RAMS 5th Spring Masters Swim Meet at RIT Hosted by Rochester Area Masters and RIT Swim Team Sanction # 049-S002 SUNDAY, April 28, 2019

CHECK-IN 8:15 am - WARM-UP 8:30 am - First Event (25 Fly) STARTS 9:30 am

500 Free Check-in Deadline: 9:00 am 1000 Free Check-in Deadline: before Event 16

*Events will be mixed (men and women) and timed finals seeded slowest to fastest by time <u>except</u> for the 1000 Free which will be swum mixed, fastest to slowest. Events 3 & 21 may be deck-seeded.

* Events may be swum in 8 lanes, if needed. All events, including the 25s, will start from the blocks.

*Open to all USMS and MSC registered swimmers 18 and older as of April 28,2019. Online registrations at <u>http://www.usms.org/reg/;</u> one-event USMS registration is available online ONLY. *Relays **ONLY** may be deck-entered, at no charge*. Swimmers are limited to <u>6 individual events</u>, excluding relays.

ENTRY FEE is \$25 plus \$2 per event for up to 6 individual events. Your credit card will be charged by 'Club Assistant.com Events'

SUBMIT YOUR ENTRY ONLINE: https://clubassistant.com/club/meet_information.cfm?c=2258&smid=11118

ENTRY DEADLINE: Wednesday, April 24, midnight

FACILITY: Judson Pool in the Gordon Field House on the RIT campus (Rochester NY). This is a <u>new</u>8-lane, 25-yd pool with non-turbulent lane lines and separate diving pool for continuous warm-up or warm-down. *The primary timing system will be automatic timing (Colorado Timing System)*. *Times will be submitted for USMS records and USMS Top 10 consideration*.

-(The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.)

DIRECTIONS: Take exit 46 off the NYS Thruway; proceed N to Exit 13 (Hylan Dr). Take a left onto Hylan and continue N to Jefferson Rd (Rt 252). Proceed west (left) 1 mi to first entrance to RIT main campus. Turn right and park in D-lot. For Mapquest directions, go to <u>http://inside.rit.edu/maps/</u>.

Contact Information: Kay Turner kayturn@rochester.rr.com

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Order of Events

Event # Event Name Seed Time	Event# Event Name Seed Time
125 Fly (nonconforming event)225 Free (nonconforming event3500 yd Free4100 yd IM	13 400 yd IM 14 100 yd Free 15 50 yd Fly
5 200 yd Fly 6 100 yd Back	16 200 yd Back 10 min Break
10 min Break 7 200 yd Free 8 100 yd Breast 9 50 yd Back 10 200 yd IM 11* 200 yd Free Relay 10 min Break	17 50 yd Free

Online entries only:

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