



**The Louisville
Invitational**
Short Course Meters (SCM)
November 6, 2016



Sanctioned by Kentucky Masters Swimming for USMS, Inc. Sanction Number 416-S005

Sponsored By: Cardinal Masters

Location: Ralph Wright Natatorium, Floyd and Warnock, University of Louisville, Louisville, Ky

Pool: 8 Lane 25 Meters, Non-Turbulent Dividers, Automatic Timing. 8 Lane 25 Yard warm-up
The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Schedule: Sunday, November 6, 2016, 9:00 am EST; Warm-up at 8:00 am EST; Doors open 7:45 am EST

Eligibility: All swimmers must be registered with United States Masters Swimming, Inc. Each swimmer is responsible for his/her USMS card and will be required to show it upon request by officials.

To be entered, a copy of the swimmer's current USMS registration card MUST accompany the paper entry form.

The meet entry form and relay event cards should display your registered name, number and team name, according to your USMS card. Unattached swimmers note "UC-(LMSC #)."

Each swimmer is eligible to swim a maximum of 5 individual events for the meet, plus relays.

Age: The age reported on your entry form must reflect your age as of 12/31/2016.

18-24 Swimmers: Swimmers 18-24 years old competing in USMS meets may jeopardize their NCAA eligibility.

Warm-Up/Warm Down: Swimmers must enter the pool feet first in a cautious manner. Diving shall be permitted only in the designated lanes. USMS Rule 102.4 is in effect.

Entry Fees & Deadlines: The Online entry system is available on ClubAssistant.com. The fee for online entries is \$4.00 per event and \$5.00 surcharge. Online entry is paid by credit card to "ClubAssistant.com Events". Maximum entries are five individual events. On-Line entries close Friday, November 4, 2016 at 9:00 pm EST. The fee for the Deck and Paper Entries is \$4.00 per event and \$10.00 surcharge. Maximum entries is five individual events. Make checks payable to the Swim Kentucky Masters. Paper entries are to be received by Wednesday, November 2, 2016.

Late and deck paper entries will be accepted from 7:45 am until 8:30 am EST, the day of the meet at the facility. The fee for the late and deck entries is \$4.00 per event and \$10.00 surcharge.

Relay only entries is a \$10.00 surcharge.

Real Time results and event Psych Sheet will be posted by Saturday evening, November 5th on Meet Mobile and at www.Swim-Meets.TingleyLLC.com.

Lane Assignments: Each event will be Deck Seeded by the pre-entered seedtime of each swimmer with the slower heats first. No time (NT) will be seeded in the slower heats. Swimmers will be pre-seeded according to time regardless of age. Women and men will be seeded in heats, together. Swimmers are responsible for reporting to the blocks on time for their appropriate heat and lane for each event.

400 Ind Medley and & 400 Freestyle: The 400 Individual Medley and the 400 Freestyle shall be men and women seeded together, by event, shall be limited to the first 48 entries received for both events. An athlete may enter and swim only one (1) of the two 400 meter events, either the 400 IM or the 400 free, but not both.

Team Representatives: All USMS registered teams should inform the meet director or the Clerk of Course of one official team representative before the start of event #1, or upon the team's arrival.

Relays: Relay teams may be entered as MEN, WOMEN or MIXED, but teams of all types will be seeded together in the same heats, and then scored separately. No swimmer may swim on both a mixed and a same-sex team in the same event. All relays will be deck entered. Relay cards are to be picked up from the Clerk of Course table, by the coach or team representative who is responsible for printing legibly all information required. Each card shall include: each swimmer's name as registered with USMS in order swum on relay; first name, last name, age, and sex. The aggregate age for the four relay team members shall determine the age group. Relay Cards should be returned to the timing room by the announced deadline.

Protests: Any protests concerning seed times, awards, final results, eligibility, scoring or entries will be addressed to the Meet Director, or Referee. A protest shall be made by the team representative only.

Facility Restrictions: No smoking or alcoholic beverages are allowed on the premises of the University.

