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How Much Should I Exercise?

erobic exercise programs

promise at least three out-

comes: increased fitness, weight control, and protection against heart disease. Unfortunately, the fitness movement has touched only about one in five adult Americans, with inconvenience and lack of time ranking near the top of the list of excuses for not participating. Most of us aren't able or willing to squeeze four 30-minute workouts into an already hectic week.

Are there alternatives? Exercise scientists wish there were, and many are looking for them. Perhaps short bouts of exercise scattered throughout the day would help because short, high-intensity workouts can improve fitness. For example, running 1 mile as fast as possible four days a week requires only about 30 minutes of total exercise time per week, but because the intensity is high, results are dramatic. This approach may be fine for former athletes, but most Americans are poorly suited for such demanding exercise.

A study by DeBusk et al' showed that three ten-minute jogging workouts a day, five days a week for eight weeks at moderate intensity increased maximum oxygen capacity (Vo₃max) by 8% in healthy middle-aged men. Another group, who performed the standard 30-minute jogging workout, increased their Vo, max by 14%. Although the standard approach to acrobic fitness produced the greatest effect,

these results indicate that more moderate approaches are beneficial.

DeBusk et al also examined whether three shorts bouts of exercise complemented the daily schedule. They found just the opposite. Participants reported that three workouts were less convenient than going straight through for 30 minutes. One lengthy workout required only one change of clothes and one shower. With three workouts-although brief-the exercisers sweated and needed to freshen up. One or two additional cleanups was too much.

Even though this exercise schedule is impractical, the study's findings are provocative and raise the question of whether bouts of moderate exercise shorter than ten minutes might also effectively promote fitness.

But even if fitness does not increase significantly, are brief bouts of physical activity worthwhile? From the weightcontrol standpoint, the answer is yes. Total calorie expenditure vs calorie intake over time determines weight gain or loss, and it doesn't matter whether those calories are burned in small doses or all at once. Participants in the DeBusk et al study lost 2% of their body weight regardless of whether they exercised in short or long bouts.

Short periods of activity may also provide some protection against heart disease. The Harvard alumni study by Paffenbarger et al' found that stair climbing, walking, and light sports that burned at least 2,000 calories a week offered protection against heart disease. In addition, three studies of active vs sedentary workers by Morris et al35 found fewer cases of fatal and nonfatal heart disease among the more active subjects. The Framingham Study found that moderately active people had less coronary heart disease, myocardial infarction, angina pectoris, and sudden death compared with sedentary counterparts.

Additional research giving credence to the benefits of moderate activity is beginning to emerge, which is good news for the 80% of the population who opted out of the fitness movement. Bits-and-pieces workouts similar to those followed by the Harvard alumni could be incorporated easily into a busy schedule. Climbing two or three flights of stairs several times a day or taking a midday walk should not necessitate a change of clothes and a shower. More research is needed, but the message is encouraging. PSM

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FREESTYLE..... Tom Lyndon

SOME PSYCHES I'VE KNOWN...Whether you're getting it together, going for it, entering the bullring, opening the envelope, letting it all hang out, reaching for the ring, at the moment of truth, taking the acid test, bombs away, or just gamely trying to hold it together, your thoughts can play an important role in determining the outcome of your endeavor— a trained for and planned for race for us masters swimmers.

Rare is the swimmer who steps on the block without hauling along emotional baggage significantly influencing what he is capable of doing. The baggage can be of our own creation or loaded upon us by others. Regardless of where it originates, it can be a major contributor to how we do. The word "psyche" frequently implies some sort of damage or hindrance to our ability to perform. We seem to be unusually susceptible to this virus and, conversely, immune to words and thoughts of our own and others that try to offset this force. While I can't tell you how not to succumb to this plague or what's the cure, I can describe some of the psyches I've known to at least make it clear there's enough of it going around for all of us.

The Strong, Silent Type... He (or she- all these types can be either sex) exudes the emotional sensitivity of Arnold Schwarzenegger's "Terminator". You quite likely have heard of this swimmer- perhaps even read a clipping or too - and are curious to find out just what makes him tick. After all, this is good old friendly masters swimming where no one gets up tight. Wrong. This guy, when you introduce yourself, barely acknowledges your presence and makes it clear talking with you is a needless, and perhaps unpleasant, use of his time. It takes a strong ego or thick skin to shrug off this sort of rebuff, let alone direct your stung pride into "showing" him in the water that he should have been nice to you.

The Tough Guy... He can be friendly enough, but may seem bent on making sure you appreciate how tough he is. Sort of a Bionic Man. His handshake is better suited to barbells, making you wonder if your well defined but runty by comparison hand bones were designed for this abuse. While seemingly idly standing around, he may suddenly flex or demonstrate some physical capacity you know is far beyond your arsenal of fitness. He's into clenched jaws, sucked in stomachs, overly deep breathes, and West Point plebe postures.

A true anecdote may convey the impact the truly tough guy can have. In college, my coach grossly misrepresented my ability in order to get me in the fast, timed finals heat of the 1650 at a regional meet. That heat had three former Olympians, including the current world 440 record holder (John Marshall, the first to go under 4:30). I had never met, only seen pictures of him. As I swung open the door in the john minutes before the race, I almost bumped into him as he was tying his bathing suit. To do it right he had inhaled deeper than I had ever imagined a human could.

I estimate his chest measured about 50 inches. Whatever plucky resolution I had been nurturing disappeared at that moment. How could I compete against such superior hulk? As it turned out, he and the others got the last lap gun in plenty of time to get in to, if not out of, the shower before I finished. In fact, if I had not been psyched, I would still have finished far back, but I like to attribute my loss to the hotshots to my getting psyched.

The Bold One... He makes no bones about it. He is in top shape and expects to blow us all away. He may say it straight out, which takes more than a bit of poise or courtesy to respond to without risking inciting him to further aspirations. Sometimes he says it in such a way that it is not clear whether he is aware of the claims he is making for himself. Saying he never used to be able to stay with me in a race but, lately, has had such good workouts that he will at least try to do it for a while and see what happens. Then- artfully? - he may try to retract the thought, apparently recognizing it suggests parity.

The Expert... This person knows more about racing than you could ever hope to know, or so it seems when he strikes up a conversation with you, usually not too long before the race. It's hard to tell if the expert is trying to help you or upset you. You do know that he puts ideas in your head that are hard to shake and can be deleterious to your racing. He may call your attention to the fact that there is a slippery spot on the wall on the left side of the touch pad. In your warmup you somehow happened to miss it, but, knowing you resort to a modified circle swimming pattern sometimes in your races, you imagine hitting that bad spot over and over. He may note there is an unusual wave that seems to carom off the ropes when you come up from your turn, and is especially troublesome if you are ahead of the other swimmers. If my strategy had been to get out ahead and hang on, I will rethink how smart this will be.

The Concerned One...His swimming talents can seem eclipsed by his far reaching analysis of swimming technique, which, before your big race, happens to focus on yours. No, you had not considered bilateral breathing to smooth out that obvious hitch in your stroke that causes you to lose momentum, throws your body out of line, and suggests you're definitely overtrained. I don't know whether it's good or bad that this type can be good at spotting your flaws. I appreciate the help but have a tough time not dwelling on my shortcomings when I am asking so much of myself.

From time to time you will be confronted with the psyche's many forms. Whether you sublimate, squash, or sidestep the damage is strictly up to you. It only matters if you allow it to get in the way of what you want to accomplish in the pool. You are the "Captain of your ship". As long as you keep your hands skillfully on the wheel and read the conditions around you as wisely as you can, you will flow to the best of your abilities and that is good enough for me. But have you happened to notice how you're dropping your left shoulder lately?

5/89

In the summer of 1950

By Celia Morris

ne of the great moments in my life came in the summer of 1950 at the Shamrock Hotel, when I won the Women's Gulf Coast AAU 800-meter freestyle championship and set a record. I was 14 years old.

The next day my picture was in the Chronicle along with Jane Kneip, who won all the shorter freestyle races, and Mignon Martin, who took the diving. Almost 40 years later, the expression in that old clipping still radiates bliss.

I swam on the Golfcrest Country Club team because its genial coach, E.A. Snapp Sr., had recruited me at a local meet the summer before. But along with a score of other girls and boys, I had discovered when I got to the pool that another E.A. Snapp - this one the son - was the real taskmaster. And swimming for E.A. Jr. was not for

His smile was big and infectious like his father's, but he popped a wet towel at any sluggard in sight, and he had a quick, mean wrist. I rode home backward one evening, with my bottom stuck in the air so as not to sit on the welts.

But E.A. Jr. had earned the right to be tough. Some years before, he was training for the Olympics when polio struck him. The doctors said he would never walk again.

Giving up or giving in, however, was not in the Snapp tradition. The old man began coaching him with as much devotion as when the Olympics had been their goal, and by the time we knew him, he could walk without a cane. He had powerful shoulders, but when he swam,

his legs dangled behind.

Some two weeks before the meet at the Shamrock, which was the first of the season, E.A. Jr. decided I should swim the 800-meter freestyle. I was appalled. I had never swum more than 200 consecutive yards in my life, and I wailed at the prospect. He was unmoved: From then on, I was to swim 1,000 yards a day.

When he came back a week later and demanded a report, I confessed to a daily total of maybe 250. So he put one of his minions on one side of the pool with a wet towel, stationed himself on the other, and ordered me to swim 40 widths, or just under 700 yards. Whenever I dallied on a turn, they popped me with the towels, and it was that night I got those welts on the rear.

The 800 was 16 lengths of the Shamrock pool. Eight girls were entered, and whether the gods or lesser mortals plotted. I drew one of the coveted middle lanes. To my right would be Patsy Bonner from College Station, an "older woman" of 17, and the winner of a handful of gold medals the summer before. To my left would be Dolores Anderson for the Shamrock - tall, fast, and a year younger than I.

The starter raised his gun. The eight of us bent over, arms down. The gun cracked. We jackknifed out. The race

was on.

By the middle of the first lap, Patsy, Dolores, and I had emerged from the pack, and for the first three lengths, we swam evenly together. And then on the third turn, Patsy and I pulled ahead, and for the next 10 lengths, she and I matched stroke for stroke.

And then on the 13th turn, I pulled ahead and kept on pulling. As I made the 15th turn, three body-lengths ahead, the gun signaled the last lap. Patsy put on a burst to catch me, but I was flying on adrenalin and glee, and this one was mine! The flashbulbs went off. The old man fell into the pool. And E.A. Jr. said, "Baby, you're going to the Olympics!"

That turned out to be the peak of my swimming glory, and apart from intercollegiate athletics, my career as a competitive swimmer didn't last more than another two years. I was too lazy. And not long after, I got seriously

interested in boys.

There was one special boy with whom I shared that summer and the next. He was standing by E.A. Sr. when the gun went off; he was running beside E.A. Jr. down to the finish; and he too ended up in the pool. His name is Dave McComb. He has a grin like Huck Finn and a great swimmer's body, and he was 15 the year I won the big one. We discovered this summer in Washington, D.C., that our friendship, which blossomed in an era past recall, will last a lifetime.

Both of us went on to get Ph.D.s and learned to analyze the past as historians. So that when we got together again after more than 20 years, we realized to our bemusement that two conditions had governed our adolescent friendship: too much chlorine and an absolute prohibition against sex.

The chlorine, which could damage our eyes if we stayed too long in the water, meant we could train no more than two hours a day. The ban on sex gave us not only the imperative, but the space to find different ways to know one another.

Technology and a sexual revolution have subsequently destroyed those two conditions: goggles have been perfected to protect the eyes - with the result that anybody who competes now has to work out seven hours a day just to stay in the race. Swimmers have no time or energy left over for play. The pill and the sexual revolution mean that from early adolescence, boy-girl friendships must cope with a human drive as powerful as hunger.

Davey and I were lucky.

Within the hour, our old intimacy came flooding back, and over the course of a weekend, we rediscovered patterns of character we had built together 40 years earlier. We still do what we learned then to do: We know how to work, and we know how to play.

Allowing for the normal wrinkles, bulges and sags of middle age - and for Dave's mustache - we looked much the same, one virtue of our swimming years being the respect we had learned for our bodies and the care they needed.

But we are more likely now to work with our brains: Both of us write books. In fact, though neither lives in Texas, each of us writes about it. (David wrote a history of Houston that is a standard

The sense of adventure we discovered at the Shamrock has led him twice around the world, and me to live abroad. We're more relaxed, to be sure, than when we were kids: We stood in the midst of Union Station and laughed at each other shamelessly.

It was the old '50s style. Corny, if you will, but we're past the age of apologizing. We're the kind of people who pay our bills on time. Neither would tell a lie except to protect someone's feelings Neither would deliberately hurt ar other. Both believe above all in decence and integrity in personal relations, and both have discovered to our cost that the world does not.

I told him every important secret i4 my life, and he told me most of his. The candor was awesome because the trust was unqualified.

Golfcrest moved to another part of town, and they tore the Shamrock down, the collective wisdom having decided it was an eyesore. Perhaps it was. But for us in 1950, it was a great, green palace a place of wonder, challenge and daring. A place where boys and girls had grand adventures and discovered how to be friends forever.

Celia Morris is a novelist and historian who lives in Washington, D.C. Her book, Fanny Wright: Rebel in America, was published in 1984 by Harvard University Press (under the name Celia Eckhardt).

Swimmer getting faster and faster

By MEL DUPAIX

Bob Bailie can't seem to reach a peak sprint time. He just gets faster and faster.

A resident of The Woodlands, Bailie competes in the 50-54 age group of the U.S. Masters Swimming program.

Last May at the Short Course National Championships in Boca Raton, Fla., Bailie took second place in his favorite sprint, the 100-yard freestyle. His 52.62-second clocking shaved a 10th of a second off his all-time best effort achieved more than 30 years ago when he competed for Rutgers University.

"Jeff Farrell beat me in world-record time for the 50-54 age group," noted Bailie. "I was 3/100 of a second over the world record for the age group which I'll enter next

fall.

This accomplishment is a contradiction to the common notion that top-flight competitive swimming is for the kids only. Bailie may be faster than the typical high school

competitor today.

"In order to swim at the level I want to swim at, and at the speeds I want to achieve — nobody can do it alone. You've got to have coaching in the water, on dry land and in the weight room," declared Bailie. After relocating his business from Florida last summer, Bailie trains with The Woodlands Masters Swim Team in order to benefit from team practices.

"You have to have a heck of an understanding family, because you're like another teenager coming home late from training after school," he observed. "Your wife has to

adjust meal times.

"You have to do a whole lot of things. You have to have a lot of support from everyone around you. That's crucial and I've got my wife's (Carol) support. That's all I need."

Bailie notes that swimming is merely moving water. As a result, strength and power are crucial to winning races.

His weight-room approach at The Woodlands Athletic Center involves many of the Nautilus machines as well as some of the Universal equipment. Bailie follows the standard resistance-training format of alternately increasing repetitions, then weight. He has built a powerful physique that is not bulky by combining weights and swimming.

"But I wish I had the physique that Rowdy Gaines has," said Bailie. The 30-year-old Gaines anchored the exciting relay finish for the U. S. winning effort in the 1984 Olym-

pics.

"Gaines visited with several of us top nationally-ranked 'old-timers' at the Pan Pacific Games in Indianapolis last fall. I think he respected our condition and ability. This may motivate him to be active in the U. S. Masters Swimming program.

After a 25-year layoff from competitive swimming and regular training, Bailie found that he didn't have to start a tortuous workout schedule in order to be a nationally-ranked swimmer. Currently he goes to the weightroom three mornings a week and swims four-to-five times a week, usually in the late afternoon.

"This is an effective workout schedule that I can balance reasonably with my family and work lives," noted
Bailie. "It's made possible because for the first time my
home, job and athletic facilities are nearby in the same
community.

"Everything I can tell you about swimming and fitness, I learned from somebody else. I'll pick anybody's brain if I think he's got something of

value.

"I'll even listen to someone who has a crazy idea in order to see if there's something in it that seems to fit," added Bailie.

"One of the things the Coach taught me that I will carry for life is that if everything is perfect in your swimming and you're not winning — that's as fast as you're ever going to go. So as long as there's something that needs improvement, you've got something to be happy about.

"You can improve style or build strength or get your mind right, and go a little fas-



ter," he said.

"You know, I'll probably drop down to working two hours a day when I'm 95, but it'll be about four hours a day in my earlier retirement. The rest will be training and recreation and fun.

"I'll work on into the 100 s. I mean...I'm already planning for it," he revealed.

Meanwhile, Bailie has some shorter-term accomplishments in mind.

"I've got this target — to go to the 1991 Nationals — at 55 years old and do it all over again — only better. And just 'work' toward it because it's hard work.

"This time I'd like to win more than three races, and I want to set a few new world records," he added.

"The 100-yard freestyle has become my best event," said Bailie. In his age group he is also a nationally-ranked Top 10 competitor in the 50-yard freestyle, the 50- and 100-yard butterfly, the 200-yard freestyle and the 100-yard individual medly. Relays highlight the fun that he has at swimming meets, however.

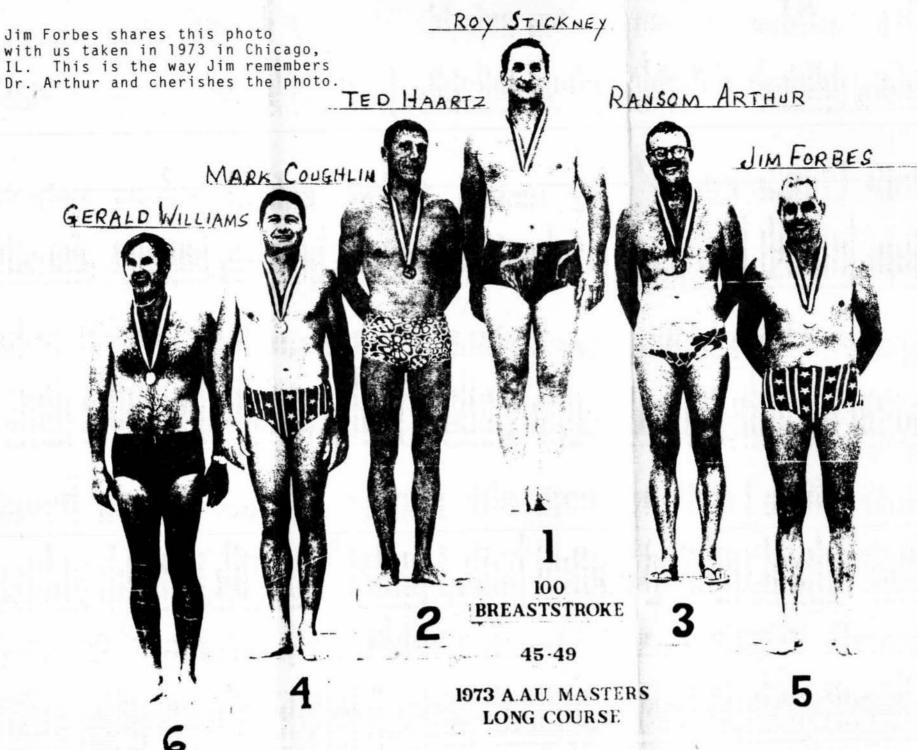
"A relay win in the final event gave my school (Brooklyn Technical High School) New York City's dual meet champlonship in the early '50s. I swam the anchor leg," he recalled.

"The race was so close that I didn't know we won until my teammates jumped on top of me in the pool. We went completely bonkers. I greatly enjoy relay competition to this day."

Bailie concluded, "It's exciting to know that you can get better — get faster — become more competitive. Where else but in Masters Swimming can you look forward to getting older ('aging up')...even into your 80s?

"It's a great feeling. In the long run, fitness and longevity is what it's all about."

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CHICAGO, IL

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WOMEN		C Sylvia Platt-Rogers	30.11 B		34.35 B/E	C Eddie Riach D Geoffrey Thwaites	4.45.56	D G Adams	1.15.97
50m Backstroke		D Sandra O'Neill E Judy Wilson	30.95 30.81 B		36.06 35.55 B	E Micahel Wake	4.56.25 B	E J Wilson F L Lant	1.20.87 BR 1.28.08 BR
A Claire Dickinson B Deirdre Sheehan	34.78 35.18	F Mary O'Herlihy	37.03	F Tom Walker	36.55 B	F Geoff Stokes G John Starr	5.06.32 5.53.16	G J Asher	1.36.19
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E Rotraud Palmer F Carol Buykx	40.26 41.95	K Willy van Rysel	45.79	K George Logan	50.35	K Ernest Clemett	7.43.08	L N/S M N/S	
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F Carol Buykx	1.34.77	L Edith Hewitt	1,53,48 B/E		1.58.57	400m Individual Medley	4.52.30	M N/S	
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C Anne Cork	2.46.43	H N/S		G Claude Bush	3.29.22 B	K Al Alvarez	9.14.30	J D Cope K W van Rysel	1.33.94
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B Verity Dobbie	37.25	G Jane Asher	6.13.23	F Geoff Stokes	33.09			G J Asher H O Hale	2.44.91 3.38.07
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G Flora Connolly H Joan Kidd	43.37 56.32	200m Individual Medley A Diane Brades	2.36.21	100m Butterfly		E J Brown	39.53 39.60	B V Dobbie	1.14.56
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L Dorothy Weston	1.00.71	E Elaine Bromwich	3.05.67 B	C Trevor Clark D Eric Henderson	1.06.40	J B Condon K W van Rysel	48.75	F L Lant G J Asher	1.28.44
100m Breast stroke		F Lindsay Lant	3,13.91	E Roger Lloyd-Mostyn	1.09.77	L E Hewitt	58.80	H K Grimmer	1.57.03
A Maria Draper B. Verity Dobbie	1.26.44	G N/S H N/S		F Geoff Stokes G Seymour Banning	1.12.75	M N/S		J M Evans K W van Rysel	1.46.50 BR 2.09.33
B Verity Dobbie C Gillian Cackett	1.26.89 B	J Margaret Evans	3.56.90	G Seymour Banning H N/S	1.20.00	100m Backstroke	1 11 79	L E Hewitt	2.08.09 BR
D Susan Magnall	1.31.64			J N/S		A L Webb B A Fisher	1.11.72	M N/S	
E Elaine Bromwich F Lindsay Lant	1.28.47 B/E 1.32.26	400m Individual Medley A Judith Brown	5.29.79	K Al Alvarez	2.07.80	C A Cork	1.16.36	MEN	
G Flora Connoily	1.32.85 B/E/W		5.47.00	200m Butterfly		D K Pavier E J Brown	1.26.25	50m Backstroke	
H Joan Kidd	2.03.97	C Anne Cork	6.06.25 6.33.81	A Peter Abell	2.18.33 B 2.17.79 B/E	F S Bramham	1.27.58 BR	A M Brett B K Parloot	29.15 28.84 BR
K Bernice Hooper	1.47.06 B/E/W 2.18.67 B	D Patricia Jackson E Elaine Bromwich	6.43.94	B Paul Morns C Trevor Clark	2.32.98	G J Asher H O Hale	1.39.61 BR	C T Clark	30.58
L Dorothy Weston	2.10.56 B/E	F Lindsay Lant	6.50.09	D David Thompson	2.34.98 B	J M Evans	1.49.20	D J Gordon E J Lake	31.93 33.33
200 - Bened steele		G Flora Connolly J Margaret Evans	6.44.12 8.15.23	E Roger Lloyd-Mostyn	2.50.62	K W van Rysel L N/S	1.52.31	F A Weston	32.92
200m Breast stroke A Rayne Binns	3,10,45	J Margaret Evans	0.13.23	F Geoff Stokes G Saymour Banning	3.19.96	M N/S		G R Burrell H D Ward	37.61 46.44
B Verity Dobbie	3.00.80	MEN		H Denis Robinson	5.18.90	50m Breast stroke		J A Laylee	40.81
C Gillian Cackett D Susan Magnall	3.09.46 B 3.15.76	50m Backstroke		50m Freestyle		A C Griffin	38.09 36.74	K G Huxtable L B Taylor	45.42 50.92
E Elaine Bromwich	3.14.91	A Michael Brett	30.39	A Stephen Hirst	25.36	B V Dobbie C G Cackett	39.05	M T Bidgood	1.36.36
F Lindsay Lant	3.21.52	B Steve Burcham C Trevor Clark	30.49	B Brian Archibald	25.41	D B Wilkins	40.62 39.21 B/WR	100m Backstroke	
G Flora Connolly H Joan Kidd	3.18.11 B/E/W 4.28.20	C Trevor Clark D James Rogers	31.51	C Bob Wheeler D James Rogers	27.64	E E Bromwich F L Lant	42.64	A M Brett	1.03.90
J Margaret Evans	3.45.71 B/E/W		33.18	E Mark Litman	29.22	G J Asher H K Grimmer	45.93 53.11	B K Parloot C E Riach	1.02.74 BR 1.05.36
50m Butterfly		F Graham Sykes G Roger Burrell	32.98 B 38.05	F John Brogan G Jean-Louis Le Dall	29.49 29.12 E	H K Grimmer J M Evans	49.37	D J Gordon E J Lake	1.10.36
A Diane Brades	31.43	H James Gibson	40.31	H Kenneth McKay	31.45 B/E	K B Hooper L E Hewitt	58.73 58.66	E J Lake F A Weston	1.14.72
B Jackie Luckings	32.49 31.51 B/E	J Thomas Summers K Graham Huxtable	39.52 44.97	J Forbes Gentleman	32.35 36.38	M N/S	56.60	G I Pope H D Ward	1.22.26
C Sylvia Platt-Rogers D Glenda Adams	33.99	L Bob Taylor	51.17	K Al Alvarez L Bob Taylor	40.12 B	100m Breast stroke		J A Laylee	1.33.27
E Judy Wilson	33.94 B			M Czeslaw Kozlowski	57.71	A L Guille	1.21.70	K G Huxtable L B Taylor	1.49.53 1.52.61 BR
F Lindsay Lant G Jane Asher	40.62 B 40.14	100m Backstroke A Michael Brett	1.05.87	- con Francis		B V Dobbie C G Cackett	1.20.27 1.25.15	M N/S	1.32.01 011
H Janet Stobie	1.09.40	B Kevin Parloot	1.04.02 B/E	100m Freestyle A Stephen Hirst	56.52	D S Magnall	1.28.20	50m Breast stroke	
J Betty Condon	1.00.19	C Eddie Riach D James Rogers	1.06.47 1.08.30 B/E	B Paul Morris	56.39 B	E D Ford F L Lant	1.26.34 B/WR 1.31.13	A P Wright	31.61
K Willy van Rysel L Edith Hewitt	1.04.07	E Mark Litman	1.13.91	C Scot Hatfield D Andy Wilson	1.03.80	G J Asher	1.40.65	B P Morris C K Browne	30.83 BR 34.36
100m Butterfly		F Graham Sykes	1.13.82 B	E Michael Wake	1.04.93	H K Grimmer J M Evans	1.56.15 1.46.45	D G Jackson	35.45
A Diane Brades	1.11.58	G Roger Burrell H Eric Mountain	1.23.66 1.35.73 E	F Geoff Stokes	1.04.23	K B Hooper	2.14.22	E R Apel F T Walker	35.24 36.95
B Jackie Luckings C Jacqueline Simpson	1.11.57 B/E	J Jack Hale	1.24.88 B/E	G Jean-Louis Le Dall H Kenneth McKay	1.11.35 B/E	L D Weston M N/S	2.11.81	G B Gell	40.19
C Jacqueline Simpson D Glenda Adams	1.19.89	K Graham Huxtable L Bob Taylor	1.44.82 B 1.54.28 B	J Jack Hale	1.11.61 B/E			H D Thompson J O Lippold	45.24 45.24
E Judy Wilson	1.21.37 B			K Al Alvarez L Bob Taylor	1.26.15 1.37.84 B	50m Fly A D Brades	31.65	K J Paterson	46.02 54.11
F Lindsay Lant G Flora Connolly	1.30.13 B 1.30.95	200m Backstroke	21671 05	A STATE OF THE THE	1.37.04 D	B S Crissell-Falla	34.03 32.87	L D Davey M C Kozlowski	1.08.09
		A Robin Brew B Kevin Parloot	2.15.71 B/E 2.19.58 B	200m Freestyle	0.00.00	C K Wilding D G Adams	33.40		
200m Butterfly A Judith Brown	2.35.50	C Eddie Riach	2.30.43	A Nicholas Burrows B Andrew Burgess	2.08.66	E J Wilson	34.27 BR 39.17	100m Breast stroke A P Wright	1.09.57
B Lucinda Spicer	3.12.66	D Geoffrey Thwaites E Mark Litman	2.35.84	C Trevor Clark	2.13.78	F L Lant G J Asher	38.44	B P Morris C A Gentleman	1,08.72
C Jacqueline Simpson	3.11.96 B	F Graham Sykes	2.47.61 B	D Andy Wilson E Michael Wake	2.16.74 2.18.12 B/E	H K Grimmer J B Condon	57.43 1.00.31	D S Bratt	1.18.19
D Patricia Jackson E Elaine Bromwich	3.06.40 3.22.60 B	G Roger Burrell	3.03.89	F Geoff Stokes	2.20.13	K W van Rysel	1.03.15	E R Apel F T Walker	1.17.10 BR 1.21.36 BR
F Valerie Buxton	3.34.23	H Eric Mountain J Jack Hale	3.38.08 3.08.93 E	G John Starr	2.46.64	L E Hewitt	1.05.45	G C Bush	1.31.96
G Flora Connolly H N/S	3.17.68 B/E/V	K Brynmor Lewis	3.52.90 B	H Kenneth McKay J Jack Hale	2.48.73 B 2.42.86	m No		H E Clarke J P Merryweather	1,45,40
J Margaret Evans	4.26.48 B/E	L Bob Taylor	4.01.18 B	K Al Alvarez	3.29.48	6		a constituential	AND WASH
				L Bob Taylor	3.45.75 B	0			

