



Minnesota Masters

Burnsville High School "Throwback" Meet

Burnsville High School Pool

600 Minnesota Hwy 13, Burnsville, MN 55337
Saturday December 13th, 2014



Schedule: Warm-ups – 9:00AM-10:15 AM, Meet – 10:30AM-1:30PM(approx)

Meet Sanction: tbd

Meet Director: Andrew Michelson (amichelson10@gmail.com)

Entry Information: Must be USMS Registered Annual Member or Non-Member fee is required.

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|-----------------------------------|---|
| EARLY-BIRD (deadline Nov. 30th) | PRE REGISTER(online registration closes Dec.10th) |
| -USMS Member: \$15 | -USMS Member: \$20 |
| -Non-Member: \$40 | -Non-Member: \$45 |
| -Non-Member but USAT-Member: \$35 | -Non-Member but USAT-Member: \$40 |
| -Non-Member but under-30: \$35 | -Non-Member but under-30: \$40 |

DECK ENTRIES CLOSE 30 minutes prior to the Meet's Start Time. (Deck Entry fee is \$5 more than "Pre-Register" Rate.)
 Entry fees are non-refundable. **Online entries are paid by credit card to "ClubAssistant.com Events."**

High-School Throwback: Let's all hearken back to days of yore as we swim the High School event list...plus the 1000 Free for the slow-twitch crowd. And no diving (but there will be a break between the 50 Free and 100 Fly instead).

Course: 6 lane 25yd pool, using 5 lanes for competition. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Relays: There will be a 5 minute break before each relay event – relay entries will be accepted through the start of the event before each relay. All relays must complete a relay entry card complete with first and last name and age of each swimmer. Each card must have the club/workout group name (all 4 members must be registered with that club/workout group); circle the distance and type of relay.

Results: Will be posted at the meet and online at www.minnesotamasters.com within one week.

Event Number	Event	Entry Time
1	200y Medley Relay*	deck entry
2	200y Freestyle	__:__:__
3	200y IM	__:__:__
4	50y Freestyle	__:__:__
5	100y Butterfly	__:__:__
6	100y Freestyle	__:__:__
* 200y Medley Relay, 200y Free Relay and 400y Free Relay will be seeded based on entries received on race day.		

Event Number	Event	Entry Time
7	500y Freestyle	__:__:__
8	200y Free Relay*	deck entry
9	100y Backstroke	__:__:__
10	100y Breaststroke	__:__:__
11	400y Free Relay*	deck entry
12	1000 Freestyle*	deck entry
* 1000y Freestyle require positive check-in on race day		

Paper Entry(USMS members Only)- Please mail this form, check for correct amount, and copy of USMS card to: David Bergquist c/o Recruit Masters, Suite 300, 8200 Humboldt Ave. So., Bloomington, MN 55431.

PLEASE PRINT

Print Name: _____ Male Female USMS #: _____ - _____

Birthdate: ____/____/____ Age: ____ Club: _____ Phone: _____ - _____ - _____

Email Address: _____

*****Signature Required on following Page**

**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Please Sign: _____

Date: _____