

SWIM-MASTER

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OCTOBER 1980

MASTERS

CHAMPIONSHIPS

1980 National A.A.U.

Men's and Women's Long Course
at

Santa Clara International Swim Center

1. Gustavo Betancourt, Vincente Capriles & Edmundo Fernandez from Venezuela; 2. Mark Chatfield representing the Trojans; 3. Co-Meet Directors - Cindy Baxter & Carol Macpherson; 4. Graham Johnston from Texas and John Crews from Tenn.; 5. Clarence Ross of New Jersey and Reg Richardson from Santa Barbara; 6. Nancy Macbeth from Arizona and Margaret George from Pasadena; 7. Jacalyn Hirsty from DC and Mike Gilmore from Santa Monica; 8. Jon Buzzard from Indianapolis; 9. Barbara Wilson from Australia; 10. Zada Taft of the San Mateo Marlins; 11. Dale Parancet from DC; 12. Dawn Musselman from the Pacific Northwest; 13. Bill Share from Florida; 14. Geoff Burke & the monkey that not on his back; 15. Ted Haartz our National Chairman from New England; 16. Ransom



PREVENTING HEART DISEASE THROUGH EXERCISE AND DIET

Bernard Silber, M.D. Rinconada Masters

Can exercise help prevent heart disease? Let's look at some examples:

Conductors of London's double-decker buses walk up and down stairs all day while the bus drivers are almost totally sedentary. There is half the incidence of heart disease among the conductors as compared with the drivers.

In communal living groups in Israel, the annual incidence of coronary disease and death from heart attacks was three times greater in sedentary workers than those in physically active jobs.

The incidence of heart disease in the average American is about seven times that of the comparable—but much more physically active—men of Crete.

By the age of thirty, aging effects and the sedentary living of modern life have produced various diseases and disabilities such as obesity, chronic low-back strain, weak abdominal muscles, high emotional tension, high pulse rates, low muscle strength, and increased susceptibility to cardiovascular diseases.

A number of factors have been found to be associated with an increased risk of coronary disease. Studies indicate that exercise, as a means of preventing heart disease, has as much or more merit than any other preventive measure, though diet certainly also plays a large part. Other considerations should still be weighed, but it is clear that lack of exercise, along with obesity, elevated blood cholesterol, cigarette smoking, emotional tension, and high blood pressure all contribute to the development of coronary heart disease.

Prevention of heart disease should start in child-hood, particularly in regard to a healthy diet. Medical evidence indicates that fatty substances can begin to collect in the arteries at a very early age—even as early as the first year of a child's life. Although many factors are involved, it is believed that the diet of the young may contribute to early signs of coronary disease. It is im-

portant for all age groups, not just older people, to cut down on saturated fats, such as fried foods, butter, and animal fats. This applies very specifically to the younger members of the Masters, for just as you are never too old to swim, you are never too young to pay attention to your diet.

It is advisable for everyone, and particularly those of age thirty-five or older, to have a medical examination before embarking on an intensive exercise program. This should include an exercise electrocardiographic (ECG or EKG) test. This test is performed while the subject exercises on a stationary bicycle or treadmill, and the heart rate, rhythm, and action are monitored during the test. This helps determine the workload that can be imposed on the heart as well as being a way to detect the presence of heart disease which may not be otherwise symptomatic.

There are various kinds of exercise that are available to most people: walking, jogging, cycling, and, of course, swimming. Swimming provides exercise not only for your heart but for all muscle groups. Swimming the crawl at 50 yards a minute is the equivalent of running at 7 mph or performing heavy labor. Swimming the breaststroke at 40 yards a minute is equal to running at 5½ mph or climbing stairs.

Interval training is probably more beneficial to increase cardiovascular fitness than prolonged slower training. Training should be on a regular lifetime basis, for inactivity causes the body to become flabby very rapidly. Regular physical demands must be made on your body to maintain an adequate level of fitness.

For further information, you may wish to consult *The New Aerobics*, by Dr. Kenneth Cooper (paperback, \$1.25), an excellent guide to exercising and conditioning, or Dr. Pritikin's book (paperback, \$3.50) on diet an exercise.

To summarize:

Swimming helps reduce the possibility of coronary heart disease.

Swimming helps reduce cholesterol levels.

Swimming helps in weight reduction.

Swimming improves breathing.

Swimming improves muscle tone and joint movements.

Swimming makes you feel better.



become a III member!

YES! Here's my check for \$100.00 (or \$25.00 as my first installment over a four-year period).

I understand I will receive my special gold pass, patch, and free admission to the Hall of Fame at any time.

Swimming is an important part of my "Life", and I want to continue my support of this great sport and its International Shrine.

NAME		1.5
ADDRESS		

From the beginning. The Rinconada Masters

In 1971 and 1972 a group of adults calling themselves the Fremont Hills Swim Team met every Wednesday evening for cocktails and forty-five minwites of relaxed swimming in the Fremont Hills Counry Club Pool. A few members of this group ventured to a Masters' Swim Meet in San Mateo — a new experience for most of them.

Then came the 1972 Masters' Short Course Nationals. Again this event was held in San Mateo, and it was sponsored by the San Mateo Recreation Department and the San Mateo Marlins. Some of this original Fremont Hills group participated, joined by Carol Tait Macpherson, Hall of Fame National Champion, and her husband Joel, ten swimmers in all. Ebullient Cindy Baxter officiated as stroke-andturn judge, but laughed at the idea of getting really wet. By the fall of 1972, through the invaluable cooperation of the Palo Alto Recreation Department and Tom Osborne, head of the aquatic program, Cindy and Carol started to organize a Masters' Program at the Rinconada Pool. Carol Macpherson and Cindy Baxter, both swimming instructors and coaches with many years of experience, were persuaded to serve as the coaches.

By January of 1973, Rinconada Masters became a full-fledged club with fifteen members and the two coaches. Emphasis on physical fitness, as well as on swimming skills, was the backbone of the progam. The coaches asked the swimmers to come to at least three of the eight workouts a week so as to keep in good physical condition. The members found that the sociability, both at the pool and at the club pars, promoted camaraderie and relaxation. Enthusiasm for the program caused rapid growth, for by the end of 1973 the club had expanded to more than 100 members, with 45 of them holding A.A.U.

In May of 1973 the Rinconada Masters sent twenty-five members to Santa Monica in Southern California for the Short Course National Championship Meet. They won second place, among ninety-six competing clubs, winning numerous gold medals and establishing 18 new national records.

In 1974 nineteen members flew to Ft. Lauderdale, Florida, for the Short Course National Championships held at the swimming Hall of Fame Pool. The result was a fourth place for the team out of more than 100 teams entered, and a third place for the women's team. Rinconada swimmers won 24 gold medals and established 18 new national records.

Since 1974 when they sponsored the National Masters Long Course Championship Meet at Santa Clara International Pool through the 1980 National Masters Short Course Championship meet in Fort Lauderdale, Florida, the Rinconada Masters have won three Women's and two Combined championships; and placed in the top three times. National records, national individual and relay titles and improved performances continue on and on.

Now in 1980 as your hosts again at the Santa ara International Pool in Santa Clara, California in us the 10th year of Masters national level competition Rinconada welcomes you and wishes you, "fast water."

HOST CLUB—RINCONADA MASTERS

Carol Tait Macpherson & Cindy Baxter, Co-Directors

A.History

Master's Swimming Update

Ten years old and growing fast-that's Masters Swimming. Born in May 1970 with 49 competitors (34 men and 14 women) at the first Masters Nationals in Amarillo, Texas, it has grown to several thousand competitors not only nationally but worldwide also. This year's Nationals totals nearly a thousand entrants.

First conceived in the 1960's by long time swimming enthusiast Dr. Ranson A. Arthur, competitions to promote physical fitness for older swimmers has proved itself. Dr. Arthur persuaded then American Swimming Coaches Association President, John Spannuth to host the Amarillo, Texas, Nationals, Early participants in that meet included; Dr. Arthur, Ham & Mildred Anderson, Richard Rabe, and Paul Hutinger. Since that time former swim greats, such as; Steve Clark, Carin Cone Vanderbush, Gail Peters Roper, Lance Larson, Barbara Jensen Jackson, Steve Baxter, David Wilkie and Wanda Werner Cavanaugh and non-competitive background swimmers; Nellie Brown, Ted Haartz, Ed Kerswell and Cindy Baxter, have swelled the ranks. National meets have been held from Spokane to Fort Lauderdale, from Providence, Rhode Island to Mission Viejo, California. Competitors have traveled from Australia, England, Canada, New Zealand, West Germany, Italy, Brazil and Mexico to swim.

Swim Master, edited by June Krauser and Swim Swim, edited by Mike Gilmore give Masters their own publications. Dr. Arthur writes a column in Swimming World, and Sports medicine has begun to note the masters swimmer.

James "Doc" Councilman, former swimmmer and famed Indiana coach has become the oldest (58) master of the English Channel.

From Dr. Arthur's Amarillo, Texas beginning to conquering the English Channel to an unrestricted future. Masters swimming promises an exciting new decade.

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Ransom J. Arthur, MD

Tam Masters host long course meet

Veteran swimmers after more national records

By Ralph Chatoian

Jane McCollister and Nancy Ri-dout will try to add to their list of national and Pacific Association

dout will try to add to their list of national and Pacific Association AAU records this weekend when the Tamalpais Aquatic Masters, a group of swimmers aged 21 to 70, hosts a long course meet at the Indian Valley Colleges pool.

Approximately 150 swimmers from 26 Northern California clubs are expected to compete Saturday and Sunday, competition beginning at 9 a.m. each day.

There will be events in freestyle, backstroke, breaststroke and butterfly in all the adult age groups.

"Indian Valley is a fast pool," said Tam swim coach Marie McSweeney, "We expect some national records to be broken."

Members of the Marin County chub range in age from 21-year-old Suzanne Heim of San Rafael to 70-year-old John Morrison of Sebastonol. Although most of the swimmers live in Marin County, some come from San Francisco and from as far away as Sacramento and Stockton. away as Sacramento and Stockton. The out-of-towners do most of their practicing on their own and join the other Tam swimmers at the meets that are held throughout the Bay

Area.

Ridout, 38, of Novato, competes in the 35-39 age group. She holds national marks in the 50-meter free (30.12), the 100-meter free (1:08.0) and is part of the Tam 200-yard freestyle relay team that has a U.S.

Others on that team are Laurie Hoey, Charlotte Jenkins and Sue Archer. Ridout also holds a national age group record for covering 4,560 yards in one hour. In addition to her age group national records, she has 10 Pacific Association AAU marks in freestyle and betterfly exerts. freestyle and butterfly events

Ridout, a teacher at Good Shep-herd Nursery School in Novato, grew up in Ohio and started compet-itive AAU swimming at age 13. While attending University of Michi-gan she swam on AAU teams and competed in both swimming and water polo. Her AAU women's water polo team won national-championpolo team won national champion-ships in 1961, '62 and '63.

She gave up swimming in 1964 and didn't get back into it until 1972 a short time after Marin Swim Club coach Don Swartz began the masters program in Marin. Now she is one of the best in the land for her strength and the land for her age, training an hour and a half a day for six days a week, covering 4,000 to 5,000 yards of water a day. Ridout is the masters swimmers

records chairman for the Pacific Association and a vice president of the P.A. Masters Swim Committee. She is married, with two sons, 8 and 11 ("They're into baseball and soc-cer, not swimming.") Her husband, George, is a distance runner and competes in races ranging in length from six miles to marathon dis-tance. records chairman for the Pacific

How long does Nancy expect to

compete in age group masters swimming? "Until I die. I really love it. It's great for you...you meet a lot of people and it keeps you in great condition." McCollister is 61 and competes in

McCollister is 61 and competes in the 60-64 age group where she holds national records in the 200-yard free (2:54.85), 500-yard free (7:55.61) and 100-yard breaststroke (1:44.21), and holds a national record of 3,410 yards in one hour. In addition she holds nine P.A. records in the 55-59 age group and 12 in the 60-64 age group for freestyle and breaststroke events. And like Ridout, McCollister has been a member of the All-American Masters team the last six years.

McCollister was born in San Anto-nio, Tex. and reared as a daughter of an Army officer.
"I lived all over the world," she

said. "I learned to swim in Panama. It was the only cool thing to do." When she was 13 McCollister re-turned to the states with her family and began competing in AAU swim and began competing in AAO swim-ming against women much more mature because that was before age group youth swimming. She was the youngest swimmer at the U.S. Olympic trials and finished far down

McCollister attended University of Texas and was one of two women who trained and worked out with the men's swim team. Remember, these were the pre-Title IX days and there were no women's swim teams at

later got a chance for collegiate competition by transferring to the University of Pennsylvania which had a women's swim team. She also swam on the Penn Athletic Club AAU team and competed in the senior nationals in 1936.

McCollister earned her masters McCollister earned ner masters degree, began teaching, and in 1941 discontinued her competitive swim-ming. It ended up as a 30-year layoff from the sport. She didn't get back to it until 1971 when Swartz began his masters program in the Marin SC

She said she will continue competitive swimming "as long as I can keep moving.