		7 Gardin Charles Lagrange Co.														
K J Paterson	1.50.33 2.04.40 BR	50 YD. BRST	27 PNA	40.30	56 YD. BACK						W.F. N. 70.78			200 YD. BRST		1.27.12
L D Davey M L Laxton	4.16.53	SUZTE NESS C.SCIGLIBAGLID	27 PNA 29 PNA	44.90		42 PNA	45.35	NOMEN 75-79			MEN 30-34			WAYNE METHNER	36 PNA	2:31.72
FOm Elv		ALYSOUN BOND	28 FNA	49.75	50 YD. BRST MAGI HARRIS	43 PMP	42.42	SU YD. FREE	100000000000000000000000000000000000000	177000000	50 YD. FREE			50 YD. FLY DAVID SCHMALI	35 PNA	27.50
50m Fly A M Brett	27.36	100 YD. BRST	5.074700		MARY WATERS	43 MACO	1:23.21		76 PNA	54.52		32 PNA	28.66	BOBBY SALLESOS	39 PNA	31.52
B P Morris C T Clark	26.00 BR 28.71	SUZIE NESS 50 YO. FLY	27 PNA	1:27.38	100 YD. BRST	CONTRACTOR A	THE STILL WY		77 PNA	1:05.85		33 PMA 32 PMA	28.91 29.40	100 YB. FLY	**	
D T Mabbort	30.49	SUZIE NESS	27 PNA	33.02	MAGI HARRIS	43 PNA	1:31.66	100 YD. FREE MARY MCMAHON	76 PNA	2:02.11	100 YD. FREE	SE FRM	27.40	HUGH MOORE 200 YD. FLY	35 PNA	1:01.84
E R Lloyd-Mostyn F S Clarke	30.95 31.51	SUSAN KULSA	27 PNA	34.05	ROBERTA MOORE 200 YD. BRST	42 PMA	1:35.76	LEE HOLM	75 PNA	2:10.14	CONTRACTOR CONTRACTOR	31 PKA	56.77	MAYNE METHNER	36 PNA	2:23.83
G S Banning	34.48	ALLISON BEEZER	27 PNA	34.65		41 PNA	3:11.10		77 PNA	2:23.30		31 PNA	57.23 1:04.15	100 YD. I.M.		
H E Clarke J R Watson	42.32 58.32	CHERYL ELINSKY 100 YB. FLY	27 PNA	38.86	50 YD. FLY		505	200 YD. FREE MARY MCMAHON	76 PNA	4:14.77	SRES MILLER 200 YD. FREE	32 PNA	1:04.13	RICHARD PETERSON	38 PNA 35 PNA	1:02.54
K J Paterson	45.01	SUZIE NESS	27 PNA	1:13.92	JANE SHANSON KATE SUTHERLAND	40 PMR 41 PMA	38.76 41.88	LEE HOLM	75 PNA	4:22.84	STEVE SCHUFREIDER	33 PNA	1:57.17	HUGH MODRE BRUCE LOMAX	38 PNA	1:04.84
L R Hodges M N/S	1.11.41	100 YP. I.M.			100 YD. 1.M.	41 CAN	41.00	MARION MUELLER	77 PNA	5:07.21		32 PNA	2:22.65	400 YD. L.M.		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
		SUZIE NESS MARY HAMILTON	27 PNA 26 PNA	1:15.65	JANE SWANSON	40 PAA	1:23.68	500 YD. FREE	74 045	10.57 11	500 YD. FREE STEVE SCHUFREIDER	TT PNA	5:20.10	HUGH MOORE	35 PNA	5:02.87
100m Fly A D Emerson	59.68	CHERYL ELINSKY	27 PNA	1:25.45	MAGI HARRIS	43 PNA	1:28.73	MARY MCMAHON LEE HOLM		10:53.11		55-72-55	5:45.98	WAYNE METHNER BOBBY GALLEGOS	36 PMA 39 PMA	5:14.86
B P Morris	58.15 BR	ALYSOUN BOND	28 PNA	1:38.34	ROBERTA MOGRE 400 YD. I.N.	42 PNA	1:32.57	50 YD. BACK		*********		31 PMA	5:53.95			6:26.97
C T Clark D D Thompson	1.02.63	200 YD. 1.M.	27 PNA	3:09.43	KATE SUTHER AND	41 PMA	6:49.88	MARY MCMAHON	76 PNA	1:11.38	1650 YD. FREE CLIFTON WARD	17 045	20:57.45			******
E R Lloyd-Mostyn F S Clarke	1.10.30	CHERYL ELINSKY 400 YD. I.M.	27 FRM	3191.43				LEE HOLM	75 PNA	2:22.29	100 YD. BACK	33 FMM	24.37.72	M E N 40-44		
G S Banning	1.20.99	KAREN JOST	28 PMA	5:26.05	WOMEN 45-49			200 YD. BACK			JOHN ZELL		1:02.04	50 YD. FREE		
H W Branker J N/S	2.01.56	MONEY TO TE		********	100 YD. FREE			LEE HOLM		5:12.53		31 PNA 30 PNA	1:05.38	JOEL ANDREWS	40 PNA	28.11
K J Paterson	1.47.63 BR	MOMEN 20-34				48 SDSM	1:19.67	MEN 19-24			JONATHAN IVES	31 PNA	1:13.70	RICH FOLSOM	44 PMA	31.35
L N/S M N/S		50 YD. FREE			50 YD. BRST FRANCESCA DRUM	48 SDSM	43.26			*******	200 YD. BACK	VI. CHIN	1112179	100 YD. FREE FRANK WARNER	40 PNA	53.91
		PAM PURVIS	30 PNA	30.80	100 YD. BRST	10 00011	*****	500 YD. FREE	77 544	T. F. 15	JOHN ZELL		2:17.19	STEVE PETERSON	43 PNA	1:01.23
50m Free A S Hirst	24.37	PEG LOVELAND 100 YD. FREE	34 PNA	33.69		48 SDSM	1:32.37	JOHN CROWLEY 100 YD. BRST	23 PNA	5:54.65	SEORGE UNRUH 50 YD. BRST	31 PNA	2:27.36	RICH FOLSOM	44 PNA	1:08.84
B B Archibald C T Clark	24.46 BR 26.91	DEBORAH LADD	30 PNA		200 YD. BRST FRANCESCA DRUM	48 SDSM	3:17.57	JOHN CROWLEY	23 PNA	1:15.01	STEVE SCHUFREIDER	33 PNA	31.47	200 YD. FREE FRANK WARNER	40 PNA	1:58.61
D D Hembrow	26.93	PAM PURVIS	30 PNA	1:08.44	FRANCESCA SHOR			200 YD. BRST	27 644	2,74 27	WILLIAM RAYMOLDS	S. S	32.11	STEVE BARRETT	42 DRES	2:03.60
E A Ingram F S Clarke	28.49 28.19	200 YD. FREE PAN PURVIS	30 PNA	2:28.08	NOMEN 50-54			JOHN CROWLEY 100 YD. FLY	23 PNA	2:34.77	PAUL PLEVICH JOHN HORMAN	33 PNA 32 PNA	36.95 37.73	500 YD. FREE	47 DHA	5:38.56
G J Starr	30.12	REGAN HAINES	33 PNA		50 YD. FREE			JOHN CROWLEY	23 FNA	1:10.49	100 YB. BRST	er in	27.74	FRED LEATHERMAN STEVE BARRETT	42 PNA 42 DREG	5:42.17
H A Miles J L Fabien	31.99 38.64	500 YD. FREE				51 PNA	36.53	400 YD. I.M.	27 044	5:10.24	STEVE SCHUFREIDER		1:09.54	BRIAN LANGLAIS	44 PNA	6:28.31
K J Paterson	36.46	PAM PURVIS REGAN HAINES	30 PNA 33 PNA			51 PNA	46.88	JOHN CRONLEY			WILLIAM RAYNOLDS JONATHAN IVES	33 PNA 31 PNA	1:13.11	1450 YD. FREE	40 DH4	19.21.72
L B Taylor M C Kozlowski	40.23 59.47	TERRI ANNE MARD	33 PNA		100 YD. FREE CAROL ANNING	51 PNA	1:31.00	NEN 25-29			CLIFTON WARD	33 PNA	2:19.25	FRANK WARNER STEVE BARRETT		19:21.32 20:36.01
100m Free		PEG LOVELAND	34 PNA		200 YD. FREE	34 1 100		EA VA EDEC		*******	200 YB. BRST			STEVE PETERSON		21:51.61
A S Hirst	54.38	50 YD. BACK RUTH CONRAD	32 PNA	38.04		51 PNA	3:19.73	50 YD. FREE RICK NICHOLS	25 PNA	24.06	GEORGE UNRUH MARK SHIMADA	31 PNA 31 PNA	2:35.61 2:49.26	50 YD. BACK FRANK WARNER	40 PNA	18.99
B P Wood C E Riach	55.65 58.71	REGAN HAINES	33 PNA	44.53	500 YD. FREE ANN SINDRGZ	51 PNA	8:16.97	MICHAEL JACOBS	25 PNA	25.41	50 YD. FLY	25 1 88	21771.20	JOEL ANDREWS	40 PNA	34,31
D D Hembrow	59.68	50 YD. BRST			50 YD. BACK	DI THE	0.10.77	BRUCE MIXAN	25 PNA	26.43	ALLEN HATCHEL	31 PNA	27.35	100 YB. BACK		
E J Martin-Dye F G Stokes	1.01.46	RUTH CONRAD 100 YD. BRST	32 PNA	37.91		51 PNA	47.70	MARCID FAJARDO ROSERT POSCH	28 PNA 27 PNA	27.22	PAUL PLEVICH JOHN HORMAN	33 PNA 32 PNA	32.71 33.22	BRIAN LANGLAIS	44 PNA	1:15,56
G R Burrell	1.08.39	RUTH CONRAD	32 PNA	1:25.48	50 YD. BRST ANN GINDROZ	51 PNA	47.17	100 YD. FREE			100 YE. FLY	32 FRH	35.22	200 YB. BACK FRAMK WARNER	40 PMA	2:17.13
H A Miles J D Panter	1,13.67	TERRI ANNE WARD	33 FMA	1:34.14		51 PNA	57.69	RICK NICHOLS	25 PNA	54.33	ALLEN HATCHEL	31 PNA	1:02.61	BRIAN LANGLAIS	44 PNA	2:48.63
K A Alvarez	1.24.49	200 YD. BRST TERRI ANNE WARD	33 PNA	1,55.76	50 YD. FLY			LARRY BEGROEN MICHAEL JACOBS	28 PNA 25 PNA	56.67	MARK SHIMADA	31 PNA	1:05.71	50 YB. BRST	47 Days	31.90
L B Taylor M T Bidgood	1.34.67 BR 2.35.24 BR	50 YD. FLY	33 F MM	3:22.75		51 PNA	46.52	MIKE JONES	29 PNA	57.26	JONATHAN IVES MIKE CROCKETT	31 PNA 30 PNA	1:07.09	STEVE PETERSON RICK STAFFORD	43 PNA 42 PNA	32.53
THE CONTRACT OF THE CONTRACT O	3300402373437	DEBORAH LAGO	30 PNA	29.94	100 YD. I.M. CARGL ANNING	SI PNA	1:58.99	MARCIO FAJARDO	28 PMA	59.92	100 YD. I.M.			RICH FOLSOM	44 FNA	49.72
200m Free A N Thacker	2.08.23	RUTH CONRAD PEG LOVELAND	32 PNA 34 PNA	33.09 37.87				200 YD. FREE GEOFFREY ANDERSON	29 PMA	1:57.60	OLIFTON WARD	33 PNA 30 PNA	1:02.37	190 YD. BRST	42 PMA	1:12.05
B K Parfoot C A Gentleman	2.06.78	100 YD. FLY	24 788	31.01	WOMEN 55-59			TOM SHERRY	28 PNA	2:00.08	MIKE CROCKETT WILLIAM RAYNOLDS	400000000000000000000000000000000000000	1:10.24	RICK STAFFORD STEVE PETERSON	43 PNA	1:13.19
D A Wilson	2.13.38	DEBORAH LADD	30 FNA	1:07.86	100 YD. FREE			BOB RANKIN	29 PNA	2:04.32	GREG MILLER	32 PNA	1:13.50	200 YD. BRST		TOTAL SALV
E M Wake F G Stokes	2.14.44	REGAN HAINES 100 YO. I.M.	33 PNA	1:38.18	JOY ROSS	Sé PNA	1:29.06	MICHAEL JACOBS	25 PNA 29 PNA	2:05.25	400 YD. I.M.	** ***		RICK STAFFORD	42 PMA	2:35.08
G T Holmyard	2.38.42	DEBORAH LADO	30 PNA	1:09.84	200 YD. FREE	56 PNA	3:05.34	MIKE JONES 500 YD. FREE	25 FRM	2.07.00	CLIFTON WARD SEORGE UNRUH	33 PNA 31 PNA	4:57.70 5:03.76	STEVE PETERSON BRIAN LANGLAIS	43 PNA 44 PNA	2:39.48
H A Miles J P Merryweather	2.53.97 3.18.75	REGAN HAINES	33 PNA	1:28.52	JOY ROSS MARIANNE VAN BIJK			STEVE SCHMIDT	27 PNA	5:02.61	JONATHAN IVES	31 PNA	5:29.20	50 YD. FLY	11.00	212.11.77
K A Alvarez	3.18.28	TERRI ANNE MARD	33 PNA	1:28.84	500 YD. FREE			GEOFFREY ANDERSON	29 PNA 29 PNA	5: 20.07 5: 35.26	***************************************			FRED LEATHERMAN	42 PNA	27,34
L B Taylor M N/S	3.40.67	PEG LOVELAND	34 PNA	1:33.45	JOY ROSS			BOB RANKIN PAUL SHERMAN	26 PNA		M E N 35-39			STEVE BARRETT JOEL ANDRENS	42 GRES	30.72
		**************			CYNTHIA RESIK	56 PNA	7:48.19	MIKE JONES	29 PNA	5:45.61	50 YD. FREE			100 YD. FLY	44 (140)	21112
		WGMEN 35-39	Innacotas		50 VE BACK						RICHARD PETERSON					1:00.56
100m IM A K Insley	1.03.58	***************************************		********	50 YG. BACK MARIANNE VAN DIJA	56 OREG	52.92	MARCIO FAJARDO	28 PNA	6:21.45			23.50	FRED LEATHERMAN	42 PNA	
100m IM A K Insley B P Morris	1.01.57 BR	50 YD. FREE			MARIANNE VAN BIJA 100 YD. BACK			MARCIO FAJARDO 1650 YD. FREE			DAVID SCHMALZ	35 PNA	24.05	FRED LEATHERMAN 100 YB. I.M.	77 (00-700-70)	1-16 97
100m IM A K Insley B P Morris C T Clark D J Gordon	1.01.57 BR 1.04.91 1.09.28	SO YD. FREE MARILYN GRINDROD BEVERLY SORTLAND	37 PNA	29.76 45.54	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJK			MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN	29 PNA					FRED LEATHERMAN	42 PNA 40 PNA	1:10.83
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly	1.01.57 BR 1.04.91 1.09.28 1.11.95	SO YD. FREE MARILYN GRINDROD BEVERLY SDRTLAND 500 YD. FREE	37 PNA 36 PNA	29.76 45.54	MARIANNE VAN BIJA 100 YD. BACK MARIANNE VAN BIJA 200 YD. BACK JOY ROSS	S& DREG	1:59.83	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK	1 29 PNA 29 PNA	19:18.50 19:28.30	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX	35 PNA 35 PNA 38 PNA 35 PNA	24.05 25.24 32.82 33.33	FRED LEATHERMAN 100 YB. I.M. JUEL ANDREWS 400 YB. 1.M. FRED LEATHERMAN	40 PNA 42 PNA	5:07.24
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01	50 YD. FREE MARILYN GRINDROD BEVERLY SDRTLAND 500 YD. FREE JANE MODRE	37 PNA	29.76	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA	S& DREG	1:59.83	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH	29 PNA	19:18.60	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAX	35 PNA 35 PNA 38 PNA	24.05 25.24 32.82	FRED LEATHERMAN 100 YB. I.M. JOEL ANDREWS 400 YD. I.M. FRED LEATHERMAN	40 PNA 42 PNA	5:07.24
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56	SO YD. FREE MARILYN GRINDROD BEVERLY SDRTLAND 500 YD. FREE	37 PNA 36 PNA 39 PNA	29.76 45.54	MARIANNE VAN DIJA 100 YD. BAEK MARIANNE VAN DIJA 200 YD. BAEK JOY ROSS MARIANNE VAN DIJA 50 YD. BRSI	S& DREG	1:59.83	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YB. BACK RICK MICHOLS	29 PNA 29 PNA 27 PNA 25 PNA	19:18.60 19:28.30 34.47 1:06.41	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LOMAX 100 YD. FREE	35 PNA 35 PNA 38 PNA 35 PNA	24.05 25.24 32.82 33.33	FRED LEATHERMAN 100 YB. I.M. JUEL ANDREWS 400 YB. 1.M. FRED LEATHERMAN	40 PNA 42 PNA	5:07.24
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10	50 YD. FREE MARILYN GRINDROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND	37 PNA 36 PNA 39 PNA 37 PNA	29.76 45.54 7:29.77	MARIANNE VAN BIJA 100 YD. BACK MARIANNE VAN BIJN 200 YD. BACK JOY ROSS MARIANNE VAN BIJN 50 YD. BRSTI CYNTHIA ROSIK 50 YD. FLY	S6 DREG S6 PNA S6 DREG S6 PNA	1:59.83 3:30.95 4:10.26 51.29	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YB. BACK RICK MICHOLS BRUCE MIXAN	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA	19:18.50 19:28.30 34.47 1:06.41 1:09.40	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAX 100 VD. FREE RICHARD PETERSON DAVID SCHMALZ	35 PNA 35 PNA 38 PNA 35 PNA 38 PNA 38 PNA 35 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10	FRED LEATHERMAN 100 YB. 1.M. JUSEL ANDRENS 400 YB. 1.M. FRED LEATHERMAN M E N 45-49 50 YB. FREE	40 PMA 42 PMA	5:07.24
100m IM A K Insiey B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94	50 YD. FREE MARILYN GRINDROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA	29.76 45.54 7:29.77 37.13 54.10	MARIANNE VAN BIJA 100 YD. BACK MARIANNE VAN BIJN 200 YD. BACK JOY ROSS MARIANNE VAN DIJK 50 YD. BRST CYNTHIA ROSIK 50 YD. FLY CYNTHIA ROSIK	S6 DREB S6 PNA S6 GREB S6 PNA	1:59.83 3:30.95 4:10.26 51.29	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YB. BACK RICK MICHOLS	29 PNA 29 PNA 27 PNA 25 PNA	19:18.60 19:28.30 34.47 1:06.41	DAVID SCHMALZ BOB BUSK DAVID MILSON ROCKY PHOEMIX BRUCE LOMAX 100 YB. FREE RICHARD PETERSON DAVID SCHMALZ ROCKY PHOEMIX	35 PNA 35 PNA 38 PNA 38 PNA 38 PNA 38 PNA 35 PNA 35 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69	FRED LEATHERMAN 100 'D. I.M. JUEL ANDREWS 400 'D. I.M. FRED LEATHERMAN M E N 45-47 50 'VD. FREE BOB SRIFFITH	40 PNA 42 PNA	5:07.24
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletty F S Clarke G R Burrell H A Miles J P Metryweather K A Alvarez L R Hodges	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10	50 YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN BRINDROD BEVERLY SORTLAND	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 FNA	29.76 45.54 7:29.77 57.13	MARIANNE VAN BIJA 100 YD. BACK MARIANNE VAN BIJN 200 YD. BACK JOY ROSS MARIANNE VAN BIJN 50 YD. BRSTI CYNTHIA ROSIK 50 YD. FLY	S& DREB S& PNA S& DREB S& PNA S& PNA	1:59.83 3:30.95 4:10.26 51.29	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSOM BOB RAMKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAX 100 VD. FREE RICHARD PETERSON DAVID SCHMALZ	35 PNA 35 PNA 38 PNA 35 PNA 38 PNA 38 PNA 35 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10	FRED LEATHERMAN 100 YB. 1.M. JUSEL ANDRENS 400 YB. 1.M. FRED LEATHERMAN M E N 45-49 50 YB. FREE	40 PMA 42 PMA	\$107.24 30.17
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletty F S Clarke G R Burrell H A Miles J P Metryweather K A Alvarez L R Hodges	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10	50 YD. FREE MARILYN GRINDROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 50 YD. BRST	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 36 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAM DIJA 50 YD. BRST CYMINIA ROSIK 100 YD. FLY CYMINIA ROSIK 100 YD. I.M. JOY ROSS	S6 DREB S6 DREB S6 DREB S6 PNA S6 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93	MARCIO FAJARDO 1650 VO. FREE BEOFFREY ANDERSON 80B RANKIN 50 YD. BACK ROBERT POSCH 100 YB. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YB. BACK LARRY DESBROEN ROBERT POSCH	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAI 100 VD. FREE RICHARD PETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LUMAI 200 VD. FREE DAVID MILSON	35 PNA 35 PNA 38 PNA 35 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 38 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21	FRED LEATHERMAN 100 VD. I.M. JUEL ANDREWS 400 VD. I.M. FRED LEATHERMAN M E M 45-49 50 VD. FREE BOB GRIFFITH 100 VD. FREE BOB GRIFFITH 200 VD. FREE	40 PNA 42 PNA 47 PNA 47 PNA	30.17 1:09.62
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10	50 YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN BRINDROD BEVERLY SORTLAND	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 36 PNA	29.76 45.54 7:29.77 37.13 54.10	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BASI CYMINIA ROSIX 50 YD. FLY CYMINIA ROSIX 10 YD. LIN. JOY ROSS	S6 DREG S6 PNA S6 DREG S6 PNA S6 PNA	1:59.83 3:30.95 4:10.26 51.27 55.93 1:42.93	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSOM BOB RAMKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LOMAX 100 YD. FREE RICHARD PETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX	35 PNA 35 PNA 35 PNA 35 PNA 38 PNA 35 PNA 35 PNA 35 PNA 38 PNA 38 PNA 38 PNA 35 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:53.73	FRED LEATHERMAN 100 VD. 1.M. 37EL ANDREWS 400 VD. 1.M. FRED LEATHERMAN M E M 45-49 50 VD. FREE 508 SRIFFITH 100 VD. FREE 508 GRIFFITH 200 VD. FREE ERIC HUTCHINSON	40 PMA 42 PMA 47 PMA	30.17 1:09.62
100m IM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-18-89 SMORT COURSE YARDS	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.59 1.30.59 1.38.94 1.43.10 2.13.60	50 YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINDROD 100 YD. FLY JAME MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61	MARIANNE VAM BIJA 100 YD. BACK MARIANNE VAM BIJA 200 YD. BACK JOY ROSS MARIANNE VAM DIJA 50 YD. BASI CYNIHIA ROSIK 50 YD. FLY CYNIHIA ROSIK 109 YD. 1.R. JOY ROSS	S6 DREG S6 PNA S6 DREG S6 PNA S6 PNA	1:59.83 3:30.95 4:10.26 51.27 55.93 1:42.93	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 50 YD. BRST ROBERT POSCH 100 YD. BRST	27 PNA 27 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAI 100 VD. FREE RICHARD PETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LUMAI 200 VD. FREE DAVID MILSON	35 PNA 35 PNA 38 PNA 35 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 38 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21	FRED LEATHERMAN 100 VD. I.M. JUEL ANDREWS 400 VD. I.M. FRED LEATHERMAN M E M 45-49 50 VD. FREE BOB GRIFFITH 100 VD. FREE BOB GRIFFITH 200 VD. FREE	40 PNA 42 PNA 47 PNA 47 PNA	30.17 1:09.62 2:14.15
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.59 1.30.59 1.38.94 1.43.10 2.13.60	SO YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JAME MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINDROD 100 YD. FLY JAME MODRE 100 YD. I.M.	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.58 1:56.61 39.15	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACT CYNTHIA ROSIK 100 YD. 1.M. JOY ROSS MOREN 65-69 50 YD. FREE MURIEL FLYNN	56 PNA 56 PNA 56 PNA 56 PNA 56 PNA	1:59.83 3:30.95 4:10.26 51.27 55.93 1:42.93	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN 50 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SHERMAN	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA 27 PNA 26 PNA	19:18:50 19:28:30 34:47 1:06:41 1:09:40 1:10:37 2:22:05 2:36:69 37:00 2:19:74	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAI 100 VD. FREE RICHARD PETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LUMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LUMAI BRUCE LUMAI BRUCE LUMAI BRUCE LUMAI BRUCE LUMAI BRUCH LUMAI BR	35 PNA 38 PNA 38 PNA 38 PNA 38 PNA 33 PNA 35 PNA 38 PNA 38 PNA 38 PNA 38 PNA 38 PNA 38 PNA 38 PNA 38 PNA 38 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:53.73 3:07.27	FRED LEATHERMAN 100 VD. 1.M. 37EL ANDREWS 400 VD. 1.M. FRED LEATHERMAN M E M 45-49 50 VD. FREE 500 SRIFFITH 100 VD. FREE 500 SRIFFITH 200 VD. FREE ERIC HUTCHINSON 500 VD. FREE ERIC HUTCHINSON 50 VD. BRST	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA	30.17 1:09.62 2:14.15 6:06.91
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSE0 11-19-89 SHORT COURSE YARDS	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	50 YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINDROD 100 YD. FLY JAME MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAM DIJA 200 YD. BACK JOY BOSS MARIANNE VAM DIJA 50 YD. BRSI CYNTHIA ROSIK 50 YD. FLY EVMTHIA ROSIK 100 YD. 1.N. JOY ROSS MOREN 65-69 50 YD. FREE MURIEL FLYRN MAINE CARLSON	56 DREG 56 PNA 56 DREG 56 PNA 56 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93	MARCIO FAJARDO 1650 YD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 50 YD. BRST ROBERT POSCH 100 YD. BRST	27 PNA 27 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA	17:18:50 19:28:30 34:47 1:06:41 1:09:40 1:10:37 2:22:05 2:36:69 37:90 2:19:74 2:32:70	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SBUCE LOMAX 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAX 500 YD. FREE HUBH MODRE JEFF MMIK	35 PNA 38 PNA 38 PNA 38 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37 PNA 38 PNA 37 PNA 38	24.05 25.24 32.82 33.33 35.94 55.10 1:19.69 1:28.21 2:53.64 2:53.73 3:07.27 5:53.03 6:11.32	FRED LEATHERMAN 100 '1D. I.M. JUEL ANDREWS 400 '1D. I.M. FRED LEATHERMAN M E M 45-47 50 YD. FREE 508 SRIFFITH 100 '7D. FREE 508 SRIFFITH 200 'YD. FREE ERIC HUTCHINSON 500 'YD. FREE ERIC HUTCHINSON 500 'YD. FREE ERIC HUTCHINSON 500 'YD. SRST	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA	30.17 1:09.62 2:14.15 6:06.91
100m IM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSE0 11-18-89 SHORT COURSE YARDS	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINBROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINBROD 1ANE MODRE 200 YD. I.M.	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACT CYNTHIA ROSIK 100 YD. 1.M. JOY ROSS MOREN 65-69 50 YD. FREE MURIEL FLYNN	56 PNA 56 PNA 56 PNA 56 PNA 56 PNA	1:59.83 3:30.95 4:10.26 51.27 55.93 1:42.93	MARCIO FAJARDO 1650 VD. FREE BEOFFREY AMBERSON BUB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 50 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SHERMAN RICK WICHOLS MARCIO FAJARDO 200 YD. BRST	29 PNA 27 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA 26 PNA 25 PNA 28 PNA 28 PNA	19:18:60 19:28:30 34:47 1:06:41 1:09:40 1:10:37 2:22:05 2:36:69 37:00 2:19:74 2:32:70 2:42:64	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMAI 100 VD. FREE RICHARD PETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LUMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LUMAI BRUCE LUMAI BRUCE LUMAI BRUCE LUMAI BRUCE LUMAI BRUCH LUMAI BR	35 PNA 35 PNA 38 PNA 35 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37 PNA 37 PNA 37 PNA 37 PNA 37 PNA 37 PNA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:53.73 3:07.27	FRED LEATHERMAN 100 VD. 1.M. 37EL ANDREWS 400 VD. 1.M. FRED LEATHERMAN M E M 45-49 50 VD. FREE 500 SRIFFITH 100 VD. FREE 500 SRIFFITH 200 VD. FREE ERIC HUTCHINSON 500 VD. FREE ERIC HUTCHINSON 50 VD. BRST	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSE0 11-19-89 SHORT COURSE YARDS	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	MARILYN GRINDROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD EEVERLY SORTLAND 50 YD. BRGT MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. I.M. JANE MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAM DIJA 200 YD. BACK JOY ROSS MARIANNE VAM DIJA 50 YD. BAGI CYNIHIA ROSIK 100 YD. L.M. JOY ROSS WOREN 65-69 30 YD. FREE MURIEL FLYAM MAINE CARLSON 100 YD. FREE RAINE CARLSON 200 YD. FREE	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 66 PNA 69 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANNIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 50 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SIKEMBAM RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA 27 PNA 27 PNA 25 PNA 27 PNA	17:18:50 19:28:30 34:47 1:06:41 1:09:40 1:10:37 2:22:05 2:36:69 37:90 2:19:74 2:32:70	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMMAI 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX ROCKY PHOENIX BRUCE LUMMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LUMMAI 500 YD. FREE HUBH MOORE JEFF MMUK BORBY BALLEBOS ROCKY PHOENIX 1850 YD. FREE	35 PNA 35 PNA 35 PNA 35 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37 PNA 37 PNA 37 PNA 37 PNA 38 PNA 38 PNA 37 PNA 37 PNA 37 PNA 37 PNA 37 PNA	24.05 25.24 32.82 33.33 35.94 52.96 35.10 1:19.69 1:28.21 2:53.64 2:53.73 3:07.27 5:53.03 8:11.32 6:45.58 8:09.39	FRED LEATHERMAN 100 YD. 1.M. 30EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. BRST 80B SRIFFITH 100 YB. BRST 80B SRIFFITH 100 YB. BRST 80B GRIFFITH 100 YB. BRST 80B GRIFFITH 100 YB. BRST 80B GRIFFITH 100 YB. BRST 80B YB. FLY	40 PMA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 7:35.95
100m BM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-18-89 SHORT COURSE YARDS ###################################	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.69 1.38.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINBROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINBROD 1ANE MODRE 200 YD. I.M.	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY BOSS MARIANNE VAN DIJA 50 YD. SRSI CYNTHIA ROSIK 50 YD. FLY CYNTHIA ROSIK 100 YD. I.M. JOY BOSS MOREN 65-69 50 YD. FREE MURIEL FLYRN MAINE CARLSON 100 YD. FREE MAINE CARLSON 200 YD. FREE MARION CHAEWICK	56 DREG 56 DREG 56 DREG 56 PNA 56 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93	MARCIO FAJARDO 1650 VD. FREE BEOFFREY AMBERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SHERMAN RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN 50 YD. BRST LARRY BEBROEN 50 YD. FLY RICK NICHOLS	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA 27 PNA 26 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SBUCE LOMAX 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAX 500 YD. FREE HUGH MOGRE JEFF MMIK BOBBY BALLEGOS ROCKY PHOENIX BOBBY BALLEGOS ROCKY PHOENIX BOBBY FREE MAYNE RETHNER	35 PNA 35 PNA 35 PNA 35 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.44 2:53.73 3:07.27 5:53.03 6:11.32 6:45.58 8:09.39	FRED LEATHERMAN 100 '1D. I.M. JUSEL ANDREWS 400 '1D. I.M. FRED LEATHERMAN M E M 45-47 50 '4D. FREE 508 SRIFFITH 100 '4D. FREE 508 GRIFFITH 200 '4D. FREE ERIC HUTCHINSON 500 '4D. FREE ERIC HUTCHINSON 500 '4D. BRST ERIC HUTCHINSON 500 '4D. FLV BOB SRIFFITH 100 '4D. BRST ERIC HUTCHINSON 500 '4D. FLV BOB SRIFFITH 100 '4D. BRST ERIC HUTCHINSON 500 '4D. FLV BOB SRIFFITH	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95
100m IM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Metryweather K A Alvarez L R Hodges M N/S POULSE0 11-18-89 SHORT COURSE YARDS #UNEN 25-29 50 YD. FREE RLISSIN BEEZER 27 P C.SCISLIBABLID 29 P CHERYL ELINSKY 27 P 100 VD. FREE	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD ELVERLY SORTLAND 50 YD. BAGK MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. I.M. JANE MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA	29.76 45.54 7:29.77 37.13 34.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:36.67 3:21.23 7:63.66	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAM DIJA 200 YD. BACK JOY ROSS MARIANNE VAM DIJA 50 YD. BAGI CYNIHIA ROSIK 100 YD. L.M. JOY ROSS WOREN 65-69 30 YD. FREE MURIEL FLYAM MAINE CARLSON 100 YD. FREE RAINE CARLSON 200 YD. FREE	S6 DREG S6 PNA S6 DREG S6 PNA S6 PNA 66 PNA 68 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93	MARCIO FAJARDO 1650 VD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST ROBERT PAUL SKEMMAN RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN 50 YD. BRST LARRY DEGROEN 50 YD. FLY RICK NICHOLS PAUL SKEMMAN 50 YD. FLY RICK NICHOLS PAUL SKEMMAN 50 YD. FLY RICK NICHOLS PAUL SKEMMAN 50 YD. FLY RICK NICHOLS PAUL SKERMAN	29 PNA 27 PNA 27 PNA 25 PNA 25 PNA 27 PNA 28 PNA 27 PNA 27 PNA 26 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA	19:18:50 19:28:30 34:47 1:06:41 1:09:40 1:10:37 2:22:05 2:36:69 37:90 2:19:74 2:32:70 2:42:64 2:33:55 26:84 26:01	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMMAI 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX ROCKY PHOENIX BRUCE LUMMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LUMMAI 500 YD. FREE HUBH MOORE JEFF MMUK BORBY BALLEBOS ROCKY PHOENIX 1850 YD. FREE	35 PNA 35 PNA 38 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.64 2:53.73 3:07.27 5:53.83 6:11.32 6:45.58 8:09.39 21:45.24 22:53.75 22:22.85	FRED LEATHERMAN 100 YD. 1.M. 30EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. BRST 80B SRIFFITH 100 YB. BRST 80B SRIFFITH 100 YB. BRST 80B GRIFFITH 100 YB. BRST 80B GRIFFITH 100 YB. BRST 80B GRIFFITH 100 YB. BRST 80B YB. FLY	40 PMA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95
100m BM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-18-89 SHORT COURSE YARDS ###################################	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	SO YD. FREE MARILYN GRINBROD BEVERLY SORTLAND SOO YD. FREE JANE MODRE SO YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND SO YD. BRST MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 400 YD. J.M. JANE MODRE 400 YD. J.M. JANE MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 39 PNA 39 PNA	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. SRSI CYNTHIA ROSIK 50 YD. FLY CYNTHIA ROSIK 70 YD. I.M. JOY ROSS MOREN 65-69 30 YD. FREE MARION CHACMICK MARION CHACMICK 500 YD. FREE	56 DRES 55 PNA 56 PNA 56 PNA 56 PNA 66 PNA 69 PNA 68 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01	MARCIO FAJARDO 1650 VD. FREE BEOFFREY AMBERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SHERMAN RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN 50 YD. BRST LARRY BEBROEN 50 YD. FLY RICK NICHOLS	29 PNA 29 PNA 27 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA 27 PNA 26 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SBUCE LOMAX 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAX 500 YD. FREE HUGH MODRE JEFF WMUK BOBBY BALLEGOS ROCKY PHOENIX 1450 YD. FREE MAYNE METHNER JEFF WMUK BOBBY BALLEGOS ROCKY PHOENIX 1450 YD. FREE MAYNE METHNER JEFF WMUK BOBBY BALLEGOS ROMALD HINSCHOOT BOBBY BALLEGOS ROMAD HINGCHOOT BOBY BA	35 PNA 35 PNA 38 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37	24.05 25.24 32.82 33.33 35.94 55.10 1:19.69 1:26.21 2:55.64 2:55.73 3:07.27 5:51.03 6:11.32 6:45.58 8:09.39 21:43.24 21:51.75	FRED LEATHERMAN 100 '1D. I.M. JUEL ANDREWS 400 '1D. I.M. FRED LEATHERMAN M E M 45-47 50 YD. FREE 508 SRIFFITH 100 '7D. FREE 508 SRIFFITH 200 YD. FREE ENIC HUTCHINSON 500 'YD. FREE ERIC HUTCHINSON 500 'YD. SRST BOW GRIFFITH 100 'YB. SRST ERIC HUTCHINSON 500 'YD. FLY BOW SRIFFITH 100 'YB. LIM. ERIC HUTCHINSON 500 'YD. FLY BOW SRIFFITH 100 'YB. I.M. ERIC HUTCHINSON 300 GRIFFITH 300 GRIFFITH 300 GRIFFITH 300 GRIFFITH 300 GRIFFITH 300 GRIFFITH	40 PMA 42 PMA 47 PMA 47 PMA 47 PMA 47 PMA 47 PMA 47 PMA 47 PMA	30.17 1:09.62 2:14.15 6:06.91 43.47 2:35.95 35.78 1:10.14
100m IM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S PDULSE0 11-18-89 SHORT COURSE YARDS #UNEN 25-29 50 YD. FREE HLISON BECZER 27 P LSCIBLISABLID 29 P CHERYL ELINSKY 27 P 100 YD. FREE MARY HAMILTON 26 P 209 YD. FREE MARY HAMILTON 26 P	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD ELVERLY SORTLAND 50 YD. BAGK MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 4044550 YD. FREE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 39 PNA 39 PNA	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAM DIJA 50 YD. BRST CYNTHIA ROSIK 100 YD. FLY CYNTHIA ROSIK 100 YD. T.M. JOY ROSS WOREN 65-69 50 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MAINE CARLSON 100 YD. FREE MAINE CARLSON 100 YD. FREE MARION CHARWICK 1550 YD. FREE MARION CHARWICK	56 DRES 55 PNA 56 PNA 56 PNA 56 PNA 66 PNA 69 PNA 68 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEBROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST RANKING NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEBROEN 50 YD. FLY RICK NICHOLS PAUL SHERMAN RICK NICHOLS PAUL SHERMAN MARCIO FAJARDO 100 YD. FLY STEVE SICHNIBT 100 YD. FLY STEVE SICHNIBT	1 29 PMA 27 PMA 25 PMA 25 PMA 26 PMA 27 PMA 27 PMA 27 PMA 28 PMA 28 PMA 25 PMA 26 PMA 27 PMA 27 PMA 28 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 28 PMA 27 PMA 28 PMA 27 PMA 28 PMA 27 PMA 28 PMA 28 PMA 28 PMA 27 PMA 28 PMA	19:18:50 19:28:30 34:47 1:06:41 1:09:40 1:10:37 2:22:05 2:36:69 37:90 2:19:74 2:32:70 2:42:64 2:33:55 26:84 28:01 31:71	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SMUCE LOMAI 100 VD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAI 200 VD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAI 500 VD. FREE HIBH MOURE BORBY BALLEBOS ROCKY PHOENIX BORBY BALLEBOS ROBAL BALLEBOS ROBALLEBOS ROBAL BALLEBOS ROBALLEBOS ROBAL BALLEBOS ROBALBOS ROBAL BALLEBOS R	35 PNA 35 PNA 38 PNA 38 PNA 38 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.64 2:53.73 3:07.27 5:53.83 6:11.32 6:45.58 8:09.39 21:45.24 22:53.75 22:22.85	FRED LEATHERMAN 100 YD. 1.M. 37EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 508 SRIFFITH 100 YD. FREE 508 SRIFFITH 200 YB. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. BRST BOB SRIFFITH 100 YB. BRST ERIC MUTCHINSON 50 YD. FLY BOB SRIFFITH 100 YB. 1.M. ERIC HUTCHINSON 50 YD. FLY	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA	30.17 1:09.62 2:14.15 6:06.91 43.47 2:35.95 35.78 1:10.14
