
1:29.7		1:56.5	
<b>MIAMI MASTERS MEET</b>		<b>200 YARD FREESTYLE</b>	
<b>2-9-74 Miami, FL</b>		Dot Murray, 44	
<b>WOMEN 25-29</b>		1:47.0	
<b>100 YARD FREESTYLE</b>		50 YARD BACKSTROKE	
Pat Smith, 27		Cynthia Bruce, 43	
1:11.3		38.9	
<b>50 YARD BREASTSTROKE</b>		50 YARD BREASTSTROKE	
Nancy Barnette, 25		Cynthia Bruce, 43	
39.4		41.1	
Pat Smith, 27		<b>WOMEN 45-49</b>	
40.1		50 YARD FREESTYLE	
<b>100 YARD BREASTSTROKE</b>		Mary Ann Meekins, 47	
Nancy Barnette, 25		31.6	
1:31.7		E. Gillespie, 47	
<b>100 YARD INDIVIDUAL MEDLEY</b>		43.5	
Pat Smith, 27		<b>100 YARD FREESTYLE</b>	
1:16.6		Mary Ann Meekins, 47	
Nancy Barnette 25		1:11.6	
1:25.3		June Krauser, 47	
<b>WOMEN 35-39</b>		1:14.1	
50 YARD FREESTYLE		<b>200 YARD FREESTYLE</b>	
Anne LeMaire, 36		Mary Ann Meekins, 47	
32.0		2:43.1	
<b>50 YARD BREASTSTROKE</b>			
Anne McGuire, 39			
38.2			
<b>100 YARD BREASTSTROKE</b>			
Anne McGuire, 39			
1:23.4			
<b>100 YARD INDIVIDUAL MEDLEY</b>			
Anne LeMaire, 36			
1:25.0			
<b>50 YARD BUTTERFLY</b>			
Anne McGuire, 39			
36.6			
<b>100 YARD INDIVIDUAL MEDLEY</b>			
Anne McGuire, 39			
1:18.4			
<b>WOMEN 40-44</b>			
50 YARD FREESTYLE			
Cynthia Bruce, 43			
31.6			
<b>100 YARD FREESTYLE</b>			
Dot Murray, 44			
50.4			
<b>100 YARD FREESTYLE</b>			
Dot Murray, 44			
1:56.5			
<b>200 YARD FREESTYLE</b>			
Dot Murray, 44			
1:47.0			
<b>50 YARD BACKSTROKE</b>			
Cynthia Bruce, 43			
38.9			
<b>50 YARD BREASTSTROKE</b>			
Cynthia Bruce, 43			
41.1			
<b>WOMEN 45-49</b>			
50 YARD FREESTYLE			
Mary Ann Meekins, 47			
31.6			
<b>50 YARD BREASTSTROKE</b>			
E. Gillespie, 47			
43.5			
<b>100 YARD FREESTYLE</b>			
Mary Ann Meekins, 47			
1:11.6			
<b>50 YARD BUTTERFLY</b>			
June Krauser, 47			
1:14.1			
<b>200 YARD FREESTYLE</b>			
Mary Ann Meekins, 47			
2:43.1			

<b>50 YARD BACKSTROKE</b>		<b>MEN 40-44</b>	
June Krauser, 47	42.9	<b>50 YARD FREESTYLE</b>	
<b>50 YARD BREASTSTROKE</b>		Gay Rosser, 40	
June Krauser, 47	43.1	24.0	
<b>50 YARD BUTTERFLY</b>		Dan Malone, 43	
E. Gillespie, 47	56.9	25.8	
<b>100 YARD INDIVIDUAL MEDLEY</b>		R. Garcia, 43	
June Krauser, 47	1:23.6	26.3	
E. Gillespie, 47	1:57.3	26.5	
<b>WOMEN 50-54</b>		Herb Kern, 41	
<b>50 YARD FREESTYLE</b>		Tom Whiteleather, 43	
Lena Berg, 51	45.5	30.4	
<b>100 YARD FREESTYLE</b>		<b>100 YARD FREESTYLE</b>	
Lena Berg, 51	1:46.7	Gay Rosser, 40	
<b>50 YARD BREASTSTROKE</b>		Dan Malone, 43	
Lena Berg, 51	56.5	55.6	
<b>WOMEN 65-69</b>		R. Garcia, 43	
<b>50 YARD FREESTYLE</b>		1:09.0	
Rose Caplane, 67	56.0	Tom Whiteleather, 43	
<b>50 YARD BACKSTROKE</b>		30.4	
Rose Caplane, 67	1:00.5	<b>200 YARD FREESTYLE</b>	
<b>50 YARD BREASTSTROKE</b>		Gay Rosser, 40	
Rose Caplane, 67	54.7	2:07.2	
<b>WOMEN 70-79</b>		Dan Malone, 43	
<b>50 YARD FREESTYLE</b>		2:12.5	
Sis Fogle, 70	56.0	2:12.9	
<b>200 YARD FREESTYLE</b>		<b>50 YARD BACKSTROKE</b>	
Sis Fogle, 70	4:37.7	Herb Kern, 41	
<b>100 YARD BACKSTROKE</b>		33.2	
Sis Fogle, 70	2:46.4	Snag Holmes, 44	
<b>WOMEN 25 &amp; OVER</b>		39.1	
<b>200 YARD MEDLEY RELAY</b>		<b>100 YARD BACKSTROKE</b>	
FLAC (Barnette, Smith, Bergeron, LeMaire)	2:23.0	Snag Holmes, 44	
<b>WOMEN 35 &amp; OVER</b>		1:17.4	
<b>200 YARD MEDLEY RELAY</b>		<b>50 YARD BREASTSTROKE</b>	
FLAC (Bruce, McGuire, Krauser, Meekins)	2:20.9	Herb Kern, 41	
<b>MEN 25-29</b>		34.5	
<b>50 YARD FREESTYLE</b>		35.1	
Mike Pearl, 26	25.2	<b>100 YARD BREASTSTROKE</b>	
Tim Hill, 26	25.9	Joe Schaefer, 44	
E. Domenech, 27	29.2	1:22.6	
<b>100 YARD FREESTYLE</b>		<b>50 YARD BUTTERFLY</b>	
Bill Dorney, 26	52.0	Herb Kern, 41	
P. Keller, 28	59.7	29.5	
Tim Hill, 26	1:00.6	Dan Malone, 43	
E. Domenech, 27	1:11.5	31.5	
<b>200 YARD FREESTYLE</b>		<b>100 YARD BUTTERFLY</b>	
Bill Dorney, 26	1:59.5	Gay Rosser, 40	
P. Keller, 28	2:15.4	1:09.8	
Walt Lindstrom	2:15.5	Snag Holmes, 44	
<b>50 YARD BACKSTROKE</b>		1:20.8	
Bill Dorney, 26	26.9	<b>100 YARD INDIVIDUAL MEDLEY</b>	
R. Langhorne, 27	29.5	Joe Schaefer, 44	
D. Beutenmuller, 26	31.5	1:12.5	
P. Keller, 28	31.7	1:19.3	
E. Domenech, 27	43.7	<b>MEN 45-49</b>	
<b>100 YARD BACKSTROKE</b>		<b>50 YARD FREESTYLE</b>	
R. Langhorne, 27	1:08.8	Jack Calhoun, 48	
<b>50 YARD BREASTSTROKE</b>		28.0	
Mike Pearl, 26	32.5	W. Mota, 49	
R. Langhorne, 27	33.0	30.0	
John Zeigler, 28	33.4	<b>100 YARD FREESTYLE</b>	
D. Beutenmuller, 26	33.6	Jack Calhoun, 48	
Tim Hill, 26	34.8	1:05.8	
E. Domenech, 27	40.6	H. Gilmore, 48	
<b>100 YARD BREASTSTROKE</b>		1:19.2	
John Zeigler, 28	1:12.2	<b>200 YARD FREESTYLE</b>	
<b>50 YARD BUTTERFLY</b>		Jack Calhoun, 48	
Mike Pearl, 26	29.7	1:33.6	
D. Beutenmuller, 26	30.0	H. Gilmore, 48	
<b>100 YARD BUTTERFLY</b>		40.1	
John Zeigler, 28	1:06.2	<b>50 YARD BREASTSTROKE</b>	
R. Langhorne, 27	1:05.5	W. Mota, 49	
John Zeigler, 28	1:06.7	42.9	
D. Beutenmuller, 26	1:07.0	<b>MEN 50-54</b>	
Tim Hill, 26	1:15.2	<b>50 YARD FREESTYLE</b>	
<b>MEN 30-34</b>		Reed Ringel, 51	
<b>100 YARD FREESTYLE</b>		27.8	
Steve Rabinovitch, 31	58.8	<b>100 YARD FREESTYLE</b>	
Gerry DeLong, 30	2:02.3	Reed Ringel, 51	
<b>50 YARD BREASTSTROKE</b>		1:03.6	
Steve Rabinovitch, 31	29.4	<b>200 YARD FREESTYLE</b>	
<b>100 YARD BREASTSTROKE</b>		Reed Ringel, 51	
Steve Rabinovitch, 31	1:06.3	2:25.1	
<b>50 YARD BUTTERFLY</b>		<b>MEN 55-59</b>	
Gerry DeLong, 30	27.3	<b>100 YARD FREESTYLE</b>	
<b>100 YARD BUTTERFLY</b>		C. Dunworth, 58	
Gerry DeLong, 30	59.9	1:14.4	
<b>100 YARD INDIVIDUAL MEDLEY</b>		<b>200 YARD FREESTYLE</b>	
Steve Rabinovitch, 31	1:02.2	C. Dunworth, 58	
Gerry DeLong, 30	1:02.5	2:54.8	
<b>MEN 35-39</b>		<b>50 YARD BACKSTROKE</b>	
<b>50 YARD FREESTYLE</b>		C. Dunworth, 58	
Cav Cavanaugh, 38	23.7	44.3	
D. Cole, 38	27.4		