Meet Director: Bill Tingley 2216 South Floyd St Louisville, KY 40208
Email: btingley4510@gmail.com Home telephone: 502-548-4129

Housing:

Country Inn and Suites-Airport	2850 Crittenden Dr, Louisville, KY	502-753-5555
Hilton Garden Inn	2735 Crittenden Dr, Louisville, KY	502-637-2424
Ramada Limited	2912 Crittenden Dr, Louisville, KY	502-637-6336

Order of Events

Doors Open 7:45 am EST – 8:00 am EST - 9:00 am EST Start

- 1 400 M Individual Medley
- 2 400 M Freestyle
- There will be a 10-minute break after the completion of event 2
- 3 200 M Medley Relay
- 4 50 M Butterfly
- 5 200 M Backstroke
- 6 200 M Breaststroke
- 7 50 M Freestyle
- 8 100 M Backstroke
- 9 100 M Butterfly
- 10 200 M Ind Medley
- 11 100 M Freestyle
- 12 100 M Breaststroke
- 13 50 M Backstroke
- 14 200 M Butterfly
- 15 50 M Breaststroke
- 16 200 M Freestyle
- 17 100 M Ind Medley
- There will be a 10-minute break after the completion of event 17
- 18 200 M Freestyle Relay

Directions to Wright Natatorium @ the University of Louisville

From I 64 West: South on I 65 to Exit 133, Eastern Parkway-Warnock, Right on Warnock one block to Floyd

From I 64 East: West on I 264, Watterson Expressway, North on I 65 to Exit 133B Warnock, Left on Warnock, Warnock two blocks to Floyd

From I 65 North: Exit 133B Warnock, Left on Warnock, Warnock two blocks to Floyd

From I 65 South: Exit 133 Eastern Parkway-Warnock exit, Right on Warnock one block to Floyd