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-13-89 SHORT COURSE YARDS #UMEN 25-29 50 YD. FREE HALISON BEEZER 27 P C. SCIBLIBABLID 29 P CHERK ELINSKY 27 P 100 YD. FREE MARY HAMILTON 26 F	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD EEVERLY SORTLAND 50 YD. BRST MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. J.M. JANE MODRE 400 YD. J.M. JANE MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BRSI CYNTHIA ROSIK 100 YD. FLY CYNTHIA ROSIK 100 YD. L.M. JOY ROSS WOREN 65-69 30 YD. FREE MURIEL FLYAM MAIINE CARLSON 100 YD. FREE MARION CHARWICK 1550 YD. BACK JULIA MORRISH	56 DRES 55 PNA 56 PNA 56 PNA 56 PNA 66 PNA 69 PNA 68 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01	MARCIO FAJARDO 1650 YD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST LARRY DEGROEN NARCIO FAJARDO 100 YD. FLY RICK NICHOLS PAUL SHEEMAM MARCIO FAJARDO 100 YD. FLY STEVE SCHWIDT PAUL SHEEMAM MARCIO FAJARDO 100 YD. FLY STEVE SCHWIDT PAUL SHEEMAM	29 PNA 27 PNA 25 PNA 25 PNA 25 PNA 27 PNA 27 PNA 27 PNA 27 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA 28 PNA 29 PNA 29 PNA 20 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 26.01 31.71	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LOMAX 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAX 500 YD. FREE HUGH MODRE JEFF WMUK BOBBY GALLEGOS ROCKY PHOENIX 1450 YD. FREE MAYNE NETHWER JEFF WMUK BOBBY GALLEGOS ROCKY PHOENIX 1450 YD. FREE MAYNE NETHWER JEFF WMUK BOBBY GALLEGOS ROCKY PHOENIX 1450 YD. FREE MAYNE NETHWER JEFF WMUK BOBBY GALLEGOS ROMALD HINSCHOOT 50 YD. BACK BAVID STERN ROCKY PHOENIX	35 PMA 35 PMA 35 PMA 35 PMA 36 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 37	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:53.73 3:07.27 5:53.63 6:11.32 6:45.58 8:09.39 21:43.24 21:51.24 21:51.24 21:52.25 24:28.27	FRED LEATHERMAN 100 VD. I.M. JUEL ANDREWS 400 VD. I.M. FRED LEATHERMAN M E M 45-49 50 VD. FREE 508 SRIFFITH 100 VD. FREE 508 SRIFFITH 200 VD. FREE ERIC HUTCHINSON 500 VD. FLV BOB SRIFFITH 100 VD. I.M. ERIC HUTCHINSON BOB GRIFFITH 400 VD. I.M. WALT REID	40 PNA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burnell H A Miles J P Merryweather K A Alvare L R Hodges M N/S POULSEO 11-18-89 SHORT COURSE YARDS WOMEN 25-29 50 YD. FREE HLISON BEEZER 27 P C.SCIBLISABLID 29 P CHERIL ELINSAY 27 P 100 VD. FREE MARY HAMILTON 26 P JACKIE KIMPTON 27 P JACKIE KIMP	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	MARILYN GRINDROD BEVERLY SURTLAND 500 YD. FREE JANE MODDE 50 YD. BACK MARILYN GRINDROD BEVERLY SURTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SURTLAND 50 YD. BACY MARILYN GRINDROD 100 YD. I.M. MARILYN GRINDROD 100 YD. I.M. JANE MODRE 200 YD. J. M. JANE MODRE 400 YD. J. M. JANE MODRE MORE MORE 40-44 50 YD. FREE JANE MODRE MORE MORE MORE MORE MORE MORE MORE MO	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA	29.76 45.54 7:29.77 37.13 34.10 1:22.88 1:56.81 39.15 1:49.93 1:30.87 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BRST CYMINIA ROSIK 100 YD. L.M. JOY ROSS WOREN 65-69 50 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 500 YD. FREE MARION CHADWICK 500 YD. FREE MARION CHADWICK 500 YD. BACK JULIA MORRISH 100 YD. BACK JULIA MORRISH 100 YD. BACK	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 66 PNA 68 PNA 68 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 1:42.93 1:53.34 4:11.01 10:35.08 35:44.65 52.54	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEBROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST RANKING NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEBROEN 50 YD. FLY RICK NICHOLS PAUL SHERMAN RICK NICHOLS PAUL SHERMAN MARCIO FAJARDO 100 YD. FLY STEVE SICHNIBT 100 YD. FLY STEVE SICHNIBT	1 29 PMA 27 PMA 25 PMA 25 PMA 26 PMA 27 PMA 27 PMA 27 PMA 28 PMA 28 PMA 25 PMA 26 PMA 27 PMA 27 PMA 28 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 27 PMA 28 PMA 27 PMA 28 PMA 27 PMA 28 PMA 27 PMA 28 PMA 27 PMA 28 PMA 28 PMA 28 PMA 27 PMA 28 PMA	19:18.50 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 28.01 31.71 55.32 1:00.93	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SMUCE LOMAX 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAX 500 YD. FREE HUBH MODRE JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX 1650 YD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX SOBSY BALLEBOS ROCKY PHOENIX SOBSY BALLEBOS ROCKY PHOENIX BOYD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX BOYD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX BOYD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX BOYD. BACK BAVID STERN ROCKY PHOENIX BOYD. BACK BAUTH STERN ROCKY PHOENIX BOYD. BACK BOYD. BACK BAUTH STERN ROCKY PHOENIX BAUTH STERN ROCKY PHOENIX BAUTH STERN ROCKY PHOENIX BOYD. BACK BA	35 PMA 35 PMA 35 PMA 36 PMA 36 PMA 36 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 37 PMA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.64 2:53.73 3:07.27 5:53.03 6:11.32 6:45.58 8:09.39 21:43.24 2:151.75 23:22.85 24:28.27	FRED LEATHERMAN 100 YD. 1.M. 375L ANGEWS 400 YD. 1.M. FRED LEATHERMAN MEN 45-47 50 YD. FREE 50B GRIFFITH 100 YD. FREE ENIC HUTCHINSON 50 YD. FREE ERIC HUTCHINSON 50 YD. BRST BOB GRIFFITH 100 YD. BRST ERIC HUTCHINSON 50 YD. FLY BOB GRIFFITH 100 YD. LM. ERIC HUTCHINSON 50 YD. FLY BOB GRIFFITH 100 YD. 1.M. ERIC HUTCHINSON NO YD. 1.M. WALT REID MEN 50-54	40 PNA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:06.91 43.47 7:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-18-89 SHORT COURSE YARDS #UNEN 25-29 50 YD. FREE HALISON BEEZER 27 P C.SCIBLIBABLID 29 P CHERIL ELINSAY 12 P 100 YD. FREE MARY HAMILTON 26 P JACKIE KIMPTON 27 P JACKIE KIMPTON 28 P JACKIE KIMPTON 29 P JACKIE KIMPTON 20 P	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD EEVERLY SORTLAND 50 YD. BRST MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. J.M. JANE MODRE 400 YD. J.M. JANE MODRE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 40 PNA	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYMINIA ROSIK 100 YD. F.LY CYMINIA ROSIK 100 YD. F.LY TOWNER 65-69 30 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 1550 YD. FREE MARION CHADWICK 1550 YD. FREE MARION CHADWICK 50 YD. FREE MARION CHADWICK 50 YD. BACK JULIA MORRISH 100 YD. BACK MARINE CARLSON 100 YD. BACK MARINE CARLSON 100 YD. BACK MARINE CARLSON MARINE CARLSON MARINE CARLSON MARINE CARLSON MARINE CARLSON	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 66 PNA 69 PNA 68 PNA 68 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SKEEMAN RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN 50 YD. FLY RICK NICHOLS PAUL SKEEMAN MARCIO FAJARDO 100 YD. FLY RICK NICHOLS PAUL SKEEMAN MARCIO FAJARDO 100 YD. FLY STEVE SCHWIDT PAUL SKEEMAN 200 YD. FLY STEVE SCHWIDT PAUL SKEEMAN 200 YD. FLY STEVE SCHWIDT 100 YD. FLY 100	1 29 PNA 27 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 26.01 31.71 55.32 1:00.93	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SBUCE LOMAI LOO VD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAI 200 VD. FREE BAVID WILSON ROCKY PHOENIX BRUCE LOMAI 500 VD. FREE HUBH MOORE BUSH BORDY BALLEGOS ROCKY PHOENIX BOBBY BALLEGOS ROCKY PHOENIX BOBBY BALLEGOS ROCKY PHOENIX BOBBY BALLEGOS ROKALEGOS ROMALD HINSCHOOT SO VD. BACK BAVID STERN ROCKY PHOENIX BOBY BALLEGOS ROMALD HINSCHOOT SO VD. BACK BAVID STERN ROCKY PHOENIX BRUCE LOMAX LOO VD. BACK	35 PMA 35 PMA 37 PMA 37 PMA 37 PMA 37 PMA 38	24.05 25.24 32.82 33.33 35.94 52.96 55.10 11.9.69 11.28.21 21.53.64 21.53.73 31.07.27 51.53.03 61.11.32 61.43.28 61.43.29 21.43.24 21.53.43 48.47 54.24	FRED LEATHERMAN 100 YD. 1.M. 37EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 50 YD. FLY BOB SRIFFITH 100 YB. BRST 50 YD. FLY BOB SRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 908 GRIFFITH 400 YD. 1.M. MALT REID	40 PNA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:06.91 43.47 7:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-18-89 SHORT COURSE YARDS #OREN 25-29 50 YD, FREE HALISON BEEZER 27 P C.SCISLISABLID 29 P CHERK ELINSKY 27 P 100 VD, FREE MARY HAMILTON 26 P JACKIE KIMPTON 27 P 540 YD, FREE JACKIE KIMPTON 27 P CHERKE LINSKY 27 P 140 VD, FREE JACKIE KIMPTON 27 P 140 VD, FREE	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.38.94 1.43.10 2.13.60	MARILYN GRINDROD BEVERLY SURTLAND 500 YD. FREE JANE MODDE 50 YD. BACK MARILYN GRINDROD BEVERLY SURTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SURTLAND 50 YD. BACK MARILYN GRINDROD 100 YD. I.M. MARILYN GRINDROD 100 YD. I.M. JANE MODRE 200 YD. I.M. JANE MODRE 100 YD. J.M. JANE MODRE 100 YD. J.M. JANE MODRE 100 YD. FREE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 40 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BRST CYMINIA ROSIK 100 YD. L.M. JOY ROSS WOREN 65-69 50 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 500 YD. FREE MARION CHADWICK 500 YD. FREE MARION CHADWICK 500 YD. BACK JULIA MORRISH 100 YD. BACK JULIA MORRISH 100 YD. BACK	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 66 PNA 68 PNA 68 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SHERMAN RICK NICHOLS PAUL SHERMAN RICK NICHOLS PAUL SHERMAN RICK NICHOLS PAUL SHERMAN RACIO FAJARDO 200 YD. BRST LARY DEGROEN SO YD. FLY RICK NICHOLS PAUL SHERMAN RACIO FAJARDO 100 YD. FLY STEVE SCHMIDT PAUL SHERMAN RACIO FAJARDO 100 YD. FLY STEVE SCHMIDT PAUL SHERMAN 200 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT	1 29 PNA 27 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 26 PNA 26 PNA 27 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 28.01 31.75 55.32 1:00.93 2:04.20 59.53	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SMUCE LOMAX 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAX 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAX 500 YD. FREE HUBH MODRE JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX 1650 YD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX SOBSY BALLEBOS ROCKY PHOENIX SOBSY BALLEBOS ROCKY PHOENIX BOYD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX BOYD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX BOYD. FREE MAYNE RETHRER JEFF MMUK BOBBY BALLEBOS ROCKY PHOENIX BOYD. BACK BAVID STERN ROCKY PHOENIX BOYD. BACK BAUTH STERN ROCKY PHOENIX BOYD. BACK BOYD. BACK BAUTH STERN ROCKY PHOENIX BAUTH STERN ROCKY PHOENIX BAUTH STERN ROCKY PHOENIX BOYD. BACK BA	35 PMA 35 PMA 35 PMA 35 PMA 36 PMA 36 PMA 37	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.42 2:53.73 3:07.27 5:53.03 6:11.32 6:45.58 8:09.39 21:43.24 21:51.45 23:22.85 24:28.27 32.43 46.47 54.24	FRED LEATHERMAN 100 YD. 1.M. 375L ANGEWS 400 YD. 1.M. FRED LEATHERMAN MEN 45-47 50 YD. FREE 50B GRIFFITH 100 YD. FREE ENIC HUTCHINSON 50 YD. FREE ERIC HUTCHINSON 50 YD. BRST BOB GRIFFITH 100 YD. BRST ERIC HUTCHINSON 50 YD. FLY BOB GRIFFITH 100 YD. LM. ERIC HUTCHINSON 50 YD. FLY BOB GRIFFITH 100 YD. 1.M. ERIC HUTCHINSON NO YD. 1.M. WALT REID MEN 50-54	40 PNA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSBO 11-18-89 SHORT COURSE YARDS WOREN 25-29 50 YD. FREE HLLISON BEEZER 27 P C.SCISLISABEL 10 29 P C.SCISLISABEL 10	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.94 1.43.10 2.13.60	MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JAME MODRE 50 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINBROD 100 YD. FLY JAME MODRE 100 YD. I.M. MARILYN GRINBROD JAME MODRE 400 YD. I.M. JAME MODRE 400 YD. I.M. JANE MODRE 400 YD. J.M. 50 YD. FREE JAME SHAMSON MARY MATERS 100 YD. FREE JAME SHAMSON MARY MATERS 100 YD. FREE JAME SHAMSON 700 YD. FREE JAME SHAMSON 700 YD. FREE JAME SHAMSON	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 40 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.95 1:19.99 1:36.67 3:21.23 7:63.66	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYMINIA ROSIK 100 YD. FLY CYMINIA ROSIK 100 YD. F.Y TOWNINIA ROSIK 100 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 150 YD. BACK JULIA MORRISH 100 YD. BACK MARINE CARLSON JULIA MORRISH 100 YD. BACK	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 56 PNA 68 PNA 68 PNA 68 PNA 66 PNA 66 PNA 66 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:38.56	MARCIO FAJARDO 1650 VD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SKEEMAN RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN 50 YD. FLY RICK NICHOLS PAUL SKEEMAN MARCIO FAJARDO 100 YD. FLY RICK NICHOLS PAUL SKEEMAN MARCIO FAJARDO 100 YD. FLY STEVE SCHWIDT PAUL SKEEMAN 200 YD. FLY STEVE SCHWIDT PAUL SKEEMAN 200 YD. FLY STEVE SCHWIDT 100 YD. FLY 100	1 29 PNA 27 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 26 PNA 26 PNA 27 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 28.01 31.71 55.32 1:00.93 2:04.20 59.53 1:00.74	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SMUCE LOMAI 100 VD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAI 200 VD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAI 500 VD. FREE HIBH MOORE BOTH SALLEBOS ROCKY PHOENIX BOTH BALLEBOS BALLEBOS BALLEBOS BALLEBOS BALLEBOS BOKY BALLE	35 PNA 35 PNA 35 PNA 35 PNA 36 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 35 PNA 37 PNA 37 PNA 37 PNA 37 PNA 38 PNA 38 PNA 37 PNA 38 PNA 38 PNA 37 PNA 38	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.42 2:53.73 3:07.27 5:53.03 6:11.32 6:45.58 8:09.39 21:43.24 21:51.45 23:22.85 24:28.27 32.43 46.47 54.24	FRED LEATHERMAN 100 YD. 1.M. 37EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-47 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 50 YD. BRST 80B SRIFFITH 100 YD. LM. ERIC HUTCHINSON 90B SRIFFITH 100 YD. 1.M. MALT REID M E N 50-54 50 YD. FREE	40 PNA 42 PNA 47 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Metryweather K A Alvarez L R Hodges M N/S POULSEO 11-13-89 SHORT COURSE YARDS ###################################	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.94 1.43.10 2.13.60 2.13.60	MARILYN GRINDROD BEVERLY SURTLAND 500 YD. FREE JANE MODDE 50 YD. BACK MARILYN GRINDROD BEVERLY SURTLAND 100 YD. BACK MARILYN GRINDROD BEVERLY SURTLAND 50 YD. BACK MARILYN GRINDROD 100 YD. I.M. MARILYN GRINDROD 100 YD. I.M. JANE MODRE 200 YD. I.M. JANE MODRE 100 YD. J.M. JANE MODRE 100 YD. J.M. JANE MODRE 100 YD. FREE	37 PNA 36 PNA 39 PNA 37 PNA 36 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 40 PNA 40 PNA 42 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYNTHIA ROSIK 100 YD. I.M. JOY ROSS WOREN 65-69 50 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 1550 YD. FREE MARION CHADWICK 1011A MORRISH 100 YD. BACK JULIA MORRISH MARION CHADWICK 200 YD. BACK JULIA MORRISH	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 56 PNA 66 PNA 68 PNA 68 PNA 66 PNA 66 PNA 66 PNA 66 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:38.56	MARCIO FAJARDO 1850 YD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARY DEGROEN ROBERT POSCH 100 YD. BRST PAUL SHESHAM RICK MICHOLS MARCIO FAJARDO 200 YD. BRST LARY DEGROEN NARCIO FAJARDO 100 YD. BRST LARY DEGROEN 50 YD. BRST LARY DEGROEN 50 YD. FLY RICK MICHOLS PHUL SHESHAM 200 YD. FLY STEVE SCHMIDT PAUL SHESHAM 200 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT 100 YD. J. M. TOM SHERRY BEOFFREY AMDERSON FAUL SHERRY BRUCE MIXAM	1 29 PNA 29 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 27 PNA 26 PNA 27 PNA 26 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 28.01 31.71 55.32 1:00.93 2:04.20 59.53 1:00.74	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LOMAI 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAI 500 YD. FREE HADH MODRE JEFF MMUK BOBBY SALLEGOS ROMALD HINSCHOOT 50 YD. BACK BAVID STERN ROCKY PHOENIX BRUCE LOMAI 165 YD. FREE MAYE NETHMER JEFF WMUK BOBBY SALLEGOS ROMALD HINSCHOOT 50 YD. BACK BAVID STERN ROCKY PHOENIX BRUCE LOMAI 100 YD. BACK DAVID STERN ROCKY PHOENIX BRUCE LOMAI 100 YD. BACK DAVID STERN ROCKY PHOENIX BRUCE LOMAI 100 YD. BACK DAVID STERN RICK RACK LOW ROCK PHOENIX ROCKY PHOENIX ROCK	35 PNA 35 PNA 35 PNA 35 PNA 36 PNA 35 PNA 37 PNA 37 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 38 PNA 38 PNA 37 PNA 38	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:53.73 3:07.27 5:53.03 8:11.32 6:45.58 8:07.27 21:43.24 21:51.95 24:28.27 32.43 48.47 54.24 1:09.86 1:10.43 1:11.32	FRED LEATHERMAN 100 YD. 1.M. JUSEL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 508 SRIFFITH 100 YD. FREE 508 SRIFFITH 200 YB. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. BRST BOB SRIFFITH 100 YB. BRST ERIC HUTCHINSON 50 YD. FLY BOB SRIFFITH 100 YB. L.M. ERIC HUTCHINSON 808 SRIFFITH 400 YB. 1.M. ERIC HUTCHINSON 808 SRIFFITH 400 YD. 1.M. MALT REID M E N 50-54 50 YD. FREE JACK LYNCH ROLLIE ROBERTS 100 YD. FREE	40 PNA 42 PNA 47 PNA 54 PNA 54 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-19-89 SHORT COURSE YARDS WOREN 25-29 50 YD. FREE HLISON BEEZER 27 P CHERKL ELINSKY 27 P 100 YD. FREE JACKIE KIMPTON 26 P JACKIE KIMPTON 27 P 100 YD. FREE JACKIE KIMPTON 27 P 1650 YD. FREE	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.59 1.30.59 1.30.59 1.38.94 1.43.10 2.13.60 2.13.60	SO YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JANE MODRE 50 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 50 YD. BRST MARILYN GRINBROD JANE MODRE 100 YD. FLY JANE MODRE 200 YD. J.M. JANE MODRE 400 YD. FREE JANE SHAMSON MARY MARTERS 100 YD. FREE ROBERTA MODRE 500 YD. FREE ROBERTA MODRE 500 YD. FREE ROBERTA MODRE	37 PNA 36 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 40 PNA 41 PNA 42 PNA	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYMINIA ROSIK 100 YD. FLY CYMINIA ROSIK 100 YD. F.Y TOWNINIA ROSIK 100 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 150 YD. BACK JULIA MORRISH 100 YD. BACK MARINE CARLSON JULIA MORRISH 100 YD. BACK	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 56 PNA 68 PNA 68 PNA 68 PNA 66 PNA 66 PNA 66 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:38.56	MARCIO FAJARDO 1650 YD. FREE BEOFFREY AMBERSON BOB RANKIN 50 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 100 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST PAUL SHERMAN RICK WICHOLS PAUL SHERMAN ROBERT POSCH 100 YD. FLY STEVE SCHMIDT 100 YD. I.M. 800 YD. FLY STEVE SCHMIDT 100 YD. I.M.	1 29 PNA 29 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 27 PNA 28 PNA 28 PNA 29 PNA 29 PNA 20 PNA 20 PNA 20 PNA 21 PNA 22 PNA 22 PNA 24 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 27 PNA 27 PNA 28 PNA 28 PNA 28 PNA 29 PNA 29 PNA 20 PNA 20 PNA 20 PNA 21 PNA 22 PNA 22 PNA 23 PNA 24 PNA 25 PNA 26 PNA 27 PNA 27 PNA 28 PNA 29 PNA 20 PNA 20 PNA 20 PNA 20 PNA 21 PNA 22 PNA 23 PNA 24 PNA 25 PNA 26 PNA 27 PNA 27 PNA 28 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 28.01 31.71 55.32 1:00.93 2:04.20 59.53 1:00.74 1:03.82	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX SMUCE LOMAI 100 VD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAI 200 VD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAI 500 VD. FREE HIBH MOORE BOTH SALLEBOS ROCKY PHOENIX BOTH BALLEBOS BALLEBOS BALLEBOS BALLEBOS BALLEBOS BOKY BALLE	35 PMA 35 PMA 35 PMA 35 PMA 36 PMA 36 PMA 37	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.43 2:55.73 3:07.27 3:307.27 3:45.58 8:09.39 21:43.24 21:51.75 23:22.85 24:28.27 32.43 48.47 54.24 1:09.86 1:10.43 1:10.43 1:11.32	FRED LEATHERMAN 100 YD. 1.M. 37EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-47 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 50 YD. BRST 80B SRIFFITH 100 YD. LM. ERIC HUTCHINSON 90B SRIFFITH 100 YD. 1.M. MALT REID M E N 50-54 50 YD. FREE	40 PNA 42 PNA 47 PNA 54 PNA 54 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSEO 11-19-89 SHORT COURSE YARDS WOREN 25-29 50 YD. FREE HLISON BEEZER 27 P CHERKL ELINSKY 27 P 100 YD. FREE JACKIE KIMPTON 26 P JACKIE KIMPTON 27 P 100 YD. FREE JACKIE KIMPTON 27 P 1650 YD. FREE	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.94 1.43.10 2.13.60 2.13.60	SO YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JAME MODRE 50 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. FLY JAME MODRE 100 YD. FLY JAME MODRE 200 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 100 YD. FREE JAME SMANSON MARY MATERS 100 YD. FREE JAME SHAMSON 70. FREE ROBERTA MODRE 500 YD. FREE	37 PNA 36 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 40 PNA 41 PNA 42 PNA	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYNTHIA ROSIK 100 YD. F.LY CYNTHIA ROSIK 100 YD. F.REE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 150 YD. FREE MARION CHADWICK 150 YD. FREE MARION CHADWICK 50 YD. BACK JULIA MORRISH 100 YD. FLY MURIEL FLYNN 100 YD. FLY	S6 DREG S5 PNA S6 DREG S6 PNA S6 PNA S6 PNA 69 PNA 68 PNA 68 PNA 66 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:38.56 4:20.97 50.18	MARCIO FAJARDO 1850 YD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARY DEGROEN ROBERT POSCH 100 YD. BRST PAUL SHESHAM RICK MICHOLS MARCIO FAJARDO 200 YD. BRST LARY DEGROEN NARCIO FAJARDO 100 YD. BRST LARY DEGROEN 50 YD. BRST LARY DEGROEN 50 YD. FLY RICK MICHOLS PHUL SHESHAM 200 YD. FLY STEVE SCHMIDT PAUL SHESHAM 200 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT 100 YD. J. M. TOM SHERRY BEOFFREY AMDERSON FAUL SHERRY BRUCE MIXAM	1 29 PNA 29 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 26 PNA 27 PNA 26 PNA 27 PNA 28 PNA 29 PNA 29 PNA 20 PNA 21 PNA 22 PNA 22 PNA 22 PNA 23 PNA 24 PNA 25 PNA 26 PNA 27 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 27 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 2:01 31.71 55.32 1:00.93 2:64.20 59.53 1:06.74 1:03.82 1:08.82	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMMAI LOO YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX ROCKY PHOENIX BRUCE LUMMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LUMMAI 200 YD. FREE HAVID SCHMALZ BORDY BALLEBOS ROCKY PHOENIX BORDY BALLEBOS ROCKY PHOENIX LOO YD. BACK BAVID STERN ROCKY PHOENIX BRUCE LUMMAI ROCKY PHOENIX BRUCE LUMMAI ROCKY PHOENIX BRUCE LUMMAI ROCKY PHOENIX BRUCE LUMMAI ROCK PHOENIX BR	35 PNA 35 PNA 35 PNA 35 PNA 36 PNA 35 PNA 37 PNA 37 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 38 PNA 37 PNA 38 PNA 37 PNA 38 PNA 38 PNA 38 PNA 37 PNA 38	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.43 3:07.27 5:53.03 6:11.32 6:143.24 2:152.73 23:22.85 24:28.27 32:32.85 24:28.27 32:43.24 1:09.86 1:10.43 1:11.32 3:25.41	FRED LEATHERMAN 100 YD. 1.M. 30EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 50 YD. FREE ERIC HUTCHINSON 50 YD. FREE DAW BRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. 1.M. 50 YD. FREE JACK LYNCH 50 YD. FREE JACK LYNCH ROLLIE ROBERTS 100 YD. FREE DAWE DRUM ROLLIE ROBERTS	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 54 PNA 54 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97
100m BM A K Insley B P Morris C T Clark D J Gordon E A Galletly F S Clarke G R Burrell H A Miles J P Metryweather K A Alvarez L R Hodges M N/S POULSEO 11-19-89 SHORT COURSE YARDS WOREN 25-29 50 YD. FREE HLISON BEEZER 27 P CHERK ELINSKY 27 P 100 YD. FREE MARY HAMILTON 26 P JACKIE KIMPTON 27 P 100 YD. FREE JAREN JOST 28 P 14 CALL STATE JACKIE KIMPTON 27 P 1650 YD. FREE JOST 30 FREE	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.59 1.30.59 1.30.59 1.38.94 1.43.10 2.13.60 2.13.60 NA 31.77 NA 2:22.65 NA 2:30.00 NA 6:17.19 NA 6:32.24 NA 2:32.76 NA 23:47.65 NA 23:47.65 NA 23:47.65 NA 2:38.07	SO YD. FREE MARILYN GRINDROD BEVERLY SORTLAND SOO YD. FREE JANE MODRE SO YD. BACK MARILYN GRINDROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINDROD EEVERLY SORTLAND SO YD. BRACK MARILYN GRINDROD 100 YD. FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 100 YD. FREE JANE SMANSON MARY MATERS 100 YD. FREE KATE SUTHERLAND ROBERTA MODRE KATE SUTHERLAND	37 PNA 36 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 41 PNA 42 PNA 41 PNA 42 PNA 43 MACO	29.76 45.54 7:29.77 37.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60	MARIANNE VAM DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYNTHIA ROSIK 100 YD. I.M. JOY ROSS WOREN 65-69 30 YD. FREE MURIEL FLYNN MAITHE CRRISON 100 YD. FREE MARION CHAGWICK 300 YD. FREE MARION CHAGWICK JULIA MORRISH MARION CHAGWICK 200 YD. BACK JULIA MORRISH MARION CHAGWICK 200 YD. BACK JULIA MORRISH MARION CHAGWICK 200 YD. BACK JULIA MORRISH MARION CHAGWICK 200 YD. BACK JULIA MORRISH MARION CHAGWICK 200 YD. BACK JULIA MORRISH MARION CHAGWICK 150 YD. BRST MURIEL FLYNN 50 YD. BRST MURIEL FLYNN 50 YD. BRST MURIEL FLYNN 50 YD. FLY MARION CHAGWICK MARION CHAG	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 66 PNA 68 PNA 68 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:38.56 4:20.97 50.18	MARCIO FAJARDO 1650 VD. FREE GEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK NICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DEGROEN ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST ROBERT POSCH 100 YD. BRST LARRY DEGROEN RICK NICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DEGROEN 50 YD. FLY SIEVE SCHMIDT PAUL SHERMAN MARCIO FAJARDO 100 YD. FLY SIEVE SCHMIDT PAUL SHERMAN MARCIO FAJARDO 100 YD. FLY SIEVE SCHMIDT PAUL SHERMAN MARCIO FAJARDO 100 YD. FLY SIEVE SCHMIDT 100 YD. I.M. TOM SHERRY BOUTER Y ANDERSON FAUL SHERMAN BOUCE MIXAN 400 YD. I.M. STEVE SCHMIDT 100 YD. I.M. STEVE SCHMIDT 101 YD. I.M. STEVE SCHMIDT 102 YD. I.M. STEVE SCHMIDT	1 29 PNA 29 PNA 25 PNA 25 PNA 25 PNA 26 PNA 27 PNA 27 PNA 26 PNA 26 PNA 27 PNA 26 PNA 27 PNA 28 PNA 29 PNA 29 PNA 20 PNA 21 PNA 22 PNA 22 PNA 22 PNA 23 PNA 24 PNA 25 PNA 26 PNA 27 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 27 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA 28 PNA 27 PNA 27 PNA 28 PNA 27 PNA	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 26.01 31.71 55.32 1:00.73 1:00.74 1:03.82 1:08.82	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LOMAI 100 YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX BRUCE LOMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LOMAI 300 YD. FREE HUBH MODRE JEFF WHUK BOBBY BALLEGOS ROCKY PHOENIX 1650 YD. FREE MAYNE NETHWER JEFF WHUK BOBBY BALLEGOS ROCKY PHOENIX 1650 YD. FREE MAYNE NETHWER JEFF WHUK BOBBY BALLEGOS ROMALD HINSCHOOT 50 YD. BACK BAVID STERN ROCKY PHOENIX BRUCE LOMAX 100 YD. BACK BAVID STERN MIKE KRATTLII 200 YD. BACK BOBBY GALLEGOS 50 YD. BRST DAVID BIESON 100 YD. BRST	35 PMA 35 PMA 35 PMA 36 PMA 36 PMA 36 PMA 37 PMA 37 PMA 37 PMA 37 PMA 37 PMA 38 PMA 38 PMA 38 PMA 39 PMA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:53.73 3:07.27 5:53.63 6:11.32 6:45.58 8:09.39 21:43.24 21:51.24 21:51.24 21:51.24 3:24.25 3:24.25 3:22.85 24:28.27 32.43 48.47 54.24 1:09.86 1:10.43 1:11.32 3:25.41 37.14	FRED LEATHERMAN 100 YD. 1.M. JUSEL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 508 SRIFFITH 100 YD. FREE 508 SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE BOB SRIFFITH 100 YB. BRST 800 SRIFFITH 100 YB. I.M. ERIC HUTCHINSON 908 SRIFFITH 400 YD. I.M. MALT REID M E N 50-54 50 YD. FREE JACK LYNCH ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 49 PNA 54 PNA 54 PNA 54 PNA 54 PNA 54 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97 42.72 43.56
100m BM A K Insley B P Morris C T Clark D J Gordon E A Gallety F S Clarke G R Burrell H A Miles J P Merryweather K A Alvarez L R Hodges M N/S POULSED 11-18-89 SHORT COURSE YARDS WOMEN 25-29 50 YD. FREE HALISON BEEZER 27 P C.SCISLISARELTO 29 P CHERYL ELINSKY 27 P 100 YD. FREE MARY HARILTON 26 F JACKJE KIMPTON 27 P JACKJE KIMPTON 27 P SOW -D. FREE HARY HARILTON 26 F JACKJE KIMPTON 27 P SOW -D. FREE HARY HARILTON 27 P JACKJE KIMPTON 27 P SOW -D. FREE JACKJE KIMPTON 27 P SOW -D. FREE JACKJE KIMPTON 27 P SOW -D. FREE JACKJE KIMPTON 27 P SOWN ALAKOMEVILLE 27 P JOON ALAKOMEVILLE 27 P JOON D. BACK SUSAN KULSA 27 P JOO YD. BACK SUSAN KULSA 27 P JOON D. BACK SUSAN KULSA 27 P SUSAN KUL	1.01.57 BR 1.04.91 1.09.28 1.11.95 1.13.56 1.23.01 1.30.69 1.30.59 1.38.94 1.43.10 2.13.60 2.13.60 2.13.60 2.13.60	SO YD. FREE MARILYN GRINBROD BEVERLY SORTLAND 500 YD. FREE JAME MODRE 50 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. BACK MARILYN GRINBROD BEVERLY SORTLAND 100 YD. FLY JAME MODRE 100 YD. FLY JAME MODRE 200 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 100 YD. FREE JAME SMANSON MARY MATERS 100 YD. FREE JAME SHAMSON 70. FREE ROBERTA MODRE 500 YD. FREE	37 PNA 36 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 41 PNA 42 PNA 41 PNA 42 PNA 43 MACO	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60 32.63 1:06.45 1:13.54 2:52.70 7:41.65 7:51.47 14:50.55	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. BACK CYNTHIA ROSIK 100 YD. F.LY CYNTHIA ROSIK 100 YD. F.REE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHADWICK 150 YD. FREE MARION CHADWICK 150 YD. FREE MARION CHADWICK 50 YD. BACK JULIA MORRISH 100 YD. FLY MURIEL FLYNN 100 YD. FLY	S6 DREG S5 PNA S6 DREG S6 PNA S6 PNA S6 PNA 69 PNA 68 PNA 68 PNA 66 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:38.56 4:20.97 50.18	MARCIO FAJARDO 1850 YD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DESORON ROBERT POSCH 100 YD. BRST PAUL SHESHAM RICK MICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DESORON MARCIO FAJARDO 100 YD. FLY RICK MICHOLS PHUL SHESHAM 200 YD. FLY STEVE SCHMIDT PAUL SHESHAM 200 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT 100 YD. J. M. TOM SHERRY BEOFFREY ANDERSON FALL SHESHAM 400 YD. I.M. STEVE SCHMIDT BRUCE MIXAM 400 YD. I.M. STEVE SCHMIDT BRUCE MIXAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY ANDERSON FALL SHEEPHAM 400 YD. I.M.	27 PMA 25 PMA 25 PMA 25 PMA 25 PMA 26 PMA 27 PMA 27 PMA 26 PMA 26 PMA 27	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 26.01 31.71 55.32 1:00.73 1:00.74 1:03.82 1:08.82	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMMAI LOO YD. FREE RICHARD FETERSON DAVID SCHMALZ ROCKY PHOENIX ROCKY PHOENIX BRUCE LUMMAI 200 YD. FREE DAVID MILSON ROCKY PHOENIX BRUCE LUMMAI 200 YD. FREE HAVID SCHMALZ BORDY BALLEBOS ROCKY PHOENIX BORDY BALLEBOS ROCKY PHOENIX LOO YD. BACK BAVID STERN ROCKY PHOENIX BRUCE LUMMAI ROCKY PHOENIX BRUCE LUMMAI ROCKY PHOENIX BRUCE LUMMAI ROCKY PHOENIX BRUCE LUMMAI ROCK PHOENIX BR	35 PNA 35 PNA 35 PNA 36 PNA 36 PNA 36 PNA 35 PNA 35 PNA 36 PNA 37 PNA 37 PNA 37 PNA 38 PNA 37 PNA 38	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:26.21 2:53.64 2:55.73 3:07.27 5:53.03 6:11.32 6:45.58 8:09.39 21:43.24 21:51.45 23:22.85 24:28.27 32.43 46.47 54.24 1:10.45 1:10.45 1:11.32 3:25.41	FRED LEATHERMAN 100 YD. 1.M. 30EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 50 YD. FREE ERIC HUTCHINSON 50 YD. FREE DAW BRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. 1.M. 50 YD. FREE JACK LYNCH 50 YD. FREE JACK LYNCH ROLLIE ROBERTS 100 YD. FREE DAWE DRUM ROLLIE ROBERTS	40 PNA 42 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 47 PNA 49 PNA 54 PNA 54 PNA 54 PNA 54 PNA 54 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97 42.72 43.56 8 1:92.19 1:38.34 1:52.09
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FLY JANE MODRE 100 YD. I.M. MARILYN GRINDROD JANE MODRE 200 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 400 YD. I.M. JANE MODRE 100 YD. FREE JANE SMANSON MARY MATERS 100 YD. FREE KATE SUTHERLAND ROBERTA MODRE KATE SUTHERLAND	37 PNA 36 PNA 37 PNA 36 PNA 37 PNA 37 PNA 37 PNA 39 PNA 39 PNA 39 PNA 40 PNA 40 PNA 41 PNA 42 PNA 41 PNA 42 PNA 43 MACO	29.76 45.54 7:29.77 57.13 54.10 1:22.88 1:56.61 39.15 1:49.93 1:19.99 1:30.67 3:21.23 7:63.60 32.63 1:06.45 1:13.54 2:52.70 7:41.65 7:51.47 14:50.55	MARIANNE VAN DIJA 100 YD. BACK MARIANNE VAN DIJA 200 YD. BACK MARIANNE VAN DIJA 200 YD. BACK JOY ROSS MARIANNE VAN DIJA 50 YD. FLY CYMTHIA ROSIK 100 YD. FLY CYMTHIA ROSIK 100 YD. FREE MURIEL FLYAN MAINE CARLSON 100 YD. FREE MARION CHAGNICK 150 YD. FREE MARION CHAGNICK 150 YD. FREE MARION CHAGNICK 50 YD. BACK JULIA MORRISH 100 YD. FLY MARION CHAGNICK 100 YD. J. H. MORIEL FLYNN 100 YD. J. H.	56 DREG 55 PNA 56 DREG 56 PNA 56 PNA 66 PNA 68 PNA 68 PNA 66 PNA 66 PNA 66 PNA 66 PNA 66 PNA 66 PNA	1:59.83 3:30.95 4:10.26 51.29 55.93 1:42.93 38.91 49.89 1:53.34 4:11.01 10:35.08 35:44.65 52.54 2:00.30 2:03.60 2:03.60 2:38.56 4:20.97 53.18 1:28.89 1:44.18	MARCIO FAJARDO 1850 YD. FREE BEOFFREY ANDERSON BOB RANKIN 50 YD. BACK ROBERT POSCH 100 YD. BACK RICK MICHOLS BRUCE MIXAN ROBERT POSCH 200 YD. BACK LARRY DESORON ROBERT POSCH 100 YD. BRST PAUL SHESHAM RICK MICHOLS MARCIO FAJARDO 200 YD. BRST LARRY DESORON MARCIO FAJARDO 100 YD. FLY RICK MICHOLS PHUL SHESHAM 200 YD. FLY STEVE SCHMIDT PAUL SHESHAM 200 YD. FLY STEVE SCHMIDT 100 YD. FLY STEVE SCHMIDT 100 YD. I.M. TOM SHERRY BEOFFREY AMDERSON FALL SHESHAM 400 YD. I.M. STEVE SCHMIDT BRUCE MIXAM 400 YD. I.M. STEVE SCHMIDT BRUCE MIXAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M. STEVE SCHMIDT BEOFFREY AMDERSON FALL SHEEPHAM 400 YD. I.M.	27 PMA 25 PMA 25 PMA 25 PMA 25 PMA 26 PMA 27 PMA 27 PMA 26 PMA 26 PMA 27	19:18.60 19:28.30 34.47 1:06.41 1:09.40 1:10.37 2:22.05 2:36.69 37.00 2:19.74 2:32.70 2:42.64 2:33.55 26.84 26.01 31.71 55.32 1:00.73 1:00.74 1:03.82 1:08.82	DAVID SCHMALZ BOB BUSK DAVID WILSON ROCKY PHOENIX BRUCE LUMMI ROCKY PHOENIX BRUCE LUMMI ROCKY PHOENIX ROCKY PHOENIX ROCKY PHOENIX ROCKY PHOENIX ROCKY PHOENIX ROCKY PHOENIX BRUCE LUMMI ROCKY PHOENIX BRUCE LUMMI ROCKY PHOENIX BRUCE LUMMI ROCKY PHOENIX ROCKY ROCK	35 PMA 35 PMA 35 PMA 35 PMA 35 PMA 36 PMA 36 PMA 37 PMA 37 PMA 37 PMA 38 PMA 39 PMA 30 PMA 31 PMA 31 PMA 31 PMA 32 PMA 33 PMA 34 PMA 35 PMA 36 PMA 37 PMA 37 PMA 38 PMA 38 PMA 38 PMA 39 PMA 39 PMA 31 PMA	24.05 25.24 32.82 33.33 35.94 52.96 55.10 1:19.69 1:28.21 2:53.64 2:53.73 3:07.27 5:53.03 6:11.32 6:45.58 8:09.39 21:45.24 21:51.75 23:22.85 24:28.27 32.43 46.47 54.24 1:09.86 1:10.43 1:11.32 4:11.32 4:11.32	FRED LEATHERMAN 100 YD. 1.M. 37EL ANDREWS 400 YD. 1.M. FRED LEATHERMAN M E M 45-49 50 YD. FREE 50B SRIFFITH 100 YD. FREE 50B SRIFFITH 200 YD. FREE ERIC HUTCHINSON 500 YD. FREE ERIC HUTCHINSON 50 YD. FREE ERIC HUTCHINSON 50 YD. FREE ERIC HUTCHINSON 50 YD. FREE 50 YD. FREE 50 YD. FLY 80B SRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. 1.M. ERIC HUTCHINSON 90B SRIFFITH 400 YD. FREE JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE DAVE DRUM ROLLIE ROBERTS JACK LYNCH 200 YD. FREE	40 PNA 42 PNA 47 PNA 54 PNA	30.17 1:09.62 2:14.15 6:08.91 43.47 2:35.95 35.78 1:10.14 1:24.15 5:56.97 42.72 43.56 8 1:02.19 1:38.34 1:52.09