Men 50-54	
50 YARD FREESTYLE	
Herb McAuley 51	26.1
100 YARD FREESTYLE	
J. K. Edwards 51	1:08.2
200 YARD FREESTYLE	
J. K. Edwards 51	2:31.0
500 YARD FREESTYLE	
J. K. Edwards 51	7:01.4
Charles Schmidt 51	11:02.8
50 YARD BACKSTROKE	
Charles Schmidt 51	40.9
100 YARD BACKSTROKE	
J. K. Edwards 51	1:35.8
50 YARD BREASTSTROKE	
Charles Schmidt 51	45.1
50 YARD BUTTERFLY	
Herb McAuley 51	32.2
100 YARD BUTTERFLY	
Herb McAuley 51	1:35.6
100 YARD INDIVIDUAL MEDLEY	
Herb McAuley 51	1:23.2
Men 55-59	
100 YARD FREESTYLE	
Robert Whittier 58	1:53.2
50 YARD BREASTSTROKE	
Bert Sprockin 56	41.0
100 YARD BREASTSTROKE	
Bert Sprockin 56	1:32.0
Robert Whittier 58	1:51.1
Men 60-64	
50 YARD FREESTYLE	
Charles T. Ray 60	32.8
100 YARD FREESTYLE	
Charles T. Ray 60	1:21.0
200 YARD FREESTYLE	
Charles T. Ray 60	3:14.6
50 YARD BREASTSTROKE	
Charles T. Ray 60	45.6
Men 25 & Up	
200 YARD MEDLEY RELAY	
Vanderbilt Masters	2:00.8
(Palmer, Pauslin, Oldham, Harris)	

EAST LOS ANGELES CITY COLLEGE  
Masters Swimming Meet  
AAU Short Course 25Yd.  
February 16, 1974

WOMEN 25-29	
100 YARD FREESTYLE	
Chris Morgan 25	1:02.6
Ginny Bradley 29	1:17.3
50 YARD BACKSTROKE	
Mimi Fenstermacher 26	32.7
50 YARD BREASTSTROKE	
Chris Morgan 25	36.2
Mimi Fenstermacher 26	37.9
200 YARD BREASTSTROKE	
Susan Clavin 27	3:27.9
50 YARD BUTTERFLY	
Chris Morgan 25	30.2
Mimi Fenstermacher 26	31.1
100 YARD BUTTERFLY	
Susan Clavin 27	1:24.1
WOMEN 30-34	
1650 YARD FREESTYLE	
Martha Childs 33	29:19.9
50 YARD BREASTSTROKE	
Martha Childs 33	41.4
200 YARD BREASTSTROKE	
Martha Childs 33	3:16.7
200 YARD INDIVIDUAL MEDLEY	
Martha Childs 33	3:12.8
WOMEN 35-39	
100 YARD FREESTYLE	
Phyllis Scribe 35	1:20.3
50 YARD BREASTSTROKE	
Phyllis Scribe 35	40.7
Helen Geaffrin 35	41.6
200 YARD BREASTSTROKE	
Phyllis Scribe 35	3:12.7
Helen Geaffrin 35	3:40.7
100 YARD BUTTERFLY	
Helen Geaffrin 35	1:42.8
200 YARD BUTTERFLY	
Helen Geaffrin 35	3:59.4
WOMEN 40-44	
100 YARD FREESTYLE	
Linnea Palmer 44	1:12.8
Jacqueline Smith 42	1:23.4
Quija Nichols 41	1:45.4
200 YARD FREESTYLE	
Linnea Palmer 44	2:49.4
1650 YARD FREESTYLE	
Linnea Palmer 44	26:22.4
50 YARD BACKSTROKE	
Jacqueline Smith 42	45.3
Quija Nichols 41	56.1
50 YARD BREASTSTROKE	
Jacqueline Smith 42	45.5
Quija Nichols 41	1:01.8
200 YARD BREASTSTROKE	
Jacqueline Smith 42	3:46.5
WOMEN 45-49	
200 YARD FREESTYLE	
Betty Talbot 48	3:09.0
1650 YARD FREESTYLE	
Anne Adams 45	26:137.9
50 YARD BACKSTROKE	
Betty Talbot 48	50.2
200 YARD BACKSTROKE	
Anne Adams 45	3:08.5
50 YARD BREASTSTROKE	
Betty Talbot 48	52.1
200 YARD BREASTSTROKE	
Betty Talbot 48	4:03.6
50 YARD BUTTERFLY	
Betty Talbot 48	57.8

WOMEN 50-54	
50 YARD BACKSTROKE	
Bette Crowell 53	44.0
200 YARD BACKSTROKE	
Bette Crowell 53	3:30.0
50 YARD BREASTSTROKE	
Bette Crowell 53	46.6
200 YARD INDIVIDUAL MEDLEY	
Bette Crowell 53	3:46.0
WOMEN 55-59	
100 YARD FREESTYLE	
Rita Simonton 55	1:27.6
Viola Thompson 56	1:29.6
200 YARD FREESTYLE	
Rita Simonton 55	3:04.5
Viola Thompson 56	3:12.0
1650 YARD FREESTYLE	
Viola Thompson 56	29:34.8
50 YARD BACKSTROKE	
Margaret George 57	48.2
Lorraine Peterson 55	57.6
200 YARD BACKSTROKE	
Margaret George 57	3:35.9
Lorraine Peterson 55	4:20.3
50 YARD BREASTSTROKE	
Viola Thompson 56	49.0
Margaret George 57	56.6
Lorraine Peterson 55	1:00.6
200 YARD BUTTERFLY	
Rita Simonton 55	4:09.7
WOMEN 60-64	
200 YARD FREESTYLE	
Dorothy Cole 64	3:59.1
200 YARD INDIVIDUAL MEDLEY	
Dorothy Cole 64	5:12.0
MEN 25-29	
100 YARD FREESTYLE	
Ken Krueger 28	52.6
Gary Harris 25	53.0
Spike Beck 25	53.2
Brian Magrere 26	53.2
Jim Krauss 26	59.1
Teed Welch 26	59.7
Paul Dimotakis 28	1:00.0
Les McConnell 25	1:00.6
Thomas Clavin 27	1:13.5
200 YARD FREESTYLE	
Gary Harris 25	1:54.8
Brian Magrere 26	2:00.0
Spike Beck 25	2:03.3
Fred Shaw 28	2:06.2
Paul Dimotakis 28	2:11.1
Thomas Clavin 27	2:25.9
1650 YARD FREESTYLE	
E. S. Pereira 28	24:45.4
50 YARD BACKSTROKE	
Brian Magrere 26	32.2
Teed Welch 26	34.0
Charles Baumgarner 26	34.0
200 YARD BACKSTROKE	
Dave Frank 29	2:23.8
50 YARD BREASTSTROKE	
Stan Searcy 25	29.5
Fred Shaw 26	32.3
Charles Baumgarner 26	32.7
Teed Welch 26	36.0
200 YARD BREASTSTROKE	
Fred Shaw 26	2:33.9
Charles Baumgarner 26	2:34.7
Stan Searcy 25	2:35.5
Dave Frank 29	2:40.7
50 YARD BUTTERFLY	
Les McConnell 25	20.1
Stan Searcy 25	20.2
Paul Dimotakis 28	35.9
100 YARD BUTTERFLY	
Stan Searcy 25	59.7
Charles Baumgarner 26	1:04.4
200 YARD INDIVIDUAL MEDLEY	
Spike Beck 25	2:14.1
Charles Baumgarner 26	2:25.9
Stan Searcy 25	2:26.9
Teed Welch 26	2:39.0
MEN 30-34	
100 YARD FREESTYLE	
Jim McGrath 30	50.4
William McMaster 34	55.2
Robert Smith 30	55.4
Dale Scoville 30	58.6
Daniel Kevles 34	59.7
J. Bushman 32	1:00.3
Jim Ferrell 32	1:04.6
200 YARD FREESTYLE	
Jim McGrath 30	1:54.2
Ed Spencer 32	1:55.9
Patrick Schlup 33	2:01.8
Howard Roberts 34	2:11.6
Daniel Kevles 34	2:15.7
William McMaster 34	2:15.8
Dale Scoville 30	2:15.9
1650 YARD FREESTYLE	
Burt Kenner 34	19:03.5
Patrick Schlup 33	19:05.7
Dale Scoville 30	22:18.4
Daniel Kevles 34	23:48.3
50 YARD BACKSTROKE	
Robert Smith 30	27.3
William McMaster 34	30.4
William Riggs 33	32.6
J. Bushman 32	35.4
200 YARD BACKSTROKE	
Robert Smith 30	2:17.2
Ed Spencer 32	2:37.4
50 YARD BREASTSTROKE	
Jim Ferrell 32	32.7
Robert Smith 30	32.7
Dick Stewart 34	33.5
Howard Roberts 34	34.1
J. Bushman 32	39.8

