

2019 Starlight Open June 28th-30th

Held under the sanction of USA Swimming and Inland Empire Swimming, Inc.
Sanction # IE 19-1400 and sanctioned by Inland Northwest Masters Swimming Committee for
USMS, Inc. Sanction # 359-S005

In granting this sanction it is understood and agreed that USA Swimming (USAS) and Inland Empire Swimming (IES) shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio-visual recording devices, including a cell phone camera, are not allowed in the changing areas, rest rooms, locker rooms or behind the starting blocks. Deck Changing is prohibited: Changing into or out of swimsuits other than in the facility locker rooms, or other designated area designated by the host facility, is not appropriate, and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Host: Velocity Swimming, P.O. Box 2791, Wenatchee, WA 98807

Location: Wenatchee City Pool, Pioneer Park, 210 Fuller St., Wenatchee, Washington, (509) 664-3397

Format: Timed finals, split age group open. Swimmers will compete for points and ribbons. Ribbons and/or points will be awarded by age group and gender: 8 & under, 9-10, 11-12, 13-14, and 15-19 and 20 & over.

Course: Outdoor, 10 lane, 50 meter pool with anti-wave lane lines. The pool is equipped with the Colorado Timing System with touch pads at both ends. Starting blocks meet USA Swimming height and water depth requirements at start end. The competition course has not been certified in accordance with 104.2.2C(4). The length of the competition course without a bulkhead is in compliance and on file with U.S. Masters Swimming in accordance with USMS articles 105.1.7 and 107.2.1. Swimmers will use in-water starts at turn end for 200-meter relays. The start end of the pool depth ranges from 5'6" to 9', the turn end ranges in depth from 3'6" to 4'6". The warm-up pool is attached to the main pool and is available during the meet. Deck marshals will be present during warm-ups.

Rules: Current United States Swimming rules will govern the dual-sanctioned meet as a Combined Meet. The rules and procedures of IES also apply. The whistle start protocol and the no recall rule will be in effect. There is positive check-in for the 800 free events. Positive check in for these events closes 1 hour before scheduled start time. IES scratch rules will be in effect for these deck-seeded events. Any protests or questions concerning the outcome of an event shall be directed in writing to the Meet Referee by the team coach. The Meet Referee will be the final authority for the conduct of the competition. Coaches that have an athlete with a disability that requires accommodations to the starting procedure must notify the referee prior to the athlete's swim. Coaches must be 2019 members of USA Swimming or Swimming/Natation Canada (SNC). All SNC coaches must complete and submit the USA Swimming liability form prior to the start of warm-ups. Coaches must display current and valid credentials at all times during the meet. Only swimmers, coaches, officials and meet workers are permitted in the deck area. The deck area is considered to be a 3-foot area from the edge of the pool and the area behind the start platforms up to the timer chairs. There will be no swimming in the dive tank except for swimmers to warm-up prior to their events and cool down immediately thereafter. This meet may be covered by media showing swimmers participating in this meet. Entry into this meet is acknowledgement of this fact.

Tobacco products of any kind, alcoholic beverages, glass containers, squirt guns, water balloons, and sports balls are not allowed on deck.

Umbrellas, tarps, and canopies for swimmers will not be allowed on the pool deck but will be allowed in the adjacent park during the meet. The sprinklers may be on each night so personal items should be picked up each night or they may get wet. There is no overnight camping in the park. Please bring a sun hat and sunscreen for your own protection.

Velocity Swimming follows the guidelines for lightning events as set forth by the facility standard or the American Red Cross. The governing rule will be whichever guideline is the most stringent. Questions about this may be addressed to the meet referee.

Awards: -All combined 11 & Over, 13 & Over, and all mixed individual events will be scored and ribbons awarded separately by gender and age group for places 1-10. Any USA Swimming swimmers in the 20&over age group will swim exhibition only, Awards in this age group are intended for Master's swimmers only.
-A prize will be provided to the winner of each Heat.
-Individual High point awards will be given to the Girl and Boy in each age group. High point calculations will be based on swimmers' age groups, not event age groups, so points earned in combined events will be added into the calculation for each swimmer.
-Team High Point Awards for First through Third place will be awarded.
-Teams are requested to appoint one adult to pick up awards at the end of the meet. Awards will not be mailed.