500 YD. FREE	and the second	104 METER INDIVIDUAL MEDLEY	Eosaveach, Joan S. 42 - 01:46.33	Taylor, Jennie 72 01:16.52	SO METER BUTTERFLY	May, Robert D. 55 00:35.09
ROLLIE ROBERTS JACK LYNCH	54 PNA 8:45.34 54 PNA 10:14.38	Tate, Dianna C. 28 01:24.70	Tepe, Linda 42 01:47.36	800 HETER FREESTILE	Bale, Tim 34 00:29.06	100 METER FREESTILE
50 YD. BACK	34 FAN 10.14.30	MacDonald, Susan 27 01:32.76 Peldman, Esther M. 28 01:40.47	Meville, Kathleen J. 42 02:27.42 50 METER BUTTERFLY	Simonton, Rita 71 15:21.26 Bidenour, Ruth B. 74 23:10.15	Rademacher, Bdward 32 00:31.78 Hiller, Randy S. 31 00:33.25	Buckley, Peter 59 01:10.47 O'Brien, Parry 57 01:16.62
JACK LYNCH	54 PNA 55.80	* WOMEN 30-34 *	Coate, Kathleen 42 00:42.73	50 METER BACKSTROKE	Hein, Hichael F. 33 00:35.16	Schofield, Steven R. 57 01:16.97
100 YD. BRST	E4 KWA 1 5/ AF	50 METER FREESTYLE	Caballere, Cathleen 40 00:44.47	Taylor, Jennie 12 01:28.42	Altobello, Tom 34 00:36.13	Mebert, Bill 58 01:23.42
MARVIN WOOD SO YD. FLY	54 PNA 1:26.05	Spang, Morri 33 00:29.53 Shigaki-twamoto, C. 34 00:31.87	Bryer, Loree A. 40 00:47.24	100 HETER INDIVIDUAL MEDLEY	Kalfas, Mick 32 DQ 100 METER INDIVIDUAL MEDLEY	May, Robert D. 55 01:32.65
DAVE DRUM	54 SDSM 30.71	Benjamin, Joanne B. 33 00:35.00	Watson, Katherine A. 41 00:56.10 Pittman, Carolyn J. 43 01:21.06	Simonton, Rita 71 02:05.47	Rademacher, Edward 32 01:18.31	Buckley, Peter 59 11:23.91
100 YD. 1.M.		Caputo, Linda C. 33 00:36.84	200 HETER BUTTERFLY	Simonton, Rita 71 09:03.81	* HEN 35-39 *	Bebert, Bill 58 13:11.54
MARVIN WOOD ROLLIE ROBERTS	54 PNA 1:21.78 54 PNA 1:59.55	Kalin, Helinda A. 32 00:40.14	Watson, Katherine A. 41 83:58.48	" WOMEN 80-84 "	50 METER PREESTYLE	50 METER BACKSTROKE
	54.1mm 1:01:03	Godlevski, Cyathia 31 00:45.16	Bryer, Loree A. 40 04:06.99 100 METER INDIVIDUAL MEDLET	100 METER BREASTSTROKE Pelton, Katherine L. 84 03:12.68	Heather, Michael R. 35 00:26.79 Sartorius, Robert 39 00:30.55	Hebert, Bill 50 00:44.10 May, Robert D. 55 00:48.01
M E N 55-59		Spang, Horr1 33 01:05.38	Conte, Sathleen 42 01:35.29	50 METER BUTTERFLI	Brennan, Tim G. 36 00:31.38	May, Robert D. 55 00:48.01 200 METER BACKSTROKE
50 YO. FREE	**************	McAllister, Jeanne 31 01:22.41	Tepe, Linda 42 01:35.63	Pelton, Katherine L. \$4 01:30.04	100 METER FREESTYLE	Bebert, Bill 58 03:37.69
BOB DORSE	58 PNA 27.27	Caputo, Linda C. 33 01:23.78 Lechman, Donna P. 31 01:52.17	Kosaveach, Joan S. 42 01:36.83	200 METER BUTTERFLI	Brennan, Tim G. 36 01:15.91	O'Brien, Parry 57 03:40.41
LED VAN DIJK	56 ORES 30.64	400 METER FREESTILE	Meville, Kathleen J. 42 02:03.10 * VONEN 45-49 *	Pelton, Katherine L. 84 07:31.07 * HEM 19-24 *	Heather, Michael R. 35 18:09.87	Jeffers, Jim 55 01:45.83
BARRY LAWRENCE	57 PNA 31.15	Kalin, Helinda A. 32 14:59.45	50 METER PREESTYLE	SO METER PREESTILE	SO METER BACKSTROKE	SO METER BUTTERFLY
TOM FOLEY 100 YD. FREE	55 PNA 1:38.07	Wilson, Mary B. 32 16:54.44	Todd, Diana 45 00:30.61	Eung, Anthony A. 22 00:26.47	Sartorius, Robert 39 00:38.15	O'Bries, Parry 57 00:34.77
BOB DORSE	58 PNA 1:02.48	Lechman, Bonna P. 31 17:23.10 50 METER BACKSTROKE	Morrison, Nangee 47 00:53.04	Irvine, Andrew L. 24 00:29.40	100 METER BREASTSTROKE Sartorius, Robert 39 01:34.26	Schofield, Steves E. 57 00:35.52
BARRY LAWRENCE	57 PNA 1:10.01	Shigaki-Iwamoto, C. 34 00:35.84	Todd, Diana 45 01:13.76	Kung, Anthony A. 22 01:01.28	Brennan, Tim G. 36 01:37.10	O'Brien, Parry 57 03:55.05
TOM FOLEY 200 YD. FREE	55 PNA 1:26.97	Petty, Donna L. 34 00:40.57	400 METER PRESSTILE	100 METER BREASTSTROKE	50 METER BUTTERFLY	100 HETER INDIVIOUAL MEDLET
LEO VAN DIJK	56 OREG 2:35.71	Benjamin, Joanne B. 33 06:43.30 McAllister, Jeanne 31 00:46.36	Morrison, Wanger 47 18:05.52	Kung, Anthony A. 22 01:15.93	Beather, Michael R. 35 00:28.67 Sartorius, Robert 39 00:38.92	Schofield, Steven B. 57 01:32.30
500 YD. FREE	OASTEDA TOSSESTES	Kalin, Helinda A. 32 01:02.69	Norrison, Wangee 47 04:56.40	SO METER BUTTERFLY Kung, Anthony A. 27 00:30.44	Sartorius, Robert 39 08:38.92 Brennan, Tim G. 36 DQ	O'Brien, Parry 57 01:32.37 May, Robert D. 55 01:49.02
BARRY LAWRENCE 50 YD. BACK	57 PNA B:21.09	200 METER BACKSTROKE	100 METER BREASTSTROKE	Irvine, Andrew L. 24 00:33.33	200 METER BUTTERFLY	400 HETER INDIVIOUAL MEDLEY
LEO VAN DIJK	56 DREG 41.87	Shigati-Ivamoto, C. 34 02:52.52 McAllister, Jeanne 31 03:26.69	Morrison, Mangee 47 02:36.77	100 HETER INDIVIOUAL MEDLEY	Meather, Michael R. 35 02:31.40	Hebert, Bill 58 07:44.48
100 YD. BACK		100 HETER BREASTSTROKE	SO METER BUTTERFLY Todd, Diana 45 00:34.44	Eung, Anthony A. 22 01:08.58	100 METER INDIVIDUAL MEDLET Reather, Michael R. 35 01:12.25	1 MEN 60-64 1
TON FOLEY	55 PNA 1:37.51	Breisacher, Bethann 31 01:24.40	* WOMEN 50-54 *	50 METER PREESTYLE	Sartorius, Robert 39 01:25.27	50 MRTER FREESTILE Pienne, Prant H. 64 00:29.76
50 YD. FLY 808 DORSE	58 PNA 34.09	Crowley, Loretta 30 01:28.66	SO METER PREESTYLE	Rodrigues, Gerry A. 26 00:25.36	Brennan, Tim G. 36 01:35.53	Congelliere, Robert 60 00:30.55
100 YD. J.M.	*11.50	Petty, Donna L. 34 01:35.37 Wilson, Mary B. 32 01:50.55	Friedrich, Barbara 53 00:40.56	Acuna, Conrad M. 28 00:27.34 Laird, D. Burgess 24 00:27.40	* HEN 40-44 *	100 METER PREESTYLE
LED VAN DIJK	56 DREG 1:23.75	Kalin, Helinda A. 32 01:51.63	Marsh, Peggy 53 00:45.99 May, Rita 53 00:50.31	Bash, Alfred E. 25 00:27.81	Goeden, Rick L. 41 00:27.56	Pleame, Frank M. 64 01:10.63 Wilson, Don 60 01:30.00
TOM FOLEY	55 PNA 1:30.39	Lechman, Donna P. 31 01:55.56	100 HETER PREESTYLE	Raine, Charlie R. 29 00:28.95	Henne, Paul B. 43 00:32.47	800 METER PREESTYLE
M E N 65-69		50 NETER BUTTERPLY Spang, Horri 33 00:32.72	Glenn, Sylvia 51 01:27.16	Thang, Hoses 28 00:31.97	McLain, John B. 41 00:36.39	Plenne, Frank N. 64 11:58.91
***************	***************************************	Crowley, Loretta 30 00:36.85	Priedrich, Barbara 53 01:31.03 Barsh, Peggy 53 01:56.66	Goldstein, Don P. 26 00:35.09 Matsucka, Myles 27 00:37.89	Egbert, Scott 42 00:30.92	Arth, Lee C. 64 13:19.99 Demastus, William R. 64 13:52.42
50 YD. FREE	(7 500 44 50	Benjamin, Joanne B. 33 00:39.75	May, Bita 53 01:57.14	100 METER PREESTYLE	Shaw, Fred L. 43 11:16.67	100 METER BREASTSTROKE
RUSSELL KNUDSEN 50 YD. BRST	67 PNA 44.26	McAllister, Jeanne 31 00:48.56	BOO METER PREESTYLE	Rodrigues, Gerry A. 26 00:57.61	McMulty, Denay N. 43 11:27.22	Arth, Lee C. 64 01:38.70
RUSSELL KNUDSEN	67 PNA 48.99	100 METER [MDIVIDUAL MEDLET Spang, Morri 33 01:14.91	Glenn, Sylvia 51 13:38.09 Muff, Barbara G. 52 14:40.71	Laird, D. Burgess 24 01:01.59	50 METER BACKSTROKE Egbert, Scott 42 00:45.97	50 METER BUTTERFLY
100 YD. BRST		Shigati-Iwamoto, C. 34 01:18.57	Marsh, Peggy 53 19:12.16	Acuma, Conrad M. 28 01:03.01 Goldstein, Don P. 26 01:18.45	BcLain, John B. 41 00:48.69	Pienne, Frank M. 64 00:34.84 Arth, Lee C. 64 00:40.07
RUSSELL KNUDSEN 100 YD. I.M.	67 PNA 1:58.68	Crowley, Lozetta 30 01:25.22	50 METER BACKSTROKE	Pearce, John R. 29 DQ	100 METER BREASTSTROKE	Wilson, Bon 60 80:45.75
RUSSELL KNUDSEN	67 PNA 1:55.25	McAllister, Jeanne 31 01:34.41 Kalin, Helinda A. 32 01:48.37	Friedrich, Barbara 53 00:52.33 Glenn, Sylvia 51 00:52.39	SOO METER FREESTYLE	Lorance, Randy 41 81:25.27 50 HETER BUTTERFLI	200 HETER BUTTERFLY
***************************************		400 HETER INDIVIOUAL HEOLET	Marsh, Peggy 53 01:02.08	Goldschmidt, A. 27 09:03.00 Rodrigues, Gerry A. 26 09:06.22	Goeden, Rick L. 41 00:30.00	Arth, Lee C. 64 03:47.25 100 METER INDIVIDUAL MEDLEY
M E N B0-B4	200000000000000000000000000000000000000	Crowley, Loretta 30 06:35.53	May, Rita 53 01:05.32	Laird, D. Burgess 28 10:03.39	McMulty, Denny M. 43 00:33.79	Pienne, Frank N. 64 01:24.20
50 YD. FREE		VONER 35-39 1 50 NETER PRESTYLE	Glenn, Sylvia 51 03:52.96	Shoemater, Thomas H. 27 10:09.54	Lorance, Randy 41 00:40.10 200 NETER BUTTERFLY	Arth, Lee C. 64 01:33.80
	81 PNA 38.04	Sullivan, Shannon C. 35 00:32.56	100 METER BREASTSTROKE	Makagawa, Chris 27 11:20.25 50 NETER BACKSTROKE	Washburn, Stephen B. 42 DQ	50 HETER PRESSYLE
200 YD. FREE		McKeon, Laurie L. 38 00:41.18	Marsh, Peggy 53 02:48.92	Mash, Alfred E. 25 00:34.87	100 METER INDIVIDUAL MEDLEY	
				***** ATTICE 8. 17		Schnidt, Jurgen B. be 00:11.00
	81 PNA 3:44.33	Tulislak, Assette 31 00:41.56	100 METER INDIVIDUAL MEDLEY	200 HETER BACKSTROKE	Goeden, Rick L. 41 01:15.72	Schmidt, Jurgen B. 66 00:31.86 Brinton, George M. 65 00:34.95
100 YD. J.H.	81 PNA 3:44.33 81 PNA 1:48.16		Glena, Sylvia 51 01:43.96	200 HETER BACKSTROKE Goldschmidt, A. 27 02:21.87	Goeden, Rick L. 41 01:15.72 Washburn, Stephen B. 42 01:34.82	Brinton, George M. 65 00:34.95 Mercick, Bob 69 00:35.22
100 YD. J.M. JIM PENFIELD	81 PNA 1:48.16	Tulisiak, Annette 34 00:41.56 100 MBTER PRESTILE McGeon, Laurie L. 38 01:28.89 Tulisiak, Annette 38 01:32.27	100 METER INDIVIDUAL MEDLEY	200 METER BACKSTROKE Goldschmidt, A. 27 02:21.87 Bash, Alfred E. 25 02:52.67	Goeden, Rick L. 41 01:15.72	Brinton, George M. 65 00:14.95
JIM PENFIELD 1949 PIERCE FALL	81 PNA 1:48.16	Tulisiah, Annette 34 00:41.56 100 METER PERESTYLE MCLeon, Laurie L. 38 01:28.89 Tulisiah, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28	100 METER INDIVIOUAL MEDLEY Glena, Sylvia 51 01:43.96 Friedrich, Barbara 53 01:57.97 100 METER INDIVIOUAL MEDLEY Meff, Barbara G. 52 09:04.08	200 HETER BACKSTROKE Goldschmidt, A. 27 02:21.87	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDIET Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ***	Brinton, George M. 65 00:34.95 Mercick, Bob 69 00:35.22 100 MBTER FRESTYLE Schmidt, Jurgen B. 66 01:16.26 Herrick, Bob 69 01:19.68
JIM PENFIELD 1949 PIERCE FALL	B1 PNA 1:48.16 GET READY MEET Sanction 189-21	Tulisiat, Annette 38 00:41.56 100 METER PRESTILE McLeon, Laurie L. 34 01:28.89 Tulisiat, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 800 METER PRESTILE	100 METER MOLVIOUAL MEDLEY Glenn, Sylvia 51 01:43.36 Friedrich, Barbara 53 01:57.97 100 METER MOLVIOUAL MEDLEY Muff, Barbara G. 52 09:04.00 WOMEN 55-59 09:04.00 00:04.00	200 METER BACKSTROKE Goldschmidt, A. 27 02:21.87 Bash, Alfred B. 25 02:52.67 100 METER BREASTSTROKE Winterbauer, Michael 29 01:12.92 Raine, Charile B. 29 01:20.65	Goedea, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDLEY Washburn, Stephen E. 42 08:55.28 * MEN 45-49 * 50 METER FRESTILE	Brinton, George M. 65 00:34.95 Mercick, Bob 69 00:35.22 100 MBTER FRESTYLE Schmidt, Jurgen B. 66 01:16.26 Herrick, Bob 69 01:19.68 800 MBTER FRESTYLE
100 YD. I.M. JIM PENFIELD 1949 PIERCE FALL 25 SCH Pierce College, W	B1 PNA 1:48.16 GET READY MEET Sanction 189-21	Tulisiah, Annette 34 00:41.56 100 METER PERESTYLE MCLeon, Laurie L. 38 01:28.89 Tulisiah, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28	100 METER INDIVIOUAL MEDLEY Glenn, Sylvia 51 01:43.96 Priedrich, Barbara 5: 01:57.97 100 METER INDIVIOUAL MEDLEY Muff, Barbara G. 52 09:04.00 - WORMEN 55:-59 - 50 METER PRESETILE	200 METER BACKSTROKE Goldschmidt, A. 27 02:21.87 Wash, Alfred B. 25 02:52.67 100 METER BREASTSTROKE Winterbauer, Michael 29 01:12.92 Raine, Charlle R. 29 01:20.45 Acuma, Conrad M. 28 01:23.15	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDIET Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ***	Brinton, George M. 65 00:34.95 Mercick, Bob 69 00:35.22 100 MBTER FRESTYLE Schmidt, Jurgen B. 66 01:16.26 Merrick, Bob 69 01:19.68 800 MBTER FRESTYLE Schmidt, Jurgen B. 66 12:40.01
190 YD. 1.M. JIM PENFIELD 1909 PIERCE FALL 25 SCM Pierce College, W 10/01/89 CA	81 PNA 1:48.16 GST READY MEET Sanction 169-21 loodland Hills Page: 01	Tulisiak, Annette 34 00:41.56 100 METER PERESTILE MCLeon, Laurie L. 38 01:28.85 Tulisiak, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 100 METER PERESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROKE	100 METER INDIVIOUAL MEDIET Glenn, Sylvia 51	200 METER BACKSTROKE Goldschmidt, A. 27 02:21.87 Bash, Alfred B. 25 02:52.67 100 METER BREASTSTROKE Winterbauer, Michael 29 01:12.92 Raine, Charile B. 29 01:20.65	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDIEN Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ** 50 METER FERESTILE Ducristein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.02	Brinton, George M. 65 Mercick, Bob 69 100 MBTER PRESTYLE Schmidt, Jurgen B. 66 Herrick, Bob 69 800 MBTER PRESTYLE Schmidt, Jurgen B. 66 119.68 800 MBTER PRESTYLE Schmidt, Jurgen B. 66 12:40.01 50 MSTER PRESTYLE Mercick, Bob 69 00:42.74
190 VD. J.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM Pierce College, W 19/01/89 CA **WOMEN 13-7 59 METER FRESSTIL	B1 PNA 1:48.16 GET READ! MEET Sanction 189-21 loodland Hills Page: 01	Tulisial, Annette 34 100 HETER PRESTILE MCKeon, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 103:52.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PACKSTROEE Cho, Jeanne E. 39 01:10.34	100 METER INDIVIOUAL MEDIET Glenn, Sylvia 51 01:43.96 Priedrich, Barbara 5: 01:57.97 100 METER INDIVIOUAL MEDIET MOTER FRESTILE Rains, Jan K. 55 00:41.07 100 METER PRESTILE Rains, Jan K. 55 00:41.07 100 METER PRESTILE 101:31.01 101:	200 METER BACKSTROKE Goldschnidt, A. 27 02:21.87 Bash, Alfred B. 25 02:52.67 100 METER BREASTSTROKE Wisterbauer, Michael 29 01:12.92 Baine, Charlie R. 29 01:20.65 Acuna, Contad M. 28 01:23.19 Thang, Moses 28 01:24.76 58 METER BUTTERFLY Laird, D. Burgess 28 00:24.24	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL METER Washburn, Stephen E. 40 87:55.28 ** METER FRESTILE DUCTTSTEIN, Roger L. 45 00:29.64 Frantlin, Ren 47 00:29.66 Mlyagawa, Jack 49 00:32.62 100 METER FREESTILE	Brinton, George M. 65 Mercick, Bob 69 100 MBTER FREESTILE Schmidt, Jurgen B. 66 Herrick, Bob 69 810 MBTER FREESTILE Schmidt, Jurgen B. 66 50 MBTER PACKSTROKE Mercick, Bob 69 60:42.74 50 MBTER BUTTERFLI
100 VD. I.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIErce College, W 10/01/49 CA WORKE 19-2 50 METER PRESTYL Relaton, Sherrie	OI PNA 1:40.16 GET READY MEET Sanction 189-21 loodland Hills Page: 01 14.1 E	Tulisiak, Annette 34 00:41.56 100 METER PERESTILE MCLeon, Laurie L. 38 01:28.85 Tulisiak, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 100 METER PERESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROKE	100 METER INDIVIOUAL MEDIET Glenn, Sylvia 51	200 METER BACKSTROKE Goldschmidt, A. 27 Massh, Alfred R. 25 100 METER BREASTSTROKE WinterDauer, Michael 29 Miller, Charile R. 28 Miller, Charile R. 29 Miller, Conrad M. 28 Miller, Conrad M. 28 Miller, Charile R. 29 Miller, Conrad M. 28 Miller, Conrad M. 29 Miller, Conrad M. 28 Miller, Conrad M. 29 Miller, Conrad M. 20 Mill	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDIEN Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ** 50 METER FERESTILE Ducristein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.02	Brinton, George M. 65 Mercick, Bob 69 100. Hoffer FRESTYLE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:19.68 100. MRTER FRESTYLE Schmidt, Jurgen B. 66 10:19.68 10:14.26 11:19.68 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26 10:14.26
100 YD. I.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIERCE College, W 10/01/19 CA	81 PNA 1:48.16 GET READT MEET Sanction #85-21 loodland Hills Page: 01 14.2 E. A. 23 00:32.12	Tulisiak, Annette 34 00:41.56 100 METER PERESTILE MCEcon, Laurie L. 38 01:28.85 Tulisiak, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 100 METER PERESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne K. 39 17:15.56 50 METER BACKSTROKE Cho, Jeanne K. 19 01:18.34 100 METER BERASTSTROKE Sullivan, Shannon C. 35 01:36.33 McEcon, Laurie L. 38 01:45.42	100 METER IDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschnidt, A. 27 02:21.87 Bash, Alfred B. 25 02:52.67 100 METER BREASTSTROKE Wisterbauer, Michael 29 01:12.92 Baine, Charlie R. 29 01:20.65 Acuna, Contad M. 28 01:23.19 Thang, Moses 28 01:24.76 58 METER BUTTERFLY Laird, D. Burgess 28 00:24.24	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDIEN Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ** 50 METER FERESTILE DUCTSTEIN, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.02 100 METER PERESTILE Frantlin, Ben 47 01:06.00 DUCTSTEELS, Roger L. 45 01:36.05 Tupon, John J. 48 01:35.05	Brinton, George M. 65 Mercick, Bob 69 106 MBTER FRESTYLE Schmidt, Jurgen B. 66 11:16.26 Merrick, Bob 69 810 MBTER FRESTYLE Schmidt, Jurgen B. 66 12:40.01 15 MBTER PARESTYLE Schmidt, Jurgen B. 66 12:40.01 15 MBTER BUTTERFLI Merrick, Bob 69 10:42.74 10 MBTER BUTTERFLI Merrick, Bob 69 10 MBTER INDIVIDUAL MEDLEY
100 YD. I.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIETCE COllege, W 10/01/49 CA 2 WORKER 19-2 50 METER PRESSTY MCIALOSM, Sherrie 100 METER PRESSTY MCIALOSM, Sherrie 400 METER PRESSTY MCIALOSM, Sherrie 400 METER PRESSTY	81 PNA 1:48.16 GST READY MEST Sanction 189-21 loodland Hills Page: 01 44- E 1 A. 23 00:32.12 LE A. 23 01:13.58	Tulisiah, Annette 34 100 METER PRESTILE MCKeon, Laurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROEE Sullivan, Shannon C. 35 10:36.33 MCEGO, Laurie L. 34 104 METER REASTSTROEE Sullivan, Shannon C. 35 10:36.33 MCEGO, Laurie L. 34 104 105 105 105 105 105 105 105 105 105 105	100 METER INDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschuidt, A. 27 Mash, Alfred R. 25 100 METER BREASTSTROKE Winterbauer, Michael 29 Baine, Charlie R. 29 Miller Backstroke Winterbauer, Michael 29 Miller Backstroke Winterbauer, Michael 29 Miller Backstroke	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.02 400 MRTER IMDIVIDUAL MEDIET Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ** 50 MRTER FRESTILE Duerrstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.02 100 MRTER FRESTILE Frantlin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 Iupon, John J. 48 01:35.05	Brinton, George M. 65 00:34.95 Mercick, Bob 69 00:35.22 106 Metre FREESTYLE Schmidt, Jurgen B. 66 01:16.26 Merrick, Bob 69 01:19.68 800 METRE FREESTYLE Schmidt, Jurgen B. 66 12:40.01 50 METRE BACKSTROKE Merrick, Bob 69 00:42.74 56 METRE BUTTERFLI Merrick, Bob 69 00:42.20 Schmidt, Jurgen B. 66 00 100 METRE INDIVIDUAL MEDLET Merrick, Bob 69 01:31.02
100 VD. 1.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIERCE College, V 10/01/49 CA 1	01, PNA 1:40.16 GST READY MEET Sanction #85-21 loodland #111s Page: 01 AL 23 00:32.12 LE AL 23 01:33.58 LE AL 23 01:33.58	Tulisiak, Annette 34 00:41.56 100 METER PERESTILE MCEcon, Laurie L. 38 01:28.85 Tulisiak, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 100 METER PERESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne K. 39 17:15.56 50 METER BACKSTROKE Cho, Jeanne K. 19 01:18.34 100 METER BERASTSTROKE Sullivan, Shannon C. 35 01:36.33 McEcon, Laurie L. 38 01:45.42	100 METER INDIVIOUAL MEDIET Glenn, Sylvia 51	200 METER BACKSTROKE Goldschmidt, A. 27 Mash, Alfred R. 25 100 METER REASTSTROKE Winterbauer, Michael 29 01:12.92 Raine, Charlie R. 29 11:20.45 Acuna, Conrad M. 28 11:34.70 58 METER BUTTERFLY Laird, D. Burgess 28 Pearce, John R. 29 10:32.71 Acuna, Conrad M. 28 00:32.27 Acuna, Conrad M. 28 00:32.27 Acuna, Conrad M. 28 00:32.27 Acuna, Conrad M. 28 00:32.46 Mevius, Steve T. 25 200 METER BUTTERFLY	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER INDIVIDUAL MEDIEN Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ** 50 METER FERESTILE DUCTSTEIN, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.02 100 METER PERESTILE Frantlin, Ben 47 01:06.00 DUCTSTEELS, Roger L. 45 01:36.05 Tupon, John J. 48 01:35.05	Brinton, George M. 65 00:34.95 Necrick, Bob 69 00:35.22 100 MBTER FRESTYLE Schmidt, Jurgen B. 66 01:15.68 800 MBTER FRESTYLE Schmidt, Jurgen B. 66 12:40.01 50 MBTER BACKSTROKE Merrick, Bob 69 00:42.74 50 MBTER BUTTERFLY Merrick, Bob 69 00:42.20 Schmidt, Jurgen B. 66 DQ 100 MBTER IBDIVIOUAL MEDLEY Merrick, Bob 69 01:31.02 Schmidt, Jurgen B. 66 01:32.10