200 YARD BREASTSTROKE	
Dick Stewart 34	2:36.2
Patrick Schlup 33	2:39.6
Howard Roberts 34	2:43.9
Ed Spencer 32	2:43.9
50 YARD BUTTERFLY	
Howard Roberts 34	31.4
Daniel Kevles 34	33.5
100 YARD BUTTERFLY	
Dick Stewart 34	1:00.2
Jim Ferrell 32	1:10.7
200 YARD BUTTERFLY	
Jim McGrath 30	2:14.3
Dick Stewart 34	2:19.4
200 YARD INDIVIDUAL MEDLEY	
Ed Spencer 32	2:16.9
Patrick Schlup 33	2:22.8
Robert Smith 30	2:24.2
Howard Roberts 34	2:32.1
Jim Ferrell 32	2:46.5
MEN 35-39	
100 YARD FREESTYLE	
Robert Willis 38	1:05.1
Rex Odell 36	1:05.2
William Allen 36	1:05.7
200 YARD FREESTYLE	
William Parks 37	2:23.1
Keith Martin 37	2:25.3
Robert Willis 38	2:28.8
M. Hoffer 38	2:34.2
Rex Odell 36	2:43.8
50 YARD BACKSTROKE	
William Parks 37	32.4
Steve Zuhurin 37	32.8
Robert Willis 38	33.4
200 YARD BACKSTROKE	
William Parks 37	2:38.0
Steve Zuhurin 37	2:40.6
Robert Willis 38	2:43.2
50 YARD BREASTSTROKE	
William Parks 37	34.2
Nino Cupaiuolo 39	35.2
Keith Martin 37	35.6
Budd Symms 39	35.7
Rex Odell 36	36.3
M. Hoffer 38	41.2
William Allen 36	41.8
200 YARD BREASTSTROKE	
Keith Martin 37	2:49.7
Budd Symms 39	2:55.7
100 YARD BUTTERFLY	
Steve Zuhurin 37	1:06.4
200 YARD BUTTERFLY	
Steve Zuhurin 37	2:44.7
Keith Martin 37	3:02.9
200 YARD INDIVIDUAL MEDLEY	
William Parks 37	2:34.3
Robert Willis 38	2:45.8
MEN 40-44	
100 YARD FREESTYLE	
Don Rosenthal 42	55.4
Brad Sturtivant 40	55.7
Neal Palmer 43	58.0
Bud Deago 41	1:03.1
Earl Brown 40	1:05.7
Bud Schumacher 43	1:07.5
Curt Miller 41	1:10.2
Donald Johnson 42	1:17.1
200 YARD FREESTYLE	
Don Rosenthal 42	2:03.9
Stan McConnell 42	2:06.1
Sandy Gideonne 40	2:12.4
Neal Palmer 43	2:12.4
Earl Brown 40	2:12.4
50 YARD BACKSTROKE	
Sandy Gideonne 40	29.7
Earl Brown 40	37.2
Donald Johnson 42	44.5
200 YARD BACKSTROKE	
Sandy Gideonne 40	2:34.7
Stan McConnell 42	2:39.4
Brad Sturtivant 40	2:42.5
B. Jonsson 44	3:00.1
Earl Brown 40	3:13.8
50 YARD BREASTSTROKE	
Alex Gilbert 40	36.7
Bud Schumacher 43	36.3
Curt Miller 41	39.0
200 YARD BREASTSTROKE	
Bud Schumacher 43	2:57.5
Alex Gilbert 40	2:59.8
Herb Nakama 43	2:59.9
100 YARD BUTTERFLY	
Curt Miller 41	37.2
100 YARD BUTTERFLY	
Alex Gilbert 40	1:10.7
Stan McConnell 42	1:10.4
Herb Nakama 43	1:16.7
Bud Schumacher 43	1:19.4
Donald Johnson 42	1:31.9
200 YARD BUTTERFLY	
Alex Gilbert 40	2:54.9
Bud Schumacher 43	3:00.4
Herb Nakama 43	3:00.9
Donald Johnson 42	3:50.1
200 YARD INDIVIDUAL MEDLEY	
B. Jonsson 44	2:14.0
Stan McConnell 42	2:34.5
MEN 45-49	
100 YARD FREESTYLE	
Duane Deaves 47	1:00.3
Larry Larimore 46	1:02.7
Norm Buwick 49	1:04.1
Hal Nichols 45	1:16.7
Chester Cannon 48	1:26.2
200 YARD FREESTYLE	
Duane Deaves 47	2:11.6
Larry Larimore 46	2:16.0
Jerry Cunningham 45	2:42.6

1650 YARD FREESTYLE	
Duane Deaves 47	22:13.9
50 YARD BACKSTROKE	
Jerry Cunningham 45	34.9
Norm Buwick 49	40.9
200 YARD BACKSTROKE	
Duane Deaves 47	2:28.2
Jerry Cunningham 45	2:57.9
50 YARD BREASTSTROKE	
Larry Larimore 46	35.7
Norm Buwick 49	36.9
Howard Johnson 46	37.3
Hal Nichols 45	37.3
200 YARD BREASTSTROKE	
Howard Johnson 46	2:58.4
50 YARD BUTTERFLY	
Norm Buwick 49	35.6
Hal Nichols 45	40.0
200 YARD BUTTERFLY	
Duane Deaves 47	3:05.7
Howard Johnson 46	3:07.7
200 YARD INDIVIDUAL MEDLEY	
Duane Deaves 47	2:31.2
Larry Larimore 46	2:54.9
Hal Nichols 45	3:17.2
MEN 50-54	
100 YARD FREESTYLE	
Georg Olden 53	1:08.4
Tom Dennis 52	1:08.5
200 YARD FREESTYLE	
Tom Dennis 52	DQ
50 YARD FREESTYLE	
Jack Burson 51	7:43.2
1650 YARD FREESTYLE	
Jack Burson 51	25:42.0
50 YARD BACKSTROKE	
Georg Olden 53	41.6
50 YARD BREASTSTROKE	
Jack Burson 51	36.6
200 YARD BREASTSTROKE	
Jack Burson 51	3:12.7
50 YARD BUTTERFLY	
Georg Olden 53	40.1
200 YARD BUTTERFLY	
Jack Burson 51	3:18.1
MEN 55-59	
200 YARD FREESTYLE	
Don Rankin 57	2:28.6
50 YARD BACKSTROKE	
Don Rankin 57	47.5
200 YARD BACKSTROKE	
Don Rankin 57	3:21.7
50 YARD BREASTSTROKE	
Don Rankin 57	40.5
200 YARD BUTTERFLY	
Don Rankin 57	3:26.7
MEN 60-64	
100 YARD FREESTYLE	
Reg Richardson 62	1:07.5
Edin Ungard 61	1:13.2
200 YARD FREESTYLE	
Reg Richardson 62	2:38.4
50 YARD BACKSTROKE	
Reg Richardson 62	40.6
Edin Ungard 61	48.2
50 YARD BREASTSTROKE	
Reg Richardson 62	39.4
Edin Ungard 61	42.1
50 YARD BUTTERFLY	
Edin Ungard 61	42.9
200 YARD INDIVIDUAL MEDLEY	
Reg Richardson 62	3:08.2
MEN 65-69	
1650 YARD FREESTYLE	
Aifred Guth 65	29:19.8
200 YARD BACKSTROKE	
Aifred Guth 65	3:29.2
200 YARD BREASTSTROKE	
Aifred Guth 65	3:38.6
100 YARD BUTTERFLY	
Aifred Guth 65	1:43.5
200 YARD BUTTERFLY	
Aifred Guth 65	4:07.2
200 YARD INDIVIDUAL MEDLEY	
Aifred Guth 65	3:29.1
200 YD MEDLEY RELAY 25-up	
Winston Vujan	1:55.2
L.A.C.U. Lifeguard Assn	2:03.4
SBAA	2:07.2
Caltech	2:10.7

MEN 25-29	
50 yd. free style	
Dave Seifert 25	24.6
Mark Prange 26	24.9
Thomas Ertel 26	25.9
100 yd. free style	
Dave Seifert 25	53.6
Mark Prange 26	54.4
500 yd. free style	
George Klumb 29	5:57.5
Dave Seifert 25	6:00.9
100 yd. back stroke	
Thomas Ertel 26	28.6
100 yd. back stroke	
Thomas Ertel 26	1:01.2
50 yd. breast stroke	
John Warner 29	33.0
100 yd. breast stroke	
John Warner 29	1:13.0
50 yd. butterfly	
George Klumb 29	26.0
Dave Seifert 25	26.0
Mark Prange 26	29.9
Thomas Ertel 26	30.4
100 yd. butterfly	
George Klumb 29	1:01.2
Mark Prange 26	1:15.4
100 yd. ind. medley	
George Klumb 29	1:02.3
Thomas Ertel 26	1:19.5
MEN 30-34	
100 yd. free style	
Michael Wilcox 32	1:00.6
500 yd. free style	
Michael Wilcox 32	6:39.3
50 yd. breast stroke	
John Goetz 31	32.9
100 yd. breast stroke	
John Goetz 31	1:12.3
MEN 35-39	
50 yd. free style	
Phil Hellmuth 36	28.9
Dick Snyder 36	27.4
Larry Graham	

