



34TH DAM LAKE BERRYESSA SWIM STEELE CANYON CAMPGROUND LAKE BERRYESSA, NAPA, CA SATURDAY, JUNE 4, 2016



Registration opens March 21, 2016
Online registration closes **Wednesday, June 1, 2016** at 11:59 PM EST
Mail-in registration must be received by Wednesday, June 1, 2016

Location: Steele Canyon Campground, Steele Canyon Road, Lake Berryessa, Napa, CA

Course: 1-mile and 2-mile single loop

Host: Davis Aquatic Masters. Race Director: Melanie Gentles, berryessa@damfast.org

Event website: damfast.org

Facebook: facebook.com/DAM-Lake-Berryessa-Swim-268535123281345

Sanction: This event is sanctioned by Pacific Masters Swimming for USMS, Inc. (Sanction #) and USA Swimming.

Conditions/Safety: Expected water temperature is 65-70 degrees. Each course is patrolled by safety craft. Individual escorts are not allowed. All swimmers must wear the provided swim cap and follow all USMS and USA-S rules. Mandatory safety briefings will be held at 8:30 a.m. and 10:15 a.m. at the information kiosk. The Event Safety Plan will be posted at the registration desk on race day and is available prior to race day by request from berryessa@damfast.org.

Entries: Printable entry form is available at damfast.org.

USMS entries: www.clubassistant.com/club/meet_information.cfm?c=1741&smid=7617

USA-S entries: www.clubassistant.com/club/meet_information.cfm?c=1741&smid=7618

Fees:

Early Bird (ends 5/4/2016)

\$35. 1-mile or 2-mile swim, Masters

\$50. Both swims, Masters

\$25. 1-mile or 2-mile swim, USA-S

\$40. Both swims, USA-S

\$20. 500-yd swim, USA-S

\$5 USMS Insurance surcharge for Masters swimmers (once per swimmer)

Additional processing fees (approximately 2% of total charges) are applied to online entries.

Entry fees are non-refundable and non-transferable.

Online entry is paid by credit card to "ClubAssistant.com Events"

Fees include

- Swim cap
- **Official Berryessa Mug** - 12 oz. glass stein, back by popular demand!! (guaranteed only for Early Bird & Pre-registered entrants. Race day mugs subject to availability)
- Post Race Refreshments
- Online Race Results

Eligibility: This event is open to U.S. Masters (USMS) and USA Swimming (USA-S) registered swimmers or members of an equivalent FINA organization (for foreign swimmers). To register for the event, you must provide proof of current membership. You may register for USMS during your event entry process.

Scoring Divisions: Masters division divided by gender in five-year increments according to USMS Rules (18-24, 25-29, 30-34, etc.). Youth swimmers divided by gender in the following age groups: 10 & under (500 yd only), 11-12 (1-mile only), 13-14, 15-18.

Awards: Awards will be given to the overall female and male winners, and to the first three female and male places in all age groups, for each event.

Other Event Details:

- Commemorative **t-shirts** may be purchased during online or mail-in event registration. Limited quantities of commemorative t-shirts will be available for purchase at the event.
- Two **Food Trucks** will be onsite to provide fresh-cooked lunches. Lunch may be pre-purchased during event registration or on race day (while quantities last).
- **Lodging:** Basic campsites (no running water or electricity) are available at Steele Canyon Campground. Call 1-877-386-4383 for reservations. Full hookup camping sites are available at Pleasure Cove Marina (goberryessa.com, click on “Forever Resorts Marinas”). Nearest hotels are in Napa, Vacaville, or Fairfield.
- **Rules:** This event will be governed by 2015 USMS Rules for Open Water Swimming.
- **Start:** Shallow water, wave starts (by age and gender)
Finish: Onshore
- **Course:** 1-mile and 2-mile single loop, freshwater lake, course closes 60 minutes after the first finisher for each wave

Anticipated Timeline:

- Check-in and Race Day registration opens at 7:30 a.m.
- Check-in and registration close at approximately:
 - 8:45 a.m. for USA-Swimming 2-mile
 - 9:15 a.m. for USMS, Category 1, 2-mile
 - 9:45 a.m. for USMS, Category 2, 2-mile
 - 10:30 a.m. for USA-Swimming 1-mile
 - 11:05 a.m. for USMS, Category 1, 1-mile
 - 11:30 a.m. for USMS, Category 2, 1-mile
 (note: Category 1=non-wetsuit, Category 2=wetsuit)
- Swim Schedule (approximate):