100 YD. J.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIERCE COllege, V 10/01/89 CA 10/01/89 CA 10/01/89 CA 10/01/89 PRESTYL MCIALOSM, Sherrie 100 METER PRESTYL MCIALOSM, Sherrie 880 METER PRESTYL MCIALOSM, SHERRIE 100 METER PRESTYL MCIALOSM, SHERRIE 100 METER PRESTYL MCIALOSM, SHERRIE 100 METER PRESTYL 100 METER PRE	01 PNA 1: 40.16 GET READI MEET Sanction 189-21 toodland Hills Page: 01 LL ** LA 23 00:32.12 LL ** LA 23 01:13.58 LL ** LA 23 12:03.60 UNAL MEDIEX	Tulisiah, Annette 34 100 METER PRESTILE MCKeon, Laurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROEE Sullivan, Shannon C. 35 10:36.33 MCEGO, Laurie L. 34 103 METER REASTSTROEE Sullivan, Shannon C. 35 10:36.33 MCEGO, Laurie L. 34 101:45.42 50 METER RUTTERPLY Cho, Jeanne K. 39 10:11.20 100 METER INDIVIDUAL MEDIET Cho, Jeanne K. 39 02:18.45	100 MSTER INDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschmidt, A. 27 Masb, Alfred B. 25 100 METER BREASTSTROKE Winterbauer, Michael 29 Raine, Charlie R. 29 11:20.45 Acuna, Conrad M. 28 11:20.45 SMETER BUTTERFLY Laird, B. Burgess 28 Pearce, John R. 29 12:21 Raine, Charlie R. 29 13:21 14:21 15:21 16:21	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 MRTER HDIVIDUAL MEDIAT Washburn, Stephen E. 42 08:55.20 *** MEN 45-49 ** 50 MRTER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.64 Miyagawa, Jack 49 00:32.62 100 MRTER FRESTILE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 Tupon, John J. 48 01:35.05 100 MRTER FRESTILE Bales, Bullet 45 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 11:33.00	Brinton, George M. 65 Mercick, Bob 69 100. HSTR FRESTYLE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 11:16.26 Merrick, Bob 69 12:40.01 150. MSTR FRESTYNE Merrick, Bob 69 10:42.74 100. MSTR BUTTRFALT Merrick, Bob 69 10:42.74 100. MSTR INDIVIDUAL MSDLET Merrick, Bob 69 10:31.02 100. MSTR INDIVIDUAL MSDLET Merrick, Bob 69 10:31.02 100. MSTR INDIVIDUAL MSDLET MERRICH, Bob 69 10:31.02 100. MSTR FRESTYLE
100 VD. 1.M. JIM PENFIELD 1989 PIERCE PALL 25 SCM PIERCE College, W 10/01/49 CA	01 PNA 1:40.16 GST READY MEST Sanction 189-21 loodland Hills Page: 01 LL	Talisiak, Asnette 34 00:41.56 100 METER PRESTILE MCECOS, Laurie L. 34 01:20.89 Tulisiak, Asnette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 800 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROKE Sullivan, Shannon C. 35 01:36.93 MCECON, Laurie L. 38 01:45.42 50 METER REASTSTROKE Sullivan, Shannon C. 35 01:36.93 MCECON, Laurie L. 38 01:45.42 50 METER BUTTERFLY Cho, Jeanne K. 39 01:01.20 100 METER INDIVIOUAL MEDIET Cho, Jeanne K. 39 02:18.45	100 METER INDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschmidt, A. 27 Mash, Alfred R. 25 100 METER BREASTSTROKE WinterDauer, Michael 29 Miller, Charlie R. 29 Miller, John R. 20 MILLER, Steve T. 25 MILLER, STEVE T. 25 MILLER, MI	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:14.02 400 MRTER IMDIVIDUAL MEDIEX Washburn, Stephen E. 42 08:55.20 *** NEW 45-49** 50 MRTER FRESTILE DUCTISTEIN, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Mlyagawa, Jack 49 00:32.02 100 MRTER FRESTYLE Frantlin, Ben 47 01:06.00 DUCTISTEIN, BORGE L. 45 01:36.05 Tupon, John J. 48 01:35.05 Frantlin, Ben 47 12:16.93 Mlyagawa, Jack 49 12:16.93 Mlyagawa, Jack 49 13:58.78	Brinton, George M. 65 00:34.95 Mercick, Bob 69 00:35.22 100 MBTRE FRESTYLE Schmidt, Jurgen B. 66 01:16.26 Merrick, Bob 69 01:19.68 800 MBTRE FRESTYLE Schmidt, Jurgen B. 66 12:40.01 50 MBTRE BACKSTROKE Merrick, Bob 69 00:47.74 50 MBTRE BUTTEFFL Merrick, Bob 69 00:47.20 Schmidt, Jurgen B. 66 00 100 MBTRE IMPUTUDUAL MEDLET Merrick, Bob 69 01:31.02 Schmidt, Jurgen B. 66 01:32.10 MEN 10-74 1 100 MBTRE FRESTYLE Van Horn, Ernest B. 73 01:35.84
100 YD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE COllege, V 10/01/19 CA 1 WOMEN 19-2 50 METER PRESSTI MCIALOSM, Sherrie 480 METER PRESSTI MCIALOSM, Sherrie 100 METER 1801Y10 MCIALOSM, Sherrie	83 PNA 1: 48.16 GET READI HEST Sanction 889-21 toodland Hills Page: 01 LL A. 23 00:32.12 LL A. 23 01:13.58 LL A. 23 12:03.60 UVAL HEDLEY A. 23 01:23.88 J. L.	Tulisiah, Annette 34 100 METER PRESTILE MCKeon, Laurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROEE Sullivan, Shannon C. 35 10:36.33 MCEGO, Laurie L. 34 103 METER REASTSTROEE Sullivan, Shannon C. 35 10:36.33 MCEGO, Laurie L. 34 101:45.42 50 METER RUTTERPLY Cho, Jeanne K. 39 10:11.20 100 METER INDIVIDUAL MEDIET Cho, Jeanne K. 39 02:18.45	100 MSTER INDIVIOUAL MEDIET Glenn, Sylvia 51	200 METER BACKSTROKE Goldschmidt, A. 27 02:21.87 Bash, Alfred B. 25 02:52.67 100 METER REASTSTROKE Winterbauer, Michael 29 01:12.92 Raine, Charlie R. 29 01:20.45 Acuma, Conrad M. 28 01:34.70 50 METER BUTTERFLY Laird, D. Burgess 20 00:24.24 Pearce, John R. 29 00:31.33 Raine, Charlie R. 29 00:32.27 Acuma, Conrad M. 28 00:32.46 Bevius, Steve T. 25 00:35.55 200 METER BUTTERFLY Bodrigues, Gerry A. 26 02:31.08 Shoemaler, Thomas M. 27 02:31.08 Shoemaler, Thomas M. 27 02:31.31 100 METER INDIVIDUAL MEDISY Winterbauer, Michael 23 01:88.92	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:14.82 400 METER IMDIVIDUAL MEDIEN Washburn, Stephen E. 42 08:55.20 *** MEM 45-49 ** 50 METER FRESTLIE Duerrstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER FRESTLIE Frantlin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:35.05 100 METER FRESTLE Bales, Bullet 45 11:38.06 Frantlin, Ben 47 12:16.93 Miyagawa, Jack 49 11:33.00 1upon, John J. 48 13:33.00 1upon, John J. 48 13:58.78	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 11:16.26 Merrick, Bob 69 810 Metre PERESTILE Schmidt, Jurgen B. 66 12:40.01 58 METRE PERESTILE Schmidt, Jurgen B. 66 12:40.01 59 METRE PERESTILE Merrick, Bob 69 10:42.74 50 METER BUTTERFLI Merrick, Bob 69 100 METER INDIVIDUAL MEDLET Metrick, Bob 69 101 METER JURGEN B. 66 11:31.02 Schmidt, Jurgen B. 66 11:32.10 METER FERESTILE Van HOTR, ETRESTILE Van HOTR, ETRESTILE
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/45 CA * WOMER 15-2 50 METER PRESSTI MCIALOSA, Sherrie 440 METER PRESSTY MCIALOSA, Sherrie 440 METER PRESSTY MCIALOSA, Sherrie 440 METER PRESSTY MCIALOSA, Sherrie 4 WOMER 15-2 50 METER PRESSTY Grance, Diane M.	01, PNA 1: 48.16 GET READT HEST Sanction 189-21 loodland Hills Page: 01 4.4 E. A. 23 00:32.12 LE A. 23 01:13.58 LE A. 23 12:03.60 VAL MEDLEY A. 23 01:23.08 5.5 E. E. E. D. 20 01:23.08 5.5 E. E. E. D. 20 01:23.08	Talisiak, Assette 34 100 METER PERSYTLE MCECOS, Caurie C. 34 01:20.89 Tulisiak, Assette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 800 METER PERSYTLE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTORE Sullivan, Shannon C. 35 01:36.33 MCECON, Laurie L. 34 01:45.42 50 METER REASTSTORE SULLIVAN, Shannon C. 35 01:45.42 50 METER REASTSTORE Cho, Jeanne K. 39 01:45.42 50 METER PERSYTLE Cho, Jeanne K. 39 02:18.45 **VOMEM 40-44 50 METER PERSYTLE Johnson, Lucy 42 00:32.01 KOSAVERCH, Joan S. 47 00:34.00	100 METER INDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschmidt, A. 27 Mash, Alfred R. 25 100 METER BREASTSTROKE WinterDauer, Michael 29 Miller, Charlie R. 29 Miller, John R. 20 MILLER, Steve T. 25 MILLER, STEVE T. 25 MILLER, MI	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 MRTER HOLVIDUAL MEDLET Washburn, Stephen E. 42 08:55.20 *** MEM 45-49** 50 MRTER FRESTILE Duerrstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Mlyagawa, Jack 49 00:32.82 100 MRTER PRESTILE Frantlin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.95 100 MRTER PRESTILE Bales, Bullet 45 11:38.06 Frantlin, Ben 47 12:16.93 Mlyagawa, Jack 49 13:33.00 10pon, John J. 48 13:58.78 50 MRTER BACKSTROKE DUERTSTEIN, ROGER L. 45 00:40.89 200 MRTER BACKSTROKE	Brintom, George M. 65 Mercick, Bob 69 100. HSTR FRESTYLE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 11:16.26 Merrick, Bob 69 10:19.68 10:19.68 10:19.68 10:19.68 10:19.68 10:14.20 10:19.68 10
100 YD. J.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIERCE COllege, V 19/01/89 CA 19/01/89 CA 19/01/89 CA 19/01/89 CA 19/01/89 CA 19/01/89 PRESSYI McIatosh, Sherrie 880 METER PRESSYI McIatosh, Sherrie 100 METER 18/01/10 McIatosh, Lestie Tate, Diagna C. 2	03 PNA 1: 48.16 GET READI HEST Sanction 185-21 toodland Hills Page: 01 LL A. 23 00:32.12 LL B. 23 01:13.58 LL A. 23 01:33.58	Tulisiak, Annette 34 00:41.56 100 METER PRESTILE MCECOR, Laurie L. 34 01:20.89 Tulisiak, Annette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 800 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTROKE Cho, Jeanne E. 39 01:10.34 100 METER SERASTSTOKE Sullivan, Shannon C. 35 01:36.93 MCECOR, Laurie L. 34 01:45.42 50 METER RUTTERFLY Cho, Jeanne K. 35 01:01.20 100 METER INDIVIDUAL MEDLET Cho, Jeanne K. 35 02:18.65 1 WORER 40-44 50 METER PRESTILE Johnson, Lucy 42 00:32.81 Kosaveach, Joan S. 42 00:34.00 Caballero, Cathleen 40 00:35.36	100 METER INDIVIOUAL MEDIET Glenn, Sylvia 51	200 HETER BACKSTROKE Goldschmidt, A. 27 Mash, Alfred R. 25 100 METER REASTSTROKE Winterbauer, Michael 29 01:12.92 Raine, Charlie R. 29 01:20.45 Acuna, Conrad M. 28 01:23.19 Ihang, Moses 28 01:34.70 58 METER BUTTERFLY Laird, D. Burgess 28 00:24.24 Pearce, John R. 29 00:31.33 Raine, Charlie R. 29 00:32.27 Acuna, Conrad M. 28 00:32.46 Revius, Steve T. 25 00:35.55 200 METER BUTTERFLY Bodrigues, Gerry A. 16 02:31.08 Shoemater, Thomas M. 27 02:38.39 100 METER INDIVIDUAL MEDISY Winterbauer, Michael 29 01:88.92 Acuna, Conrad M. 28 01:13.63 Pearce, John R. 29 01:11.63 Shoemater, Thomas M. 27 02:38.39 100 METER INDIVIDUAL MEDISY Winterbauer, Michael 29 01:88.92 Acuna, Conrad M. 28 01:13.63 Pearce, John R. 29 01:11.47 Goldstein, Don P. 26 01:35.88	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 08:55.20 *** MEN 45-49 ** 50 RATER FRESTILE Duertstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Mlyagawa, Jact 49 01:36.05 Iugon, John J. 48 10:35.05 Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 Iugon, John J. 48 01:35.05 Franklin, Ben 47 01:36.05 Iugon, John J. 48 11:30.06 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.05 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.05 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.06 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.08 SO METER BACKSTROKE Duertstein, Roger L. 45 00:40.85 200 METER BACKSTROKE Duertstein, Roger L. 45 03:21.70	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 11:16.26 Merrick, Bob 69 12:40.01 Metre PERESTILE Schmidt, Jurgen B. 66 12:40.01 Metre Butterfly Merrick, Bob 69 10:42.74 Merrick, Bob 69 100 Metre Butterfly Merrick, Bob 69 100 Metre INDIVIDUAL MEDLET Merrick, Bob 69 10:32.10 Metre PERESTILE Metrick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 10:32.10 Metre PERESTILE Van Horn, Ernest B. 73 16:13.49 50 METER REMESTILE Van Horn, Ernest B. 73 16:13.49 50 METER REMESTILE Van Horn, Ernest B. 73 16:13.49 50 METER REMESTILE Van Horn, Ernest B. 73 16:13.49 50 METER REMESTILE Van Horn, Ernest B. 73 00:44.23
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/45 CA * WOMEN 15-2 59 METER PRESSTY MCIATOSA, Sherrie 400 METER PRESSTY MCIATOSA, Sherrie 400 METER PRESSTY MCIATOSA, Sherrie 400 METER FRESSTY MCIATOSA, Sherrie * WOMEN 25-2 50 METER PRESSTY Graner, Diana M. Robinson, Leslie Tate, Diana C. 2 Tabonas, Dorothy &	81, PNA 1: 48.16 GET READT HEST Sanction 189-21 loodland Hills Page: 01 LL A. 23 00:32.12 LL A. 23 01:13.58 LL A. 23 12:03.60 UNL HEDLEY A. 23 01:23.08 J. E S 00:30.14 00:33.94 . 29 00:34.10	Talisiak, Assette 34 100 METER PERSYTLE MCECOS, Caurie C. 34 01:20.89 Tulisiak, Assette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 800 METER PERSYTLE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTORE Sullivan, Shannon C. 35 01:36.33 MCECON, Laurie L. 34 01:45.42 50 METER REASTSTORE SULLIVAN, Shannon C. 35 01:45.42 50 METER REASTSTORE Cho, Jeanne K. 39 01:45.42 50 METER PERSYTLE Cho, Jeanne K. 39 02:18.45 **VOMEM 40-44 50 METER PERSYTLE Johnson, Lucy 42 00:32.01 KOSAVERCH, Joan S. 47 00:34.00	100 MSTER IBDIVIOUAL MEDLEY	200 METER BACESTRORE Goldschuidt, A. 27 Mash, Alfred R. 25 100 METER BREASTSTRORE Winterbauer, Michael 29 01:20.45 Acuma, Conrad M. 28 Distance Consultation Consultation SMETER SUTTERFLY Laird, D. Burgess 28 Distance, Charlie R. 29 Pearce, John R. 29 Benne, Charlie R. 29 Distance Consultation Smearer Sutterfly Laird, D. Burgess 28 Distance Consultation Smearer Sutterfly Environment Consultation Shoemaker, Thomas M. 27 Distance Consultation Shoemaker Consu	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER HDIVIDUAL MEDIAT Washburn, Stephen E. 42 08:55.20 *** MEN 45-49.2 50 METER FRESTILE Duerstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTILE Frantlin, Ben 47 01:06.00 Duerstein, Boger L. 45 01:06.05 1400 METER PRESTILE Bales, Bullet 45 01:06.05 Frantlin, Ben 47 11:38.06 Frantlin, Ben 47 12:16.93 Miyagawa, Jack 49 13:33.00 1400n, John J. 48 13:33.00 1400n, John J. 48 01:55.78 50 METER BACKSTROKE DUERSTEIN, BOGER L. 45 00:40.89 200 METER BACKSTROKE DUERSTEIN, BOGER L. 45 03:21.70 100 METER BREASTROKE	Brinton, George M. 65 Mercick, Bob 69 100 MSTER PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 800 MSTER PERESTILE Schmidt, Jurgen B. 66 12:40.01 50 MSTER PERESTILE Schmidt, Jurgen B. 66 12:40.01 50 MSTER BACKSTROKE Merrick, Bob 69 00:42.74 50 MSTER BUTTERFLI Merrick, Bob 69 100 MSTER BUTTERFLI Merrick, Bob 69 100 MSTER BUTTERFLI Merrick, Bob 69 101 MSTER BUTTERFLI Van Horn, Ernest B. 73 16:13.69 50 MSTER PERESTILE Van Horn, Ernest B. 73 16:13.69 50 MSTER BACKSTROKE Winship, Brion 71 Van Born, Ernest B. 73 00:44.23 Van Born, Ernest B. 73 00:44.23 Van Born, Ernest B. 73 00:54.04
100 YD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE COllege, W 10/01/49 CA 2 WORKE 15-2 50 METER PRESSTY MCIALOSM, Sherrie 140 METER PRESSTY MCIALOSM 140 METER PRESSTY MCIALOSM 150 METER PRESSTY MCIALOSM	01, PNA 1:40.16 GET READT HEST Sanction 189-21 loodland Hills Page: 01 L4 - L L8 - L 23 00:32.12 LB - L 23 01:33.54 LB - L 23 12:03.60 UNL HEDERY A. 23 12:03.60 UNL HEDERY B. 00:31.48 00:33.34 . 29 00:34.50	Talisiak, Assette 34 00:41.56 100 METER PRESTILE MCECOS, Caurie C. 34 01:20.89 Tulisiak, Assette 38 01:32.27 Cho, Jeanne K. 39 01:56.28 800 METER PERESTILE Sullivan, Shanson C. 35 11:41.14 Cho, Jeanne E. 39 01:15.56 50 METER MEKESTRORE Sullivan, Shanson C. 35 01:36.93 McLeon, Laurie L. 38 01:45.42 50 METER MUTTERFLY Cho, Jeanne K. 39 01:15.42 50 METER MUTTERFLY Cho, Jeanne K. 39 02:18.45 100 METER PRESTILE Johnson, Lucy 42 00:32.61 Kosaveach, Joan S. 47 00:34.00 Caballero, Cathleen 40 00:35.36 Coate, Kathleen 42 00:37.62 Brinker, Dava C. 40 00:38.06 Meville, Kathleen J. 42 00:38.06	100 METER INDIVIOUAL MEDIET Glenn, Sylvia 51	200 METER BACESTRORE Goldschmidt, A. 27 Mash, Alfred R. 25 100 METER BREASTSTRORE Winterbauer, Michael 23 Baine, Charile R. 29 Miller B. 28 Miller B. 28 Miller B. 29 Miller BUTERFLY Laird, D. Burgess ZI D0:24.24 Pearce, John R. 29 Miller BUTERFLY MILLER MILLER BUTERFLY MILLER MILL	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 08:55.20 *** MEN 45-49 ** 50 RATER FRESTILE Duertstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Mlyagawa, Jact 49 01:36.05 Iugon, John J. 48 10:35.05 Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 Iugon, John J. 48 01:35.05 Franklin, Ben 47 01:36.05 Iugon, John J. 48 11:30.06 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.05 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.05 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.06 Franklin, Ben 47 12:16.93 Mlyagawa, Jact 49 11:35.08 SO METER BACKSTROKE Duertstein, Roger L. 45 00:40.85 200 METER BACKSTROKE Duertstein, Roger L. 45 03:21.70	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 11:16.26 Merrick, Bob 69 10:19.68 800 METER PERESTILE Schmidt, Jurgen B. 66 12:40.01 50 METER PERESTILE Merrick, Bob 69 10:42.74 50 METER BUTTERFLY Merrick, Bob 69 100 METER BUTTERFLY Merrick, Bob 69 101 METER BUTTERFLY Merrick, Bob 69 10:32.10 100 METER INDIVIDUAL MEDLEY Merrick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 10:32.10 100 METER FERESTILE VAN HOTA, Excest B. 73 10:13.49 50 METER PERESTILE VAN HOTA, Excest B. 73 10:13.49 50 METER PERESTILE VAN HOTA, Excest B. 73 10:44.23 VAN BOTA, Excest B. 73 00:54.04 200 METER BACKSTROKE VINSHIP, Brion 71 00:44.23 VAN BOTA, Excest B. 73 00:54.04 200 METER BACKSTROKE VINSHIP, Brion 71 00:44.23 VAN BOTA, Excest B. 73 00:54.04
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/89 CA * WOMER 19-2 59 METER FRESSTI MCIALOSM, Sherrie 400 METER PRESSTY MCIALOSM, Sherrie 100 METER PRESSTY MCIALOSM, Sherrie 100 METER PRESSTY Granet, Diame M. Robinson, Leslie Tate, Diama C. 2 Thomas, Dorothy R Altobello, Maria MacDonald, Susaa Sactorius, Valent	B1 PNA 1:48.16 GET READT HEET Sanction 189-21 loodland Hills Page: 01 14-8 E. A. 23 00:32.12 LE A. 23 01:13.58 LE A. 23 01:23.80 9 " E. Color C	Tulisiah, Annette 34 100 HETER PRESTILE MCKeon, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 101:56.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 10:11:34 100 HETER BRACKSTRORE Sullivan, Shannon C. 35 01:36.53 MCECON, Laurie L. 38 10:45.42 50 HETER REMAINING Cho, Jeanne K. 39 10:45.42 50 HETER INDIVIDUAL HEDLET Cho, Jeanne K. 39 10:45.42 50 HETER PRESTILE JOHNSON, LUCY 42 80 HETER PRESTILE JOHNSON, LUCY 42 80:32.01 KOSAVEACH, JOAN S. 47 60:32.01 KOSAVEACH, JOAN S. 47 60:32.01 KOSAVEACH, JOAN S. 47 60:37.62 Brisher, Davn C. 40 80:37.62 Brisher, Davn C. 40 80:37.62 Brisher, Davn C. 40 80:37.62 Brisher, Davn C. 40 80:31.62 Pithan, Carolyn J. 43 80:53.22	100 HSTER INDIVIOUAL MEDLEY Glenn, Sylvia 51	200 METER BACESTRORE Goldschuidt, A. 27 Mash, Alfred B. 25 100 METER BREASTSTRORE Winterbauer, Michael 29 01:12.92 Raine, Charile R. 29 01:20.45 Acuna, Conrad M. 28 01:23.19 Thang, Hosses 28 01:34.70 S9 METER BUTTERFLY Laird, B. Burgess 28 00:34.70 S9 METER BUTTERFLY Laird, B. Burgess 28 00:32.27 Acuna, Conrad M. 28 00:32.27 Acuna, Conrad M. 28 00:32.27 Acuna, Conrad M. 28 00:32.46 MEVIUS, Steve T. 25 00:35.55 200 METER BUTTERFLY ROdfiques, Gerry A. 16 02:31.08 Shoemaker, Thomas M. 27 02:38.39 100 METER INDIVIDUAL MEDIST Winterbauer, Michael 29 01:48.92 Acuna, Conrad M. 28 01:35.88 - MEN 10-34 50 Shoemater, PRESSTYLE Miller, Randy S. 31 00:28.50 Altman, Jim R. 34 00:28.37	Coedea, Rick L. 41 0::15.72 Washburn, Stephen E. 42 01:34.82 400 METER HDIVIDUAL MEDIAT Washburn, Stephen E. 42 08:55.28 *** MEN 45-49.2 50 METER FRESTILE Ductriclin, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTILE Frantlin, Ben 47 01:06.00 Ductriclin, Roger L. 45 01:06.05 100 METER PRESTILE Bales, Bullet 45 11:30.06 Frantlin, Ben 47 12:16.93 Miyagawa, Jack 49 13:33.00 10pon, John J. 48 13:58.78 50 METER BACKSTROKE Ductriclin, Roger L. 45 00:40.89 200 METER BACKSTROKE Frantlin, Ben 47 01:26.55 10pon, John J. 48 01:52.23 50 METER BACKSTROKE Frantlin, Ben 47 01:26.55 10pon, John J. 48 01:52.23 50 METER BACKSTROKE Frantlin, Ben 47 01:26.55 10pon, John J. 48 01:52.23 50 METER BUTTERFLI	Brintos, George M. 65 Mercick, Bob 69 100. HSTER FRESTYLE Schmidt, Jurgen B. 66 Merrick, Bob 69 800. HSTER FRESTYLE Schmidt, Jurgen B. 66 12:40.01 50. MSTER PRESTYLE Schmidt, Jurgen B. 66 12:40.01 50. MSTER BACKSTROKE Merrick, Bob 69 00:42.74 50. MSTER BUTTERFLI Merrick, Bob 69 100. HSTER BUTTERFLI Merrick, Bob 69 100. HSTER BUTTERFLI Merrick, Bob 69 101.31.02 Schmidt, Jurgen B. 66 100. HSTER BUTTERFLI Wentlick, Bob 69 101.31.02 Schmidt, Jurgen B. 66 101.32.10 4 MENTER FRESTYLE Van Horn, Ernest B. 73 16:13.49 50. MSTER FRESTYLE Van Horn, Ernest B. 73 16:13.49 50. MSTER BACKSTROKE Winship, Brion 71 Van Born, Ernest B. 73 200. HSTER BACKSTROKE Winship, Brion 71 Van Born, Ernest B. 73 100:54.04 100. MSTER BACKSTROKE Winship, Brion 71 00:44.23 Van Born, Ernest B. 73 100:54.04 100. MSTER BACKSTROKE Winship, Brion 71 03:42.64
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/49 CA 4 WORKE 15-2 59 METER PRESSTI MCIAtosh, Sherrie 140 METER PRESSTI MCIAtosh, Sherrie 140 METER PRESSTI MCIAtosh, Sherrie 140 METER PRESSTY MCIATOSh 140 METE	81, PNA 1: 48.16 GET READT HEST Sanction 189-21 loodland Hills Page: 01 Li L L L L L L L L L L L L L L L L L	Tulisiah, Annette 34 100 METER PRESTILE MCKeon, Laurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 50 METER BACKSTRORE Sullivan, Shannon C. 35 10:34.34 100 METER BRACKSTRORE Sullivan, Shannon C. 35 10:36.33 MCECON, Laurie L. 34 101:45.42 50 METER RUTTERPLY Cho, Jeanne K. 39 10:10.20 100 METER INDIVIDUAL MEDIRY Cho, Jeanne K. 39 10:01.20 100 METER TRESTILE JOHNSON, Lucy 42 100 METER PRESTILE JOHNSON, Lucy 42 100 METER PRESTILE Coate, Kathleen 42 10:37.62 Brinher, Dawn C. 40 10:38.06 10:53.22 100 METER PRESTILE 101:41 102:41 103:41 104:41 105:41 105:41 105:41 105:41 106	100 METER INDIVIOUAL MEDLEY	200 METER BACESTRORE Goldschmidt, A. 27 Massh, Alfred R. 25 100 METER BREASTSTRORE Winterbauer, Michael 23 01:12.92 Raine, Charile R. 29 Alize, Conrad M. 28 Distance, Conrad M. 29 Pearce, John R. 29 Distance, Conrad M. 20 Distance, Conrad M. 24 Description, Conrad M. 24 Description, Conrad M. 24 Distance, Conrad M. 24 Distance, Conrad M. 24 Distance, Conrad M. 28 Distance, Conrad M. 28 Distance, Michael 23 Distance, Michael 23 Distance, Michael 23 Distance, Michael 23 Distance,	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER HOLVIDUAL MEDIET Washburn, Stephen E. 42 08:55.20 *** MEN 45-49 ** 50 METER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTYLE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 Iupon, John J. 48 01:35.05 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 13:33.00 Tupon, John J. 48 13:38.78 50 METER BACKSTROKE Duerrstein, Roger L. 45 00:40.89 200 METER BACKSTROKE Duerrstein, Roger L. 45 00:40.89 200 METER BACKSTROKE Duerrstein, Boger L. 45 00:40.89 200 METER BACKSTROKE Franklin, Ben 47 01:26.55 Tupon, John J. 48 01:52.23 50 METER BATTERFAIT MIYAGAWA, Jack 49 01:52.23 50 METER BATTERFAIT	Brintos, George M. 65 Mercick, Bob 69 108. Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 800. METRE PERESTILE Schmidt, Jurgen B. 66 12:40.01 58. METRE PRESTILE Schmidt, Jurgen B. 66 12:40.01 58. METRE BACKSTROKE Mercick, Bob 69 00:42.74 58. METRE BUTTERFLI Merrick, Bob 69 00:42.74 59. METRE BUTTERFLI Merrick, Bob 69 00:42.70 Schmidt, Jurgen B. 66 100. METRE IBDIVIONAL MEDLET Mercick, Bob 69 01:31.02 Schmidt, Jurgen B. 66 01:42.74 Schmidt, Jurgen B. 66 01:31.02 Schmidt, Jurgen B. 66 01:42.74 Schmidt, Jurgen B. 66 0