100 yd. butterfly	Robert White 46	1:10.4	200 METER BREASTSTROKE	Velda McDonald 38	4:01.1	100 METER BACKSTROKE	Jim Allen 25	1:13.7	200 METER IND. MEDLEY	Robert Cunningham 46	3:24.5	100 YARD FREESTYLE A	Janet Lamott 38	1:10.2
	Perry Rockwell 49	1:15.5	50 METER BUTTERFLY	Pat Breesee 37	34.8		R. Wigand 29	1:15.6		Don Stupfel 46	3:31.7		Dudley Tidmore 36	1:26.5
100 yd. ind. medley	Robert White 46	1:08.5	200 METER IND. MEDLEY	Carol Macpherson 35	39.7		Michael McColly 28	1:17.0		Norman Myers 45	3:47.8	500 YARD FREESTYLE	Janet Lamott 38	7:15.2
				Carol Macpherson 35	3:09/1		Roger Cumming 26	1:19.3		Fred Farley 45	4:10.0		Adrienne Pipes 39	8:39.5
				Carol Macpherson 35			Michael Hoppin 27	1:24.5		John Killeen 48	4:47.5	50 YARD BACKSTROKE B	Jeanette Peterson 35	47.3
50 yd. free style	John Camirys 50	28.3	50 METER FREESTYLE	Gail Roper 44	33.2	100 METER BACKSTROKE	Greg Jacobs 25	1:20.3	50 METER FREESTYLE	Dore Schwab Jr 51	30.1	100 YARD BACKSTROKE A	Dorothy Hendrie 38	55.7
	George Wussow 50	28.5		MaryEllen Murray 42	38.3		Paul Atts 26	1:20.5		Fred Taioli 53	32.1		Jeanne Markham 38	1:13.6
100 yd. free style	John Camirys 50	1:05.0		Eileen Soss 41	44.0		Warrell Johnson 26	1:26.0	200 METER FREESTYLE	John Robertson 53	32.3	100 YARD BACKSTROKE B	Betsy Jordan 36	1:15.9
	George Wussow 50	1:06.2		Freda Cavoto 44	53.8		Michael Hoppin 27	1:26.7		Fred Taioli 53	2:41.7		Janet Lamott 38	1:25.5
500 yd. free style	John Camirys 50	7:23.3	200 METER FREESTYLE	Gail Roper 44	2:44.4	200 METER BACKSTROKE	Darrell Johnson 26	3:13.4	100 METER BACKSTROKE	John Robertson 53	2:56.2	50 YARD FREESTYLE	Dudley Tidmore 36	1:38.6
	George Wussow 50	7:23.3		MaryEllen Murray 42	2:44.4		John Robertson 53	3:13.4		John Robertson 53	3:06.7	50 YARD FREESTYLE	Jeanette Peterson 35	46.3
50 yd. back stroke	John Camirys 50	39.8		Eileen Soss 41	4:21.1		R. Wigand 29	29.9	100 METER BACKSTROKE	Ray Taft 54	1:26.1	100 YARD FREESTYLE	Adrienne Pipes 39	48.0
	George Wussow 50	38.6		Freda Cavoto 44	4:41.6		Greg Jacobs 25	31.5		Ray Taft 54	1:40.0	50 YARD FREESTYLE	Dudley Tidmore 36	50.2
100 yd. back stroke	John Camirys 50	1:26.9	100 METER BACKSTROKE	Gail Roper 44	1:28.9	50 METER FREESTYLE	Jim Allen 25	32.3	100 METER BACKSTROKE	Fred Taioli 53	1:26.1	100 YARD FREESTYLE	Dorothy Hendrie 38	1:02.0
	John Camirys 50	1:26.9		MaryEllen Murray 42	2:13.4		Roger Cumming 26	32.5		Ted v. Berckefeldt 51	1:37.2	100 YARD FREESTYLE	Betsy Jordan 36	1:36.4
50 yd. free style	Lynn Surles 56	29.3	100 METER FREESTYLE	Freda Cavoto 44	2:26.8	200 METER IND. MEDLEY	Greg Jacobs 25	2:42.3	100 METER BACKSTROKE	John Robertson 53	1:45.0	50 YARD BUTTERFLY B	Adrienne Pipes 39	41.5
	Lynn Surles 56	29.3		Jetty Steffanson 43	2:13.4		Paul Atts 26	2:42.3		John Robertson 53	1:45.0		Dudley Tidmore 36	46.8
100 yd. free style	Lynn Surles 56	1:05.6	200 METER FREESTYLE	Freda Cavoto 44	2:13.4		Leland Faust 27	2:42.3	50 METER FLY	Ray Taft 54	36.6	50 YARD BUTTERFLY B	Dudley Tidmore 36	56.1
	Lynn Surles 56	1:05.6		MaryEllen Murray 42	2:10.4		Warrell Johnson 26	2:45.7		Dore Schwab Jr. 51	37.1	50 YARD BUTTERFLY B	Dorothy Hendrie 38	1:07.5
500 yd. free style	Lynn Surles 56	7:21.9	200 METER FREESTYLE	Elena Stumpf 41	2:10.1		Michael McColly 28	2:54.5	200 METER IND. MEDLEY	John Robertson 53	39.3	100 YARD BUTTERFLY A	Jeanne Markham 38	1:07.5
	Lynn Surles 56	7:21.9		Barbara Odone 44	2:16.0		Mike Hutchinson 26	3:42.2		Ray Taft 54	3:19.7		Janet Lamott 38	1:21.8
50 yd. breast stroke	George Tracticki 58	36.6	200 METER BREASTSTROKE	Elena Stumpf 41	4:32.3	50 METER FREESTYLE	Harry Davis 33	29.1	50 METER FREESTYLE	John Keating 55	34.5	100 YARD BUTTERFLY A	Betsy Jordan 36	3:21.4
	George Tracticki 58	36.6		Barbara Odone 44	4:39.9		Alan Cartwright 32	2:28.5		John Keating 55	34.5	100 YARD BUTTERFLY A	Betsy Jordan 36	3:21.4
100 yd. breast stroke	George Tracticki 58	1:24.8	50 METER BUTTERFLY	Gail Roper 44	37.2	200 METER FREESTYLE	Harry Davis 33	2:28.5	200 METER FREESTYLE	John Keating 55	317.8	100 YARD INDIVIDUAL MEDLEY B	Adrienne Pipes 39	1:39.0
	George Tracticki 58	1:24.8		MaryEllen Murray 42	50.6		Alan Cartwright 32	2:28.5		Hal weatherbe 58	3:17.9		Jeanette Peterson 35	1:37.0
50 yd. free style	William Miller 61	29.7	100 METER BACKSTROKE	Eileen Soss 41	58.6	100 METER BACKSTROKE	Bob Coasins 34	1:18.2	100 METER BACKSTROKE	George White 59	3:41.2	100 YARD INDIVIDUAL MEDLEY A	Dudley Tidmore 36	1:43.5
	William Miller 61	29.7		Barbara Odone 44	1:02.2		Bob Coasins 34	1:29.6		George White 59	1:39.3		Dorothy Hendrie 38	1:56.9
100 yd. free style	William Miller 61	1:08.2	200 METER BACKSTROKE	Elena Stumpf 41	1:06.4	200 METER BREASTSTROKE	Bob Coasins 34	1:29.6	200 METER BREASTSTROKE	John Keating 55	1:43.2	200 YARD INDIVIDUAL MEDLEY A	Jeanne Markham 38	2:14.5
	William Miller 61	1:08.2		MaryEllen Murray 42	3:54.4		Alan Cartwright 32	2:29.4		George White 59	2:04.2		Janet Lamott 38	2:57.0
500 yd. free style	Herbert Howe 61	7:38.2	200 METER IND. MEDLEY	MARY Ellen Murray 42	4:15.1	50 METER BUTTERFLY	A.L. Cartwright 32	29.5	100 METER BREASTSTROKE	George White 59	2:04.2	200 YARD INDIVIDUAL MEDLEY A	Betsy Jordan 36	3:01.0
	Herbert Howe 61	7:38.2		Eileen Soss 41	4:35.6		200 METER INT. MEDLEY	2:39.4		George White 59	4:37.4	200 YARD INDIVIDUAL MEDLEY	Betsy Jordan 36	6:23.3
50 yd. back stroke	William Miller 61	41.3	50 METER BUTTERFLY	Elena Stumpf 41	4:38.8	50 METER FREESTYLE	Alan Cartwright 32	2:39.4	200 METER BREASTSTROKE	George White 59	54.2	100 YARD FREESTYLE A	Betty Talbot 48	1:29.3
	William Miller 61	41.3		Barbara Odone 44	4:38.8		Bob Coasins 34	2:59.6		George White 59	59.6	50 YARD FREESTYLE	Betty Talbot 48	8:14.2
100 yd. breast stroke	Herbert Howe 61	1:43.5	WOMEN 45-49	Berna Bennett 46	34.0	50 METER FREESTYLE	David Lamott 38	31.1	200 METER IND. MEDLEY	Robert Goodier 57	4:15.7	50 YARD FREESTYLE	Betty Talbot 48	49.8
	Herbert Howe 61	1:43.5		Marilyn Walker 45	46.2		Wick Recht 39	31.6		George White 59	4:15.7	100 YARD FREESTYLE A	Anne Adams 45	1:33.0
100 yd. butterfly	Herbert Howe 61	1:42.7	50 METER FREESTYLE	Berna Bennett 46	3:03.3	200 METER FREESTYLE	Garry Rasbender 36	31.9	50 METER FREESTYLE	Sam Bernstein 64	3:34.8	100 YARD FREESTYLE A	Betty Talbot 48	1:53.0
	Herbert Howe 61	1:42.7		Marilyn Walker 45	3:53.8		William Sedard 39	33.4		Gordon Larson 62	35.2	200 YARD BUTTERFLY	Anne Adams 45	3:17.5
50 yd. free style	Clifford Brown 67	45.0	200 METER FREESTYLE	Berna Bennett 46	3:03.3	100 METER BACKSTROKE	Edward Hinshaw 36	2:24.9	50 METER FREESTYLE	Gordon Larson 62	35.2	100 YARD FREESTYLE A	Betty Talbot 48	1:53.0
	Clifford Brown 67	45.0		Elfriede Rogers 45	3:54.4		Garry Rasbender 36	2:24.9		Sam Bernstein 64	41.0	100 YARD FREESTYLE A	Anne Adams 45	1:33.0
100 yd. free style	Clifford Brown 67	1:52.3	100 METER BACKSTROKE	Elfriede Rogers 45	3:54.4	200 METER FREESTYLE	Edward Hinshaw 36	2:24.9	200 METER FREESTYLE	Sam Bernstein 64	41.0	200 YARD BUTTERFLY	Betty Talbot 48	1:53.0
	Clifford Brown 67	1:52.3		Marilyn Walker 45	1:53.7		William Sedard 39	3:01.2		Gordon Larson 62	3:34.8	100 YARD BUTTERFLY	Anne Adams 45	3:17.5
500 yd. free style	Clifford Brown 67	13:13.3	100 METER BREASTSTROKE	Berna Bennett 46	1:53.7	100 METER BACKSTROKE	David Lamott 38	3:02.2	100 METER BACKSTROKE	Gordon Larson 62	3:34.8	100 YARD BUTTERFLY	Anne Adams 45	3:17.5
	Clifford Brown 67	13:13.3		Elfriede Rogers 45	1:55.8		Dick Recht 39	3:03.6		Sam Bernstein 64	2:11.7	200 YARD INDIVIDUAL MEDLEY B	Betty Talbot 48	1:42.1
50 yd. back stroke	Clifford Brown 67	53.0	200 METER BREASTSTROKE	Charlotte Meyer 45	2:13.4	100 METER BACKSTROKE	Dick Recht 39	1:43.6	100 METER BREASTSTROKE	Sam Bernstein 64	2:11.7	200 YARD INDIVIDUAL MEDLEY B	Anne Adams 45	3:05.4
	Clifford Brown 67	53.0		Elfriede Rogers 45	4:08.6		Hans Rallant 39	1:37.1		Sam Bernstein 64	1:51.4	400 YARD INDIVIDUAL MEDLEY	Anne Adams 45	6:14.9
100 yd. breast stroke	Clifford Brown 67	2:09.9	50 METER BUTTERFLY	Charlotte Meyer 45	4:45.3	100 METER BREASTSTROKE	Hans Rallant 39	1:37.1	200 METER BREASTSTROKE	Sam Bernstein 64	4:12.0	500 YARD FREESTYLE	Lynn Orr 50	9:58.9
	Clifford Brown 67	2:09.9		Berna Bennett 46	44.5		David Lamott 38	1:38.0		Sam Bernstein 64	4:12.0	500 YARD FREESTYLE	Lynn Orr 50	54.6
50 yd. butterfly	Clifford Brown 67	3:17.8	200 METER BUTTERFLY	Elfriede Rogers 45	56.7	200 METER BREASTSTROKE	Garry Rasbender 36	1:39.3	50 METER BUTTERFLY	Sam Bernstein 64	52.7	500 YARD FREESTYLE	Lynn Orr 50	58.4
	Clifford Brown 67	3:17.8		Charlotte Meyer 45	1:10.1		David Lamott 38	3:22.4		Sam Bernstein 64	52.7	500 YARD FREESTYLE	Lynn Orr 50	58.0
25 & Over - 200 yd. medley-Men	Wauwatosa SC	1:51.4	WOMEN 45-49	Berna Bennett 46	3:39.4	50 METER BUTTERFLY	Garry Rasbender 36	35.5	50 METER FREESTYLE	Bill Trask 71	4:3.2	50 YARD BACKSTROKE B	Lynn Orr 50	54.6
	Wauwatosa SC	2:12.1		Elfriede Rogers 45	4:10.4		David Lamott 38	36.0		Bill Trask 71	4:01.3	50 YARD BACKSTROKE B	Lynn Orr 50	58.4
25 & Over - 200 yd. medley-Men	Wauwatosa SC	2:11.8	200 METER IND. MEDLEY	Charlotte Meyer 45	1:10.1	200 METER FREESTYLE	William Sedard 39	49.5	200 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BACKSTROKE B	Lynn Orr 50	58.4
	Wauwatosa SC	2:10.8		Berna Bennett 46	3:39.4		David Lamott 38	36.0		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
25 & Over - 200 yd. free-Men	Wauwatosa SC	1:41.5	WOMEN 50-54	Elfriede Rogers 45	4:10.4	50 METER FREESTYLE	Garry Rasbender 36	35.5	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	1:58.6		Charlotte Meyer 45	1:10.1		David Lamott 38	36.0		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
25 & Over - 200 yd. free-Men	Wauwatosa SC	2:12.9	200 METER IND. MEDLEY	Berna Bennett 46	3:39.4	200 METER IND. MEDLEY	Garry Rasbender 36	35.5	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	1:47.9		Elfriede Rogers 45	4:10.4		David Lamott 38	36.0		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
45 & Over - 200 yd. free-Men	Wauwatosa SC	1:47.9	50 METER FREESTYLE	Zada Taft 54	43.4	200 METER IND. MEDLEY	Edward Hinshaw 36	2:57.9	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	1:47.9		Zada Taft 54	3:52.3		Garry Rasbender 36	3:05.4		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
45 & Over - 200 yd. free-Men	Wauwatosa SC	1:47.9	100 METER BACKSTROKE	Zada Taft 54	1:57.5	50 METER FREESTYLE	Edward Hinshaw 36	2:57.9	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	1:47.9		Zada Taft 54	2:20.4		Barry Rasbender 36	3:05.4		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
RELAYS			200 METER FREESTYLE	Zada Taft 54	2:43.4	200 METER FREESTYLE	David Lamott 38	3:23.3	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
25 & Over - 200 yd. medley-Men	Wauwatosa SC	1:51.4	100 METER BREASTSTROKE	Lena Kolle 53	2:43.4	200 METER IND. MEDLEY	Edward Hinshaw 36	2:57.9	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	2:12.1		Zada Taft 54	4:56.2		Garry Rasbender 36	3:05.4		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
25 & Over - 200 yd. medley-Men	Wauwatosa SC	2:11.8	200 METER BREASTSTROKE	Zada Taft 54	1:57.5	50 METER FREESTYLE	Edward Hinshaw 36	2:57.9	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	2:10.8		Zada Taft 54	2:20.4		Barry Rasbender 36	3:05.4		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
25 & Over - 200 yd. free-Men	Wauwatosa SC	1:41.5	200 METER FREESTYLE	Lena Kolle 53	2:43.4	200 METER FREESTYLE	David Lamott 38	3:23.3	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	1:58.6		Zada Taft 54	4:56.2		Edward Hinshaw 36	2:57.9		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
25 & Over - 200 yd. free-Men	Wauwatosa SC	2:12.9	100 METER BACKSTROKE	Zada Taft 54	1:57.5	50 METER FREESTYLE	Edward Hinshaw 36	2:57.9	50 METER FREESTYLE	Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
	Wauwatosa SC	1:47.9		Zada Taft 54	2:20.4		Barry Rasbender 36	3:05.4		Bill Trask 71	4:01.3	50 YARD BUTTERFLY B	Lynn Orr 50	58.0
RELAYS			200 METER FREESTYLE	Lena Kolle 53	2:43.4	200 METER FREESTYLE								