"It is a marvelous program. The competition isn't the big thing, it's conditioning for every level of

ability."
McCollister retired last year as a
teacher at Vallecito School in the
Dixie School District. Her husband

Dixie School District. Her hisboard is a retired Army officer. According to McSweeney, who has coached the masters program in Marin County for four years, many of the 75 members of the Tam

of the 75 members of the Tam Masters were not involved in com-petitive swimming as youngsters, but took it up as adults.

No, these hard-working swimmers are not kids any more. But you would never know it by the enthu-siastic way they go about their sport. In the world of masters swim-ming, they make a his golash ming, they make a big splash



Jane McCollister (left) and Nancy Ridout Eight national records between them

Hawaii's 'old' swimmers are tops - just check the world rankings

By Ann Miller rtiser Sports Writer

By Ann Miller
Advertiser Sports Writer

During one of Lloyd Osborne's races at a National Meet for Masters swimmers, a man yelled down at the 71-year-old Yale graduate, "You damn Yale men. You never know when to give up."

For Osborne and the other 90 members of the Waikiki Masters Swim Club, it's not a matter of knowing when to give up. It's a matter of realizing they don't have to give up. And, especially for those members over 60 years old, it's a matter of proving there is no reason to give up. They are the best swimmers of their age groups in the world.

The 1979 World Swimming Rankings for the AAU-sanctioned Masters Swimmers were released this month. Anyone over 25 qualifies as a Masters swimmer. The individual events are broken down to five-year categories. Relays, which are coed, are divided into 10-year blocks.

The list of top five swimmers in events for women and men over 60 looks like a page torn from the Oahu phone book.

Osborne is listed in eight categories alone. His wife Joan, 64, holds 10 records. John Anderson, 77, is listed in 12 different events, Jim Welch, 62, also holds eight marks. In the 142 events for men and women over 60, swimmers from Hawaii quality 58 times—and there are over 10,000 swimmers from the U.S., Canada, West Germany, Australia and England in the program.

"Well, our conditions for swimming are

West Germany, Australia and England in the program.

"Well, our conditions for swimming are rather nice here, don't you think?," Joan Osborne says with a smile when asked dwy Hawaii is so dominant.

"I don't know," Welch, also smiling, abswers to the same question. "Unless all us old people came over here to return."

Carin Vanderbush, 40, who took a silver medal in the backstroke at the 1956 Olympics in Melbourne, thinks she knows why her older teammates are so domiwhy her older teammates are so domi-

nant.
"People in Hawaii live longer," she says. "There's no change in climate. The weather is always moderate. And our fa-cilities are wonderful."

cilities are wonderful."
Vanderbush is a good example of how
most Masters swimmers begin. She started swimming at eight, was 16 when she
competed in the Olympics, retired from
swimming at 20 and "hadn't been near a
pool" in 19 years. She joined the Masters
last year and placed in the top five in two

Sunday Sports Special

backstroke events, even though at 39 she was the oldest in her age category (35-39). "We all can't wait until we get to our next age group," Yanderbush says, in direct contrast to all those her age who look forward to their 40th birthday with about as much anticipation as a turkey has for Thanksgiving. "You generally do your best in a new

nas for Inansagruing.
"You generally do your best in a new age group," Lloyd Osborne says. "You get slower and slower each year. Then you look forward to your next birthday so you can start beating people again. I've been two years in my age group. Now the younger guys have started crimping my times."

Osborne, who looks like he's 71 going on 41, began swimming in high school. He captained the Yale swim team at a time when it was in the process of win-ning 162 straight dual meets. He continued swimming competitively in the Navy service league until 1942. He heard about the Masters program in 1972 when Buster Crabbe was in Ha-

waii trying to drum up interest for the AAU. When he joined the same year — it. was also Hawaii's first year to have a club — he hadn't swum competitively in

30 years.

He now trains four or five times a week at the Kaneobe District Park, swimming about 2,000 meters a day. It must help. In a recent local meet he set three Hawai-

ian records.

The Waikiki Club holds local meets every other week starting two months be-fore the Nationals. The times from those meets and the Nationals constitute the World Rankings.

The Masters have held National meets

since 1973 in both short course (25 yards) and long course (50 meters). The World Rankings began in 1978, only for the long

Rankings togate.

Osborne had quite a few reasons to get back into swimming.

"I have big feet, I guess," he says at first, and then gets serious. "I've been

swimming all my life. It comes natural to me. It keeps me healthy. I don't have the right physical build to run and swim-ming is always fun."
His wife Joan thought she was just "tagging along" when she started in the Masters.

ming is always fun."
His wife Joan thought she was just "tagging along" when she started in the Masters.
"I didn't swim until I was 57." she says. "But I'm allergit to the heat, I can't golf and I don't like to walk. When I started swimming I did it very badly. Lloyd would swim 1,500 meters and I thought I was very brave. But it's amazing what the body can do."

When Lloyd asked her if she'd like to go the National Meet with him in 1973. Joan said she thought about "all the sewing and needlepoint I could do there. Then I found myself in the pool.
"It takes a certain kind of person at my age not to have her hair pinned up and properly styled. My friends call methe wet one, but as long as Lloyd approves of my behavior I don't care what anybody else thinks. He would rather have me healthy below the neck—even If do look like hell from the neck up."
Welch swims 3,000-4,000 meters a day since he joined the Masters in 1972. Before that he hadn't awum seriously since his oilege days in Florida.

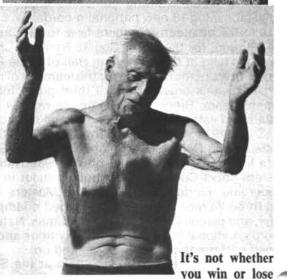
"The Masters is just for fun," he says quietly. "I enjoy the swimming, the training, the nationals and the competition. And, of course, the people."
For Anderson, it's pretty much the same. He grew up swimming on Waikiki, stopped after high school and didn't swim between 1920-1976.
"The Masters is wonderful," he says. "I do it for my health. I don't really train. My wife and I swim about three-fourths of a mile each when we practice. But if our team gets together at the next National Meet in Santa Clara over Labor Day weekend) we could clean up. Hawaii should be No. I. We can swim all year long and you can't beat that."

Vanderbush talks about the Masters enthusiastically not only in terms of swimming records, but, especially, in terms of the social aspects.

"The people are so wonderful," she says. "They are all so supportive of each other. What I would really like to do is bring my mother to a Masters meet to see how healthy and happy all these people are. They all feel so good."

And all because they just didn't know when to





Fred Allen of Glocester, age 81, is on the starting block (right) for the 200meter freestyle in Masters meet yesterday at Brown University's Smith Swim Center. Allen shows his form (above) and at end of race (left) he comments on his performance, "I finished." - lournal Bulletin