Wave	Age Group	Event	Start Time	Close Time
1	10&Up Girls & Boys	USA-S 500 yd	9:15 a.m.	NA
2	15&Up Girls & Boys	USA-S 2-mile	9:20 a.m.	11:20 a.m.
3	11-14 Girls & Boys	USA-S 2-mile	9:30 a.m.	11:30 a.m.
4	18-39 Men	USMS 2-mile, Cat 1	9:45 a.m.	11:45 a.m.
5	18-39 Women	USMS 2-mile, Cat 1	9:50 a.m.	11:50 a.m.
6	40&Up Men	USMS 2-mile, Cat 1	10:00 a.m.	12:00 p.m.
7	40&Up Women	USMS 2-mile, Cat 1	10:05 a.m.	12:05 p.m.
8	Men & Women	USMS 2-mile, Cat 2	10:15 a.m.	12:15 p.m.
9	15&Up Girls & Boys	USA-S 1-mile	11:00 a.m.	12:30 p.m.
10	11-14 Girls & Boys	USA-S 1-mile	11:05 a.m.	12:35 p.m.
12	18-39 Men	USMS 1-mile, Cat 1	11:35 a.m.	1:05 p.m.
13	18-39 Women	USMS 1-mile, Cat 1	11:40 a.m.	1:10 p.m.
14	40&Up Men	USMS 1-mile, Cat 1	11:45 a.m.	1:15 p.m.
15	40&Up Women	USMS 1-mile, Cat 1	11:50 a.m.	1:20 p.m.
16	Men & Women	USMS 1-mile, Cat 2	12:00 p.m.	1:30 p.m.

DAM is a 501(c)(3) organization that supports local swimming related organizations and swimmers with donations and scholarships. All proceeds support the DAM mission.



OFFICIAL ENTRY FORM

34TH DAM LAKE BERRYESSA SWIM

STEELE CANYON CAMPGROUND

LAKE BERRYESSA, NAPA, CA

SATURDAY, JUNE 4, 2016



Sanctioned by Pacific Masters Swimming for USMS, Inc. & USA Swimming
 Online entry & event info: www.damfast.org or email berryessa@damfast.org

Please type in Adobe Reader or print clearly
 One form per swimmer
 All information is required


Swimmer Personal information	
Name (First MI Last)	
Address	
Address 2	
City	State Zip
Phone number	Race day phone number (only if different)
Email address	
Date of birth	Age on June 4, 2016
Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	
USMS Membership # or USA-S Membership # or FINA Membership #	
Swim Club (with code, if known)	
Emergency contact name on race day	Emergency contact phone number

Race entry (check all that apply, one form per swimmer)

Description	Price	Total
Early Bird Registration (ends 5/4/2016)		
1-mile swim only, Masters Category 1	\$35	
2-mile swim only, Masters Category 1	\$35	
Combined 1-mile and 2-mile swims, Masters Category 1	\$50	
1-mile swim only, Masters Category 2 (wetsuits)	\$35	
2-mile swim only, Masters Category 2 (wetsuits)	\$35	
Combined 1-mile and 2-mile swims, Masters Category 2 (wetsuits)	\$50	
Pre-Registration (ends 6/1/2016)		
1-mile swim only, Masters Category 1	\$40	
2-mile swim only, Masters Category 1	\$40	
Combined 1-mile and 2-mile swims, Masters Category 1	\$55	
1-mile swim only, Masters Category 2 (wetsuits)	\$40	
2-mile swim only, Masters Category 2 (wetsuits)	\$40	
Combined 2-mile and 1-mile swims, Masters Category 2 (wetsuits)	\$55	
USMS insurance surcharge (must be paid once by each swimmer)		\$ 5.00
GRAND TOTAL FOR RACE ENTRIES		

Merchandise & food (price includes sales tax)

Supplies limited – pre-order to guarantee availability

Quantity	FOOD & BEVERAGE OPTIONS	Price ea.	Total
	LUNCH PLATE made to order from onsite food trucks. Choose your main + side + drink at the event. brunchboystruck.com (delicious breakfast & lunch favorites with a cosmopolitan twist) calovetruck.com (New American street food made w/ the freshest ingredients)	\$15	
Quantity	JAMBA JUICE 12 oz. 100% Classic Fruit Smoothie	\$5	
	Mango-A-Go-Go (mangoes, passion & mango fruit juice, pineapple sherbet)		
	Razzmatazz (strawberries, bananas, mixed berry juice)		
	Strawberries Wild (strawberries, bananas, frozen yogurt, apple juice)		
CLASSIC LAKE BERRYESSA "DAM FAST" T-SHIRT (dark heather grey)			
	Men's XXL		\$15
	Men's XL		
	Men's L		
	Men's M		
	Men's S		
	Women's XXL		
	Women's XL		
	Women's L		
	Women's M		
	Women's S		
	Women's XS		
	Youth S		

GRAND TOTAL OF ENTRY FEES, MERCHANDISE & FOOD \$ _____

Check number _____

(If one check is used to pay for multiple swimmers, please indicate the amount of the check on each form, even if the total on this form is different.)

Prices apply only if mail-in registration is received by **May 4, 2016** (Early Bird) or **June 1, 2016** (Pre-registration).

Please make checks payable to: **Davis Aquatic Masters**. Mail entry to

Davis Aquatic Masters, Attn: Lake Berryessa RD, P.O. Box 921, Davis, CA 95617

Online registration closes at 11:59 pm (EST) on **June 1, 2016**. All entry fees are non-refundable and non-transferable. Official entry form and online registration available at www.damfast.org.