<u>100 YARD BUTTERFLY A</u>		
Gary Harris	25	1:01.8
Jon Beall	26	1:05.8
David Alhertstein	26	1:05.7
Roger Robert	25	1:10.2
Les McConnell	25	1:10.6
<u>100 YARD INDIVIDUAL MEDLEY B</u>		
Larry Smith	26	1:08.0
Craig Dever	26	1:09.7
Les McConnell	25	1:10.2
Tom Cottrell	29	1:13.5
Chuck Faerber	29	1:18.0
Eddie Yasana	27	1:19.7
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
David Alberstein	26	2:28.2
J.T. Slaughter	28	2:39.2
<u>MEN 30-34</u>		
<u>50 YARD FREESTYLE B</u>		
Tom Crocker	31	27.1
Jim Thomas	32	31.0
<u>100 YARD FREESTYLE A</u>		
Scotty Roberts	34	55.6
David Smuch	30	57.6
Pat Schlup	33	57.7
Neil Hyink	32	57.7
Bob Zakoski	34	1:09.9
<u>50 YARD FREESTYLE</u>		
Pat Schlup	33	5:31.8
Tom Crocker	31	6:34.1
<u>50 YARD BACKSTROKE B</u>		
Neil Hyink	32	33.5
Jim Thomas	32	41.0
<u>100 YARD BACKSTROKE A</u>		
David Smuch	30	1:15.3
<u>50 YARD BREASTROKE B</u>		
Jim Thomas	32	42.0
<u>100 YARD BREASTROKE A</u>		
Scotty Roberts	34	1:13.3
David Smuch	30	1:14.8
Pat Schlup	33	1:15.9
Tom Crocker	31	1:16.5
Tom Barazzi	33	1:17.3
Jack Meyer	33	1:19.4
Bob Zakoski	34	1:23.0
<u>50 YARD BUTTERFLY B</u>		
Scotty Roberts	34	30.0
Tom Barazzi	33	30.7
Tom Crocker	31	31.3
Jim Thomas	32	36.1
<u>100 YARD BUTTERFLY A</u>		
David Smuch	30	1:05.7
Jack Meyer	33	1:08.7
<u>100 YARD INDIVIDUAL MEDLEY B</u>		
Tom Crocker	31	1:12.2
Tom Barazzi	33	1:13.9
Bob Zakoski	34	1:18.2
Jim Thomas	32	1:22.7
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
Pat Schlup	33	2:23.5
David Smuch	30	2:28.0
Scotty Roberts	34	2:27.8
<u>100 YARD INDIVIDUAL MEDLEY</u>		
Pat Schlup	33	5:05.7
Jack Meyer	33	5:46.5
<u>MEN 35-39</u>		
<u>50 YARD FREESTYLE B</u>		
Jim Kane	37	28.5
David Bechtel	36	29.0
John Schell	38	34.3
<u>100 YARD FREESTYLE A</u>		
George Worthington	36	54.5
Bill Earley	37	56.4
David Lerott	38	1:04.7
<u>50 YARD FREESTYLE</u>		
Bill Earley	37	6:23.7
Job Mack	37	6:27.3
Jim Kane	37	7:11.6
<u>50 YARD BACKSTROKE B</u>		
Jim Kane	37	34.0
David Bechtel	36	38.2
<u>100 YARD BACKSTROKE A</u>		
Bill Earley	37	1:07.0
Jim Kane	37	1:17.1
David Bechtel	36	1:18.3
<u>50 YARD BREASTROKE B</u>		
John Schell	38	40.0
<u>100 YARD BREASTROKE A</u>		
David Lerott	38	1:26.1
<u>50 YARD BUTTERFLY B</u>		
Tom Mack	37	31.6
David Bechtel	36	32.0
<u>100 YARD BUTTERFLY A</u>		
George Worthington	36	1:00.4
David Lerott	38	1:25.3
<u>100 YARD INDIVIDUAL MEDLEY B</u>		
Job Mack	37	1:15.6
David Bechtel	36	1:15.8
Jim Kane	37	1:17.0
John Schell	38	1:44.2
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
George Worthington	36	2:30.5
David Lerott	38	2:58.1
<u>100 YARD INDIVIDUAL MEDLEY</u>		
George Worthington	36	5:34.3
David Lerott	38	6:42.5
<u>MEN 40-44</u>		
<u>50 YARD FREESTYLE B</u>		
Jerry Vickers	42	29.9
<u>100 YARD FREESTYLE A</u>		
Ken Kimball	43	1:01.0
Jerry Vickers	42	1:09.0
Don Debrott	42	1:17.1
<u>50 YARD FREESTYLE</u>		
Alex Gilbert	40	6:24.5
Ken Kimball	43	7:01.1
Jerry Vickers	42	7:33.8
<u>50 YARD BACKSTROKE B</u>		
Jerry Vickers	42	42.3
Don Debrott	42	45.5