-Journal-Bulletin Photos by WILLIAM K. DABY

							(90)				
BEAL			FA	200M Individual Med		20	0.04.60	NORTH MAIMI BEACH SWIM C		200 M FREESTYLE	2:18.60
RES				Timothy Huesken Jan Huneke	UN	28 26	2:34.60	NMB, FL 50 MTR AUGUS	Г 2, 1980	Curt Cowan, 31	2:10.60
\mathbf{n}				Pete O'Shaughnessy	MEL. MM	26	2:54.43	WOMEN 25-29		Don Beuttenmuller, 32 Allen DeWeese, 32	2:42.60
	9			MEN 3		20	2.54.45	50 M FREESTYLE		50 M BACKSTROKE	
				50M Freestyle	-			Pat Riley, 28	40.40	Bob Slama, 30	35.10
POWEL CROSLEY, JR.				Bob Wolfe	UN	31	35.09	100 M FREESTYLE		Don Beuttenmuller,32	37.40
ASTERS LONG COURS	E SWIM I	MEET		100M Freestyle Bob Wolfe	UN	31	1:19.59	Laurie Emerson, 25	1:11.50	50 M BREASTSTROKE Dennis Spear 31	38.40
AUGUST 23, 1980 CINCINNATI, OHIO				Dan Harkless	DD	31	1:34.13	200 M FREESTYLE Laurie Emerson, 25	2:29.20	Curt Cowan 31	38.50
977		2		200M Freestyle	DD	3.	1.37.13	50 M BREASTSTROKE	2.23.20	100 M BREASTSTROKE	
	N 25-29	1		Bob Wolfe	UN	31	2:59.86	Pat Riley, 28	54.70	Dennis Spear 31	1:32.20
50M Freestyle	1791	27	20 67	400M Freestyle				50 M BUTTERFLY		200 M BREASTSTROKE	1275227
Mary Ann Stevens Kathryn Thinnes	UN	27	32.67 35.32	Bob Wolfe	UN	31	6:42.07	Laurie Emerson, 25	35.90	Dennis Spear 31	3:20.10
Catherine Jarvis	FFY		38.25	DOM Breaststroke				Janice Krauser, 29	44.30	50 M BUTTERFLY	29.00
100M Freestyle			30123	Dan narkiess	DD	31	38.70	200 M BUTTERFLY	2:53.80	Bob Slama 30 Don Beuttenmuller 32	34.00
Pam Toll	CSY	25	1:17.33	100M Breaststroke Dan Harkless	DD	31	1.29 00	Laurie Emerson, 25 400 M FREESTYLE	2.55.00	Dennis Spear 31	37.10
Kathryn Thinnes	GNY	25	1:20.44	200M Breaststroke	DD	31	1:28.90	Laurie Emerson, 25	5:11.10	200 M INDIVIDUAL MEDLEY	(60)
Catherine Jarvis	FFY	29	1:30.19	Dan Harkless	DD	31	3:14.82	WOMEN 35-39		Don Beuttenmuller 32	3:01.30
200M Freestyle Pam Toll	cev	25	2.57 (2	MEN 3				50 M FREESTYLE	500000000000000000000000000000000000000	MEN 35-39	
Catherine Jarvis	CSY		2:56.62 3:31.08	JUM Freestyle				Lisa Woodman, 37	32.80	50 M FREESTELE	27.50
400M Freestyle	***		3.31.00	Dan whiteley	UN	35	28.82	Joan Myers Leskovitz,36	38.10	Cal Winn 39 John McCarthy 36	27.90
Mary Ann Stevens	UN	27	5:04.67	Tom Clark 100M Freestyle	DD	39	32.72	Lisa Woodman, 37	1:15.50	Doug Buchan 36	27.90
50M Breaststroke				Dan Whiteley	UN	35	1:04.77	Joan Myers Leskovitz,36	1:26.80	Cullen Bullock 38	31.70
Kathryn Thinnes	GNY	25	49.85	Ed Hunter	PCY	35	1:13.24	200 M FREESTYLE		100 M FREESTYLE	2 22 22
100M Breaststroke	CMB	25	1.50.00	Bob Lamarre	PCY	38	1:25.08	Joan Myers Leskovitz,36	3:15.80	John McCarthy 36	1:00.90
Kathryn Thinnes 100M Butterfly	GNY	25	1:53.33	Jim Morgan	GNY	38	1:26.97	50 M BUTTERFLY	26 12	Doug Buchan 36	1:01.30
Mary Ann Stevens	UN	27	1:18.82	200M Freestyle				Lisa Woodman, 37	36.60	Cal Winn 39 Cullen Bullock 38	1:14.00
200M Individual Me			1110102	Dan Whiteley	UN	35	2:35.81	lisa Woodman, 37	1:29.30	200 M FREESTYLE	
Mary Ann Stevens	UN	27	2:54.29	Tom Clark Ed Hunter	DD	39	2:36.91	200 M INDIVIDUAL MEDLEY	1.25.50	G. DeLong 36	2:19.90
	N 30-34			Bob Lamarre	PCY	35 38	2:45.47	Lisa Woodman, 37	3:17.50	John McCarthy 36	2:20.90
50M Freestyle		2007		Jim Morgan	GNY	38	3:24.41	WOMEN 40-44		Cullen Bullock 38	2:51.40
Janis Dugle	UN	31	36.13	400M Freestyle	,			DIANA WILLIAMS, 41	12011021	400 M FREESTYLE	5:06.20
Mary Susan Fishman Sherry Baker	UN PCY	31	38.62 39.22	Tom Clark	DD	39	5:50.07	50 M Freestyle	39.90	Gerry DeLong 36	5:06.20
Diane Albrinck		31	45.99	Ed Hunter	PCY	35	6:02.02	100 M Freestyle 200 M Freestyle	1:28.00	50 M BAKCSTROKE Cal Winn 39	37.60
100M Freestyle	10.75		75.65	Bob Lamarre	PCY	38	6:41.87	50 M BACKSTROKE	54.30	Doug Buchan 36	40.00
Mary Susan Fishman	UN	31	1:32.60	Jim Morgan Ken Heuck,Jr.	GNY	38 36	7:32.34 7:51.28	50 M Butterfly	45.00	50 M BREASTSTROKE	
Sherry Baker	PCY		1:40.74	100M Backstroke	UN	20	7:31.28	WOMEN 45-49		Gerry DeLong 36	37.90
Diane Albrinck	PCY	31	1:46.03	Tom Clark	DD	39	1:31.72	BARBARA JANES, 49	0.22	Cullen Bullock 38	38.80
50M Backstroke Mary Susan Fishman	UN	31	49.46	Jim Morgan	GNY	38	1:55.91	50 M Freestyle	45.70	Cullen Bullock 38	3:32.20
Chris Kemp	BAY		52.18	200M Backstroke				100 M Freestyle 50 M Breaststroke	1:56.70	50 M BUTTERFLY	3.32.20
Jill Croswell	UN	31	54.75	Tom Clark	DD	39	3:09.37	WOMEN 50-54	1.02.70	Cal Winn 39	31.00
Sherry Baker	PCY		56.04	50M Breaststroke		26		SO M FREESTYLE		Doug Buchan 36	31.90
50M Breaststroke				Ken Heuck, Jr. 100M Breaststroke	UN	36	43.71	Cynthia Bruce, 52	36.50	200 M INDIVIDUAL MEDLEY	Windowski arani
anis Dugle	UN	31	49.05	Ken Heuck, Jr.	UN	36	1:42.80	Margaret Timmins, 50	36.60	Doug Buchan 36	3:13.30
Jill Croswell	UN	31	51.87	200M Breaststroke				100 M FREESTYLE	1.05 40	MEN 40-44	
Mary Susan Fishman Sherry Baker	UN	31	51.98 56.97	Ken Heuck, Jr.	UN	36	3:47.74	Margaret Timmins, 50 200 M FREESTYLE	1:25.40	50 M FREESTYLE Ernie Leskovitz 43	30.90
Susan Rhoades	UN	33	57.87	50M Butterfly				Margaret Timmins, 50	3:02.90	Ray Welsh 40	32.10
100M Breaststroke	0.11	,,,	37.07	Dan Whiteley	UN	35	36.26	June Krauser, 54	3:14.70	George Doerffel 42	33.50
Jill Croswell	UN	31	1:58.17	50M Freestyle MEN 4	0-44			50 M BACKSTROKE		100 M FREESTYLE	0.000
WOME	N 35-39			Bob Koenig	UN	43	33.88	Cynthia Bruce, 52	41.40	Ernie LEskovitz 43	1:06.60
50M Butterfly				400M Freestyle	OIN	43	33.00	Margaret Timmins, 50	45.70	Ray Welsh 40	1:14.20
Nancy Stephens	PCY	36	1:01.89	Bob Koenig	UN	43	7:26.02	200 M BACKSTROKE	2.47 50	George Doerffel 42	1.20.00
100M Butterfly				50M Backstroke				June Krauser, 54 200 M BREASTSTROKE	3:47.50	Ernie Leskovitz 43	2:28.90
Nancy Stephens	PCY	36	2:24.03		UN	43	44.62	June Krauser, 54	4:02.80	50 M BREASTSTOOKE	
200M Individual Me Nancy Stephens		26	4-20 10	50M Butterfly		4.7	20 20	50 M BUTTERFLY	1000000	Geroge Doerffel 42	42.50
	PCY N 45-49	36	4:39.10	Bob Fornig 2001 Individual Med	UN	43	38.32	June Krauser, 54	44.20	200 M BREASTSTROKE	
50M Freestyle	45 45			Bob Koenig	UN	43	3:35.11	200 M BUTTERFLY	2021022	George Doerffel 42	3:42.10
Audrey Rosberg	PCY	46	42.10	. MEN 45	man de		3.33.11	June Krauser, 54 200 M INDIVIDUAL MEDLEY	3:34.50	50 M BUTTERFLY Ernie Leskovitz 43	32.60
100M Freestyle				50M Freestyle	4.3			Cynthia Bruce, 52	3:37.00	Ray Welsh 40	35.80
Audrey Rosberg	PCY	46	1:35.50	Daniel Schuler	UN	48	35.35	Margaret Timmins, 50	3:49.60	George Doerffel 42	40.00
200M Freestyle Audrey Rosberg	DOV	1.6	3:33.72	50M Backstroke				WOMEN 65-69	VENESTICE(51)	100 M BUTTERFLY	
400M Freestyle	PCY	46	3.33.12	Daniel Schuler	UN	48	43.29	50 M FREESTYLE	22.22.02	Ernie Leskovitz 43	1:15.40
Audrey Rosberg	PCY	46	7:33,12	50M Breaststroke Daniel Schuler	TIM	48	46 20	Evelyn Timmerman, 68	1:33.20	MEN 45-49	
200M Breaststroke				MEN 50	UN)-54	40	46.28	ROSE CAPLANE, 73		50 M FREESTYLE	02/21/20/20
Ann Champ	UN	45	4:04.48	50M Freestyle				200 M Freestyle	5:57.40	Gay Rosser, 47	29.10
200M Individual Med		0.5	21.52770	Howard Kling	PCY	53	52.24	100 M Backstroke	2:42.70	Joey Kaufmann 45 100 M FREESTYLE	30.60
Ann Champ	UN 1 55-59	45	3:45.92	50M Breaststroke				200 M BACKSTROKE	5:48.20	Gay Rosser, 47	1:07.30
50M Breaststroke	1 33-39			Howard Kling	PCY	53	49.43	200 M Breaststroke	5:58.40	Joey Kaufmann, 45	1:12.00
Elaine Friedman	UN	57	1:08.05	100M Breaststroke	To CTU	F 2	1 61 22	SIS FOGLE, 77		200 M FREESTYLE	
	25-29		5000000	Howard Kling MEN 65-		53	1:51.27	50 M Freestyle	1:05.60	Gay Rosser 47	2:34.30
50M Freestyle	5.0000.0	100000		400M Freestyle	07			50 M Backstroke	1:25.20	50 M BACKSTROKE	10 60
Timothy Huesken	UN	28	28.84	Jerry Donovan	MEL	66	7:25.21	50 M Butterfly	1:29.80	Joey Kaufmann 45 50 M BREASTSTROKE	40.60
Harry Liebschutz 100M Freestyle	PCY	28	30.89	200M Breaststroke	2600			***************	***	Joey Kaufmann 45	38.90
Alan Toll	CSY	25	1:01.60	Jerry Donovan		66	4:18.19	MEN 25-29		Dudley Cole 45	39.00
200M Freestyle	A.7785			200M Individual Medl Jerry Donovan		66	3:58.70	GARY BESBRIS, 25 50 M Freestyle	84 14	Herb Kern 48	46.80
Mike Grimmer	MM	25	2:25.79	MEN 75-7		00	3.50.70	100 M Freestyle	31.40	200 M BREASTSTROKE	3.00.50
400M Freestyle	NAME OF THE PARTY	75320		400M Freestyle	-			50 M Butterfly	1:12.80	Dudley Cole 45 50 M BUTTERFLY	3:20.50
Jan Huneke	MEL	26	5:28.22	Irv Merritt	WLWS	76	11:07.09	MEN 30-34	33.10	Dudley Cole 45	34.20
50M Breaststroke	POIL	20	27 24	50M Backstroke				50 M FREESTYLE		100 M BUTTERFLY	34.20
ry Liebschutz JM Breaststroke	PCY	28	37.24	Irv Merritt	WLWS	76	1:12.12	Bob Slama, 30	27.20	Gay Rosser 47	1:26.90
Harry Liebschutz	PCY	28	1:21.04	50M Butterfly Irv Merritt	Mule	76	1.10.10	Curt Cowan, 31	28.20	200 M BUTTERFLY	12/15/15 - 200
50M Butterfly				100M Butterfly	WLWS	76	1:19.19	Brad Langdon, 32 Allen DeWeese, 32	28.30	Herb Kern 48	3:29.30
Alan Toll	CSY	25	30.29	Irv Merritt		76	3:06.74	Bennis Spear, 31	31.50	MEN 50-54 50 M FREESTYLE	
Jan Huneke	MEL	26	30.70	200M Individual Med1		ereza"	101U9472235	100 M FREESTYLE	W.1.4.190	Fernando Lasa 51	39.00
100M Butterfly Mike Grimmer	MM	25	1:07.04	Irv Merritt	WLWS	76	5:50.00	Curt Cowan 31	1:02.20	100 M FREESTYLE	33.20
Jan Huneke	MEL	26	1:08.94	~~~~		~~	~~	Don Beuttenmuller, 32	1:06.60	Loring Holmes 51	1:17.20
	74437676	7520	erent act.			2000		Brad Langdon, 32 Allen DeWeese, 32	1:08.30	200 M FREESTYLE	
						5		Jonesse, 32	1:10.50	Loring Holmes 51	3:08.20