Eligibility: Open to 2019 registered USA Swimming athletes, Swim/Natation Canada (SNC) athletes, and U.S. Masters Swimming members. All SNC swimmers must complete and submit the liability waiver prior to the start of warm-ups. Age Determining Date: age on the first day of the meet shall govern the full meet. Each swimmer must swim in his/her respective age group. USA Swimming and SNC swimmers entered in the meet must be certified by a USA Swimming or SNC member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach then it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Athletes with a disability are welcome and are asked to provide advance notice of necessary accommodations.

Entries: All swimmers may enter three (3) individual events and two (2) relays on Friday. All swimmers may enter six (6) individual events and one (1) relay both Saturday & Sunday. Enter swimmers' best meter times or converted yard time. The priority system will be in effect. Entries will be limited to include all teams up to and including the team that has the **500th** swimmer entered. Once the meet has been seeded, swimmers that are already registered in the meet may request to deck enter additional events (up to the corresponding daily limit), pending availability of empty lanes, and at the discretion of the referee, with payment of \$3 per event due upon approval. **There will be no deck registrations.** The 800 Free events will be swum fastest to slowest and may be limited to the fastest 5 heats. The 400 IM events may be limited to the fastest 4 heats. **Swimmers in the 800 Free must supply their own Counter and Timers.** Age groups and genders may be combined for competition but scored separately at the discretion of the Meet Referee.

DECK ENTRY: Only pre-registered swimmers who have not entered the maximum number of events as stated above may deck enter additional events. Deck entries will only be allowed in open lanes at the discretion of the Meet Referee. Deck entry swims are not eligible for any awards or team points. No deck registration will be permitted.

Relays: Teams are limited to four (4) relay entries per relay event. **If the Meet Entry Chair determines that the meet is oversubscribed, the 4th entry may be deleted.** Only the two (2) fastest relay finishers per team are awarded points and ribbons. The "48 year" relays must be comprised of any combination of ages equaling 48 years or less and will not be scored.

At the conclusion of the Saturday morning session we will be holding our COACHES relay. Teams are encouraged to get their coaches together and submit entries. The relay will not be scored. Anyone participating in the coaches relay must be a 2019 member of USA Swimming.

TIME TRIALS: Time trials will be offered on a limited basis. Time Trial entry requests are due by 10 am, Saturday. Time Trial swimmers must already be entered in swim meet in order to participate in Time Trials and pay a \$5.00 fee for each Time Trial entered. Time Trial swims will count towards the maximum swims allowed per day. Coaches requesting a Time Trial for swimmer that is already entered into the maximum number of events, must scratch that swimmer from an already entered event that day. Meet entry fees for events that are scratched in order to participate in Time Trials will not be refunded. The Meet Referee has the final decision on how many heats of Time Trials will be offered. The Meet Referee may also combine strokes of the same distance within the same heat. Time Trial requests must come from team coaches. Payment must be made at the time of entry.

The USAS SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USAS database. If you know of any swimmer data that is NOT correct in the meet database please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USAS within 3 days of the meet and your assistance and cooperation in ensuring accuracy will assist us in the timely posting of the swimmers achieved times.

Thanks for your cooperation.

Submissions: USA Swimming and SNC teams must submit Entries using Team Manager "Hy-Tek" Software via email.

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2019) USA Swimming or SNC registration numbers.

U.S. Masters Swimming entries – online only: www.inlandnwmasters.org

IES Teams Priority entry deadline is Wednesday, June 5, 2019.

Final Entries deadline is **Wednesday, June 12, 2019.**

Entries may be submitted via email to billing@velocity-swimming.com

Phone and late entries will not be accepted.

Please send the following 4 attachments via email (preferred):

1. Commlink entry file from Team Manager
2. Print file of team individual entries
3. Print file of team relay entries
4. Print file of meet fees due.

Payment and hard copies must be received by the above deadline for entries to be considered official.

