ALTS meeting #3 July 28, 2024, 7:00 PM CDT

Members In Attendance: Sue Nutty, Jay DeFlnis, Mike Hamm, Eric Fleckner, Donita Fleckner, Carrie Stolar

Members absent: Brandi Bashor, Nadine Ford, Barb Sloan, Dave Smith, Cindy Wood, Bill Brenner

Member reports:

Brandi Bashor - Nickel City Splash ALS in Buffalo, NY.

- 4 X 10 week sessions annually
- To date, 173 swimmers in program w/38 becoming active dues-paying USMS members
- 1:3 teacher/swimmer ratio
- Volunteer instructor incentives include reduction in membership fees

# Nadine Day - Evolutionary Aquatics

- Monthly sessions of 10 lessons, 3x/week, four levels of skill progressions
- OW swimming, water safety clinics, ongoing training for new instructors
- New courses for seniors (65+)

#### Barb Sloan - AZ LMSC

- Two year data: 6 programs, 172 swimmers, 90% reported skill improvement
- ALTS 2 bridge program launching in September.
- Newest ALTS Phoenix Swim Club built their program around parents of their age-group swimmers

### Mike Hamm - ID

- Time spent learning from Brandi about the Nickel City ALTS program
- 2 ALTS programs in Idaho
- Attended trials and made lots of connections

# Jay DeFinis - OH

- Attended trials, made connections with USA (& other) people
- Helped with implementation of the 185 swimmer registrants who paid to swim in the trials pool for one hour; raising \$50,000 for ALTS grants; one of the hourly slots included a clinic for USMS swimmers led by 5 former Olympians
- Presented a slide show on the upcoming auction and possible donation ideas.
- Golden Goggles to be in Indy the Sunday before Thanksgiving.

#### Eric & Donita - Northern CA

- Grassroots efforts continue with teaching and programming at their pool, while keeping their fingers on the pulse of USMS events in Northern CA.
- Pacific Masters is offering office hours for ALTS questions from USMS members
- Marin Masters has 50-60 adults in every ALTS session.
- Sacramento putting details together to start a program.
- Suggestion of recognition/award for up & coming ALTS programs such as Marin and Walnut Creek. plus others around the country. Bring more attention into growing programs and the number of
  swimmers they are teaching.

## Carrie Stolar – MN

- ALTS instructor class scheduled for Minnetonka in October
- Has been nominated to fill a vacancy on the USA Swimming Foundation Board
- Second ALTS program offered to a predominantly Muslim population in the twin cities area. Third session planned for the fall.

• Referring to the grant program – Carrie mentioned the need for some changes in the grant program to allow for basic equipment to be purchased with grant money, such as caps and goggles. Eric and Donita agreed.

Meeting adjourned 8:00 PM CDT