50 M BREASTSTROKE	WDMENS 60-64	
Fernando Lasa 51 46.70 50 M BUTTERFLY	50 M FREESTYLE	100 M I
Loring Holmes 51 37.70	DORTHY GLIDDEN 60 38.72	STEVE KACZMARE
Fernando Lasa 51 43.80	CANDY PEW 63 56.88	STEVE RUBIN
200 M BUTTERFLY	DORTHY GLIDDEN 60 1:37.18	BEN WEAVER 200 M I
Loring Holmes 51 4:37.70	DORTHY GLIDDEN 60 1:37.18 CANDY PEW 63 2:51.02	STEVE KACZMARE
200 M INDIVIDUAL MEDLEY	200 M FREESTYLE	50 M BI
Loring Holmes 51 4:07.40	CANDY PEW 63 6:07.07	STEVE RUBIN
50 M FREESTYLE	1500 M FREESTYLE	MENS 3
Rudolph Hirsch 62 34.60	DORTHY GLIDDEN 60 30:53.95	50 M FF
Stan Fisher 61 41.00	50 M BACKSTROKE DORTHY GLIDDEN 60 53.75	100 H F
100 M FREESTYLE	CANDY PEW 63 1:09.88	GARY CARTER
Rudolph Hirsch 62 1:25.90	100 M BACKSTRUKE	200 H I
Stan Fisher 61 1:42.40 50 M BACKSTROKE	DORTHY GLIDDEN 60 2:10.02	GARY CARTER
Stan Fisher 61 48.30	200 M BACKSTROKE	50 M BI
100 M BACKSTROKE	DORTHY GLIDDEN 60 4:41.87 50 M BREASTSTROKE	50 M BI
Stan Fisher 61 1:51.80	DORTHY GLIDDEN 60 58.78	GARY CARTER
200 M BACKSTROKE	CANDY PEW 63 1:15.45	100 M I
Stan Fisher 61 4:12.20	100 M BREASTSTROKE	GARY CARTER
William Share 71	CANDY PEW 63 2:42.56	MENS
100 M Backstroke 1:59.50	200 M BREASTSTROKE CANDY PEW 63 5:54.02	50 M FF
50 M Breaststroke 48.10	CANDY PEW 63 5:54.02 50 M BUTTERYFLY	100 M F
100 M Breaststroke 1:47.40	CANDY PEW 63 1:21.74	MICHAEL HANKA
MEN 75-79	200 M IND. MED.	MENS 4
PERC DE CREMER 76 50 M Freestyle 49.70	CANDY PEW 63 6:07.72	50 M FF
50 M Freestyle 49.70 50 M Backstroke 1:04.00	1 M DIVING CANDY PEW 63 FIRST	DAVID GILLANDE
50 M Breaststroke 1:03.40	CANDY PEW 63 FIRST WOMENS 65-69	DAVID GILLAND
50 M Butterfly 1:00.00	400 M FREESTYLE	200 H I
200 M Individual Medley 5:16.50	MILDRED ANDERSON 65 10:06.94	DAVID GILLANDE
~~~~~	1500 M FREESTYLE	RALPH GECKLE
	MILDRED ANDERSON 65 38:23.22	DAVID GILLANDE
TEVAC A 5 T INITIO	MILDRED ANDERSON 65 2:10.06	RALPH GECKLE
TEXAS A & I UNIVERSITY LONG COURSE MEET	200 M BACKSTROKE	1500 M
MARCH 8 & 9,1980	MILDRED ANDERSON 65 4:41.88	DAVID GILLAND
WOMENS 25-29	50 M BREASTSTROKE	DAVID GILLANDE
100 M FREESTYLE	MILDRED ANDERSON 65 57.87	RALPH GECKLE
DEBORA DEES 25 1:30.22	100 M BREASTSTROKE MILDRED ANDERSON 65 2:10.37	100 M I
50 M BACKSTROKE	200 M BREASTSTROKE	DAVID GILLANDE
DEBORA DEES 25 45.84 50 M BUTTERYFLY	MILDRED ANDERSON 65 4:44.44	RALPH GECKLE
DEBORA DEES 25 41.85	100 M BUTTERYFLY	200 M I RALPH GECKLE
WOMENS 30-34	MILDRED ANDERSON 65 2:24.72 200 M IND. MED.	100 M I
100 M FREESTYLE JO MAY 31 1:33.42	MILDRED ANDERSON 65 4:53.25	RALPH GECKLE
JO MAY 31 1:33.42 200 M FREESTYLE	400 M IND. MED.	50 M BL
JO MAY 31 3:14.83	MILDRED ANDERSON 65 13:07.34 MENS PREMASTERS	DAVID GILLANDE
400 M FREESTYLE	50 M FREESTYLE	DAVID GILLANDE
JO MAY 31 6:19.03	KEVIN PFISTER 19 27.63	200 H I
100 M BACKSTROKE JO MAY 31 1:42.97	ROCK KNUDSEN 21 29.87	DAVID GILLANDE
200 M BACKSTROKE	100 M FREESTYLE	200 M : RALPH GECKLE
JO MAY 31 3:32.22	KEVIN PFISTER 19 59.95 ROCK KNUDSEN 21 1:10.67	MENS S
100 M BUTTERYFLY	ROCK KNUDSEN 21 1:10.67 200 M FREESTYLE	50 M FF
JO MAY 31 1:45.63	KEVIN PFISTER 19 2:19.13	ALLEN HELLMAN
200 M BUTTERYFLY JO MAY 31 3:53.03	400 M FREESTYLE	100 M F
200 M IND. MED.	KEVIN PFISTER 19 5:06.74	ALLEN HELLMAN 200 M F
JO MAY 31 3:39.62	ROCK KNUDSEN 21 6:47.73 50 M BACKSTROKE	ALLEN HELLMAN
400 M IND. MED.	ROCK KNUDSEN 21 38.02	50 M I
JO MAY 31 7:36.10 WOMENS 50-54	100 M BACKSTROKE	ALLEN HELLMAN
50 M FREESTYLE	KEVIN PFISTER 19 1:17,78	100 H I
CHARLOTTE RAFES 53 51.94	ROCK KNUDSEN 21 1:34.09	ALLEN HELLMAN 200 M I
100 M FREESTYLE	50 M BREASTSTROKE ROCK KNUDSEN 21 41.74	ALLEN HELLMAN
CHARLOTTE RAFES 53 1:48.51	50 M BUTTERYFLY	MENS (
200 M FREESTYLE CHARLOTTE RAFES 53 4:00.62	KEVIN PFISTER 19 29,11	50 M F
400 M FREESTYLE	ROCK KNUDSEN 21 32.02	PHILIP F. GOOD
CHARLOTTE RAFES 53 8:04.38	100 M BUTTERYFLY	PHILIP F. GODI
1500 M FREESTYLE	KEVIN PFISTER 19 1:07.07 ROCK KNUDSEN 21 1:27.75	200 M F
CHARLOTTE RAFES 53 32:26.24	200 M IND. MED.	PHILIP F. GOOD
CHARLOTTE RAFES 53 1:05.24	KEVIN PFISTER 19 2:43.29	400 M F
100 M BACKSTROKE	400 M IND. HED.	PHILIP F, GOOD
CHARLOTTE RAFES 53 2:12.35	KEVIN PFISTER 19 5:56.97 MENS 25-29	PHILIP F. GOOD
200 M BACKSTROKE CHARLOTTE RAFES 53 4:44.73	50 M FREESTYLE	50 M BI
WOMENS 55-59	DANIEL WERNLI 26 31.63	PHILIP F. GOOD
100 M FREESTYLE	STEVE KACZMAREK 28 33.06 BEN WEAVER 29 39.12	50 M FI
FRAN WOOLSEY 56 1:24.45	BEN WEAVER 29 39.12 100 M FREESTYLE	HAMILTON ANDER
200 M FREESTYLE FRAN WOOLSEY 56 5:04.44	STEVE RUBIN 26 1:13.91	100 M I
400 M FREESTYLE	STEVE KACZMAREK 2B 1:13.95	HAMILTON ANDER
FRAN WOOLSEY 56 10:32.60	BEN WEAVER 29 1:49.97	HAMILTON ANDE
100 M BACKSTROKE	200 M FREESTYLE DANIEL WERNLI 26 2:52.56	400 M I
FRAN WOOLSEY 56 2:45.72 200 M BACKSTROKE	400 M FREESTYLE	HAMILTON ANDE
FRAN WOOLSEY 56 5:33.60	STEVE RUBIN 26 6:38.11	50 M HAMILTON ANDE
100 M BUTTERYFLY	STEVE KACZMAREK 28 6:55.73 50 M BACKSTROKE	50 M B
FRAN WOOLSEY 56 3:11.10	STEVE KACZMAREK 28 48.85	HAMILTON ANDE
FRAN WOOLSEY 56 6:37,92	BEN WEAVER 29 53.53	100 M
FRAN WOOLSEY 56 6:37,92 200 M IND. MED.	50 M BREASTSTROKE	HAMILTON ANDE
FRAN WOOLSEY 56 5:51.50	STEVE KACZMAREK 28 37.80 DANIEL WERNLI 26 41.52	1 11 111
400 M IND. MED.	DANIEL WERNLI 26 41.52 BEN WEAVER 29 1:03.55	
FRAN WOOLSEY 56 11:37.11	neuropennumer meter hitologista	2
		/

50 M BREASTSTROKE

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100 M BREASTSTROKE STEVE KACZMAREK 28 1:27.36
BTEVE RUBIN 26 1:32.64 BEN WEAVER 29 2:52.24
200 M BREASTSTROKE STEVE KACZMAREK 28 3:27.77
50 M BUTTERYFLY STEVE RUBIN 26 36.11
MENS 30-34 50 M FREESTYLE
GARY CARTER 30 28.35
GARY CARTER 30 1:05.14
BARY CARTER 30 2:32.62
50 M BREASTSTROKE GARY CARTER 30 52.06
50 M BUTTERYFLY GARY CARTER 30 34.82
100 M BUTTERYFLY GARY CARTER 30 1:16.64
MENS 35-39 50 M FREESTYLE
HICHAEL HANKAMER 35 43.02
MICHAEL HANKAMER 35 1:50.55 MENS 40-44
50 M FREESTYLE DAVID GILLANDERS 40 28.33
100 M FREESTYLE
200 M FREESTYLE
DAVID GILLANDERS 40 2:37.40 RALPH GECKLE 43 3:28.31
400 M FREESTYLE DAVID GILLANDERS 40 5:46.74
RALPH GECKLE 43 7:32.50 1500 M FREESTYLE
DAVID GILLANDERS 40 23:30.99 50 M BACKSTROKE
DAVID GILLANDERS 40 33.62 RALPH GECKLE 43 43.05
100 M BACKSTROKE DAVID GILLANDERS 40 1:21.05
RALPH GECKLE 43 1:39.10
200 M BACKSTROKE RALPH GECKLE 43 3:35.20
100 M BREASTSTROKE RALPH GECKLE 43 2:17.83
50 M BUTTERYFLY DAVID GILLANDERS 40 29.74
100 M BUTTERYFLY DAVID GILLANDERS 40 1:08.56
200 M BUTTERYFLY DAVID GILLANDERS 40 3:00.20
200 M IND. MED. RALPH GECKLE 43 4:03.47
MENS 55-59 50 M FREESTYLE
ALLEN HELLMAN 58 34.36 100 M FREESTYLE
ALLEN HELLMAN 58 1:27.62 200 M FREESTYLE
ALLEN HELLMAN 58 3:28.98 50 M BACKSTROKE
ALLEN HELLMAN 58 39.76
ALLEN HELLMAN 58 1:32.31 200 M BACKSTROKE
ALLEN HELLMAN 58 3:32.80 MENS 60-64
50 M FREESTYLE PHILIP F. GOODRICH 62 43.85
100 M FREESTYLE
PHILIP F. GOODRICH 62 1:45.74 200 M FREESTYLE
PHILIP F. GOODRICH 62 4:04.94 400 M FREESTYLE
PHILIP F. GOODRICH 62 9:12.96 50 M BACKSTROKE
PHILIP F. GOODRICH 62 56.36 50 M BREASTSTROKE
PHILIP F. GOODRICH 62 1:00.19 MENS 65-69
50 M FREESTYLE HAMILTON ANDERSON 65 36.70
100 M FREESTYLE HAMILTON ANDERSON 65 1:24.04
200 M FREESTYLE HAMILTON ANDERSON 65 3:10.69
400 M FREESTYLE HAMILTON ANDERSON 65 6:51.62
50 M BACKSTROKE HAMILTON ANDERSON 65 48.79
50 M BREASTSTROKE HAMILTON ANDERSON 65 56.80
100 M BREASTSTROKE HAMILTON ANDERSON 65 2:10.37
1 M DIVING

JULY 12, 1980 - GLENMONT POOL Chris Ruppert (29) 19:49.24 Jacalyn Hirsty (27) 20:35.64 Dot Wise (29) 20:40.00 Jeanne Mason (28) 22:20.82 Barb Bowman (25) Jill Hoover (26) 23:16.60 25:27.00 Jennifer Brooks (28) 26:56.69 Jo Ann Woodham (25) 30:58.17 Deborah Newman (29) 33:10.39 W 30-34 Lynn Hazelwood (34) 25:47.00 Claire Parkinson (32) 27:16.21 Diddo Clark (30) 27:31.23 Sarah Welch (33) 27:43.66 Dolly McClary (31) 31:18:54 W 35-39 Cease Brown (35) 23:06.55 Elsie Neely (37) W 40-44 54:41.00 Judy Collins (41) 26:41.64 W 45-49 Betty Griffin (49) 34:31.24 W 55-59 Minna Hamner (57) 29:51.78 W 60-64 Mimi Lee (60) 30:14.71 Helen Hummer (61) 30:18.60 Gladys Fusselman (60) 34:38.54 W 65-69 Mary Lathram (65) 42:37.66 W 70-74 Rita Shephard (71) 37:56.10 Elsa Mattila (70) 39:21.85 M 25-29 Robert Hansen (25) 20:06.01 Don Anderson (28) 20:46.02 21:46.30 22:30.64 Jim Parker (29) Keith Morgan (25) M 30-34 Woody Bedell (30) 22:25.24 Steve Hogan (31) 25:09.21 Gene Comey (30) 27:03.25 M 35-39 Jim Myerberg (38) Dave Fields (35) Paul Lovett (39) 22:10.42 22:13.00 23:28.03 Mike Stott (37) 24:08.80 Walter Meares (37) 24:24.97 M 40-44 George Worthington (43) Arthur Smith (41) 21:36.10 21:43.70 22:36.50 Floyd DeAndrade (41) Robert Parke (41) 28:31.28 M 45-49 Dale Petranech (45) 23:21.00 Ray Chen (46) 27:44.45 Ed Overton (45) 29:45.32 Tazewell Banks (48) 33:55.77 M 50-54 Charlie Moyer 28:59.64 M 55-59 Harry Dodge (58) James Ferguson (56) 26:41.15 34:51.90 M 60-64 Frank Murphy (62) M 65-69 28:41.11 Doc Schofield (66) 28:45.56 Kelly Lemmon (68) 28:54.64 Francis Miller (67) 34:47.57 Les Finnegan (66) 37:55.00 M 70-74 Dave McAfee (70) 29:22.07 Stanton Craigie (73) 32:28.95 M 75-79 T.W. Johnson (75) 36:51.65

DC MASTERS 1500 M SWIM

HAWAIIAN ASSOCIATION A.A.U. University of Hawaii Pool WAIKIKI SWIM CLUB 7/27/80 and 8/3/80 WOMEN 25-29 200m. breast Robbie Chandler 29 8:24.03

400m. I.W. Robbie Chandler 7:06.48 WOMEN 30-34 50m. free Susan Coolidge 33 33.60 Susan Coolidge 42.50 Susan Coolidge 1:38.05

				HOW PACIFIC ASSOCIA	TION MASTERS PANKED
WOMEN 35-39 200m. free		400m. free			ORLD TOP FIVE
Peggi Wirth 35	2142.40	Richard Werritt Gary Onuma	4:57.57 5:19.91	Women 25-29	100 meter back
Susan Schenok 39 400m. free	4:46.17	Bob Justman 32	5:35.87	50 meter free	2. 1:31.43 A. Kay
Susan Schenek 1500m. free	9:54.45	Gary Onuma	21:24.00	5. 29.75 S. Schleuning 100 meter free	<ol> <li>1:35.12 C. Baxter</li> <li>200 meter back</li> </ol>
Susan Schenck	39:00.97	Bob Luce 34 50m. back	33:48.8	5. 1:05.07 P.S. Baier	2. 3:21.20 C. Baxter
WOMEN 40-44		Mark Adams 31	33.3.	400 meter free	4. 45.70 C. Baxter
50m. back		Mark Adams	1:17.15	4. 5:04.68 P.S. Baier 50 meter breast	5. 46.25 A. Pisciotta
Carin Vanderbush 40 200m. breast	37.18	200m. back	\$55 Oc	2. 39.17 S. Schleuning	100 meter breast
Carin Vanderbush	3:46.46	Mark Adams 100m. fly	2:53.22	3. 39.70 T. Holley 100 meter breast	2. 1:38.02 A. Pisciotta
WOMEN 45-49		Richard Merritt	1:10.38	2. 1:26.84 S. Schleuning	200 meter breast 4. 3:36.72 C. Baxter
400m. free Bonnie Eyre 48	7:29.61	MEN 35-39		3. 1:27.73 T. Holley 200 meter breast	<ol><li>3:36.83 A. Pisciotta</li></ol>
1500m, free	7129.61	Roger Cundall 35	29.71	3. 3:10.03 S. Schleuning	50 meter fly 2. 39.56 A. Kay
Bonale Eyre 100m. breast	28:36.29	Sonny Dulatre 38	32.71	50 meter fly 3. 32.15 D. Fujimoto	100 meter fly
Bonnie Eyre	1:56.08	Roger Cundall	1:08.08	100 meter fly	5. 1:39.00 A. Kay 200 meter fly
50m. fly Bonnie Eyre	48.50	1500m. free		5. 1:13.35 M. Chase 200 meter fly	<ol> <li>3:43.78 C. Baxter</li> </ol>
TOTAL STOCK STOCK STOCK STOCK		Bruce Clark 38 50m. breast	22:48.67	2. 2:53.49 M. Hutchison	4. 3:56.10 A. Pisciotta 200 meter IM
WOMEN 55-59 200m. free		Roger Cundall Sonny Dulatre	39.16	2.00 meter IM 2. 2:46.56 M. Chase	4. 3:19.66 A. Kay
Kay Harrison 56 1500m. free	3:36.50	50m. fly	42.77	2. 2.40.50 M. Chase	400 meter IM 2. 7:12.00 C. Baxter
Kay Harrison	30:04.01	Roger Cundall	32.77	Women 30-34 50 meter free	3. 7:30.56 A. Pisciotta