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100 YD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/49 CA 1	81, PNA 1:48.16 GST READT HEST Sanction 189-21 loodland Bills Page: 01 Lt = L L = A. 23 00:32.12 LE = A. 23 01:33.58 LE = A. 23 12:03.60 VAL HEDET L = S 00:31.48 8 00:33.94 L = 29 00:34.59 27 00:34.59 28 00:34.59 29 00:36.58 L = 28 00:36.63 LE L = 29 00:36.63	Tulisiah, Annette 34 100 HTTE PRESTILE MCECON, Caurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 58 HETER BACKSTRORE Sullivan, Shannon C. 35 10:36.33 HCECON, Caurie C. 34 100 HETER PRESTSTRORE Sullivan, Shannon C. 35 10:36.33 HCECON, Laurie L. 34 101:45.42 102 HETER BUTTERFLY Cho, Jeanne K. 39 10:45.42 103 HETER BUTTERFLY Cho, Jeanne K. 39 10:45.42 104 HETER PRESTILE 105 HETER PRESTILE 106 HETER PRESTILE 106 HETER PRESTILE 106 HETER PRESTILE 107 HETER PRESTILE 108 HETER PRESTILE 109 HETER PRESTILE 109 HETER PRESTILE 100 HETER PRESTILE 100 HETER PRESTILE 100 HETER PRESTILE 101 HETER PRESTILE 101 HETER PRESTILE 102 HETER PRESTILE 103 HETER PRESTILE 104 HETER PRESTILE 105 HETER PRESTILE 105 HETER PRESTILE 106 HETER PRESTILE 107 HETER PRESTILE 107 HETER PRESTILE 108 HETER PRESTILE 108 HETER PRESTILE 108 HETER PRESTILE 109 HETER PRESTILE 109 HETER PRESTILE 109 HETER PRESTILE 100 HETER PRESTILE 100 HETER PRESTILE 100 HETER PRESTILE 100 HETER PRESTILE 101 HETER PRESTILE 102 HETER PRESTILE 103 HETER PRESTILE 103 HETER PRESTILE 104 HETER PRESTILE 105 HETER PRESTILE 107 HETER PRESTILE	100 METER INDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschmidt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTROKE WinterDauer, Michael 29 Miller, Charlie R. 29 MILLER, STEVERFLY Laird, D. Burgess ZB DO:31.33 Raine, Charlie R. 29 MILLER, BUTTERFLY Laird, D. Burgess ZB DO:31.33 Raine, Charlie R. 29 MILLER, STEVET, 25 MILLER, Charlie R. 29 MILLER, STEVET, A. 26 MILLER, TOMBAS M. 27 MILLER, STEVET, A. 26 MILLER, TOMBAS M. 27 MILLER, STEVET, MILLER, MIL	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 MRTER HDIVIDUAL MEDIAT Washburn, Stephen E. 42 08:55.20 *** MEN 45-49-* 50 MRTER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Mlyagawa, Jack 49 00:32.02 100 MRTER PRESTILE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 100 MRTER PRESTILE Bales, Bullet 45 11:38.06 Franklin, Ben 47 12:16.93 Mlyagawa, Jack 49 13:38.06 Franklin, Ben 47 13:38.78 50 MRTER BACKSTROKE Duerrstein, Roger L. 45 00:40.89 200 MRTER BREASTSTROKE Duerrstein, Roger L. 45 03:21.70 100 MRTER BREASTSTROKE Duerrstein, Roger L. 45 03:21.70 100 MRTER BREASTSTROKE Duerrstein, Roger L. 45 03:21.70 100 MRTER BREASTSTROKE Duerrstein, Boger L. 45 03:21.70 101 MRTER BREASTSTROKE Duerrstein, Boger L. 45 03:21.70 102 MRTER BREASTSTROKE DUERTSTROKE DU	Brintom, George M. 65 Mercick, Bob 69 108. Merre PERESTYLE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 12:40.01 So Merre PERESTYLE Schmidt, Jurgen B. 66 12:40.01 So Merre RACESTRORE Mercick, Bob 69 00:42.74 So Merre BACESTRORE Mercick, Bob 69 00:42.74 So Merre BACESTRORE Mercick, Bob 69 00:42.20 Schmidt, Jurgen B. 66 100. Merre INDIVIDUAL MEDICE Mercick, Bob 69 01:31.02 Schmidt, Jurgen B. 66 01:31.02 Schmidt, Jurgen B. 66 01:31.02 Schmidt, Jurgen B. 66 01:31.02 Schmidt, Jurgen B. 60 11:31.02 Schmidt, Jurgen B. 60 11:4.20 Schmidt, Jurgen B. 60 11:4.20 Schmidt, Jurgen B. 60 12:40.01 Schmidt, Jurgen B. 60 12:40.01 Schmidt, Jurgen B. 60 12:4.20 Schmidt, Jurgen B. 60 12:40.01 Schmidt, Jurge
100 YD. J.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIERCE COllege, VI 19/01/19 CA 10/01/19 CA	B1 PNA 1: 48.16 GET READ! HEST Sanction 185-21 toodland Hills Page: 01 LL LA LA 23 00:32.12 LL LA LA 23 01:13.58 LL LA LA 23 01:13.58 LL LA LA 23 01:23.88 J LA	Tulisiah, Annette 34 100 METER PRESTILE MCKeon, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 101:56.28 100 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 METER PRESTSTORE Sullivan, Shannon C. 35 01:36.33 MCECON, Laurie L. 34 100 METER PRESTSTORE Sullivan, Shannon C. 35 01:36.33 MCECON, Laurie L. 34 101:45.42 50 METER RUTTERPLY Cho, Jeanne K. 39 101:41.20 100 METER INDIVIDUAL MEDIET Cho, Jeanne K. 39 10:41.59 100 METER PRESTILE Johnson, Lucy 42 100:32.01 Kosaveach, Joan S. 47 10:35.36 Conte, Kathleen 40 10:35.36 Conte, Kathleen 40 10:35.36 Conte, Kathleen 40 10:35.37 Pittman, Carolyn J. 43 10:53.22 100 METER PRESTILE Johnson, Lucy 42 10:31.62 1	100 MSTER IBDIVIOUAL MEDLEY	200 METER BACESTRORE Goldschuldt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTRORE Wisterbauer, Michael 29 01:12.92 Raise, Charile R. 29 61:20.45 Acuna, Conrad M. 28 01:23.19 Ihang, Moses 28 01:34.76 SAMTER BUTTERFLE Laird, B. Burgess 20 00:34.76 SAMTER BUTTERFLE Conrad M. 28 00:31.33 Raine, Charile R. 29 00:32.27 Acuna, Conrad M. 28 00:31.33 Raine, Charile R. 29 00:32.27 Acuna, Conrad M. 28 00:32.26 Mevius, Steve T. 25 00:35.55 200 METER BUTTERFLE Rodrigues, Gerty A. 16 02:31.08 Shoemaler, Thomas M. 27 02:38.39 100 METER INDIVIDUAL MEDICE Winterbauer, Michael 23 01:34.79 Acuna, Conrad M. 28 01:31.63 Pearce, John R. 29 01:14.47 Goldstein, Don P. 26 01:35.88 METER JUSTERFLE Miller, Randy S. 31 00:28.59 Altman, Jin R. 34 00:28.97 Kaifas, Bict 32 00:29.53 Altman, Jin R. 34 00:28.97 Kaifas, Bict 32 00:39.59 109 METER FRESTYLE Miller, Randy S. 31 00:39.59 109 METER FRESTYLE Miller, Randy S. 31 00:01.96	Goeden, Rick L. 41 01:15.72 Washbarn, Stephen E. 42 01:34.82 400 MRTER HDIVIDUAL MEDIAT Washbarn, Stephen E. 42 08:55.20 *** MRN 45-49.2 50 MRTER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 MRTER PRESTILE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:06.05 Tupon, John J. 48 01:35.05 400 MRTER PRESTILE Bales, Bullet 45 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 11:58.78 50 MRTER BACKSTROKE Duerrstein, Roger L. 45 08:40.89 700 MRTER BARASTSTOKE Franklin, Ben 47 01:26.55 Tupon, John J. 48 01:52.23 50 MRTER BARASTSTOKE Franklin, Ben 47 01:26.55 Tupon, John J. 48 01:52.23 50 MRTER BUTTERFIL Miyagawa, Jack 45 00:37.83 100 MRTER BUTTERFIL MIYAGAWA, Jack 45 00:21.72 Duerrstein, Bon 47 01:21.72 Duerrstein, Roger L. 45 01:23.05	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 12:40.01 15 METER PERESTILE Schmidt, Jurgen B. 66 12:40.01 15 METER PERESTILE Schmidt, Jurgen B. 66 10:19.68 10:19.6
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/89 CA * WOMER 19-2 59 METER PRESSTY MCIATOSM, Sherrie 404 METER PRESSTY MCIATOSM, Sherrie 109 METER PRESSTY MCIATOSM, Sherrie 109 METER PRESSTY Granet, Diame M. Robinson, Leslie Tate, Diama C. 2 Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sactorius, Valent Feldman, Esther M 104 METER PRESSTY Thomas, Dorothy R Altobello, Maria MacDonald, Susan Feldman, Esther M AD METER PRESSTY Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sactorius, Valent Feldman, Esther M AB METER PRESSTY MacDonald, Susan Redman, Esther M AB METER PRESSTY MacDonald, Susan Redman, Esther M AB METER PRESSTY MACDONAL STATE RESTRICT MACDONAL STATE M	B1 PNA 1: 48.16 GET READ! HEST Sanction 185-21 toodland Hills Page: 01 LL LA LA 23 00:32.12 LL LA LA 23 01:13.58 LL LA LA 23 01:13.58 LL LA LA 23 01:23.88 J LA	Tulisiah, Annette 34 100 HETER PERSTILE MCECON, Caurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 HETER PERSTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 58 HETER BACKSTRORE Sullivan, Shannon C. 35 11:41.34 100 HETER PERSTICE Sullivan, Shannon C. 35 11:41.34 100 HETER BEASTSTRORE Sullivan, Shannon C. 35 11:45.42 59 HETER BACKSTRORE Sullivan, Shannon C. 35 10:16.33 NCECON, Caurie L. 34 10:165.42 59 HETER PERSTICHE Sullivan, Shannon C. 35 10:36.33 NCECON, Caurie L. 34 10:165.42 100 HETER INDIVIDUAL HEDLEY Cho, Jeanne K. 39 10:11.20 100 HETER INDIVIDUAL HEDLEY Cho, Jeanne K. 39 10:12.20 100 HETER FERSTILE JOHNSON, Lucy 42 10:34.06 Reville, Kathleen 42 10:37.62 Brinher, Dawn C. 40 10:38.06 Neville, Kathleen J. 42 10:43.37 11than, Carolyn J. 43 10:23.27 100 HETER FERSTILE JOHNSON, Lucy 42 10:112.17 10:38-124.16 10:38-26.26 10:38.06 10:3	100 METER INDIVIOUAL MEDIET	200 METER BACKSTROKE Goldschmidt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTROKE WinterDauer, Michael 29 Miller, Charlie R. 29 MILLER, STEVERFLY Laird, D. Burgess ZB DO:31.33 Raine, Charlie R. 29 MILLER, BUTTERFLY Laird, D. Burgess ZB DO:31.33 Raine, Charlie R. 29 MILLER, STEVET, 25 MILLER, Charlie R. 29 MILLER, STEVET, A. 26 MILLER, TOMBAS M. 27 MILLER, STEVET, A. 26 MILLER, TOMBAS M. 27 MILLER, STEVET, MILLER, MIL	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 100 METER HOLVIDUAL MEDLET Washburn, Stephen E. 12 08:55.20 *** MEN 45-49** 50 METER FRESTILE Duerrstein, Roger L. 45 08:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.02 100 METER PRESTILE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:66.05 Iupon, John J. 48 01:35.05 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 13:33.00 Iupon, John J. 48 13:58.78 50 METER PRESTILE Duerrstein, Roger L. 45 08:40.89 200 METER BACKSTROKE Duerrstein, Roger L. 45 08:40.89 200 METER BACKSTROKE Duerrstein, Roger L. 45 08:21.70 100 METER BACKSTROKE Duerrstein, Roger L. 45 08:22.35 50 METER BACKSTROKE Duerrstein, Roger L. 45 08:22.39 Miyagawa, Jack 49 01:36.62 **MES Se-54 ** 50 METER PRESSTILE Dunlap, Jecald V. 54 00:28.69	Brintom, George M. 65 Mercick, Bob 69 108. Merre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 801.15.88 800. MERRE PERESTILE Schmidt, Jurgen B. 66 12:40.01 50. METER BACKSTROKE Mercick, Bob 69 10:42.74 50. METER BOTTERFLI Merrick, Bob 69 10:42.74 50. Schmidt, Jurgen B. 66 10:42.20 Schmidt, Jurgen B. 66 10:31.02 Schmidt, Jurgen B. 60 10:31.02 Schmidt, Jurgen B. 66 10:
100 YD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE COllege, VIOLE 1940 YCA 19401/49 CA	B1 PNA 1: 48.16 GET READI HEET Sanction 185-21 loodland Hills Page: 01 LL ** LA 23 00:32.12 LL ** LA 23 01:13.58 LL ** LA 23 01:23.88	Tulisial, Annette 34 100 HETER PRESTILE MCECON, Laurie C. 38 Tulisial, Annette 39 Tulisial, A	100 HSTRE IBDIVIOUAL HEDLEY Glenn, Sylvia 51	200 METER BACESTRORE Goldschmidt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTRORE WinterDauer, Michael 29 01:12.92 Raine, Charile R. 29 61:20.45 Acuna, Conrad M. 28 61:23.19 Ihang, Moses 28 61:34.76 55 METER BUTTERFLE Laird, B. Burgess 20 00:34.76 56 METER BUTTERFLE Rodrigues, Gerry A. 26 60:33.33 Raine, Charile R. 29 00:32.27 Acuna, Conrad M. 28 Mevius, Steve T. 25 00:35.55 200 METER BUTTERFLE Rodrigues, Gerry A. 26 02:31.08 Shoemaler, Thomas M. 27 02:38.39 100 METER INDIVIDUAL MEDIEN WinterDauer, Michael 23 01:34.89 100 METER JUDIAL MEDIEN WinterDauer, Michael 23 01:31.36 Pearce, John R. 29 01:14.47 Goldstein, Don P. 26 01:31.58 MEM 30-34 50 METER PRESTYLE Miller, Randy S. 31 00:28.59 Altman, Jin R. 34 00:28.97 Kaifas, Mich 32 00:39.59 109 METER FRESTYLE Miller, Randy S. 31 00:39.59 109 METER FRESTYLE Miller, Randy S. 31 00:39.59 109 METER FRESTYLE Miller, Randy S. 31 00:01.33 Bonoaa, Oscar T. 31 109 METER FRESTYLE Miller, Randy S. 31 01:01.96 Kaifas, Mich 32 01:04.22 Altman, Jin R. 34 01:07.05 Altobello, Tom 34 01:08.34	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 MRTER HDIVIDUAL MEDLET Washburn, Stephen E. 42 08:55.20 *** MEM 45-49** 50 MRTER FRESTILE DUCTRISEIN, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Mlyagawa, Jack 49 00:32.02 100 MRTER FRESTILE Frantlin, Ben 47 01:06.00 DUCTRISEIN, Roger L. 45 01:36.05 1upon, John J. 48 01:35.05 100 MRTER FRESTILE Bales, Bullet 45 11:38.06 Frantlin, Ben 47 12:16.93 Mlyagawa, Jack 49 13:33.00 1upon, John J. 48 13:58.78 50 MRTER BACKSTROKE DUCTRISEIN, Roger L. 45 00:40.89 200 MRTER BRASTSTROKE DUCTRISEIN, Ben 47 01:26.55 1upon, John J. 48 01:52.23 50 MRTER BUTTERFIT Mlyagawa, Jack 49 01:36.55 1upon, John J. 48 01:52.23 50 MRTER BUTTERFIT Mlyagawa, Jack 49 01:26.55 1upon, John J. 48 01:52.23 50 MRTER BUTTERFIT Mlyagawa, Jack 49 01:21.79 DUCTRISEIN, Ben 47 01:21.72 DUCTRISEIN, Ben 47 01:21.73 DUCTRISEIN, Ben 47 01:21.73 DUCTRISEIN, Ben 47 01:21.74 DUCTRISEIN, Ben 47 01:21.75 DUCTRISER BENTER BENTILE DUCTRISEIN, Ben 47 01:21.75 DUCTRISEIN, BEN 47 01:23.05 MRTER PRESTILE DUCTRISEIN, Ben 47 01:21.75 DUCTRISEIN, BEN 47 01:23.05 MRTER PRESTILE DUCTR	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 12:40.01 15. METER PERESTILE Schmidt, Jurgen B. 66 12:40.01 15. METER PERESTILE Merrick, Bob 69 10:42.74 15. METER BUTTERFLY Merrick, Bob 69 10:42.70 100 METER BUTTERFLY Merrick, Bob 69 10:32.10 10 METER INDIVIDUAL MEDLEY Merrick, Bob 69 10:32.10 10 METER FERESTILE Van Horn, Ernest B. 73 10:135.84 100 METER FERESTILE Van Horn, Ernest B. 73 10:13.49 10 METER PERESTILE Van Horn, Ernest B. 73 10:44.23 Van Horn, Ernest B. 73 10:47.64 100 METER PERESTILE Bowersock, Voody 76 10:123.73 Burnside, John M. 79 10:22.51 Duerrstein, Art 75 10:231.45
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/89 CA * WOMER 19-2 59 METER FRESSTI MCIALOSM, Sherrie 840 METER FRESSTI MCIALOSM, Sherrie 840 METER FRESSTY MCIALOSM, Sherrie 160 METER FRESSTY Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sartorius, Valent Feldman, Esther M 100 METER FRESSTY Thomas, Dorothy R Altobello, Maria MacDonald, Susan Feldman, Bother M Altobello, Maria MacDonald, Susan Feldman, Bother M 100 METER FRESSTY Dodd, Suranne 20 Thomas, Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas, Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas, Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas, Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas, Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 Thomas Dorothy R 100 METER FRESSTY Dodd, Suranne 20 THOMAS DOROTH S 100 METER FRESSTY Dodd, Suranne 20 THOMAS DOROTH S 100 METER FRESSTY DODG DOROTH S 100 METER FRESSTY DOGG DOROTH S 100 MET	B1 PNA 1: 48.16 GET READT HEST Sanction 185-21 loodland #111s	Tulisiah, Annette 34 100 HETER PERSTILE MCECON, Caurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 HETER PERSTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 58 HETER BACKSTRORE Sullivan, Shannon C. 35 11:41.34 100 HETER PERSTICE Sullivan, Shannon C. 35 11:41.34 100 HETER BEASTSTRORE Sullivan, Shannon C. 35 11:45.42 59 HETER BACKSTRORE Sullivan, Shannon C. 35 10:16.33 NCECON, Caurie L. 34 10:165.42 59 HETER PERSTICHE Sullivan, Shannon C. 35 10:36.33 NCECON, Caurie L. 34 10:165.42 100 HETER INDIVIDUAL HEDLEY Cho, Jeanne K. 39 10:11.20 100 HETER INDIVIDUAL HEDLEY Cho, Jeanne K. 39 10:12.20 100 HETER FERSTILE JOHNSON, Lucy 42 10:34.06 Reville, Kathleen 42 10:37.62 Brinher, Dawn C. 40 10:38.06 Neville, Kathleen J. 42 10:43.37 11than, Carolyn J. 43 10:23.27 100 HETER FERSTILE JOHNSON, Lucy 42 10:112.17 10:38-124.16 10:38-26.26 10:38.06 10:3	100 METER INDIVIOUAL MEDIET	200 METER BACESTROEE Goldschuidt, A. 27 Massh, Alfred R. 25 100 METER BREASTSTROEE Winterbauer, Michael 29 Baine, Charlie R. 29 Acuna, Conrad M. 28 Brees 28 Gl:34.70 S9 METER SUTTERFLY Laird, B. Burgess 28 G0:34.70 S9 METER SUTTERFLY Revius, Steve T. 25 G0:32.27 Acuna, Conrad M. 28 G0:35.55 Z00 METER BUTTERFLY Winterbauer, Michael 29 G1:36.39 Pearce, John R. 29 G1:36.39 Pearce, John R. 29 G1:36.39 Pearce, John R. 29 G1:35.88 METER BUTTERFLY Miller, Randy S. 31 G0:28.59 Altman, Jin R. 34 G0:28.37 Mels, Bichael F. 33 G0:28.59 Mels, Bichael F. 33 G0:39.59 Hels, Bichael F. 34 G0:39.59 Hels, Bichael F. 34 G0:39.59 Hels, Bichael F. 34 G0:39.59 Hels, Bichael F. 36 G0:39.59 Hels, Bichael F. 36 G0:39.59 Hels, Bichael F. 36 G0:39.59 Hels, Bichael F. 39 G0:39.59 Hels,	Goeden, Rick L. 41 01:15.72 Washbarn, Stephen E. 42 01:34.82 100 METER HDIVIDUAL MEDIAT Washbarn, Stephen E. 42 08:55.26 *** MEN 45-49 ** 50 METER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTILE Franklin, Ben 47 01:06.60 Duerrstein, Roger L. 45 01:86.95 100 METER PRESTILE Bales, Bullek 45 01:36.05 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 13:33.00 1apon, John J. 48 01:35.78 50 METER BACKSTROUE Duerrstein, Roger L. 45 08:40.89 200 METER BACKSTROUE Duerrstein, Roger L. 45 08:21.70 100 METER BACKSTROUE Franklin, Ben 47 01:26.55 Iupon, John J. 48 01:32.35 MIYAGAWA, Jack 49 01:26.55 Iupon, John J. 48 01:37.83 100 METER BURSTITOUEA Franklin, Ben 47 01:26.55 Iupon, John J. 48 01:37.83 100 METER BURSTITOUEA Franklin, Ben 47 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:26.55 Miyagawa	Britos, George M. 65 Mercick, Bob 69 106 METER FRESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 800 METER FRESTILE Schmidt, Jurgen B. 66 12:40.01 59 METER PRESTILE Schmidt, Jurgen B. 66 12:40.01 59 METER PRESTILE Schmidt, Jurgen B. 66 12:40.01 59 METER PACKSTRORE Merrick, Bob 69 00:42.74 50 METER BUTTERFLI Merrick, Bob 69 10:42.20 Schmidt, Jurgen B. 66 100 ATTER INDIVIDUAL MEDLET Merrick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 10:32.10 4 METER BUTTERFLI Wan Hora, Ernest B. 73 16:13.49 50 METER FRESTILE Van Hora, Ernest B. 73 16:13.49 50 METER PRESTILE Van Hora, Ernest B. 73 10:44.23 Van Hora, Ernest B. 73 200 METER BACKSTROKE Vinship, Brion 71 100 METER BREASTROKE Vinship, Brion 71 100 METER PRESTILE BOVETSOCK, VOODY 76 BUTTST PRESTILE BUTTST
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/85 CA * WOMER 13-2 59 METER FRESSTI MC1003h, Sherrie 40 METER FRESSTI MC10103h, Sherrie 40 METER FRESSTI MC10103h, Sherrie 100 METER FRESSTI Graner, Diana M. Robinson, Leslie Tate, Dianna C. 2 Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sattorius, Valent Feldman, Esther M 108 METER FRESSTI Thomas, Dorothy R Altobello, Maria MacDonald, Susan Feldman, Esther M 108 METER FRESSTI Dodd, Suranne 20 Thomas, Dorothy R Monthly Maria MacDonald, Susan Feldman, Esther M 808 METER FRESSTI Dodd, Suranne 20 Thomas, Dorothy R 100 METER BREASTS Graner, Diana M.	81, PNA 1: 48.16 GST READT HEST Sanction 189-21 loodland #111s	Tulisial, Annette 34 100 HETER PRESTILE MCECON, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 101:56.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne K. 39 17:15.56 59 HETER PRESTILE Sullivan, Shannon C. 35 10:11:34 100 HETER REASTSTORE Cho, Jeanne K. 39 10:10.34 100 HETER REASTSTORE Sullivan, Shannon C. 35 01:36.33 MCECON, Laurie L. 34 01:45.42 50 HETER RUTTEPLY Cho, Jeanne K. 39 100 HETER RUTTEPLY Cho, Jeanne K. 39 100 HETER LIDIVIDUAL HEDLET Cho, Jeanne K. 39 100 HETER PRESTILE JOHNSON, Lucy 42 00:31.01 KOSAVEACH, JOAN S. 47 00:31.01 KOSAVEACH, JOAN S. 47 00:31.01 KOSAVEACH, JOAN S. 47 00:31.01 MEVELLER PRESTILE JOHNSON, Lucy 42 100 HETER PRESTILE JOHNSON, Lucy 42 10:11.17 Caballero, Cathleen 40 10:22.81 100 HETER PRESTILE JOHNSON, Lucy 42 10:12.17 Caballero, Cathleen 40 10:22.81 10:34-22 10:41	100 HSTER INDIVIOUAL HEDLEY Glenn, Sylvia 51	200 METER BACESTRORE Goldschmidt, A. 27 Massh, Alfred R. 25 100 METER BREASTSTRORE Winterbauer, Michael 23 Baine, Charlie R. 25 MILLER STREESTING Winterbauer, Michael 23 MILLER STREESTING Winterbauer, Michael 23 MILLER STREESTING MILLER STREESTREESTING MILLER STREESTING MILLER STREESTING MILLER STREESTING MILLER STREESTING MILLER STREESTING MILLER STREESTING MILLER STRE	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 400 METER HOLVIDUAL MEDLET Washburn, Stephen E. 42 08:55.20 *** MEM 45-49** 50 METER FRESTILE Duerrstein, Roger L. 45 00:29.64 Frantlin, Ben 47 00:29.66 Mlyagawa, Jack 49 01:32.02 100 METER PRESTILE Frantlin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:36.05 IUDON, John J. 48 01:35.05 ### 50 METER PRESTILE Duerrstein, Ben 47 12:16.93 Mlyagawa, Jack 49 13:33.00 IUDON, John J. 48 13:58.78 50 METER BACKSTROKE Duerrstein, Roger L. 45 00:40.89 200 METER BACKSTROKE Duerrstein, Roger L. 45 03:21.70 100 METER BREASTSTOKE Duerrstein, Roger L. 45 03:21.70 100 METER BREASTSTOKE Duerrstein, Bon 47 01:26.55 IUDON, John J. 48 01:52.23 50 METER BUTTERFIT Hyagawa, Jack 49 01:32.37 100 METER BUTTERFIT Hyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.09 MIYAGAWA, Jack 49 01:31.66 **MEM 50-54** 50 METER FRESTILE Dualey, Jecald V. 54 00:28.69 COLORI, Jr., John 54 01:22.65 100 METER FRESTILE Dualey, Jecald V. 54 00:33.06 Goten, Gabriel 53 00:38.88 100 METER FRESTILE TOMBET PRESTILE Dualey, Jecald V. 54 00:28.69 COLORIDAD SA 01:22.65	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 11:16.26 Merrick, Bob 69 10:19.68 800 METER PERESTILE Schmidt, Jurgen B. 66 10:42.00 Schmidt, Jurgen B. 66 10:42.74 50 METER BUTTERFLY Merrick, Bob 69 100 METER INDIVIDUAL MEDLEY Merrick, Bob 69 101 METER PERESTILE Merrick, Bob 69 10:32.10 100 METER INDIVIDUAL MEDLEY Merrick, Bob 69 10:32.10 100 METER FERESTILE VAN HORD, Ernest B. 73 10:13.49 50 METER PERESTILE VAN HORD, Ernest B. 73 10:13.49 50 METER PERESTILE VAN HORD, Ernest B. 73 10:44.23 VAN BORD, Ernest B. 73 00:54.04 100 METER BEKESTEGER VAN HORD, ERNEST B. 73 100:54.04 100 METER PERESTILE BOWERSOCK, VOODY 76 DUERTSEID, ALT 75 100 METER PERESTILE BOWERSOCK, VOODY 76 15:24.52