<u>100 YARD BACKSTROKE A</u>		
Sandy Gidensee	40	1:09.8
Ken Kimball	43	1:16.3
<u>100 YARD BACKSTROKE A</u>		
Alex Gilbert	40	1:22.7
Don Debrott	42	1:26.8
<u>50 YARD BUTTERFLY B</u>		
Don Debrott	42	39.1
<u>100 YARD BUTTERFLY A</u>		
Alex Gilbert	40	1:13.7
<u>200 YARD BUTTERFLY</u>		
Sandy Gidensee	40	3:00.1
Alex Gilbert	40	3:05.3
<u>100 YARD INDIVIDUAL MEDLEY B</u>		
Don Debrott	42	1:29.8
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
Sandy Gidensee	40	2:27.8
Ken Kimball	43	2:53.8
<u>50 YARD INDIVIDUAL MEDLEY</u>		
Sandy Gidensee	40	5:40.0
Alex Gilbert	40	5:54.0
<u>MEN 45-49</u>		
<u>100 YARD FREESTYLE A</u>		
Ham Clark	48	1:12.9
<u>50 YARD FREESTYLE</u>		
Duane Draves	47	6:04.1
Ham Clark	48	7:48.2
Stanley Harris	49	8:31.3
<u>100 YARD BACKSTROKE A</u>		
Duane Draves	47	1:09.2
<u>100 YARD BACKSTROKE A</u>		
Duane Draves	47	1:19.4
Don Hubbard	46	1:26.7
<u>50 YARD BUTTERFLY B</u>		
Ham Clark	48	44.5
Stanley Harris	49	52.0
<u>100 YARD BUTTERFLY A</u>		
Duane Draves	47	1:11.7
Don Hubbard	49	1:18.6
<u>200 YARD BUTTERFLY</u>		
Don Hubbard	49	3:22.2
<u>100 YARD INDIVIDUAL MEDLEY B</u>		
Ham Clark	48	1:31.2
Stanley Harris	49	1:51.8
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
Duane Draves	47	2:32.7
<u>MEN 50-54</u>		
<u>100 YARD FREESTYLE A</u>		
Bob Cowan	53	1:07.8
<u>50 YARD FREESTYLE</u>		
Jack Burgan	51	7:17.0
<u>100 YARD BACKSTROKE A</u>		
Bob Cowan	53	1:19.7
<u>100 YARD BREASTROKE A</u>		
Jack Burgan	51	1:23.0
<u>100 YARD BUTTERFLY A</u>		
Jack Burgan	51	1:23.3
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
Bob Cowan	53	2:57.4
Jack Burgan	51	2:59.2
<u>MEN 55-59</u>		
<u>100 YARD FREESTYLE A</u>		
Jerry Siefert	56	1:00.4
<u>100 YARD BACKSTROKE A</u>		
Jerry Siefert	56	1:19.1
<u>200 YARD INDIVIDUAL MEDLEY A</u>		
Jerry Siefert	56	2:56.7
<u>MEN 60-64</u>		
<u>100 YARD FREESTYLE</u>		
Frank Booth	63	1:11.0
<u>MEN 65-69</u>		
<u>50 YARD FREESTYLE</u>		
Richard Hartje	65	37.0
<u>50 YARD BACKSTROKE</u>		
Richard Hartje	65	1:06.2
<u>50 YARD BREASTROKE</u>		
Richard Hartje	65	1:02.5
<u>100 YARD BACKSTROKE</u>		
Alfred Outh	65	1:40.7
<u>100 YARD BUTTERFLY</u>		
Alfred Outh	65	1:44.7
<u>200 YARD BUTTERFLY</u>		
Alfred Outh	65	4:02.5
<u>200 YARD INDIVIDUAL MEDLEY</u>		
Alfred Outh	65	3:27.1
<u>100 YARD INDIVIDUAL MEDLEY</u>		
Alfred Outh	65	7:30.0
<u>BREAKE</u>		
<u>200 YARD MEDLEY RELAY</u>		
Coronado Night Crawlers		
Bill Earley	37	
Brian Robbins	37	
Geo. Worthington	36	
Larry Cartwright	26	1:52.9
<u>CORONADO MASTERS SWIM Meet</u>		
<u>COLORADO SPRINGS, CO</u>		
<u>3/10/74</u>		
<u>WOMEN 25-29</u>		
<u>50 YARD FREESTYLE</u>		
Cindy Welters	28	30.0
<u>50 YARD BUTTERFLY</u>		
Cindy Welters	28	33.9
<u>100 YARD IND. Medley</u>		
Cindy Welters		1:24.9
<u>WOMEN 30-34</u>		
<u>50 YARD Backstroke</u>		
Nancy Abrahams	31	39.5
<u>50 YARD Breastroke</u>		
Nancy Abrahams	31	54.7
<u>100 Ind. Medley</u>		
Nancy Abrahams	31	1:40.6

<u>WOMEN 40-44</u>		
<u>50 YARD Freestyle</u>		
Gwen Beaudin	41	32.6
Dorothy Kleist	42	51.6
<u>50 YARD Backstroke</u>		
Gwen Beaudin	41	40.7
Dorothy Kleist	42	1:07.0
<u>50 YARD Breastroke</u>		
Gwen Beaudin	41	45.8
Gwen Beaudin	41	41.8
<u>100 YARD Ind. Medley</u>		
Gwen Beaudin	41	1:42.0
Dorothy Kleist	42	2:26.1
<u>WOMEN 45-49</u>		
<u>50 YARD Freestyle</u>		
Ellen Chestnutt	45	47.1
<u>50 YARD Backstroke</u>		
Rose Rock	45	52.7
Vivian Jones	46	1:11.5
<u>50 YARD Breastroke</u>		
Rose Rock	45	44.9
Ellen Chestnutt	45	1:00.3
<u>50 YARD Butterfly</u>		
Rose Rock	45	53.0
<u>100 YARD Ind. Medley</u>		
Rose Rock	45	1:40.0
<u>Diving</u>		
Ellen Chestnutt	45	46.2
<u>WOMEN 50-54</u>		
<u>50 YARD Freestyle</u>		
Kay Floyd	52	46.2
<u>50 YARD Backstroke</u>		
Kay Floyd	52	53.2
<u>50 YARD Breastroke</u>		
Kay Floyd	52	1:03.2
<u>WOMEN 60-64</u>		
<u>50 YARD Backstroke</u>		
Feggy Alstam	64	1:04.0
<u>MEN 25-29</u>		
<u>50 YARD Freestyle</u>		
Larry Brennan	28	29.0
Mike Sutton	26	29.5
<u>50 YARD Breastroke</u>		
Mike Sutton	26	35.8
<u>50 YARD Butterfly</u>		
Larry Brennan	28	33.6
<u>Diving</u>		
Larry Brennan	28	97.7
<u>MEN 30-34</u>		
<u>50 YARD Freestyle</u>		
John Boles	31	25.2
<u>MEN 35-39</u>		
<u>50 YARD Freestyle</u>		
Z.F. Admonds	38	31.7
<u>50 YARD Backstroke</u>		
Z.F. Admonds	38	39.0
<u>50 YARD Breastroke</u>		
Z.F. Admonds	38	1:31.8
<u>MEN 45-49</u>		
<u>50 YARD Freestyle</u>		
George Wolf	49	34.7
<u>50 YARD Backstroke</u>		
Bob McClinton	46	45.1
<u>50 YARD Breastroke</u>		
Bob McClinton	46	45.0
<u>100 Ind. Medley</u>		
Bob McClinton	46	1:29.1
<u>MEN 50-54</u>		
<u>50 YARD Freestyle</u>		
Warren Kleist	52	27.5
Herb Salloway	52	29.6
Cliff Horton	51	30.0
Andy Lodd	51	30.0
Bill Chestnutt	51	36.9
<u>50 YARD Backstroke</u>		
Warren Kleist	52	36.5
Cliff Horton	51	39.3
Andy Lodd	51	41.0
<u>50 YARD Breastroke</u>		
Cliff Horton	51	39.5
Andy Lodd	51	39.8
Warren Kleist	52	40.3
Herb Salloway	52	41.1
<u>50 YARD Butterfly</u>		
Warren Kleist	52	33.1
Andy Lodd	51	36.3
Cliff Horton	51	37.4
<u>100 YARD Ind. Medley</u>		
Warren Kleist	52	1:14.3
Andy Lodd	51	1:27.5
Cliff Horton	51	1:21.9
<u>MEN 55-59</u>		
<u>50 YARD Freestyle</u>		
Al Parker	55	31.3
J.W. Smith	55	36.5
<u>50 YARD Backstroke</u>		
Al Parker	55	36.1
<u>50 YARD Breastroke</u>		
Al Parker	55	49.8

<u>Winnie Krogerud</u>		
Missi Johnson	1:28.0	
Sharon Runnells	1:28.1	
<u>50 YARD FREESTYLE</u>		
Dianne Redmond	30.7	
Susan Westledge	31.9	
Missi Johnson	34.0	
Sue Ellen Trapp	37.0	
<u>200 YARD BACKSTROKE</u>		
Winnie Krogerud	3:15.9	
Sharon Runnells	3:26.3	
<u>100 YARD BREASTROKE</u>		
Susan Westledge	1:23.5	
Dianne Redmond	1:29.3	
Nancy Barnette	1:30.2	
Missi Johnson	1:37.6	
Winnie Krogerud	1:40.9	
Sue Ellen Trapp	2:03.1	
<u>50 YARD BUTTERFLY</u>		
Dianne Redmond	33.1	
Susan Westledge	37.6	
Sharon Runnells	39.8	
<u>200 YARD FREESTYLE</u>		
Winnie Krogerud	2:43.0	
Dianne Redmond	2:55.3	
Sue Ellen Trapp	2:58.4	
<u>400 YARD INDIVIDUAL MEDLEY</u>		
Susan Westledge	6:43.6	
Winnie Krogerud	6:51.6	
<u>WOMEN 50-54</u>		
Dianne Redmond	35.2	
Sharon Runnells	38.8	
Nancy Barnette	40.4	
Missi Johnson	41.4	
K. Barberio	46.5	
<u>100 YARD FREESTYLE</u>		
Sue Ellen Trapp	1:22.6	
<u>100 YARD BACKSTROKE</u>		
Dianne Redmond	1:18.5	
Sharon Runnells	1:28.3	
Winnie Krogerud	1:27.2	
<u>200 YARD BREASTROKE</u>		
Susan Westledge	3:04.3	
Nancy Barnette	3:21.3	
Missi Johnson	3:39.4	
<u>100 YARD BUTTERFLY</u>		
Dianne Redmond	1:17.6	
Susan Westledge	1:37.1	
Winnie Krogerud	1:41.3	
<u>500 YARD FREESTYLE</u>		
Winnie Krogerud	7:22.9	
Susan Westledge	7:43.6	
Sue Ellen Trapp	7:59.5	
<u>200 YARD BUTTERFLY</u>		
Winnie Krogerud	3:38.2	
<u>200 YARD INDIVIDUAL MEDLEY</u>		
Dianne Redmond	2:57.2	
Susan Westledge	3:05.1	
Winnie Krogerud	3:13.7	
<u>WOMEN 30-34</u>		
<u>100 YARD INDIVIDUAL MEDLEY</u>		
Millie Bergeron	1:17.4	
<u>50 YARD FREESTYLE</u>		
Millie Bergeron	31.5	
A. Chittenden	37.7	
S. Mannino	39.1	
E. Gillan	45.0	
<u>200 YARD BACKSTROKE</u>		
Millie Bergeron	3:06.8	
<u>100 YARD BREASTROKE</u>		
S. Mannino	2:03.1	
<u>50 YARD BUTTERFLY</u>		
Millie Bergeron	32.2	
<u>50 YARD BACKSTROKE</u>		
S. Mannino	35.0	
<u>100 YARD FREESTYLE</u>		
Millie Bergeron	54.7	
E. Gillan	1:11.7	
E. Gillan	2:04.6	
<u>100 YARD BACKSTROKE</u>		
Millie Bergeron	1:24.3	
<u>100 YARD BUTTERFLY</u>		
Millie Bergeron	1:14.9	
<u>200 YARD INDIVIDUAL MEDLEY</u>		
Millie Bergeron	2:54.5	
<u>WOMEN 35-39</u>		
<u>1650 YARD FREESTYLE</u>		
Anne McGuire	25:12.9	
Natalie Clement	30:23.2	
Marcey Dickens	31:31.2	
<u>100 YARD INDIVIDUAL MEDLEY</u>		
Anne McGuire	1:20.1	
Boots Culbertson	1:31.4	
Natalie Clement	1:32.1	
Marcey Dickens	1:42.4	
<u>50 YARD FREESTYLE</u>		
Anne McGuire	32.1	
R. Cain	41.6	
M. Watkins	49.9	
J. Nagel	51.4	
L. Burns	52.5	
<u>200 YARD BACKSTROKE</u>		
B. Culbertson	3:26.0	
M. Dickens	3:44.1	
M. Watkins	4:48.0	
J. Epes	4:48.4	
<u>100 YARD BREASTROKE</u>		
Anne McGuire	1:23.0	
B. Culbertson	1:32.3	
Natalie Clement	1:36.5	
M. Dickens</		