Kay Harrison	51.60	MEN 40-44		1. 29.79 P. Estes	Women 50-54
50m. fly		Richard Sylva 42	2:37.39	3. 30.13 C. Johnson	50 meter free
Key Harrison 400m. I.M.	51.01	400m. free		100 meter free 2. 1:05.92 C. Johnson	1. 33.70 B. Bennett
Kay Harrison	8:35.40	Richard Sylva 1500m. free	5:38.85	200 meter free	1. 1:20.10 B. Bennett
WOMEN 60-64		Richard Sylva 50m. breast	22:31.78	3. 2:28.40 C. Johnson 400 meter free	200 meter free
Joan Osborne 64	1:34.89	Thomas Cashman 43	39.19	3. 5:19.13 C. Johnson	<ol> <li>3:06.50 B. Bennett</li> <li>400 meter free</li> </ol>
400m. free		100m. breast Thomas Cashman	1:29.74	200 meter back 1. 2:51.85 M. Brems	2. 6:30.32 B. Bennett
Joan Osborne 1500m. free	7:20.51	200m. breast		5. 3:13.40 M. Richison	<ol> <li>6:52.13 A. Hazen</li> <li>1500 meter free</li> </ol>
Joan Osborne	28:30.68	Thomas Cashman	3:23.46	50 meter breast 2. 39.60 J. McCandless	3. 26:13.73 B. Bennett
Joan Osborne	1:58.60	MEN 45-49		100 meter breast	<ol> <li>27:15.35 A. Hazen</li> <li>meter back</li> </ol>
50m. fly		Richard Sasacka 46	25:37.72	<ol> <li>1:28.86 J. McCandless</li> <li>meter fly</li> </ol>	5. 45.45 B. Bennett
Joan Osborne WOMEN 65-69	52.22	MEN 50-54		5. 33.30 C. Johnson	100 meter back 5. 1:41.30 B. Bennett
100m. Free		50m. free		100 meter fly 5. 1:16.36 C. Johnson	200 meter back
Ruth Zweifel 67 200m, free	2,23.81	Fred Track 52 100m. free	31.14	5. 1:16.36 C. Johnson 200 meter fly	4. 3:38.24 B. Bennett 50 meter fly
Buth Zweifel	5,02.98	Fred Track	1:09.09	2. 2:50.61 M. Brems	4. 42.85 B. Bennett
oom, free	10:56.70	Leo Roberts 51 200m. free	1:22.29	5. 3:03.29 C. Johnson 200 meter IM	100 meter fly
		Fred Trask 400m. free	2:37.67	5. 2:52.15 C. Johnson	200 meter fly
WOMEN 70-74 200m. fly		Fred Trask	5:45.25	400 meter IM 3. 6:13.87 C. Johnson	5. 4:03.37 F. Carr
Jerry Bennett 71	6:25.53	Leo Roberts 1500m. free	7:49.12	Women 35-39	200 meter IM 2. 3:30.45 B. Bennett
Jerry Bennett	13:12.17	Fred Trask	22:56.61	50 meter free 1. 30.12 N. Ridout	5. 3:39.34 F. Carr
WOMEN 75-79		Fred Rohlfing 51	25:33.95	100 meter free	Women 55-59
100m. free		MEN 50-54		1. 1:08.00 N. Ridout	200 meter free
Eleanor Anderson 75 50m. back	2:37.95	Fred Hohlfing	37.25	200 meter free 1, 2:31.10 N. Ridout	2. 3:10.31 G. Orosco 400 meter free
Eleanor Anderson	1:18.97	Leo Roberts	47.98	400 meter free	1. 6:38.50 G. Orosco
WOMEN 80 plus		100m. back Fred Rohlfing	1:29.06	2. 5:31.24 N. Ridout 1500 meter free	100 meter fly 4. 1:56.60 S. Scholer
50m. free Jamie Cameron 80	1:37.82	200m. back Fred Rohlfing	3:20.74	3. 22:22.76 N. Ridout	200 meter flv
100m. free		Bernt Jonsson 51	3:21.34	5. 38.81 M. Rossiter	5. 5:05.04 E. Christiansen 200 meter IM
Jamie Cameron 50m. back	3:49.38	50m. breast Leo Roberts	47.82	100 meter back	3. 3:47.30 S. Scholer
Jamie Cameron	2:35.00		2000	5. 1:25.79 M. Rossiter 50 meter fly	400 meter IM 1. 8:06.71 S. Scholer
Jamie Cameron	3:04.96	MEN 65-69 100m. free		4. 33.46 N. Ridout	1. 0.00.71 3. 3010121
MEN 25-29		Paul Horn 67	1:28.64	100 meter fly 4. 1:19.61 N. Ridout	Women 60-64 100 meter free
50m. free		Paul Horn	7:40.96	200 meter fly 4. 3:18.63 N. Ridout	5. 1:36.13 J. McCollister
Bill Goding 27 Mike Trudeau 29	26.54 30.57	1500m. free Harold Sexton 65	25:25.66	4. 3:18.63 N. Ridout 5. 3:19.39 W. Cavanaugh	200 meter free 1. 3:23.74 J. McCollister
Chad Marrison 25 100m. free	30.89	Paul Horn	50:40.00		400 meter free
Bill Goding	56.64	MEN 70-74		Women 40-44 100 meter free	2. 7:18.20 J. McCollister 1500 meter free
Wayne Leslie 25 Chad Marrison	1:02.03	50m. free	34.15	4. 1:16.96 A. Konia	4. 31:32.57 Z. Taft
200m. free		11oyd Osborne 71 100m. free		4.00 meter free 4. 6:19.77 A. Konig	100 meter back
Mike Trudeau Chad Harrison	2:28.58	Lloyd Osborne	1:19.67	50 meter back	<ol> <li>1:53.23 Z. Taft</li> <li>2:01.22 J. McCollister</li> </ol>
400m. free	4142:72	Lloyd Osborne	6:33.13	4. 40.63 A. Konig 100 meter back	200 meter back
Bill Goding Chad Earrison	5:35.22	1500m. free Lloyd Osborne	26:34.49	1. 1:28.60 A. Konia	1. 4:05.41 Z. Taft 3. 4:19.55 J. McCollister
Holand Staeb 25	21:30.09	50m. fly		200 meter back 1. 3:09.63 A. Konin	5. 4:27.28 P. Matthiesen
Chad Harrison	22:15.41	Lloyd Osborne	47.32	200 meter IM	3. 4:27.84 J. McCollister
Nayne Leslie	34.81	MEN 75-79 100m. free		<ol> <li>3:06.91 C. Macpherson</li> <li>3:23.86 A. Konig</li> </ol>	50 meter fly
ike Trudeau	38.63	John Anderson 77	1:49.73	400 meter IM	<ol> <li>55.09</li> <li>Taft</li> <li>meter fly</li> </ol>
Om. breast	1:20.00	1500m, free Al Kellunki 76	34:58.01	1. 6:37.80 C. Macpherson	2. 2:07.70 Z. Taft
400m. I.M. Nike Trudeau	5:50.21	100m. back	2:11.59	Women 45-49	<ol> <li>2:22.60 P. Matthiesen</li> <li>200 meter fly</li> </ol>
	ನ: ಕರ್ವಾಕ್ಸೆ ಸೌನೀ	John Anderson 100m. breast		200 meter free 4. 2:57.40 A. Kay	2. 4:48.95 Z. Taft
MEN 30-34 50m. free		John Anderson	2:21.28	400 meter free	<ol> <li>5:08.72 P. Matthiesen</li> <li>200 meter IM</li> </ol>
Richard Werritt 33	35.96	~~~~~		5. 6:39.80 C. Baxter	2. 4:14.25 Z. Taft
Gary Onuma 32	1:09.33			7	4.00 meter IM 4. 9:00.56 Z. Taft
200m. free	2:22.58			/	(1995) (RICOTODIS/RIE) (新文) (新文) (新文) (新文) (新文) (新文) (新文) (新文
Richard Perritt	6166.00				

Women 65-69 100 meter free	Men 35-39 200 meter free	100 meter fly 5. 1:39.38 R. Taft	200 Back	20	4:11.60
5. 1:49.12 J. Durston	3. 2:16.27 A. Cartwright 400 meter free	200 meter fly 5. 4:42.46 E. Blackledge	Nancy Watson 50 Breast	27	4111.00
200 meter free 4. 4:00.41 J. Durston	2. 4:45.02 P. Thompson	200 meter IM	Janey Jacobs	29 26	145.32 146.53
400 meter free 5. 8:13.23 J. Durston	5. 4:58.80 A. Cartwright 200 meter back	1. 3:03.96 R. Taft 400 meter IM	Nancy Watson	27	152.88
1500 meter free	5. 2:39.00 A. Cartwright	2. 7:00.16 R. Taft	AND CONTRACT TO SECURITION OF THE PARTY.	27	159.53
4. 37:01.00 E. Goldman 50 meter back	200 meter breast 3. 2:51.85 M. Hull	Men 65-69	100 Breast Teri Perrine	27	1:40.94
5. 58.56 B. Johnston 100 meter back	50 meter fly 4. 28.87 M. Hull	400 meter free 5. 6:48.67 B. Wood	Nancy Watson Terri Barker	27 27	1:52.46
5. 2:11.48 B. Johnston	100 meter fly	100 meter breast 5. 1:43.66 H. Perry	200 Breast		
50 meter breast 5. 56.77 E. Sandeman	3. 1:05.50 A. Cartwright 200 meter fly	200 meter fly	Teri Perrine	27	3:40.61
100 meter breast	2. 2:34.21 A. Cartwright	4. 4:24.69 J. Bartlett Men 70-74	50 Fly Katie Buck	25	:37.69
2. 2:04.96 E. Sandeman 5. 2:17.20 J. Durston	3. 2:31.72 A. Cartwright	50 meter free 3. 34.73 A. Rule	Janey Jacobs	29	:42.42
50 meter fly 4. 1:03.29 E. Sandeman	2. 5:29.40 A. Cartwright	4. 35.55 A. Hargrave	Peggy Mulcahy WOMEN 30-34		144.47
100 meter fly	Men 40-44	100 meter free 1. 1:18.80 A. Rule	50 Free		
2. 2:17.60 E. Sandeman 200 meter IM	50 meter free	4. 1:22.70 A. Hargrave 200 meter free	Cheryl Shay	32	:35.53
3. 4:45.01 E. Sandeman 5. 5:02.67 E. Goldman	2. 27.20 C. Raven 100 meter free	1. 2:59.33 A. Rule	100 Free Cheryl Shay	32	1:20.61
	3. 1:01.22 C. Raven 4. 1:01.99 W. VanHorn	4. 3:16.20 A. Hargrave 400 meter free	Kay Bartholomew	32	1:37.06
Women 70-74 50 meter back	200 meter free	1. 6:25.38 A. Rule 4. 7:09.04 A. Hargrave	200 Free Cheryl Shay	32	3:05.29
4. 1:11.31 M. Bronson 100 meter back	1. 2:15.68 W. VanHorn 4. 2:23.27 C. Raven	50 meter back	400 Free	5	3.03.29
5. 2:44.56 M. Bronson	1. 4:56.67 W. VanHorn	2. 41.97 A. Hargrave	Kay Bartholomew	32	7:34.17
Men 25-29	5. 5:11.78 C. Raven	100 meter back 1. 1:33.92 A. Rule	50 Back Sue Snyder	32	140.14
1. 24.20 M. Pedley	1500 meter free 1. 20:01.76 W. VanHorn	2. 1:35.88 A. Hargrave 200 meter back	Cheryl Shay	32	:45.02
200 meter free 2. 2:04.18 S. Baxter	4. 21:02.40 C. Raven 50 meter back	1. 3:29.67 A. Hargrave	100 Back Sue Snyder	32	1:28.43
400 meter free	<ol> <li>33.25</li> <li>J. Bohan</li> </ol>	50 meter breast 2. 48.03 S. Bernstein	200 Back		
5. 4:40.49 D. Scott 50 meter back	200 meter fly 4. 3:07.54 B. Fasbender	100 meter breast 3. 1:52.33 S. Bernstein	Sue Snyder	32	3:07.31
4. 31.50 J. Robinson 100 meter back	5. 3:22.81 K. Price	200 meter breast	50 Breast Kay Bartholomew	32	:54.55
2. 1:06.77 R. Whitchurch	Men 45-49	5. 4:24.60 F. Lappe	100 Breast		
5. 1:10.10 J. Robinson 200 meter back	3. 28.23 P. Gay	Men 75-79 400 meter free	Sue Snyder Kay Bartholomew	32 32	1:36.22
5. 2:39.05 J. Lucas 50 meter breast	50 meter back 1. 33.52 D. Brown	1. 8:58.05 A. Kallunki	200 Breast		
5. 33.90 G. Miller	100 meter back 2. 1:17.02 D. Brown	50 meter back 1. 52.69 F. Lappe	Kay Bartholomew 200 I.M.	32	4:01.79
50 meter fly 1. 26.04 S. Baxter	3. 1:19.38 R. Bennett	2. 54.30 A. Kallunki 100 meter back	Sue Snyder	32	2:58.80
100 meter fly 1. 58.24 S. Baxter	200 meter back 1. 2:55.10 R. Bennett	1. 1:51.56 F. Lappe	WOMEN 35-39		~
200 meter fly	3. 2:59.30 D. Brown 200 meter IM	50 meter breast 1. 51.20 A. Kallunki	50 Free Patty Petersen		:40.15
200 meter IM	2. 2:48.77 D. Brown	2. 54.67 F. Lappe 100 meter breast	200 Free		140.15
3. 2:20.52 S. Baxter	Men 50-54	1. 1:58.20 A. Kallunki	Linda Jones	38	3:13.03
Men 30-34 50 meter free	3. 29.10 B. Johnson	200 meter breast	50 Breast Patty Petersen		153.95
1. 24.50 B. Barthold	200 meter free	1. 4:27.35 A. Kallunki 50 meter fly	50 Fly	onoren.	
5. 26.50 M. Jester 100 meter free	400 meter free	3. 56.26 A. Kallunki 100 meter fly	Linda Jones Patty Petersen	38	:43.97
2. 56.64 B. Barthold 5. 1:00.26 M. Garibaldi	2. 5:26.15 E. Kerswill 1500 meter free	<ol> <li>2:17.03 A. Kallunki</li> </ol>	400 I.M.	18520	÷ 1250/1100
200 meter free	4. 22:29.36 E. Kerswill 50 meter back	200 meter IM 1. 4:21.51 A. Kallunki	Linda Jones WOMEN 40-44	38	7:39.64
2. 2:08.46 B. Barthold 3. 2:10.74 M. Garibaldi	3. 36.10 B. Johnson	- 400 meter IM 1. 10.08.45 A. Kallunki	50 Free		
400 meter free 2. 4:38.37 M. Garibaldi	100 meter back 4. 1:21.70 B. Johnson	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Sue Rittenhouse		:34.11
5. 4:43.51 B. Barthold	400 meter IM 5. 6:41.85 E. Kerswill		Mary Ann Henion 100 Free	40	:50.83
1500 meter free 2. 18:53.85 M. Garibaldi		Corvallis - Oregon Long Course - 6/8/80	Sue Rittenhouse	42	1:18.16
50 meter back 2. 30.47 M. Haaks	Men 55-59 50 meter free	Oregon Masters Swimming	200 Free Sue Rittenhouse	42	2:55.93
4. 31.40 T. Spieker	2. 30.00 D. Schwab 200 meter fly	WOMEN 25-29	400 Free	74	2.55.75
1. 1:07.70 B. Barthold	4. 3:40.86 E. Barnes	50 Free Barb Hafdahl 26 :32.97	Sue Rittenhouse	42	6:14.79
2. 1:07.78 T. Spieker 5. 1:10.90 D. Ennis	Men 60-64	Peggy Mulcahy(N) :34.28 : Katie Buck 25 :35.73	50 Breast Mary Ann Henion	40	:56.61
200 meter back 1. 2:26.86 T. Spieker	100 meter free 3. 1:12.86 R. Taft	Janey Jacobs 29 :36.24	100 Breast		,,,,,,,
2. 2:29.36 B. Barthold	200 meter free 2. 2:43.35 R. Taft	Susan Frasier 26 :41.36 Barbara Cockle(N) 26 :46.30	Mary Ann Henion	40	2:03.05
5. 34.63 G. Jacobs	400 meter free	Terri Barker 27 :54.35	200 Breast Mary Ann Henion	40	4:26.59
100 meter breast 4. 1:15.83 M. Jester	3. 5:59.82 R. Taft 5. 6:07.77 E. Moran	Barb Hafdahl 26 1:12.77	WOMEN 45-49		
200 meter breast 2. 2:48.65 M. Jester	1500 meter free 3. 24:29.60 R. Taft	Katie Buck 25 1:20.35 Susan Frasier 26 1:30.09	50 Fly Nadine Whitehall	46	:38.50
50 meter fly	4. 24:31.20 E. Moran 50 meter back	Terri Barker 27 1:54.06	100 Fly		1,501,50
2. 27.51 D. Ennis 3. 28.70 J. Katis	1. 38.30 R. Taft	200 Free Teri Perrine 27 3:04.96	Nadine Whitehall	46	1:41.23
100 meter fly 3. 1:04.49 D. Ennis	100 meter back 1. 1:26.32 R. Taft	Barbara Cockle 26 4:13.35	200 Fly Nadine Whitehall	46	3:47.84
