MOVY Masters Outdoor Special SCM Meet Information

Sunday September 23, 2018 8am

 Sanctioned by Missouri Valley LMSC for USMS, Inc.,

Short Course Meters (SCM)

Location: 4843 Rosewood, Roeland Park, KS 66205

Register online through the calendar section at usms.org

Time: Check-in begins at 7:00 am. Deck entries close firmly at 7:30 am. Warm-up is 7:00 – 7:50 am. Additional warm-up and cool down will be available throughout the meet. The meet should conclude by approximately 11:00 am.

Eligibility: This is a USMS sanctioned meet, therefore you must be a member of USMS to swim in the meet. If you are not currently registered, you may register ONLINE (preferred!) at www.MOVYmasters.com or at www.usms.org. If you are not currently registered for USMS, I recommend waiting till November 1 and you will enjoy USMS member benefits through the end of 2017. Some benefits include a full year subscription to Swimmer magazine, access to meets and other fitness events throughout the year, etc. Online registration for 2018 USMS membership will also be available at check-in

Rules: The current USMS rules will govern the conduct of the meet. Heats will be seeded, slowest to fastest. Please enter a goal time for accurate seeding. Entries with no times will be seeded in the slowest heats. Men and women of all ages will swim mixed. You might swim next to someone older or younger, man or woman, of approximately the same speed. Results will be broken out by age group and gender (i.e. Men/Women, 19-24, 25-29, 30-34, 35-39 etc).

 NOTE: Your age for this meet is your age on 12/31/2018.

Entry Fees: $35. All late and deck entries are $50 and must be entered at check in prior to 7:30. Credit cards are charged to "ClubAssistant.com Events" for this meet.

Limits: Swimmers may swim up to six events, plus relays. The meet is set up to allow for plenty of breaks and good swims! Back to back events will still have short rests. Relays are at the end to keep them from impacting your individual efforts.

 \*\*\* You may swim either the 800 or 1500, not both. These events will be limited to the first 12 swimmers to register online, and may be combined (the distance events fill up fast).

Deadline: Register online by midnight Thursday September 20, 2018 for the early entry fee. Late and deck entries will be accepted 7:00-7:30 at the $50 rate.

Meet Director: Anthony Thompson, 765-225-9337, swimtotoswim@msn.com

Order of Events – Outdoor Special Meet

Sunday September 23, 2018 8:00 am

4843 Rosewood Roeland Park, KS 66205

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Short Course Meters (SCM)

Register online:

Online meet registrations are paid by credit card. Your credit card statement will show a charge from ClubAssistant.com Event Billing.

Order of events: (please enter a goal time for proper seeding)

1. 100 IM
2. 200 Fly
3. 50 Breast
4. 400 Free
5. 50 Back
6. 200 Breast
7. 100 Fly
8. 1500 Free
9. 100 Free
10. 50 Fly
11. 200 Back
12. 400 IM
13. 50 Free
14. 200 IM
15. 100 Back
16. 800 Free
17. 100 Breast
18. 200 Free
19. 200 Free Relay
20. 200 Medley Relay
21. 800 Free Relay
22. 400 Medley Relay
23. 400 Free Relay

Mail-in entries need to be received by Thursday, September 20th.

MOVY Masters

8405 Cherry

Kansas City, MO 64131

The attached waiver must be signed or acknowledged during the online entry process.

 **PARTICIPANT WAIVER AND RELEASE OF LIABILITY,**

**ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. (“USMS”) allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities (“Event” or “Events”); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the “Agreement”);

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events**.** I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively**,** the “Released Parties**”**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

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| Last Name | First Name | MI | Sex (circle) M F | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip |
| Signature of Participant | Date Signed |