## Port Angeles Swim Club (PASC) presents SARC "Old School" Masters Meet Sunday, March 6 2016 Warm-up: 11:00 AM Meet Starts: 12:00 Noon Sanctioned by PNA for USMS Inc. #366-S004

LOCATION: William Shore Memorial Pool, 225 E 5th St, Port Angeles, WA 98362 This meet is in Port Angeles, not Sequim.

**FACILITY:** Competition 25 yard, 6 lanes. Temp 82°F. Continuous warmup in the dive tank. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. Electronic timing.

MEET DIRECTORS: Dani Keller (<u>danilynn57@juno.com</u>) Elizabeth Hogan (<u>ehogan@wccg.net</u>)

**MEET REFEREE:** Shellie Hunter (<u>Shellie.hunter@yahoo.com</u>)

**CONCESSIONS:** Snacks for Sale at the PASC table.

RULES: Current USMS rules will govern the meet.

- **ELIGIBILITY:** Open to all 2016 USMS or foreign registered swimmers 18 and above as of 03/06/2016. Age groups based on the swimmer's age as of 03/06/2016.
- **ENTRIES:** Swimmers may enter up to 5 individual events. Entries must be postmarked by Thursday, February 25, 2016 or submitted online by 11:59 PM (Pacific) Monday, February 29, 2016. **NO Deck Entries**.
- **ENTRY FEES:** \$13 (US or Canadian; includes LMSC and timing surcharges) PLUS \$3 per individual event (optional for seniors and needs-based swimmers). No charge for relays.
- **ONLINE ENTRIES:** Enter online at:

https://www.ClubAssistant.com/club/meet\_information.cfm?c=1534&s mid=7086

PAPER ENTRIES: Use the <u>PNA Generic Entry Form</u> available on the PNA Website or in The WetSet (JAN/FEB 2016). Make checks payable to Port Angeles Swim Club. Mail to: PASC/ PO Box 1056, Port Angeles, WA 98362.

ENTRY QUESTIONS: Dani Keller (danilynn57@juno.com)

**SEEDING:** All events slow to fast, age groups and sexes mixed. Preseeding except for 500 Free.

- **CHECK-IN:** Positive check-in required for the 500 Free by end of break between Events 8 & 9. Swimmers missing the check-in deadline may be scratched from the event.
- **RELAYS:** Deck-enter relays at the meet at no charge. Mixed relays require two men and two women.

**AWARDS:** PNA medals for purchase.

## ORDER OF EVENTS:

1	200 Medley Relay (M)	9	100 Free
2	200 Medley Relay (W)	10	50 Breast
3	200 Free	11	200 IM
4	50 Back	12	200 Free Relay (W)
5	100 IM	13	200 Free Relay (M)
6	100 Fly	14	100 Back
7	200 Med Relay (Mixed)	15	50 Fly
8	50 Free	16	100 Breast
BREAK (15 Min)		17	200 Free Relay (Mixed)
CHECK-IN Deadline		18	500 Free
for 500 Free			

## **DIRECTIONS:**

- From Edmonds-Kingston Ferry: WA-104 to US-101 to Port Angeles (60 mi).
- From Bainbridge Ferry: N on WA-305 & WA-3 to WA-104 (at Hood Canal Bridge) to US-101 to Port Angeles (71 miles).
- In Port Angeles, follow US-101 to E 5<sup>th</sup> St, turn left. The pool is the second building on your left.
- LODGING: <u>Red Lion Hotel</u>, 221 N Lincoln St, Port Angeles, (800) 733-5466) <u>http://www.redlion.com/port-angeles,</u>, **\$119**.

<u>Quality Inn Uptown</u>, 101 E 2nd St, Port Angeles, (360) 457-9434, <u>https://www.choicehotels.com/washington/port-angeles/quality-inn-hotels/wa099</u>**\$90**.