4. 1:05.17 J. Katis	4. 1:33.16 E. Moran 200 meter back	400 Free Teri Perrine 27 6:29.59	200 I.M.	No.	
200 meter fly 1. 2:29.03 J. Katis	1. 3:09.41 R. Taft	Barbara Cockle 26 8:59.44	Nadine Whitehall	46	3:30.10
4. 2:42.50 D. Ennis 400 meter IM	2. 3:21.82 E. Moran 200 meter breast	50 Back Peggy Mulcahy(N) :47.20	400 I.M. Nadine Whitehall	46	7:32.08
1. 5:21.04 A. Shestakov 4. 5:30.22 J. Katis	2. 3:46.75 R. Taft 4. 3:52.30 E. Blackledge	100 Back			
5. 5:38.88 T. Spieker	50 meter fly 1. 35.31 R. Taft	Peggy Mulcahy Nancy Watson 27 2:00.26			
		8			

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WOMEN 50-54			MEN 35-39			100 Breast 100 Meter Breaststroke
50 Free	art ele	. ch 20	50 Free	576650	V00/V00@004	Jim Holland 56 2:02.09 Peg Wirt 1:47.78 50 Fly 200 Meter Breaststroke
Ellen Zimmerman( 50 Back	2724	154.25	Karl Von Tagen Gary Wright	36 36	:27.69	Earl Walter 59 :39.23 Peg Wirt 3:57.63
Maggie Wells 100 Back	54	: 54.4C	Don McCrea Roy Watters	39 36 38	:31.06 :32.56	100 Fly Earl Walter 59 1:42.22 Helen Buss 44 3:11.08 400 Meter Ind. Medley
Maggie Wells	54	1:57.01	Alan Hall(N) Ron Blair	36	137.24	200 Fly Helen Buss 44 6:37.61 Earl Walter 59 3:37.78 Women 45-49
50 Breast Maggie Wells	54	156.84	100 Free Karl Von Tagen	36	1:00.78	MEN 65-69 400 Meter Freestyle Ann Champ 45 7:02.30
50 Ply Maggie Wells	54	1:06.19	Roy Watters Don McCrea	36 39	1:13.64	200 Back Don Stevensen 68 3:56.89 1500 Meter Freestyle Carol Peffley 49 29:24.16
WOMEN 55-59			Ron Blair 200 Free	36	2:00.72	200 Breast Don Stevensen 68 4:03.68 Carol Peffley 49 1:53.34
50 Free Rhonda Lohikosk	i 57	:56.81	Roy Watters 400 Free	36	2:53.12	100 Fly Ann Champ 45 3:53.50
100 Breast Elfie Stevenin	58	3:24.19	Roy Watters	36	6:05.15	Don Stevensen 68 1:59.56 400 Meter Ind. Medley Ann Champ 45 7:30.09
200 Breast Elfie Stevenin	58	6:48.82	50 Back Karl Von Tagen Don McCrea	36 39	:35.29	Don Stevensen 68 3:53.38 Men 25-29 50Meter Freestyle
50 Fly Elfie Stevenin	58	1:28.71	Alan Hall(N) Ron Blair	38 36	:54.20 1:12.70	Terry Harris 25 29.80 100 Meter Freestyle I.U. Masters Annual Long Course Terry Harris 25 1:07.23
100 Fly Elfie Stevenin	58	3:26.75	100 Back Ron Blair	36	2:30.04	August 10, 1980, Bloomington, Ind.  Gordon Evans 29  1:13.70  200 Meter Freestyle
200 I.M.		27 1 1 1 1 1 2	200 Back Ron Blair	36	5:28.45	Women 25-29 Terry Harris 25 2:31.76 50 Meter Freestyle 400 Meter Freestyle
Elfie Stevenin 200 Free Relay	58 - (25	6:13.93 Plus)	50 Breast	0	3120.43	Susan Medwid 27 32.16 Terry Harris 25 5:34.96 Marilyn Edmunds 28 33.63 1500 Meter Freestyle
Sue Snyder	32	2:34.04	Gary Wright Alan Hall	36 38	149.52	Peggy Kirk 27 45.04 James Hoyt 25 21:55.48
Patty Petersen Nancy Watson	35		100 Breast	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	112121	100 Meter Freestyle Terry Harris 25 23:08.41 Susan Medwid 27 1:15.50 Gordon Evans 29 25:16.77
Peggy Mulcahy	28		Gary Wright	36	1:35.74	Marilyn Edmunds 28 1:18.73 200 Meter Butterfly Gordon Evans 29 4:00.29
MEN 25-29			50 Fly Karl Von Tagen	36	:30.40	Nancy Van Ryn Z5 3:03.69 200 Meter Individ. Medley
50 Free Joe Burgess	27	128.43	Roy Watters Alan Hall	36 38	135.42	Janice Fountain 27 3:18,04 James Hoyt 25 2:53,26 400 Meter Freestyle 400 Meter Individ. Medley
100 Free		55	MEN 40-44	90	142.23	Janice Fountain 27 6:50.74 James Hoyt 25 6:26.01 1500 Meter Freestyle Gordon Evans 29 7:02.86
Joe Burgess	27	1:04.15	50 Free			Nan Hawkins 25 25:38.41 Men 30-34
200 Free Joe Burgess	27	2:30.11	Chris Hiatt Jim Bigler	40 44	:31.31	100 Meter Backstroke Nan Hawkins 25 1:33.80 50 Meter Freestyle Alan Johnson 34 37.86
400 Free Joe Burgess	27	5:37.61	100 Free	J. J.	1 10 00	Nancy Van Ryn 25 1:38,93 100 Meter Freestyle Dee Bales 25 1:43.20 Alan Johnson 34 1:26.77
50 Breast	~ [	3.37.02	Jim Bigler Chris Hiatt	44 40	1:13.22	200 Meter Ind. Medley Nan Hawkins 25 3:14.60 400 Meter Freestyle Wayne Winston 30 5:36.40
Richard Weil _100 Breast	28	:41.20	200 Free Jim Bigler	44	2:50.70	Susan Medwid 27         3:14.84         1500 Meter Freestyle           Nancy Van Ryn 25         3:29.82         Wayne Winston 30         22:20.92
ichard Weil	28	1:30.89	400 Free	1.7.	S 45 5W	Dee Bales 25 3:39.90 Men 35-39 50 Meter Freestyle
200 Breast Richard Weil	28	3:30.09	Jim Bigler 50 Back	44	6:09.64	50 Meter Freestyle Bud Grell 35 26.17 Trudi Patterson 30 33.68 Alan Somers 39 27.60
50 Fly Mike Petersen	27	132.46	Chris Hiatt 200 Back	40	:36.19	Lorraine Shaffer 33 35.37 Jeffrey Cooke 35 28.19 Veronica Philbin 30 35.39 Michael Parks 35 28.71
100 Fly Mike Petersen	27	1:11.87	Chris Hiatt	40	3:17.62	Patricia Curry 33 1:01.86 Richard Reed 36 30.58 100 Meter Freestyle Michael Casper 37 35.39
200 Fly			50 Fly Jim Bigler	44	:43.02	Trudi Patterson 30 1:15.50 100 Meter Freestyle 200 Meter Freestyle Bud Grell 35 1:00.14
Mike Petersen	27	2:44.44	MEN 50-54			Trudi Patterson 30 2:46.74 Alan Somers 39 1:02.88
400 I.M. Mike Petersen	27	5:55.60	50 Free	50	- 20 10	400 Meter Freestyle Jeffrey Cooke 35 1:05.07 Trudi Patterson 30 6:02.47 Richard Reed 36 1:13.61
MEN 30-34		25000	Eric Guest Sam Ierulli	50 50	:32.12	1500 Meter Freestyle Michael Casper 37 1;20,93 Trudi Patterson 30 23;15,53 Bruce Jaffee 35 1;21,73
50 Free Roger Brown	31	:29.37	100 Free		1 10 00	100 Meter Backstroke 200 Meter Freestyle
100 Free	5000	100 655 <b>14</b> 4	Eric Guest Sam Ierulli	50	1:13.25	Lorraine Shaffer 33 1:33.70 Alan Somers 39 2:20.17 Veronica Philbin 30 1:33.90 Michael Casper 37 2:58.32
Roger Brown Bruce Thompson	31 31	1:11.61	Lee Miesen	53	1:38.64	100 Meter Breaststroke 400 Meter Freestyle
Pat Caudill	34	1:16.06	200 Free Sam Ierulli	50	3:07.84	200 Meter Ind, Medley Jeffrey Cooke 35 5:19.43
200 Free Pat Caudill	34	2:52.60	400 Free	12:23		Lorraine Shaffer 33 3:26.39 Michael Casper 37 6:36.53 Women 35-39 1500 Meter Freestyle
Bruce Thompson	31	2:53.18	Sam Ierulli 50 Breast	50	6:42.48	50 Meter Freestyle Alan Somers 39 19:53.37
400 Free Pat Caudill	34	6:09.66	Eric Guest	50	:43.64	Carol Walters 39 44 51 Robert Clifford 38 29:37.33
Bruce Thomson	31	6:13.24	Lee Miesen	53	:44.96	100 Meter Freestyle
50 Back Mike McColly	34	:33.65	100 Breast Lee Miesen	53	1:40.98	200 Meters Freestyle Michael Parks 35 1:27.67
Pat Caudill	34	41.90	200 Breast Lee Miesen	52	3:50.48	Carol Walters 39 4:01.49 200 Meter Breaststroke Michael Parks 35 3:14.64
100 Back Mike McColly	34	1:14.90	200 I.M.	53	3130.40	Betty Bennett 37 23:40.87 George Dodge 35 3:16.10 100 Meters Backstroke 200 Meter Butterfly
Pat Caudill 200 Back	34	1:38.28	Lee Miesen	53	4:00.29	Betty Bennett 37 1:23,64 George Dodge 35 3:32,13 Wanda Reese 38 1:59,48 200 Meter Individ. Medley
Mike McColly	34	2:48.52	MEN 55-59 50 Free			Carol Walters 39 2:04.68 Michael Parks 35 3:02.53
Robert Maestre	30	3:05.94	Jim Holland	56	:34.99	200 Meter Ind. Medley Betty Bennett 37  3:01.44  George Dodge 35  3:13.45
100 Fly Doug Huestis	32	1:09.47	Gil Young 100 Free	58	136.66	Hetty Bennett 37 6:26.28 50 Meter Freestyle James Kirts 45 31.98
200 Fly Doug Huestis	32	2:47.80	Gil Young Jim Holland	58 56	1:20.41	Women 40-44         100 Meter Freestyle           200 Meter Freestyle         Russell Salmon 46         1:16.02
bert Maestre	30	3:25.36	200 Free	7		Helen Buss 44 2:44.02 James Kirts 45 1:21.11
Robert Maestre	30	6:14.68	Gil Young 400 Free	58	3:04.71	400 Meter Freestyle Helen Buss 44 5:39.75 Russell Salmon 46 2:52.57
	200		Gil Young	58	6:42.49	Peg Wirt 43 8:33,71 400 Meter Freestyle Russell Salmon 46 6:20.67
			50 Breast Jim Holland	56	:54.43	Helen Buss 44 22:03.12 100 Meter Breaststroke 100 Meter Backstroke James Kirts 45 1:43.50
				(#15)		Emmalee Tarry 41 1:37.76 200 Meter Breaststroke James Kirts 45 3:55.72
					1	0

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Men 50-54	Women 45 - 49	
50 Meter Freestyle Howard Tabereaux 54 44.68	Ronnie Kamphausen,	
Howard Tabereaux 54 44.68 100 Meter Freestyle	50 m. free 400 m. free	34.24 6:18.78
Howard Tabereaux 54 1:41.61	50 m. back	41.82
400 Meter Freestyle Howard Tabereaux 54 8:10.72	100 m. back 200 m. back	1:31.56
1500 Meter Freestyle		
Howard Tabereaux 54 33:02.74 100 Meter Breaststroke	Women 50 - 54 Joan McIntyre, 51	
Peter Boerner 54 1:45.15	100 m. free	1:30.56
Men 55-59 1500 Meter Freestyle	50 m. back 200 m. back	47.68 3:39.50
Douglas Strong 55 30:45.16	200 m. fly	4:36.17
200 Meter Butterfly Douglas Strong 55 4:20.33	400 m. I.M.	8:18.33
400 Meter Individ. Medley	Women 55 - 59	
Douglas Strong 55 8:30.62 Men 60-64	50 m. free Dot Donnelly,58	36:02
1500 Meter Freestyle	Nancy Phillips, 59	40.83
Bernard Loft 64 33:17.89 Men 65-69	100 m. free Dot Donnelly,58	1:23.28
1500 Meter Freestyle	Nancy Phillips, 59	1:35.92
David Malbrough 67 31:45.35 100 Meter Backstroke	400 m. free Char. Costello,57	6:48.00
David Malbrough 67 1:48.64	50 m. back Ruth Billard,56	49.00
200 Meter Backstroke David Malbrough 67 4:12.84	Nancy Phillips,59	49.37
Men 75-79	100 m. back Nancy Phillips,59	1:47.53
50 Meter Freestyle Irvin Merritt 76 56.00	200 m. back	
400 Meter Freestyle	Ruth Billard,56 Renee Landauer,56	3:41.10 4:23.71
1500 Meter Freestyle	50 m. breast	
Irvin Merritt 76 43:56.13	Char. Costello,56 200 m. breast	48.50
400 Meter Individ. Medley Irvin Merrit 76 12:49.73	Nancy Phillips,59	4:41.49 4:59.57
~~~~~	Renee Landauer,56 50 m. fly	
	Charl. Costello,57 200 m. fly	43.48
BOB DONNELLY JR. MEMORIAL	Char. Costello,57	4:06.68
	Renee Landauer,56	5:13.20
East Hartford, Conn. 8/2/80	Renee Landauer,56	9:42.44
Women 25 - 29 50 m. free	Women 65 - 69	
Ruth Andrews, 29 35.00	50 m. free Agnes Romayko,67	57.34
100 m. free	100 m. free	
Ruth Andrews, 29 1:18.25	Agnes Romayko,67	2.11.50
Darcy Fazio, 26 1:24.39 D. Stimson-Snow, 26 1:32.1	H. Offenhauser,68	8:11.80
400 m. free Ruth Andrews, 29 6:03.90	50 m. back Marie Wicklun,66	53.40
Darcy Fazio, 26 6:28.05	H. Offenhauser,68	1:00.64
Deborah Stimson 7:09.29 100 m. back	Agnes Romayko,67	1:24.70
Ruth Andrews, 29 1:38.16	Marie Wicklun,66	2:00.30
D. Stimson-Snow 49:17	200 m. back Marie Wicklun,66	4:18.38
200 m. I.M. Ruth Andrews,29 3:19.55	50 m. breast Agnes Romayko,67	1:24.92
	50 m. flv	
Women 30 - 34 Sue Tendy 31	H. Offenhauser,68	
Sue Tendy, 31 50 m free 32.61	H. Offenhauser,68	2:41.95
100 m free 1:15.21 400 m free 5:56.21	200 m. fly H. Offenhauser,68	5:49.20
Women 35 - 39 50 m. free	Women 70 and over	4
Janit Romayko,35 38.13	50 m. free Doris Hogan,79	1:22.63
Tomit Domastko 35 1:27.30	50 m hack a	
400 m. free Jane M-Sherman, 36 6:05.86	Evie Somers,73 Doris Hogan, 79 50 m. breast Evie Somers,73 Doris Hogan,79 200 m. breast	1:28.30 1:43.20
Janit Romayko,35 6:58.00 50 m. breast	50 m. breast	1.24 88
Jane M-Sherman, 36 43.90	Doris Hogan, 79	1:31.42
Jane M-Sherman, 36 43.90 Janit Romayko, 35 46.24	200 m. breast Evie Somers,73	6:46.65
Janit Romayko,35 46.24 100 m. beeasa Janit Romayko,35 1:46.64 200 m. breast	200 m. fly	0.00.40
200 m. breast Jane M-Sherman,36 3:23.01	200 m. fly Evie Somers,73 400 m. I.M. Evie Somers,73	9:09.40
Women 40 - 44	Evie Somers,73	14.28.43
50 m from		
Shirley Anderson, 42 1:01.7	Men 25 - 29 John Nunnelly, 27	21 07
50 m. back	50 m. back	31.87 2:45.91
Mary Healey,41 1.01.55 Jackie Johnston,40 1:15.40	50 m. back 200 m. back 200 m. I.M. 400 m. I.M.	2:42.70
100 m. back Shirley Anderson 422:22.21	400 m. 1.M.	J. 47, 10
Shirley Anderson, 422:22.21 Jackie Johnston, 40 3:0 .04		