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE COllege, VI 10/01/89 CA * WOMER 19-2 59 METER FRESSTI MCIALOSM, Sherrie 109 METER FRESSTI MCIALOSM, Sherrie 109 METER FRESSTI MCIALOSM, Sherrie 109 METER FRESSTI Gramet, Diame M. Robinson, Leslie Tate, Diamsa C. 2 Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sartorius, Valent Feldmas, Esther M 109 METER FRESSTI Donad, Susan Feldmas, Bother M 109 METER FRESSTI Dodd, Susane 28 Thomas, Dorothy R 109 METER FRESSTI Dodd, Susane 28 Thomas, Dorothy R 109 METER FRESSTY Dodd, Susane 28 Thomas, Dorothy R 109 METER FRESSTY Dodd, Susane 28 Thomas, Dorothy R 109 METER FRESSTY Dodd, Susane 28 Thomas, Dorothy R 109 METER BREASTS Gramer, Diame M. Tate, Diamna C. 2 Robinson, Leslie	B1 PNA 1:48.16 GET READT HEST Sanction 189-21 loodland Hills Page: 01 LE A. 23 00:32.12 LE A. 23 01:13.58 LE A. 23 01:23.88 5	Tulisiah, Annette 34 100 HETER PRESTILE MCKeon, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 10:56.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PRESTIER Sullivan, Shannon C. 35 01:36.93 MCEcon, Laurie L. 38 10:45.42 59 HETER REMAISTERIER Sullivan, Shannon C. 35 01:36.93 MCEcon, Laurie L. 38 01:45.42 59 HETER RUTTERIX Cho, Jeanne K. 35 10:45.42 59 HETER RUTTERIX Cho, Jeanne K. 35 10:41.20 100 HETER INDIVIDUAL HEDLET Cho, Jeanne K. 35 100 HETER PRESTILE Johnson, Lucy 42 00:32.61 Kosaveach, Joan S. 47 10:35.36 Conte, Kathleen 42 10:37.62 Brisher, Davn C. 40 10:31.62 Brisher, Davn C. 40 10:31.62 Brisher, Davn C. 40 10:31.62 Brisher, Davn C. 40 10:34.72 Brisher, Davn C. 40 10:34.72 Brisher, Davn C. 40 10:36.72 Brisher, Davn C. 40 10:37.62 Brisher, Davn C. 40 10:41.42 Brisher, Davn C. 40 10:41.42 Brisher, Davn C. 40 10	100 METER INDIVIOUAL MEDLEY	200 METER BACESTROEE 02:21.87	Goeden, Rick L. 41 01:15.72 Washbarn, Stephen E. 42 01:34.82 100 METER HDIVIDUAL MEDIAT Washbarn, Stephen E. 42 08:55.26 *** MEN 45-49 ** 50 METER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTILE Franklin, Ben 47 10:6.60 Duerrstein, Roger L. 45 01:86.95 100 METER PRESTILE Bales, Bullek 45 01:86.95 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 13:33.00 1apon, John J. 48 01:35.78 50 METER BACKSTROUE Duerrstein, Roger L. 45 08:40.89 200 METER BACKSTROUE Franklin, Ben 47 01:26.55 Iupon, John J. 48 01:52.23 50 METER BUTTERFILE Hiyagawa, Jack 49 01:26.55 Iupon, John J. 48 01:21.70 DUE METER BUTTERFILE Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:31.66 Son METER PRESTILE Dunlap, Jerald V. 54 00:28.69 Corrod, Jr., John 54 00:33.06 Goren, Gabriel 53 00:38.81 100 METER PRESTILE Dunlap, Jerald V. 54 00:38.08 Son METER PRESTILE Dunl	Brinton, George M. 65 Mercick, Bob 69 106 Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 11:16.26 Merrick, Bob 69 11:16.26 Merrick, Bob 69 12:40.01 15. METRE PERESTILE Schmidt, Jurgen B. 66 12:40.01 15. METRE PERESTILE Schmidt, Jurgen B. 66 10:42.74 10. METRE BUTTERFLI Merrick, Bob 69 10:42.74 10. METRE BUTTERFLI Merrick, Bob 69 10:32.10 10. METRE BUTTERFLI Merrick, Bob 69 10:31.02 10. METRE BUTTERFLI Wan Hora, Eraest B. 73 16:13.49 10. METRE PERESTILE Van Hora, Eraest B. 73 16:13.49 10. METRE BACKSTROKE Winship, Brion 71 10. METRE BACKSTROKE Wan Hora, Eraest B. 73 10:42.64 10. METRE BACKSTROKE Wan Hora, Eraest B. 73 10:42.64 10. METRE PERESTILE Bowersock, Woody 76 10:34.75 10. METRE PERESTILE Bowersock, Woody 76 10:23.73 Butnside, John M. 79 10:42.51 10. METRE PERESTILE Bowersock, Woody 76 15:24.52 Burnside, John M. 79 10:42.51 15:45.52 15. METRE BACKSTROKE BOWERSOCK, Woody 76 15:24.52 15. METRE BACKSTROKE 15:24.52 15. METRE BACKSTROKE 15:24.52 17:02.36 15. METRE BACKSTROKE
100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE College, W 10/01/85 CA * WOMER 15-2 59 METER FRESTI MCIATOSM, Sherrie 404 METER FRESTI MCIATOSM, Sherrie 104 METER FRESTY MCIATOSM, Sherrie 105 METER FRESTY MCIATOSM, Sherrie 106 METER FRESTY Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sattorius, Valent Feldman, Esther M 104 METER FRESTY Thomas, Dorothy R Altobello, Maria MacDonald, Susan Feldman, Esther M 104 METER FRESTY Dodd, Suzanne 24 Thomas, Dorothy R 104 METER BRESTY Dodd, Suzanne 24 Thomas, Dorothy R 104 METER BRESTY Graner, Diame M. 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100 YD. J.M. JIM PENFIELD 1989 PIERCE FALL 25 SCM PIERCE COllege, VIOLOGICA 1 WOMEN 19-2 59 METER PRESSTI MCIALOSM, Sherrie 840 METER PRESSTI MCIALOSM, Sherrie 840 METER PRESSTI MCIALOSM, Sherrie 100 METER INDIVID MCIALOSM, Sherrie 100 METER INDIVID MCIALOSM, Sherrie 100 METER PRESSTI Graner, Diame M. Robinson, Leslie Tate, Diama C. 2 Thomas, Borothy R Altobello, Maria MacDonald, Susaan Sartorius, Valent 180 METER PRESSTI Thomas, Borothy R Altobello, Maria MacDonald, Susaan Feldman, Esther M 180 METER PRESSTI Thomas, Dorothy R Altobello, Maria MacDonald, Susaan Feldman, Esther M 180 METER PRESSTI Thomas, Dorothy R 180 METER PRESSTI Caner, Olane M. Tate, Diama C. 2 Robinson, Leslie Sartorius, Valent	B1 PNA 1:48.16 GET READ! HEST Sanction 1859-21 loodland Bills Page: 01 LE A. 23 00:32.12 LE A. 23 01:13.58 LE A. 23 01:13.58 LE A. 23 01:23.88 9 12 00:34.69 10 00:34.69 10 28 00:34.58 27 00:34.69 10 29 00:34.58 27 00:34.69 10 29 00:36.53 LE A. 28 00:36.53 LE A. 29 01:17.44 10 110.37 20 01:15.47 21 01:15.47 22 01:25.27 LE A. 25 01:33.38 10 25 01:25.31 8 01:25.31 8 01:25.31 8 01:25.31 8 01:25.31 8 01:25.31	Tulisiah, Annette 34 100 HETER PRESTILE MCKeon, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 10:56.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 10:18.34 100 HETER BREATSTRORE Sullivan, Shannon C. 35 01:36.53 MCECON, Laurie L. 38 10:45.42 59 HETER REMETILE JOHNSON, Lucy 42 100 HETER INDIVIDUAL HEDLET Cho, Jeanne K. 35 100 HETER PRESTILE JOHNSON, Lucy 42 100 HETER PRESTILE JOHNSON, Lucy 42 100 HETER PRESTILE JOHNSON, Lucy 42 100:37.62 Brisher, Davn C. 40 10:33.56 Conte, Kathleen 42 10:37.62 Brisher, Davn C. 40 10:31.27 100 HETER PRESTILE JOHNSON, Lucy 42 100:37.62 Brisher, Davn C. 40 10:38.56 Conte, Kathleen J. 42 10:38.72 100 HETER PRESTILE JOHNSON, Lucy 43 10:12.17 100 HETER PRESTILE JOHNSON, Lucy 41 100 HETER PRESTILE JOHNSON, Lucy 42 100 HETER PRESTILE JOHNSON, Lucy 43 100 HETER PRESTILE JOHNSON, Lucy 44 100 HETER PRESTILE JOHNSON, Lucy 45 100 HETER PRESTILE JOHNSON, Lucy 46 100 HETER PRESTILE JOHNSON, Lucy 47 100 HETER PRE	100 METER INDIVIOUAL MEDLEY	200 METER BACESTRORE Goldschmidt, A. 27 Massh, Alfred R. 25 100 METER BREASTSTRORE WinterDauer, Michael 29 Gl:12.92 Raine, Charile R. 29 Gl:20.45 Acuma, Conrad M. 28 Gl:31.19 Thang, Moses 28 Gl:34.76 52 METER BUTERFLY Laird, D. Burgess 28 Gl:34.76 52 METER BUTERFLY Laird, D. 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100 VD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCN PIERCE College, W 10/01/85 CA * WOMER 15-2 59 METER PRESSTI MCIALOSA, Sherrie 400 METER PRESSTI MCIALOSA, Sherrie 100 METER PRESSTI Tate, Diama C. 2 Thomas, Dorothy R Altobello, Maria MacDonald, Susan Sactorius, Valent Peldman, Esther M 100 METER PRESSTI Thomas, Dorothy R Altobello, Maria MacDonald, Susan Feldman, Esther M 100 METER PRESSTI Dodd, Suzanne 24 Thomas, Dorothy R 100 METER PRESSTI Dodd, Suzanne 24 Thomas, Dorothy R 100 METER PRESSTI Dodd, Suzanne 24 Thomas, Dorothy R 100 METER PRESSTI Dodd, Suzanne 24 Thomas, College Sartorius, Valent So METER BUTTER! Gramer, Diame M. Dodd, Suzanne 24 Dodd, Suzanne 24	81, PNA 1:48.16 GST READT HEST Sanction 189-21 loodland #111s	Tulisiah, Annette 34 100 METER PRESTILE MCKeon, Laurie C. 34 101:32.27 Cho, Jeanne K. 39 101:56.28 100 METER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 52 METER RACKSTROEE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 10:18.34 100 METER PRESTSTROEE Sullivan, Shannon C. 35 01:36.33 MCECON, Laurie L. 34 101:45.42 50 METER RUTTERPLY Cho, Jeanne K. 39 101:45.42 50 METER RUTTERPLY Cho, Jeanne K. 39 10:21.20 100 METER THDIVIDUAL MEDLEY Cho, Jeanne K. 39 10:21.20 100 METER THDIVIDUAL MEDLEY Cho, Jeanne K. 39 10:21.20 100 METER THDIVIDUAL MEDLEY Cho, Jeanne K. 39 10:32.20 100 METER THDIVIDUAL MEDLEY Cho, Jeanne K. 39 10:32.20 100 METER THDIVIDUAL MEDLEY Cho, Jeanne K. 39 10:32.20 100 METER THRESTILE Johnson, Lucy 42 00:33.36 Coate, Kathleen 42 00:37.62 Brinker, Dava C. 40 00:38.06 Meville, Kathleen J. 42 10:34.16 Brinker, Dava C. 40 11:2.17 Caballero, Cathleen 40 12:2.91 100 METER PRESTILE Johnson, Lucy 42 101:41.16 Brinker, Dava C. 40 11:5.15 Brinker, Dava C. 40 12:2.91 100 METER PRESTILE Johnson, Lucy 42 10:33.76 Pittman, Carolyn J. 43 10:22.91 100 METER PRESTILE Johnson, Lucy 42 10:41.65 10:41.	100 METER INDIVIOUAL MEDLEY	200 METER BACESTROEE Goldschuidt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTROEE Winterbauer, Michael 23 Baine, Charlie R. 25 MIRTER BUTTERFLY Laird, D. Burgess 28 Goldschuidt, A. 27 Pearce, John R. 29 MIRTER BUTTERFLY Laird, D. Burgess 28 Goldschuidt, D. Burgess 28 Beaine, Charlie R. 29 Acuna, Conrad M. 28 Goldschuidt, D. Burgess 28 Beaine, Charlie R. 29 MIRTER BUTTERFLY Bodrigues, Gerry A. 26 Bevius, Steve T. 25 200 METER BUTTERFLY Winterbauer, Michael 29 Acuna, Conrad M. 28 Pearce, John R. 29 Goldstein, Don P. 26 METER BUTTERFLY Goldstein, Don P. 26 METER PRESTYLE Miller, Randy S. 31 Altman, Jin R. 34 Goldschuidt, Miller, Bandy S. 31 MIRTER FRESTYLE Miller, Randy S. 31 MILTER FRESTYLE MILTER FRESTYLE Burke, Tin P. 32 Altobello, Ton 34	Goeden, Rick L. 41 01:15.72 Washbarn, Stephen E. 42 01:34.82 400 METER HDIVIDUAL MEDIAT Washbarn, Stephen E. 42 08:55.20 *** MEN 45-49 ** 50 METER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTYLE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:35.05 100 METER PRESTYLE Bales, Bullet 45 12:16.93 Miyagawa, Jack 49 13:33.00 Tupon, John J. 48 01:35.78 50 METER BACKSTROKE Duerrstein, Roger L. 45 00:40.85 200 METER BACKSTROKE Duerrstein, Roger L. 45 00:21.70 100 METER BREASTITOKE Franklin, Ben 47 01:26.55 Tupon, John J. 48 01:52.23 50 METER BATTERFLE Hyagawa, Jack 49 01:52.23 50 METER BATTERFLE Duerrstein, Roger L. 45 01:21.70 100 METER BREASTITOKE Franklin, Ben 47 01:21.72 Duerrstein, Roger L. 45 01:23.05 Miyagawa, Jack 49 01:36.62 *** MEN 50-54 50 METER BATTERFLE Duniap, Jerald V. 54 00:28.69 Coren, Gabriel 53 00:38.88 100 METER BREASTITOKE MIYAGAWA JACK 49 01:33.06 Goren, Gabriel 53 00:38.88 100 METER BREASTITOKE MIYAGAWA JACK 49 01:33.06 Goren, Gabriel 53 00:38.88 100 METER BREASTITOKE MIYAGAWA JACK 49 01:33.06 Goren, Gabriel 53 00:38.88 100 METER BREASTITOKE MIYAGAWA JACK 49 01:22.85 50 METER BREASTITOKE MIYAGAWA JACK 49 01:44.86 50 METER BREASTITOKE MIYAGAWA	Brintos, George M. 65 Mercick, Bob 69 108. Here PERESTILE Schmidt, Jurgen B. 66 Mercick, Bob 69 800. HERE PERESTILE Schmidt, Jurgen B. 66 11:16.26 Mercick, Bob 69 800. HERE PERESTILE Schmidt, Jurgen B. 66 12:40.01 50. METER PERESTILE Schmidt, Jurgen B. 66 10:19.68 Mercick, Bob 69 80:42.74 50. METER BUTTERFLI Mercick, Bob 69 10:42.74 50. METER BUTTERFLI Mercick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 100. AUTER BUTTERFLI Mercick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 10:32.10
100 YD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCN PIERCE College, VICTOR 1940/195 CA 1940/195	B1 PNA 1:48.16 GET READ! HEST Sanction 1859-21 loodland Hills Page: 01 LE A. 23 00:32.12 LE A. 23 01:13.58 LE A. 23 01:13.58 LE A. 23 01:23.88 J. 28 00:34.10 25 00:34.58 27 00:34.58 27 00:34.58 27 00:34.58 28 00:36.51 LE 10:42.42 29 01:19.47 20 01:19.47 21 01:25.27 LE 10:42.42 21 01:25.27 LE 10:42.42 22 01:36.38 LE 10:42.42 25 01:36.38 LE 10:36.36 LE 25 01:36.38 LE 25 00:36.61	Tulisiah, Annette 34 100 HETER PRESTILE MCKeon, Laurie C. 38 101:32.27 Cho, Jeanne K. 39 10:55.28 100 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER PRESTILE Sullivan, Shannon C. 35 11:41.14 Cho, Jeanne E. 39 17:15.56 59 HETER RACKSTRORE Sullivan, Shannon C. 35 01:36.93 MCECON, Laurie L. 38 10:45.42 59 HETER RACKSTRORE Sullivan, Shannon C. 35 01:36.93 MCECON, Laurie L. 38 10:45.42 59 HETER RACKSTRORE Sullivan, Shannon C. 35 01:36.93 MCECON, Laurie L. 38 10:45.42 59 HETER RETTREET Cho, Jeanne K. 35 10:41.20 100 HETER INDIVIDUAL HEDLET Cho, Jeanne K. 35 100 HETER INDIVIDUAL HEDLET Cho, Jeanne K. 39 10:41.20 100 HETER PRESTILE Johnson, Lucy 42 00:32.61 Kosaveach, Joan S. 42 10:33.56 Conte, Kathleen 42 10:37.62 Brisher, Davn C. 40 10:12.17 Caballero, Cathleen 40 10:35.22 100 HETER PRESTILE Johnson, Lucy 41 10:11.17 Caballero, Cathleen 42 10:12.17 Caballero, Cathleen 40 10:36.72 Brisher, Davn C. 40 10:12.17 10:11.17 10:1	100 METER INDIVIOUAL MEDLEY	200 METER BACESTRORE Goldschmidt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTRORE Winterbauer, Michael 29 Baine, Charlie R. 29 Acuna, Conrad M. 28 Brand, Conrad M. 28 Brand, Conrad M. 28 Brand, Conrad M. 28 Brand, Conrad M. 29 Brand, Conrad M. 29 Brand, D. Burgess 21 DO: 24. 24 Pearce, John R. 29 DO: 31. 33 Braine, Charlie R. 29 DO: 32. 27 Acuna, Conrad M. 24 Bevius, Steve T. 25 DO: METER BUTTERFLY Bodriques, Gerry A. 16 Schoenaler, Thomas M. 27 DO: 35. 55 DO: METER BUTTERFLY Winterbauer, Michael 29 DO: 35. 55 DO: METER BUTTERFLY Winterbauer, Michael 29 DO: 36. 50 Brand, Doi: 10. 10. 10. 10. 10. 10. 10. 10. 10. 10.	Goeden, Rick L. 41 01:15.72 Washburn, Stephen E. 42 01:34.82 100 METER HOLVIDUAL MEDLET Washburn, Stephen E. 42 08:55.20 *** MEN 45-49** 50 METER FRESTILE Duerrstein, Roger L. 45 08:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 01:32.62 100 METER PRESTILE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 08:30.65 100 METER PRESTILE Bales, Bullet 45 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 13:38.00 Iupon, John J. 48 13:58.78 50 METER BACKSTROKE Duerrstein, Roger L. 45 08:40.89 200 METER BACKSTROKE Duerrstein, Roger L. 45 08:21.70 100 METER BACKSTROKE Duerrstein, Roger L. 45 08:21.70 100 METER BACKSTROKE Duerrstein, Roger L. 45 08:22.35 50 METER BACKSTROKE Duerrstein, Roger L. 45 08:21.70 100 METER BACKSTROKE Duerrstein, Ben 47 01:26.55 Iupon, John J. 48 01:52.23 50 METER BACKSTROKE Duerrstein, Roger L. 45 08:21.70 100 METER PRESTILE Duerrstein, Roger L. 45 08:21.70 100 METER PRESTILE Duerrstein, Ben 47 01:21.72 Duerrstein, Roger L. 45 01:23.09 Miyagawa, Jack 49 01:36.62 ** MES 56-54 ** 50 METER PRESTILE Corrodi, Jr., John 54 00:33.06 Goren, Gabriel 53 00:34.54 100 METER PRESTINGE Goren, Gabriel 53 00:44.54 100 METER BREASTSTROKE Goren, Gabriel 53 01:40.86 50 METER BREASTSTROKE GOREN, GARNANA ON SAN SAN SAN SAN SAN SAN SAN SAN SAN SA	Brinton, George M. 65 Mercick, Bob 69 108. Metre PERESTILE Schmidt, Jurgen B. 66 Merrick, Bob 69 801.16.26 Merrick, Bob 69 800. METRE PERESTILE Schmidt, Jurgen B. 66 12:40.01 58. METRE PRESTILE Schmidt, Jurgen B. 66 12:40.01 58. METRE PRESTILE Schmidt, Jurgen B. 66 10:42.74 58. METRE BOLTERFLI Merrick, Bob 69 00:42.74 58. METRE BOLTERFLI Merrick, Bob 69 00:42.70 Schmidt, Jurgen B. 66 10:31.02 Schmidt, Jurgen B. 69 10:31.02 Schmidt, Jurgen B. 73 10:31.04 100. METRE PRESTILE BOWETSCH, FRESTILE BOWETSCH, Voody 76 10:42.51 Duerrstein, Art 75 100. METRE PRESTILE BOWETSCH, Voody 76 15:24.52 Burnside, John M. 79 10:42.51 Duerrstein, Art 75 100. METRE PRESTILE BOWETSCH, Voody 76 15:24.52 Burnside, John M. 79 10:42.51 100. METRE BACKSTROKE BOWETSCH, Voody 76 15:24.52 Burnside, John M. 79 10:42.51 100. METRE BACKSTROKE BOWETSCH, Voody 76 15:24.52 Burnside, John M. 79 10:42.51 100. METRE BACKSTROKE BOWETSCH, Voody 76 15:24.52 Burnside, John M. 79 10:42.51 100. METRE BACKSTROKE BOWETSCH, Voody 76 15:24.52 17:02.36 17:0
100 YD. J.M. JIM PENFIELD 1949 PIERCE FALL 25 SCM PIERCE COllege, VIOLE 1940/149 CA 1940/149 C	B1 PNA 1: 48.16 GET READ! HEET Sanction 185-21 loodland Hills Page: 01 LL LA LA 23 00:32.12 LL LA 23 01:13.58 LL LA 23 01:23.88 LA 23 01:33.94 LA 25 00:34.10 25 00:34.59 26 00:34.59 27 00:34.59 LR LB	Tulisiah, Annette 34 100 METER PRESTILE MCECOD, Laurie C. 38 Tulisiah, Annette 38 Tulisiah, Salanon C. 35 Tulisiah, Salanon C. 36 Tulisiah, Salanon C. 37 Tulis	100 NETER INDIVIOUAL NEDLEY	200 METER BACESTRORE Goldschmidt, A. 27 Massh, Alfred B. 25 100 METER BREASTSTRORE WinterDauer, Michael 29 01:12.92 Raine, Charile R. 29 Acuna, Conrad M. 28 01:23.19 Ihang, Moses 28 01:34.76 SA METER BUTTERFLE Laird, D. Burgess 20 00:34.76 SA METER BUTTERFLE Conrad M. 28 Mevius, Steve T. 25 00:32.27 Acuna, Conrad M. 28 Mevius, Steve T. 25 00:32.27 Acuna, Conrad M. 28 Mevius, Steve T. 25 00:35.55 200 METER BUTTERFLE Rodrigues, Gerty A. 16 02:31.08 Shoemaler, Thomas M. 27 02:38.39 100 METER INDIVIDUAL MEDICE WinterDauer, Michael 23 01:34.89 100 METER JUDIAL MEDICE WinterDauer, Michael 23 01:13.63 Pearce, John R. 29 01:14.47 Goldstein, Don P. 26 01:13.63 Pearce, John R. 29 01:14.47 Goldstein, Don P. 26 01:13.63 Altman, Jin R. 34 Altman, Jin R. 34 00:28.97 Kaifas, Mict 32 00:29.53 Mere, Tin P. 32 00:31.33 Bonoaa, Oscar T. 31 100 METER FRESTYLE Miller, Randy S. 31 102 METER FRESTYLE Miller, Randy S. 31 104 METER FRESTYLE Miller, Randy S. 31 106 METER FRESTYLE Butte, Tin P. 32 Altman, Jin R. 34 Altobello, Ton 34 01:03.28 01:04.214 000 METER PRESTYLE Butte, Tin P. 32 00:46.11	Goeden, Rick L. 41 01:15.72 Washbarn, Stephen E. 42 01:34.82 400 METER HDIVIDUAL MEDIAT Washbarn, Stephen E. 42 08:55.20 *** MEN 45-49 ** 50 METER FRESTILE Duerrstein, Roger L. 45 00:29.64 Franklin, Ben 47 00:29.66 Miyagawa, Jack 49 00:32.82 100 METER PRESTILE Franklin, Ben 47 01:06.00 Duerrstein, Roger L. 45 01:35.05 100 METER PRESTILE Bales, Bullet 45 12:16.93 Miyagawa, Jack 49 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 11:38.06 Franklin, Ben 47 12:16.93 Miyagawa, Jack 49 11:38.78 50 METER BACKSTROKE Duerrstein, Roger L. 45 08:20.70 100 METER BRASTSTROKE Duerrstein, Roger L. 45 08:21.70 100 METER BRASTSTROKE Franklin, Ben 47 01:26.55 100 MIN J. 48 01:36.62 **MEN SOME THE MENTIONER Franklin, Ben 47 01:21.72 Duerrstein, Roger L. 45 01:23.09 Miyagawa, Jack 49 01:36.62 **MEN SOME THE MENTIONER Franklin, Ben 47 01:21.72 Duerrstein, Roger L. 45 01:23.09 Miyagawa, Jack 49 01:36.62 **MEN SOME THE MENTIONER FRANKLING TOWN THE MENTIONER FRANKLING TOWN THE MENTIONER FRANKLING TOWN TOWN THE MENTIONER MIYAGAWA, Jack 49 01:36.62 **MEN SOME THE MENTIONER MIYAGAWA, Jack 49 01:36.62 **MEN SOME THE MENTIONER MIYAGAWA, Jack 49 01:36.62 **MEN SOME THE MENTIONER MIYAGAWA, Jack 49 01:33.06 Gorea, Gabriel 53 00:38.88 100 METER BRESSTROKE MUTAL, John 54 00:33.22 COLTOOL, Jr., John 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:33.22 COLTOOL, Jr., John 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:33.22 COLTOOL, Jr., John 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:33.22 COLTOOL, Jr., John 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:33.22 COLTOOL, JR., John 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:48.12 100 METER BUTTERFLY Dunlap, Jerald V. 54 00:48.12 100 METER BUTTERFLY	Brintos, George M. 65 Mercick, Bob 69 108. Here PERESTILE Schmidt, Jurgen B. 66 Mercick, Bob 69 800. HERE PERESTILE Schmidt, Jurgen B. 66 11:16.26 Mercick, Bob 69 800. HERE PERESTILE Schmidt, Jurgen B. 66 12:40.01 50. METER PERESTILE Schmidt, Jurgen B. 66 10:19.68 Mercick, Bob 69 80:42.74 50. METER BUTTERFLI Mercick, Bob 69 10:42.74 50. METER BUTTERFLI Mercick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 100. AUTER BUTTERFLI Mercick, Bob 69 10:31.02 Schmidt, Jurgen B. 66 10:32.10
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SWIMMING NEWS