100 YARD INDIVIDUAL MEDLEY

Table listing swimmers and times for 100 YARD INDIVIDUAL MEDLEY, including names like June Krauser, Eileen Schappel, and Roberta B. Smith.

200 YARD BREASTROKE

Table listing swimmers and times for 200 YARD BREASTROKE, including names like L. Kyte, M. Oldfield, and J. Smally.

50 YARD BUTTERFLY

Table listing swimmers and times for 50 YARD BUTTERFLY, including names like Rick Chelekis, Carl Robie, and Tom Zawicki.

MEN 35-39

Table listing swimmers and times for MEN 35-39, including names like Bob Cuykendall, Don Short, and Gene Nagel.

Jim Gotch

Table listing swimmers and times for Jim Gotch, including names like W. Dupes, D. Beede, and J. Johnson.

1650 YARD FREESTYLE

Table listing swimmers and times for 1650 YARD FREESTYLE, including names like Lillian Kyte, L. Kyte, and M. Oldfield.

WOMEN 50-54

Table listing swimmers and times for WOMEN 50-54, including names like Lillian Kyte, L. Kyte, and M. Oldfield.

MEN 30-34

Table listing swimmers and times for MEN 30-34, including names like Gerry DeLong, Fred Teranda, and Joe Biondi.

MEN 40-44

Table listing swimmers and times for MEN 40-44, including names like Burwell (Bumpy) Jones, Bob Beach, and J. Johnson.

MEN 50-54

Table listing swimmers and times for MEN 50-54, including names like John P. Crews, Reed Ringel, and John Gorman.

<b>50 YARD BUTTERFLY</b>	
John Crews	31.8
Herb McAuley	32.1
John Sorman	33.4
Howard Rosmore	39.3
Alan Waites	40.1
Warren Grunst	43.3
<b>200 YARD FREESTYLE</b>	
John Crews	2:15.0
Reed Ringel	2:23.5
Russ Lortz	2:46.1
Warren Grunst	3:01.9
Howard Rosmore	3:09.8
<b>400 YARD INDIVIDUAL MEDLEY</b>	
John Sorman	6:02.6
Herb McAuley	7:38.5
<b>50 YARD BACKSTROKE</b>	
John Crews	36.3
Reed Ringel	39.2
A. Waites	40.6
H. Rosmore	41.4
W. Grunst	47.4
<b>100 YARD FREESTYLE</b>	
H. McAuley	1:00.2
Reed Ringel	1:03.9
R. Lortz	1:09.0
G. Powell	1:15.7
W. Grunst	1:17.7
<b>100 YARD BACKSTROKE</b>	
John Crews	1:22.1
Reed Ringel	1:28.5
H. Rosmore	1:45.4
W. Grunst	1:56.3
<b>200 YARD BREASTROKE</b>	
J. Sorman	3:07.2
R. Lortz	3:37.2
H. Rosmore	3:42.8
H. McAuley	3:44.9
<b>100 YARD BUTTERFLY</b>	
J. Sorman	1:15.5
H. McAuley	1:42.4

**MEN 55-59**

<b>1650 YARD FREESTYLE</b>	
John Augustine	38:45.6
<b>100 YARD INDIVIDUAL MEDLEY</b>	
C. Dunworth	1:27.2
<b>50 YARD FREESTYLE</b>	
G. Jennings	29.0
J. Augustine	33.8
J. Brown	35.0
<b>200 YARD BACKSTROKE</b>	
F. Tillotson	3:17.7
J. Brown	4:34.6
<b>100 YARD BREASTROKE</b>	
John Brown	1:40.8
<b>50 YARD BUTTERFLY</b>	
G. Jennings	37.4
C. Dunworth	40.1
<b>400 YARD INDIVIDUAL MEDLEY</b>	
Gene Jennings	7:12.7
<b>100 YARD FREESTYLE</b>	
G. Jennings	1:08.5
C. Dunworth	1:10.8
J. Brown	1:24.5
J. Augustine	1:48.3
<b>100 YARD BACKSTROKE</b>	
Frank Tillotson	1:28.9
<b>200 YARD BREASTROKE</b>	
John Brown	3:56.4
<b>100 YARD BUTTERFLY</b>	
G. Jennings	1:20.3
<b>50 YARD BACKSTROKE</b>	
Frank Tillotson	38.9

**MEN 60-64**

<b>100 YARD FREESTYLE</b>	
C. Roberts	1:39.1
<b>50 YARD BACKSTROKE</b>	
C. Roberts	1:16.2

**MEN 65-69**

<b>50 YARD FREESTYLE</b>	
V. Zoble	33.1
S. Pray	38.6
<b>200 YARD BACKSTROKE</b>	
S. Pray	4:22.6
<b>100 YARD BREASTROKE</b>	
Vic Zoble	2:03.2
<b>50 YARD BACKSTROKE</b>	
S. Pray	48.7
<b>100 YARD FREESTYLE</b>	
S. Pray	1:33.3
<b>100 YARD BACKSTROKE</b>	
S. Pray	1:58.2
<b>200 YARD FREESTYLE</b>	
Vic Zoble	3:14.0
Sam Pray	3:48.3

**MEN 70-79**

<b>1650 YARD FREESTYLE</b>	
John McGuire	34:15.4
<b>50 YARD FREESTYLE</b>	
John McGuire	33.3
J. Risher	53.2
<b>50 YARD BACKSTROKE</b>	
J. Risher	1:07.4
<b>100 YARD FREESTYLE</b>	
John McGuire	1:17.5
<b>100 YARD BACKSTROKE</b>	
John McGuire	2:14.5
<b>200 YARD MEDLEY RELAY</b>	
<b>25 and over</b>	
Sarasota Masters "A"	1:52.1
Pt. Lauderdale A.C.	1:53.1
St. Pete Rec. Dept. "A"	1:54.8

Oak Ridge Masters	2:01.4
St. Pete Rec. Dept. "B"	2:15.1
Sarasota Masters "B"	2:18.7
<b>35 and over</b>	
Pt. Lauderdale A.C. "A"	2:01.0
St. Pete Rec. Dept. "A"	2:04.1
Pt. Lauderdale A.C. "B"	2:14.2
<b>45 and over</b>	
Oak Ridge Masters	2:24.6
Sarasota Masters	2:30.5
St. Pete Rec. Dept. "A"	2:30.5
<b>200 YARD FREESTYLE RELAY</b>	
<b>25 and over</b>	
Sarasota Masters "A"	1:37.8
St. Pete Rec. Dept. "A"	1:39.7
Pt. Lauderdale A.C.	1:45.9
Sarasota Masters "B"	1:46.5
Oak Ridge Masters	1:47.5
St. Pete Rec. Dept. "B"	2:01.1
<b>35 and over</b>	
Pt. Lauderdale A.C. "A"	1:46.3
St. Pete Rec. Dept. "A"	1:50.4
Pt. Lauderdale A.C. "B"	1:54.8
St. Pete Rec. Dept. "B"	2:24.5
<b>45 and over</b>	
Oak Ridge Masters	2:00.5
Sarasota Masters	2:04.5
St. Pete Rec. Dept. "A"	2:08.3