Men 30 - 34	
11011 30 34	
50 m. free	20 0
400 m free	32.0
Joe Coplan,34	5:28.53
400 m. free Joe Coplan,34 50 m. fly Bart Delia,33	34.63
Bart Delia,33	34.63
100 m. fly Joe Coplan,34	1:09.77
200 m flv	
	2:42.60
Men 35 - 39	
50 m. free	
Men 35 - 39 50 m. free Steve Alexander,3	9 33.44
Mike Laux,38 8 50 m. back	1:05.68
	32.11
50 m. breast Phil Whitten,36 S. Alexander,39	
S. Alexander, 39	36.71 40.99
100 m. breast	10.00
Phil Whitten,36 S. Alexander,39	1:19.85
S. Alexander,39	1:34.22
200 m. breast	3.02.13
S. Alexander.39	3:02.13 3:30.65
50 m. fly	
Phil Whitten,36 S. Alexander,39 50 m. fly Mike Laux,38	30.98
100 m. 11V	1:09.96
200 m. 1.M.	1.07.70
Mike Laux.38	2:45.5
400 m. I.M. Phil Whitten,36	6:09.44
Men 40 - 44	
Bruce Vogt, 44	33.12
100 m. free	
Men 40 - 44 50 m. free Bruce Vogt,44 100 m. free Bruce Vogt,44	1:19.03
Bruce Voet 44	40.70
100 m. back	
Bruce Vogt,44	1:30.83
100 m. back Bruce Vogt,44 50 m. breast Saul Scherzer,43	47 11
100 m. breast	
Saul Scherzer, 43	1:45.79
Men 45 - 49 50 m. free	
Tom Lyndon,48 Charlie White,49	
Charlie White, 49	29.85
	32.88
100 m. free Tom Lyndon,48	1:06.23
100 m. free Tom Lyndon,48	1:06.23
Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free	1:06.23 1:17.51 1:17.88
Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48	1:06.23
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free George Brunstad,4 Mel Siebold,45 Tom Lyndon,48 Neil Wortmann,45 50 m. back Barr Clayson,45	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free George Brunstad,4 Mel Siebold,45 Tom Lyndon,48 Neil Wortmann,45 50 m. back Barr Clayson,45	1:06.23 1:17.51 1:17.88 2:38.87 45 5:37.81 5:45.95 5:56.78 6:05.33
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free George Brunstad,4 Mel Siebold,45 Tom Lyndon,48 Neil Wortmann,45 50 m. back Barr Clayson,45 100 m. back Barr Clayson,45	1:06.23 1:17.51 1:17.88 2:38.87
100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free George Brunstad,4 Mel Siebold,45 Tom Lyndon,48 Neil Wortmann,45 50 m. back Barr Clayson,45 100 m. back Barr Clayson,45 200 m. back Barr Clayson,45	1:06.23 1:17.51 1:17.88 2:38.87 45 5:37.81 5:45.95 5:56.78 6:05.33 34.2 1:17.90 2:54.68
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100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free George Brunstad,4 Mel Siebold,45 Tom Lyndon,48 Neil Wortmann,45 50 m. back Barr Clayson,45 100 m. back Barr Clayson,45 200 m. back Barr Clayson,45 Cene Sikes,48 50 m. breast Len Silverstein,4 100 m. breast	1:06.23 1:17.51 1:17.88 2:38.87 45 5:37.81 5:45.95 5:56.78 6:05.33 34.2 1:17.90 2:54.68 4:12.81
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100 m. free Tom Lyndon,48 Neil Wortmann,45 Charlie White,49 200 m. free Tom Lyndon,48 400 m. free George Brunstad,4 Mel Siebold,45 Tom Lyndon,48 Neil Wortmann,45 50 m. back Barr Clayson,45 200 m. back Barr Clayson,45 200 m. back Barr Clayson,45 Gene Sikes,48 50 m. breast Len Silverstein,46 200 m. breast L.Silverstein,46 200 m. breast L.Silverstein,46 C.Brunstad,45 Neil Wortmann,45 50 m. fly Gene Sikes,48 Charlie White,49 100 m. fly Mel Siebold,45 Neil Wortmann,45 Gene Sikes,48 200 m. fly Mel Siebold,45 Gene Sikes,48	1:06.23 1:17.51 1:17.88 2:38.87 45 5:37.81 5:45.95 5:56.78 6:05.33 34.2 1:17.90 2:54.68 4:12.81 46 39.96 1:29.94 3:16.58 3:27.35 3:38.81 43.79 45.15 1:24.11 1:34.54 1:55.0 3:29.21 4:20.52 3:02.30 3:17.0
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Men 50 - 54 50 m. free Adrian Beggs,54 100 m. free Adrian Beggs,54 50 back Adrian Beggs,54 100 m. back Freed Andrews,50	
50 m. free	35.57
100 m. free	33.37
Adrian Beggs,54	1:27.74
OU DACK Adrian Reges 54	50.78
100 m. back	
	1:31.34
Men 55 - 59 50 m. free John Jorgensen, 55 Wayne Shadbolt,56 Alan Hausman,55	
John Jorgensen, 55	31.43 32.28
Wayne Shadbolt,56	32.28
Alan Hausman,55	35.60
Val Ouchakof,56 100 m. free John Jorgensen,55 Wayne Shadbolt,56 Jim Edwards, 57 Alan Hausman, 55	45.27
100 m. free	1.10 61
Warma Shadhal + 56	1:12.61
lim Edwards 57	1:18:06
Alan Hausman,55	1:33.90
Val Ouchakof,56	1:41.59
400 m. free	7007577
Jim Edwards, 57 Val Ouchakof,56	6:12.00
Val Ouchakof,56	6:12.00 8:12.38
50 m. back Wayne Shadbolt,56	
Wayne Shadbolt,56	44:30
Alan Hausman,55	49.18
Val Ouchakof,56	56.00
100 m. back	1.22.12
Alan Hausman,55	2:33:23
Val Ouchakof,56 100 m. back Jim Edwards,57 200 m.back Jim Edwards,57 200 m.back Jim Edwards,57 50 m. breast Val Ouchakof,56	3:21.22
50 m. breast	3.21.22
Val Ouchakof.56	55:22
50 m. flv	455
50 m. fly John Jorgensen,55	36.40
200 m. fly	
John Jorgensen,55	3:42.70
Men 60 - 64 50 m. free	
50 m. free	
Edward Killian.63	47.78
50 m. breast Stan Pudell,64	120011000
Stan Pudell,64	47.17
Edward Killian,63	55.80
100 m. breast Stan Pudell,64	1.55.20
Edward Killian,63	1:55:38 2:16.04
50 m. fly	2.10.04
Stan Pudell,64	50.10
Men 70 and over Gus Harold Langner	
ous narold Langher	44.50
100 m freestyle	1:45:10
50 m. backstroke	1:09.42
50 m. breastroke	1:03:48
50 m. freestyle 100 m. freestyle 50 m. backstroke 50 m. breastroke 400 m. freestyle	7:58:88

