**Tulsa Masters 2016 APRIL POOLS SWIM MEET**

**Saturday, April 2, 2016 - Jenks Trojan Aquatic Center Warm - up: 9:00 to 9:45 am. Meet starts at 10 am** Sanctioned by OMS for USMS, Inc. Sanction No. Meet Director: Liz Lazar, lizlazar@yahoo.com, www.okswim.org

**DIRECTIONS**: Jenks (High School) Trojan Aquatic Center 495 N. Birch St, Jenks, OK. ***From U.S. Hwy 75:*** Take the Main St/ Jenks exit. Turn left on Elm Street, right on ʻBʼ Street, left on Birch. The pool is on the right. ***From the Creek Turnpike:*** Elm Street exit. Right on ʻBʼ Street, left on Birch. The pool is on the right.

***From Riverside Drive:*** 96th Street west across the Arkansas River bridge. Right at the first light, immediate left at the stop sign, ʻBʼ Street. Turn right onto Birch St. The pool is on the right. **Facility:** 25-yard, indoor, 8 lane competition pool with non-turbulent lane lines. Continuous warm up and cool down lanes will be available during the meet. Pool length will be certified according to 2015 USMS rules. **Eligibility:** The meet is open to all current USMS registered Masters swimmers age 18 or over as of April 11, 2015. USMS registration is available online at www.usms.org/reg. **Conduct of Meet:** The meet will be conducted under 2015 USMS rules. Heats will be seeded slow to fast by time only. Entrants without seed times will be placed in the slowest heat. All events will be timed finals. We will take 2 scheduled 10 minute breaks in lieu of the relay events. Please contact the meet director if your team wishes to swim a relay(s). **Timing:** Electronic timing will be used with watch backup.  
**Entry Limit:** Each swimmer may participate in a maximum of 5 events. The swimmer may enter the 1000 yd free or the 1650 yd free, but not both. **Registration**: Online entries only through 11:00 pm Wednesday March 30, 2016.  
Deck entries will be accepted the day of the meet. Online entry fee: $25 (plus online surcharge) if entered by 11:00 pm Wednesday, April 2, 2016. Online registration link: *Please note: if paying with a credit card online, your credit card statement will reflect a charge from “ClubAssistant.com Events”..* **Deck Entries:** $40. Deck entries close at 9:30 am the day of the meet.

Checks payable to Jenks Community Education (JCE). Swimmers who deck enter **MUST** provide a copy of your **2016 USMS card** with your entry form. **PRINT** a copy of your 2016 USMS card: www.usms.org/reg/getcard.php

ONLINE PRE-REGISTRATION STRONGLY ENCOURAGED! **Results** will be posted online at www.okswim.org

There will be a social after the meet at a nearby restaurant. Details to be provided.

**TULSA MASTERS 2016 APRIL POOLS SWIM MEET ENTRY FORM SANCTIONED BY OMS for USMS, Inc. Sanction No. 27- Print a copy of your USMS card www.usms.org/reg/getcard.php**

**PLEASE PRINT LEGIBLY ! NAME (**exactly as it appears on your USMS registration card**) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_BIRTHDATE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SEX: M F USMS REG#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SWIM CLUB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_PHONE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ADDRESS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CITY/ST\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ZIP CODE\_\_\_\_\_\_ EMERGENCY CONTACT** (name/ phone number)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ YOU MUST **provide a copy of your 2016 USMS card with your deck entry!**

**ORDER OF EVENTS** meet starts at 10 am, April 2nd, 2016

**Event Entry Time Event Entry time**

1. 500 yd Free \_\_\_\_\_\_\_\_\_\_\_ 10. 1000 yd Free\* \_\_\_\_\_\_\_\_\_\_\_

2. 200 yd Breast \_\_\_\_\_\_\_\_\_\_ 11. 1650 yd Free\* \_\_\_\_\_\_\_\_\_\_\_

3. 50 yd Fly 12. 50 yd Free \_\_\_\_\_\_\_\_\_\_\_\_

4. 100 yd Free 13. 200 yd IM \_\_\_\_\_\_\_\_\_\_\_\_

5. 200 yd Back 14. 100 yd Breast \_\_\_\_\_\_\_\_\_\_\_\_

**\*\*\*10 MINUTE BREAK\*\*\* \*\*\*10 MINUTE BREAK\*\*\***

6. 50 yd Breast 15. 50 yd Back \_\_\_\_\_\_\_\_\_\_\_\_

7. 100 yd IM 16. 100 yd Fly \_\_\_\_\_\_\_\_\_\_\_\_

8. 200 yd Fly 17. 200 yd Free \_\_\_\_\_\_\_\_\_\_\_\_

9. 100 yd Back 18. 400 IM \_\_\_\_\_\_\_\_\_\_\_\_ \*You may enter EITHER the 1000 yd free OR the 1650 yd free.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)  
**Signed** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Date** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Deck Entry Fee $40** \_\_\_\_\_\_\_\_\_**Make checks payable to: Jenks Community Education (JCE)**