**TIMES ACHIEVED IN SENIOR MEETS**

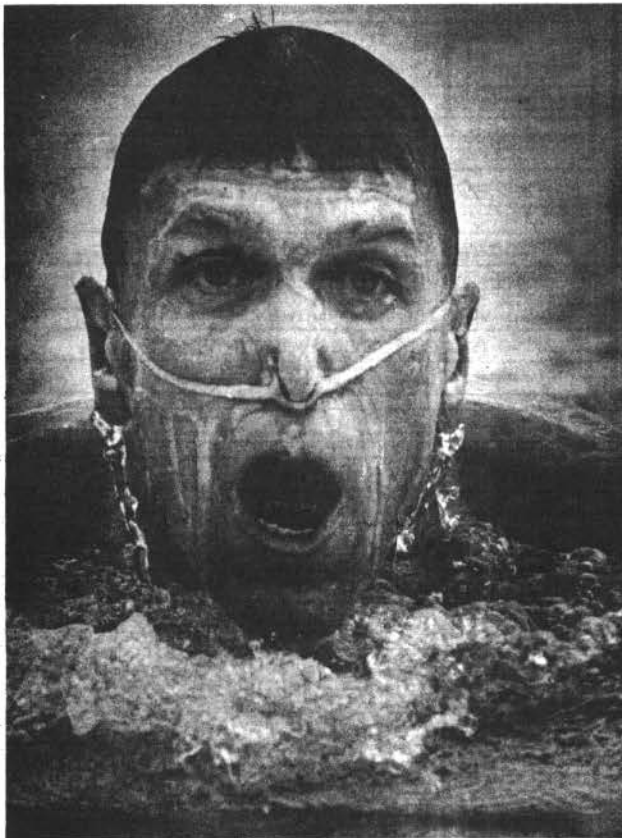
<b>WOMEN 30-34</b>	
<b>100 YARD BACKSTROKE</b>	
Millie Bergeron 33	1:19.67
<b>100 YARD BUTTERFLY</b>	
Millie Bergeron 33	1:14.20
<b>200 YARD INDIVIDUAL MEDLEY</b>	
Millie Bergeron 33	2:56.84
<b>WOMEN 35-39</b>	
<b>200 YARD BACKSTROKE</b>	
Marcia Watkins 35	5:01.2
<b>WOMEN 45-49</b>	
<b>100 YARD FREESTYLE</b>	
June Krauser 47	1:14.1
Betty Smith 48	1:42.6
<b>200 YARD FREESTYLE</b>	
June Krauser 47	2:42.37
<b>500 YARD FREESTYLE</b>	
June Krauser 47	7:07.96
<b>100 YARD BUTTERFLY</b>	
June Krauser 47	1:21.25
<b>200 YARD BUTTERFLY</b>	
June Krauser 47	2:59.78
<b>400 YARD INDIVIDUAL MEDLEY</b>	
June Krauser 47	6:17.34
<b>WOMEN 50-54</b>	
<b>200 YARD BACKSTROKE</b>	
Mims Jennings 54	3:56.8

<b>MEN 25-29</b>	
<b>100 YARD FREESTYLE</b>	
Ed Lerner 29	56.22
<b>100 YARD BREASTSTROKE</b>	
Don Snyder 28	1:15.3
<b>100 YARD BUTTERFLY</b>	
Ed Lerner 29	1:03.56
Don Snyder 28	1:06.5
<b>MEN 30-34</b>	
<b>200 YARD BACKSTROKE</b>	
Joe Biondi	2:48.6
<b>100 YARD BREASTSTROKE</b>	
Steve Rabinovitch 31	1:07.21
Gerry deLong 30	1:12.34
<b>100 YARD BUTTERFLY</b>	
Gerrn deLong 30	57.18
<b>200 YARD BUTTERFLY</b>	
Gerry deLong 30	2:16.36
<b>200 YARD INDIVIDUAL MEDLEY</b>	
Joe Biondi	2:37.8
<b>400 YARD INDIVIDUAL MEDLEY</b>	
Gerry deLong	5:39.90
<b>MEN 35-39</b>	
<b>100 YARD FREESTYLE</b>	
Bill Rash 36	55.72
Gene Nagel	57.6
<b>200 YARD FREESTYLE</b>	
Gene Nagel	2:13.2
<b>500 YARD FREESTYLE</b>	
Gene Nagel	6:25.6
<b>1650 YARD FREESTYLE</b>	
Bill Rash 36	21:01.6
<b>100 YARD BREASTSTROKE</b>	
Gene Nagel	1:19.6
<b>200 YARD BREASTSTROKE</b>	
Gene Nagel	2:52.0
<b>100 YARD BUTTERFLY</b>	
Frank Bernardino 36	1:11.81
<b>200 YARD INDIVIDUAL MEDLEY</b>	
John Risher	2:43.8
<b>MEN 40-44</b>	
<b>100 YARD FREESTYLE</b>	
Gay Rosser 40	54.74
Dan Malone 43	58.37
Bob Beach	59.9
<b>200 YARD FREESTYLE</b>	
Gay Rosser 40	2:09.10
Dan Malone 43	2:09.78
Bob Beach	2:12.1
<b>500 YARD FREESTYLE</b>	
Dan Malone 43	6:06.39
Bob Beach	6:06.8
<b>100 YARD BACKSTROKE</b>	
Gay Rosser 40	1:11.0

<b>100 YARD BREASTSTROKE</b>	
Herb Kern 41	1:18.19
Chris Wilson 40	1:30.1
<b>200 YARD BREASTSTROKE</b>	
Herb Kern 41	2:56.47
<b>100 YARD BUTTERFLY</b>	
Gay Rosser 40	1:04.91
Herb Kern 41	1:12.83
<b>200 YARD INDIVIDUAL MEDLEY</b>	
Herb Kern 41	2:34.17
Gay Rosser 40	2:50.5
<b>400 YARD INDIVIDUAL MEDLEY</b>	
Herb Kern	5:41.94
<b>MEN 45-49</b>	
<b>50 YARD FREESTYLE</b>	
Roger Franks 46	28.0
<b>1650 YARD FREESTYLE</b>	
Roger Franks 46	22:38.4
<b>200 YARD BREASTSTROKE</b>	
Hal Onusset	2:56.0
<b>200 YARD BUTTERFLY</b>	
Hal Onusset	2:58.1
<b>200 YARD INDIVIDUAL MEDLEY</b>	
Roger Franks 46	2:34.9
<b>MEN 50-54</b>	
<b>100 YARD FREESTYLE</b>	
Gene Powell 51	1:22.4
<b>MEN 55-59</b>	
<b>100 YARD FREESTYLE</b>	
John Brown 59	1:30.3
John Augustine 55	1:49.4
<b>500 YARD FREESTYLE</b>	
John Augustine 55	11:17.0
<b>100 YARD BACKSTROKE</b>	
John Brown 59	1:56.8
<b>200 YARD BACKSTROKE</b>	
Frank Tillotson 59	3:10.2
John Brown	4:32.5
<b>100 YARD BREASTSTROKE</b>	
Frank Tillotson 59	1:50.8
<b>200 YARD BUTTERFLY</b>	
Gene Jennings 59	3:16.5
<b>200 YARD INDIVIDUAL MEDLEY</b>	
Gene Jennings 59	3:18.2
<b>MEN 70-79</b>	
<b>100 YARD FREESTYLE</b>	
John McGuire 70	1:20.1
<b>500 YARD FREESTYLE</b>	
John McGuire 70	9:54.6



**A Breath For Breaststroker Ann McGuire In Masters**



**TED HAARTZ**

Staff Photo by Akira Sowa

**Splashy!**

Wet weather may have postponed a few baseball games over the weekend, but it didn't stop 165 men and women from competing in the Southern Regional Masters Short Course Swimming and Diving Championship at North Shore.

**Aquatic Club Wins Team Title at Meet**

Nine individuals won High Point awards in their age groups to enable the Fort Lauderdale Aquatic Club to win the team title at the fourth annual AAU Southern Regional Masters Meet held in St. Petersburg, FL. Top picture shows Gay Rosser holding the trophy with some of the team members. Middle picture has some of the Men's High Point winners L to R Bump Jones (40-44), Don Short (35-39), John Crews (50-54), Ted Haartz (45-49), Gerry de Long (30-34) and Dick Chelekis (25-29). Bottom picture is of "some" of the 120 swimmers that entered the meet.





# SWIM-MASTER

5340 N. E. 17th Avenue  
Ft. Lauderdale, FL 33308



## FIRST CLASS



LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH

# SWIM MEET SCHEDULE

APR 5-7	Regional SC Inv. - Harry J. Lewis, E 944-39 Ave., Spokane, WA 99203
APR 6	3rd Annual April Fools Meet - Jane Hardy, 49 Wilson Ave., Rowayton, CT
APR 6	Gold Vault Swim Club Meet - Cpt Joan Werner, 5300-A Paquette St., Fort Knox, KY 40121
APR 6-7	Los Alamos Masters Meet - Sam Jones, 2360 A 37th St., Los Alamos, NM 87544
APR 12-13	WIU - Dr. Paul Hutinger, 815 N. Charles, Macomb, IL 61455
APR 13,18	Masters Meets - Skip Mann, 4420 Marigold Lane, Littleton, CO 80120
APR 20-22	USC Masters Regional - Anne Adams, 17432 Osborne St., Northridge, CA 91324
APR 26-28	Intermountain - Bill Williams, 2791 So. Macon Cir., Denver, CO
APR 26-28	New England Regional - Enid Uhrich, 12 Highland Way, Burlington, MA 01803
APR 27	Masters Meet - Joseph B. Twaits, Jr., Garden State Swim Pool, 649 Springfield Ave., Berkeley Heights, NJ 07992
APR 27-28	Eastern Open - Wilmington Swim School, 2150 New Castle Av., New Castle, DE
MAY 3-4	Princeton Invitational - Tink Bolster, 124 Parkside Dr., Princeton, NJ
MAY 3-4	Westwood County Club - Ms. John Bainbridge, 6112 Hollister Dr., Speedway, IN 46224 (317) 293-4146
MAY 11	Union Aquatic Masters - Donald Varga, 20 Jackson Av., Endicott, NY 13760
MAY 17-19	NATIONAL AAU MASTERS SC SWIMMING CHAMPIONSHIPS AT SHOF POOL IN FT. LAUD. - June Krauser, 5340 NE 17th Ave., Ft. Lauderdale, FL 33308 (305) 961-9700
MAY 18	Mission Viejo Masters LC - Anne Adams (above)
MAY 25	Whitefish Bay - Morgan Byers, 1200 E. Fairmount Av., Whitefish Bay, WI
JUN 7	Lakewood "200" - Anne Adams (above)
JUL 20	Santa Barbar Masters - Anne Adams (above)
JUL 24-25	NATIONAL AAU MASTERS LONG DISTANCE SWIMMING CHAMPIONSHIPS AT LAKE PLACID - Rev. J. Bernard Fell, Sports Dir., Olympic Arena, Lake Placid, NY 12946
AUG 3	Meter Masters Meet - Dorothy Donnelly, 401 Shuttel Meadow, New Britain, CT
AUG 17-18	Masters L.A. Invitational - Anne Adams (above)
SEP 6-8	NATIONAL AAU MASTERS LC SWIMMING CHAMPIONSHIPS AT SANTA CLARA Bill Baker, 1071 Nottingham Way, Los Altos, CA 94522
SEP 22	Masters Pentathlon - Newport Harbor H.S. - Anne Adams (above)

LIFE IS WHAT HAPPENS TO YOU WHILE YOU ARE MAKING OTHER PLANS



masters swimming IT'S INTOXICATING!