RANSOM J. ARTHUR, M.D. **FATHER OF MASTER SWIMMING**

Dr. Arthur was taught to swim at the age of four by Johnny Weismuller and has always had an abiding love of the ocean and aquatics. He swam competitively in his first meet in 1937. His college swimming career at the University of California, Berkeley, was interrupted by service in World War II. He swam part of one season, however, directly after the war at the University of California until leaving for Harvard Medical School. For over twenty years, he swam competitively for the Navy, competing in both armed forces and AAU meets.

For a number of years he attempted to interest offi-cials in what later became the Masters program. His ef-forts met with no success until John Spannuth, who was then President of the American Swim Coaches Association, took an active interest in the proposal and together they launched the first Masters Championship in Amarillo, Texas, in May 1970.

KEEPING SCORE

Masters team titles tend to be regionally oriented. In eastern meets, eastern teams dominate; in western meets, western teams come on strong; in midwestern meets, midwestern teams sweep the field, and so forth. In the 1979 Long Course Nationals in Dearborn, Michigan, Michigan and Illinois scored first and second in all three areas—Women's, Men's, and Combined. The 1979 Short Course Nationals in Mission Viejo, California, found our hosts, Palo Alto's Rinconada Masters, propelling themselves to firsts in Women's and Combined and a second in Men's be southern California's Trojan Swim Club.

1980 got off to a typical start with the Gold G. A Masters (Florida) winning all three titles in the Short Course Nationals and the D.C. Masters finishing second in Women's and Combined, with Florida snapping

ond in Women's and Combined, with Florida snapping up the second place in Men's.

All events in this year's Long Course Nationals will be scored from first place through ninth place as follows: individual events. 10–8–7–6–5–4–3–2–1; relay events. 20–16–14–12–10–8–6–4–2.

M.	□New		Ren	ewal	
	ONE YE	AR -	NINE I	SSUES	
USA - \$	7.00		FORE	IGN -	\$ 11.00
NAME					
ADDRESS					

MASTERSNOTES

LONG COURSE NATIONALS AT SANTA CLARA, CA - What a marvelous meet! Those who didn't attend missed one of our best Nationals. Wanda Werner Cavanaugh and Rex Wolf did an excellent job with an immrmative program. On the first few pages you will find some articles reprinted from their program. My thanks to John Kirschner for first. picking me up at the airport in S.F. and second, for being one of the world's best go-fors. The doughnuts were great! The weather co-operated as best it could for CA. With approximately 920 people and only 9 lanes it seemed to point to very long days. However, our able meet directors Cindy Baxter and Carol Macpherson came up with a unique idea for trimming loads of time each day! Women's and Men's heats were alternated. All of the Women's heats started at one end and all of the Men's heats started at the other end. When the heat in the water was almost completed, the heat from the opposite end was started. The heat that was finished was allowed to remain in the water (next to the lane rope) until the heat swimming had made their turn. For me (at the tender age of 54) this was the most delightful experience of the entire meet - I didn't have to rush to get out of the water! Running the meet this way necessitated Officials and timing equipment for both ends of the pool. This could also be accomplished in a 25 yard pool that had starting blocks at both ends. i.e. There was a potential of | l heats the first day. By saving I minute per neat, it cut 2 hrs - 31 min off the time of running the events. If there was a fault, it was the small print for the heats. No results yet, but they are due soon. EDITORIAL.....

JEAN GARBUS OF MICHIGAN MASTERS WRITES - Paul Reinke, 45, former Master swimmer, died of an inoperable brain tumor in Kailua, HI on July 7th. He was the NCAA breaststroke champion in 1957 swimming for Michigan State University and participated in Master's competition mostly with Michigan Masters since 1970 - always in the Top 10 and several times an All American..... GAY ROSSER REPORTS - He was saddened by the death of his 86 year old uncle - Larry - who was a Master's Champion in 1974 at the Short Course meet in Ft. Lauderdale..... SEND IN MEET RESULTS - Jean Meservey writes, "Perhaps a note in S M regarding the importance of sending in meet results promptly and always would be helpful. I lost out on LC Top-Ten in 1979 because results not sent in (also for the World 5). I only had one chance to swim LC and made an effort to make that one meet - to no avail." I am sure that this has happened to many of us and my best suggestion is for all swimmers that are interested in getting the results of the meets to ENID UHRICH, check with the meet director a week after the meet and make sure that the meet director knows Enid's address and how important it is that she get three copies of the meet results..... FOREIGNERS AT NATIONALS? - Ken Krueger writes, "Foreigners at Nationals? was a big question at the Santa Clara Nationals. Let's welcome these 'legal entries' with open arms. Are we to be isolationists again, when we know from experience that it's competition that's made American swimming great. Let's take on the challenge of the world. Masters swimming was founded to encourage swimming by all. Let's do it! Masters swimming was founded for comraderie. Let's extend a warm greeting to our foreign friends, whether they're from Venezuela, Switzerland, Canada, Germany or wherever! Foreigners do not deserve to be on our National 10 Best Times list, only on the World Best. Let competition and comraderie be our call."..... TOP TEN PATCHES - For those interested in these patches please contact Harry A. Fox, 1616 Amsherst St. N., Massilon, OH 44646..... RULES - What fun I have reading all of the letters telling me of all of the rule infractions that occur at our Masters Meets! The one I hear most is the swimming of different events at the same time. This is usually done in order to save time. I see and hear about illegal breaststroke kick. It seems that many stroke and turn judges wish to overlook these infractions for us oldsters. Well, my only suggestion is - protest at the meet to the referee. Settle these rule infractions at the time and place that they occur..... SNOWBIRD, UTAH - The First Annual Aquatic Convention will be held Sept. 29-Oct. 4, 1980. The Masters committee meeting will be held on Friday, Oct. 3rd. Hope all Assns. will be represented...



June Krauser, Editor 2308 N.E. 19th Avenue Ft. Lauderdale, FL 33305 BULK RATE U.S. POSTAGE PAID HOLLYWOOD, FL PERMIT 97

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SWIM CALENDAR

VOL	IX - N	SWIM CALENDAR	OCTOBER 1980
OCT	4-5 11-12 11-12 12 12	SC - Winnie MacKenzie, 1445 Civic Dr., Walnut Creek, CA SC - Betsy Durrant, 211 - 66 St., Virginia Beach, VA 23451 SC - Gene M. Hildreth, 3211 19th, Lubbock, TX 79410 SC - Allen W. Hahn, 3800 Cedar Ln., Columbia, MO 65201 SC - O*H*1*O, Pieter Cath, 29749 Harvard Rd., Cleveland, OH 44122 Leatherstocking - Jane Johngren, ACC Gym, Cooperstown, NY 13326 Bayview Y - Ken Turner, 1209 Bay Rd., Webster, NY 14580	Prove - S
	18-19 18	SC - York Dutch, Cal Schaeffer, 36 N. Beaver St., York, PA 17401 SC - York Dutch - Fay Beck, 747 W. Locust St., York, PA 17404 LC - NFM - Jacksonville, FL - Jim Davis	
		SC - Tom Crosby, 1261 Nacion Ave., Chula Vista, CA 92011 SC - Coronado Masters - Alicia Horst, 24 The Point, Coronado, CA 91 SC - Oak Ridge - Kay S. Miller, 620 Michigan Ave., Oak Ridge, TN 37 MASTERS SYNCHRONIZED SWIMMING CHAMPIONSHIPS	
	25 25	Peg Hogan, Crenshaw Pool, Keller Hall, U of Richmond, VA 23173 SC - Mike Gilmore - P.O. Box 5901, Santa Monica, CA 90405 Relay Meet - Jill Elliott, YWCA, 52 Ottawa St. N., Hamilton, Ontario	o L8H 3Y7
NOV	9 15 15-16 16	SC - Mike Gilmore (above) Pentathalon - Judie Oliver, No. Pks & Rec, 5100 Yonge St., Willowda SC Pentathlon - Randy Burton, 3331 Scotland Dr., North Highlands, C SC - GCM Fall Meet - June Krauser, 2308 N.E. 19 Ave., Ft. Lauderdal Biathlon - Dan Sullivan, 495 Watchung Av., Bloomfield, NJ 07003	A 95660
DEC	7 7 7-8 6-7	Pentathlon - Harry W. Rawstrom, U of Delaware, Newark, DE 19711 SC - Sally Peterson, P.O. Box 1880, Truckee, CA 95734 SC - Coronado Masters - Alicia Horst, 24 The Point, Coronado, CA 91 SASC - Scottish Amateur Swimming Association Invitational NFM Decathlon - Tallahassee SC - O*H*I*O. Meet Director. P.O. Box 8513, Canton, OH 44711	
JAN	2-3 11	Scarboro - Sheila Marsden, 36 Bernadine St., Scarboro, Ontario MIP Masters Clinic - Pine Crest School - Bob Miller, 1501 NE 62 St., Ft SC - O*H*I*0 - Pieter Cath (above)	. Laud., FL
FEB	3-5	Alderwood - Ted Roach, 3590 Keneff Cres, Mississauga, Ontario, Cana Centennial Pool - Mary Weaver, 426 Brant St., Burlington, Ontario L So. Regionals - Joe Biondi, 216 Elizabeth St., Clearwater, FL 33519	7R 3Z6
	29-31	Ontario Champ Beth Whittall, P.O. Box 413, Schonberg, Ontario LO US MASTERS NATIONAL SC - Irvine, CA - Mike Gilmore, P.O. Box 5901, St. Pete LC - Joe Biondi (above)	Santa Monica, C
0110	- Ron	US MASTERS NATIONAL LC - Darlene Ferguson, P.O. Box 8513, Canton, O J. Bank, 51 Meadow Park Ave., Bexley, OH 43209 OCT 5, DEC 7, FEB 1, - OCT 12, OCT 19, DEC 7 - J. K. Edwards, 2 Thayer St., Providence, R	APR 5