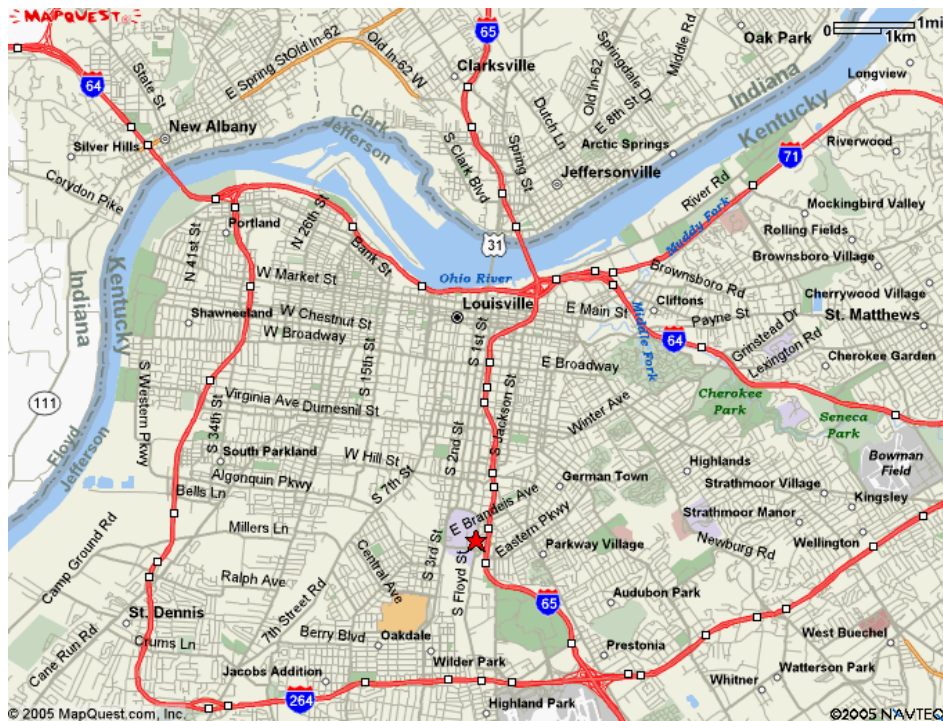
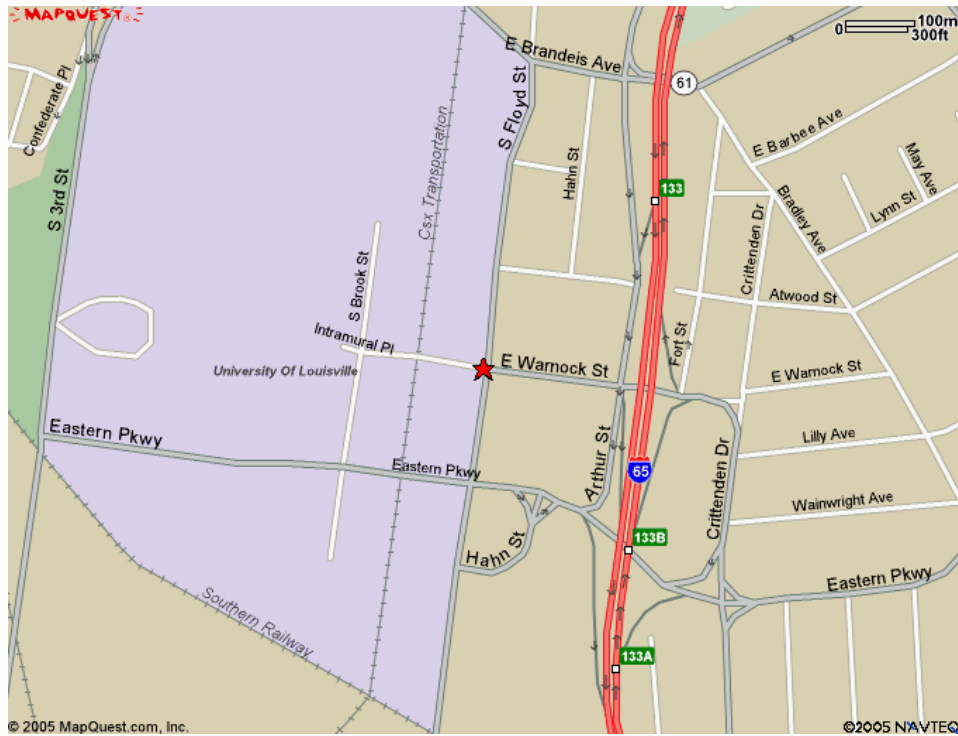
From I 71 South: South on I 65 to Exit 133 Eastern Parkway-Warnock exit, Right on Warnock one block to Floyd

Parking

On Sunday Parking is Free in the parking lot next to the Thrust Theatre building across Warnock from the Natatorium.

Street parking is free on Sunday.

Paid Meter Parking in the rear of the Natatorium





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Please Print or Type

Name _____ Sex _____ Birth Date _____ Team _____

Address _____ City/State/Zip _____

Home Phone _____ Business Phone _____

E-Mail _____ ATTACH A COPY OF USMS CARD!!

Mixed	Event	Entry Time
1	400 M Ind Medley	
2	400 M Freestyle	
3	200 M Medley Relay	DECK ENTER
4	50 M Butterfly	
5	200 M Backstroke	
6	200 M Breaststroke	
7	50 M Freestyle	
8	100 M Backstroke	
9	100 M Butterfly	
10	200 M Ind Medley	
11	100 M Freestyle	
12	100 M Breaststroke	
13	50 M Backstroke	
14	200 M Butterfly	
15	50 M Breaststroke	
16	200 M Freestyle	
17	100 M Ind Medley	
18	200 free relay	DECK ENTER

Entries Fees: \$4.00 per event and \$10.00 surcharge. Maximum entries is five events. **Relay only entries** is a \$10.00 surcharge. Make checks payable to the **KY-LMSC**.

RELEASE TO BE SIGNED: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Date _____ Athlete's Signature _____



U.S. MASTERS SWIMMING

**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	