**EMERALD CITY CIRCUIT**

SHORT COURSE YARDS INVITATIONAL

FEBRUARY 3RD, 2019

Warm ups: 7 AM

First event: 8 AM

*Co-hosted by:*

* *

*The Club Swim team at*  ***AND*** *The Camillus Swim Club, Inc.*

*Syracuse University*

**Date:** Sunday, February 3rd, 2019. Warm ups begin at 9 AM, first event begins at 10 AM.

**Facility:** West Genesee High School Pool. Located at 5201 West Genesee St., Camillus, NY 13031. East entrance, next to athletic fields.

**Sanction:** This meet is **DUAL-RECOGNIZED** between the NIAGARA LMSC of USMS as well as CCS (Collegiate Club Swimming). Swimmers with a valid membership in either of these organizations will be allowed to participate.

**Pool Specs:** The West Genesee High School pool is an indoor, 25 yard, and 6-lane pool. All 6 lanes will be used for competition during the meet with warm ups before the meet and at various intervals during the meet. A Colorado timing system with touchpads and a scoreboard will be used. Deck space to accommodate multiple teams and large balcony area to accommodate numerous spectators.

\*The length of this pool is on record and in compliance with USMS vis-a-vis article 105.7.1 of the USMS rulebook

**Directions:** When approaching from the west, use I-90 E, take the Auburn exit onto I-690 E, then take the next Auburn exit onto NY 695 S. When approaching from the East, take I-90 W, then take the Syracuse exit onto I-690 W, then take the Auburn exit to NY 695 S. When coming from the North or South, use I-81, taking the exit for 690 West in downtown Syracuse. Once on I-695, merge right at the fork onto Rt. 5 West. Then, take the Hinsdale Rd. exit, turn left onto Hinsdale, continue straight and you will reach the destination.

**Eligibility:** Swimmers must have a valid USMS membership and be 18 years of age or older by the meet start date, **OR,** swimmers must have a valid CCS membership and come to the meet along with their CCS-registered Collegiate Club Team. Non-CCS members of CCS swim teams are not eligible to participate. Questions about this can be directed to Joe Amedro (Meet Director) at jamedro1@gmail.com or Bobby Spichiger (SU Club Swim President) at suclubswim@gmail.com.

**Rules:** All rules, regulations and procedures will follow standard USMS guidelines.

**Entries:** Maximum of **5** **individual** events and **3** **relays** for each swimmer.

 *\*ENTRIES MUST BE SUBMITTED IN HY-TEK FORMAT. Please contact*

*jamedro1@gmail.com* *so that we can send your team our Hy-Tek Meet File.*

*\*\*SEED TIMES MUST BE GIVEN ON ALL ENTRIES. (Please see the attached TM walkthrough for details.)*

 *\*\*\*IF YOU OR YOUR CLUB NEEDS ASSISTANCE WITH THIS, PLEASE*

*REACH OUT TO JOE AMEDRO AT:* *jamedro1@gmail.com*

**Deadline:** Entries will be accepted beginning immediately up until February 1st, 2019 at 8 PM**.** Please send all entries to jamedro1@gmail.com in *HY-TEK FORMAT*using Team Manager.

**Meet Fees:** Meet fees will be $25/swimmer, with a $150 cap for TEAMS (both USMS and CCS). Cash encouraged. Checks can be made out to Joseph G. Amedro, memo: USMS/CCS meet.

\*\*The $150 cap only applies to USMS or CCS *REGISTERED* TEAMS**.** USMS Workout-Groups do not apply. Events for each team must be submitted TOGETHER in 1 Hy-Tek file for the $150 cap to apply. Unattached swimmers must pay the individual $25 fee.

***Questions?*** *Please reach out to Bobby Spichiger for CCS-related questions at* *suclubswim@gmail.com* *and Joe Amedro for USMS or administrative questions at* *jamedro1@gmail.com**.*

**Order of Events:**

Session 1

400 Medley Relay

 400 IM

 200 Back

 200 Fly

 200 Breast

 500 Free

 800 Free Relay

 *Break*

Session 2

400 Free Relay

50 Fly

 200 IM

 50 Free

 100 Breast

 200 Free

 100 Back

 1000 Free\* *Positive check-in required before session 2 begins*

 *Break*

Session 3

200 Free Relay

50 Back

 100 Fly

 50 Breast

 100 Free

 100 IM

 200 Medley Relay

 **-***Swimmers may enter 5 individual events and 3 relays*

 *-Relays may be men’s, women’s, or mixed (2 men and 2 women)*

 *-Heats will be seeded slowest-fastest (please include seed times in entries)*

 *-All events will be mixed*

 *-Email entries to:* *jamedro1@gmail.com* *in Hy-Tek format*