



Masters of South Texas First Glance – Last Chance

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Posted 1/15/15

- Meet:** •USMS Spring Nationals Qualifier - Time Trial Format
- Sanction:** •434-XXXX
- Date:** •Sunday, March 15, 2015
- Venue:** •**Northside Swim Center**
•8400 North Loop 1604 W
•San Antonio, Texas 78249
•210-397-8985
- Facility:** •Eight-lane outdoor 25-yard competition course
•Start end 6'7" / Turn end 9'0"
•All automatic Colorado starting and timing
•Deck seeding for athletes. No folding chairs allowed in venue
•Ample warm-up / cool down lanes available
- Format:** •Timed Finals
•The 400-meter, 800-meter, 1500-meter freestyle and 400-meter individual medley will require positive check-ins and seeded on deck.
•Meet will be seeded fastest to slowest
•Men & Women Combined Events

- Liability:** •In granting a sanction for this meet, it is understood and agreed that USMS, South Texas Masters Swimming LMSC, Masters of South Texas (MOST), the Northside Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.

USMS

- Registration:** •All swimmers and coaches participating in this competition must be current (2015) registered with USMS Swimming.
•All should also be prepared to present their USMS Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
•Swimmers who deck enter will be required to present their USMS Swimming ID Card

- Rules:** •The 2015 USMS Swimming Rules and any relevant sections of the USMS Handbook will apply.

Swim Suit

- Restrictions:** •Only one suit is permitted during competition
•The suits must:
•Be of one piece
•Be constructed of woven / knit material
•Be 100% permeable to air and water
•Not aid buoyancy
•Not extend below the top of the knee and not cover the neck or shoulders for women
•Not extend above the navel or below the top of the knee for men
•Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied

Cell phone

- Restrictions:** •The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.
•There are no exceptions to this prohibition.
•Violators are subject to disqualification from the meet and disbarment from the facility.

Qualifying

- Times:** •None

Entry

- Deadline:** •Postmarked by Monday, March 9, 2015.

Entry

- Restrictions:**
- This meet is open all current (2015) USMS Swimming and FINA registered athletes
 - Swimmers must be age 18 or older
 - Age as of March 15, 2015 will determine age for the meet
 - Maximum of four individual events
 - All entries must include a seed time

- Entry Fees**
- \$30.00 Individual Entry Fee
 - \$40.00 Individual Late or Deck Entry Fee

•Checks payable to: **Aquatex**

Late/Deck Entries?

- Yes.

FAX

- Entries:**
- Under no circumstances will entries be accepted via FAX

Scratch

- Rules:**
- There is no penalty for scratching an event

Meet

Management:

Entries Chair:
 Susan Ingraham
 302 Happy Trail
 San Antonio, TX 78231
 210-859-2859
 Aquatex101@aol.com

Meet Director:
 Terry Veters
 8400N Loop 1604 W
 San Antonio, TX 78249
 210-397-8985
 Terry.Veters@nisd.net

Meet Head Referee:
 Terry Veters

- Warm-ups:**
- Warm-ups will be conducted in accordance with the current USMS Policies and Procedures
 - Feet first entry into the water
 - Please also review the daily schedule below

- Awards:**
- None.

- Special Needs:**
- Please notify the Northside ISD (210-397-8985) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
 - The NISD Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
 - In any meet sanctioned or approved by South Texas Masters Swimming, which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USMS Swimming Rules and Regulations.
 - A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
 - Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged as such.

- Timers:**
- The host team will attempt to provide backup timers for this meet
 - Volunteers will undoubtedly be needed

Daily

- Schedule:**
- Warm-ups begin 7:30 AM
 - Check-in for all Distance Events* 8:30 AM
 - Deck Entries Close 8:30 AM
 - Clear pool 8:50 AM
 - Meet begins 9:00 AM

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Order of Events

Event #	Distance / Stroke	Entry Time
1	500 Free	
2	400 IM	
3	200 Free	
4	200 Back	
5	200 Breast	
6	200 Fly	
7	200 IM	
8	100 Free	
9	100 Back	
10	100 Breast	
11	100 Fly	
12	100 IM	
13	50 Free	
14	50 Back	
15	50 Breast	
16	50 Fly	

20 Minute Break

Name _____
 Phone _____

Event #	Distance / Stroke	Entry Time
17	50 Free	
18	50 Back	
19	50 Breast	
20	50 Fly	
21	100 IM	
22	100 Free	
23	100 Back	
24	100 Breast	
25	100 Fly	
26	200 IM	
27	200 Free	
28	200 Back	
29	200 Breast	
30	200 Fly	
31	400 IM	
32	500 Free	
33	1000 Free	
34	1650 Free	

Email _____
 Age as of 3/15/15 _____

Attach a Copy of USMS Card Here

Meet Referee reserves the right to combine events of similar distance, when less than THREE swimmers enter in the same event.

Men / Women Combined Events

Swimmers may only select ONE event between # 33 & # 34

Mail Entry Form & \$30 Check
 Aquatex
 302 Happy Trail
 San Antonio, TX 78231