

2019 Whidbey Adventure Swim – 1.2 and 2.4 mile Events

Sunday June 23, 2019 9:00 AM

Hosted By South Whidbey Island Masters (SWIM)

Sanctioned by Pacific Northwest Association of Masters Swimmers for USMS, Inc.

Sanction # 369-W001

Event: 1.2 and 2.4-mile open water swim along the shores of Langley, Washington in the waters of Saratoga Passage in Puget Sound. Both events will start in the water and finish on the beach. Swimmers will self seed with faster swimmers to the front. ****WETSUITS ARE REQUIRED. WATER TEMPERATURE IS EXPECTED TO BE 55 DEGREES OR BELOW****

SCHEDULE for June 23th 2019: Seawall Park – Langley

7:15— 8:30AM Pre-Race Check-in

8:30— 8:45AM Mandatory Competitors' Meeting for ALL swimmers.

9:00AM Estimated start time for 1.2 and 2.4 swim group start.

Eligibility: 18 years of age or older as of June 23, 2019; USMS or foreign registration for 2019 or \$27 One-Event USMS Registration fee.

Entry Fee: \$60.00, either distance *US or Canadian. Late or Race Day registration is \$70.00. Fee includes official race swim cap, which must be worn during the swim, and commemorative sports shwag.

Entry Deadline: Advance registration must be received by June 20, 2019.

Rules: Current USMS rules will govern the event. Neoprene wetsuits are required.

Awards: No participation awards. A participation raffle will take place during post race festivities.

Safety: Lifeguards and safety boats will monitor the entire race course. Swimmers must wear the swim cap provided and their race number on their hand and upper arm or leg.

Swimmers **MUST** attend the pre-race meeting in order to compete.

Time limit for 1.2 mile swim is 60 minutes; 2.4 mile swim is 1:45 minutes.

Results: Results will be posted 15 minutes after the completion of the final event and will be available on the Whidbey Adventure Swim www.whidbeyadventureswim.org and PNA <http://www.swimpna.org/> websites shortly after event.

Questions: Contact Race Director at racedirector@whidbeyadventureswim.org or visit www.whidbeyadventureswim.org for more details.

Directions: From the Clinton Ferry travel northbound on SR 525. Turn north onto Langley Rd and travel to Langley. Location is Seawall Park at 1st Street and Anthes.

2019 Whidbey Adventure Swim – 1.2 and 2.4 mile Events
Sunday June 23, 2019 9:00 AM
Hosted By South Whidbey Island Masters (SWIM)
Sanctioned by Pacific Northwest Association of Masters Swimmers for USMS, Inc.
Sanction # 369-W001

Registration

Online registration and additional race info: available at
www.whidbeyadventureswim.org.

Additional online registration information available at clubassistant.com.

By mail: Complete the following form and USMS Liability Waiver

| | |
|--------------------------------------------|-------------------------|
| Name: _____ | *USMS#: _____ - _____ |
| Street: _____ | Birth(mm/dd/yy) _____ |
| City: _____ | State: ___ Zip: _____ |
| Email: _____ | Phone: _____ |
| Emergency Contact: _____ | Phone: _____ |
| Event choice (circle): 1.2 mile 2.4 mile | Gender (circle) M F |

Fee Calculation:

Entry Fee (prior to 06/20/19)

1.2 mile: \$60.00

2.4 mile: \$60.00

Late entry Surcharge (after 06/20/19) \$10.00

One-Event USMS fee (\$27) _____

Total Fees _____

Make checks payable and mail to:

South Whidbey Parks and Aquatics Foundation
5475 Maxwellton Road
Langley, WA 98260

**All entries must include a signed and dated participant waiver, found on the following page.

2019 Whidbey Adventure Swim – 1.2 and 2.4 mile Events

Sunday June 23, 2019 9:00 AM

Hosted By South Whidbey Island Masters (SWIM)

Sanctioned by Pacific Northwest Association of Masters Swimmers for USMS, Inc.

Sanction # 369-W001



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions, local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

| | | | | |
|----------------------------------|------------|----|------------------------|--------------------------|
| Last Name | First Name | MI | Sex (circle) M F | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip | | | | |
| Signature of Participant | | | | Date Signed |

Revised 07/01/2014

*USMS,

Canadian, or foreign Masters Registration is required. For paper entries, non-PNA swimmers must enclose a photocopy of their current registration. Those without current Masters registration must pay the \$22 One-Event USMS entry fee.