A SAFETY NOTE - From Leo Letendre - I would like to describe two swimming incidents which happened to two different swimmers from the Ozark Association last year. One of the accidents was quite serious while the other had the potential to be serious. together, these two accidents should remind us of the dangers which are around us when we swim but which we often ignore. The first swimmer is a USS swimmer who was competing in the regional meet. While entering the water for a backstroke start, he was holding onto the starting block when he slipped. his fingers became wedged in the starting block and was ripped off his hand as he fell into the water. The starting block had to be disassembled to remove the finger at which time the swimmer was rushed to Louisville where the finger was reattached. The swimmer has been back in the water for some time now and appears to be doing as well as could be _q_ computers print out the results! Sorry.....

Pan-Pacific Championships Indianapolis. The swimmer, a member of St. Louis Masters, was practicing her grab start in the main competition pool. During one of these starts, her ring got caught on the lip of the starting platform as she dove into the water. Luckily, the ring was not substantial and broke as she dove. She suffered only a few cuts where the metal scraped her as it came off of her finger. She went on that day to win the 200 IM so she recovered well. These two accidents, especially when taken together, should remind us of the potential for serious accidents that surround us when we are swimming. The first accident demonstrated that there is enough forceavailable in our normal routine to cause serious harm if applied in certain ways. The second shows us that we can cause ourselves to be more vulnerable to these accidents. Many of us wear rings and other jewelry when we swim and there are a number of places that they could get caught, for example, lane starting blocks and gutters. Minimizing these potential accidents can only help us enjoy our sport for a longer period of time...... AN INTERESTING EVENT - Suzanne Dods, a Masters Swimmer for the Tamalpais Aquatic Masters swam the length of Lake Tahoe, a distance of approximately 21 miles. Suzanne is 29 years old and her time was 11 hours and 4 minutes. She was accompanied by Mark Lyon and David Kenyon. She started at 1:17 am from Crystal Bay Point and finished at Regans Beach, South Shore. This feat accomplished without the aid of a wet suit and it is believed to be the first time a woman has completed the length of the Lake. Several men have completed the length with times ranging from 19 hours (Fred Rogers) to 10 hours 19 minutes (David Kenyon)..... LETTER TO EDITOR - Jeff Bankson writes, "I depend on your publication for Masters results and Top Ten lists. These help me see where I might have placed. Along that line I was unhappy to see that only the first place times were listed for the Pan Pacifics meet. Where else can I get results if you don't print them? But aside from that you do a good job. Thanks. To see that Rowdy Gaines placed first is nice, but to see that maybe a few hardcore hasbeens like me have been in the top ten is more incentive. Don't let Masters Swimming get too elite oriented. The reason it is so wonderful is that swimmers of all levels and abilities can compete and win even if it's only the knowledge that they've bettered a previous best time. That's the most important plus."..... Editor's note: I do not have the space to print all results because of the way the

expected. The second accident occurred at

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June Krauser, Editor 2308 N.E. 19th Avenue Ft. Lauderdale, FL 33305



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