****Velocity Swimming respectfully requests that visiting teams supply help with timing in order to ensure that the meet runs without interruption.***

Entry Fees: Entry fees are Four Dollars (\$4.00) for each individual event and Twelve Dollars (\$12.00) for each relay event, plus a Fourteen Dollar (\$14.00) IES surcharge and a Three Dollar (\$3.00) facility surcharge per swimmer.

USMS fees: \$25 entry fee– payment collected with online entry

There will be no refunds.

Fees & surcharges for each team must be paid with one check and accompany entries.

Please make the check payable to **Velocity Swimming** and address to:

**Velocity Swimming
C/O Noelle Grigsby
PO Box 2791
Wenatchee, WA 98801**

***** Please Waive requirement for signature *****

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only from USA Swimming entries. The form can be found on the FORMS page of the IE website, www.ieswim.org

Schedule:	Friday: Session One	Venue Opens: 12:00 PM 1:00 PM – 1:45 PM open warm-up. 2:00 PM – Events Begin.
	Saturday: Session Two	Venue Opens: 7:00 AM 8:00 AM - 8:45 AM age 12 & under warm-up. 9:00 AM - events begin.
	Session Three	45-minute open warm-up begins at the conclusion of session 2. Events begin 5 minutes after the conclusion of this warm-up.
	Sunday: Session Four	Venue Opens: 7:00 AM 8:00 AM - 8:45 AM age 12 & under warm-up. 9:00 AM - events begin. Positive Check in for the 11-12 800 free ends 1 HR prior to scheduled start time.
	Session Five	45-minute open warm-up up begins at the conclusion of session 4. Events begin 5 minutes after the conclusion of this warm-up Positive Check in for the 13&over 800 free ends 1 HR prior to scheduled start time.

Warm-up: Lane assignments for warm-ups will be posted. Masters swimmers will be assigned a lane for warm-up for Session One, Three and Five. Diving is permitted in designated sprint lanes and only under the direct supervision of a coach. Swimmers participating in the meet without an USA Swimming registered coach must report to the meet referee at the start of each warm-up session.

Meetings:	Friday	Coaches meeting at 12:30 PM Officials meeting at 1:15 PM
	Saturday & Sunday	Coaches meeting 7:30 AM Officials meeting 8:15 AM

Afternoon meeting times will be announced as needed depending on the final timeline. Official meeting for the afternoon session will start approximately 10 minutes following the start of the afternoon warm-up session.

Meet Administration:

Meet Referee:	Jeff Sutton	
Starter:	Larry Dressel	
Stroke & Turn:	Mike Neer, Keith Kelly, Michelle van der Merwe, and Marc Marquis	
Meet Director:	Jeff Sutton	jeffreywsutton@yahoo.com
Meet Entry Chair:	Noelle Grigsby	billing@velocity-swimming.com
Administrative Official:	Noelle Grigsby	

We welcome and need the assistance of visiting USAS Officials.

Please bring current certification and USAS registration cards.

Uniform is white over blue. Coaches must always display current and valid credentials during the meet.

General: The Meet Referee shall be the final authority for the conduct of the competition. The length of the break between Sessions may be varied at the Meet Referee & Coaches discretion. The Meet Referee may schedule 10-minute breaks during the competition at his or her discretion. Fly-over starts may be used for all age groups. All events will be timed finals. Hospitality area and lunch will be provided for team Coaches and visiting Officials. Absolutely no animals on deck or in locker room at any time. Handicap parking and access is available in front of pool near main entrance.

Concessions: VELOCITY SWIMMING's concessionaire will be serving dinner Friday & Saturday nights with breakfast and lunch on Saturday & Sunday.

Vendor: Northwest Designs and selected suits, goggles, and caps will be available for purchase from the Clerk of Course (there will be NO suit vendor on site for this meet)

Results: Posted to Meet Mobile, Meet Bop and front wall of the locker room facility

Team Hotel: Red Lion Hotel, (509) 663-0711, Wenatchee
Velocity Swimming has secured a special rate of \$159.00 per night

Additional lodging options can be found at <https://visitwenatchee.org/listings/category/hotels-motels/>

IMPORTANT NOTE:

there will be NO CAMPING possible in Pioneer Park, as we have had in previous years

Pool Directions: From Hwy 2, travel south on Wenatchee Avenue.
Turn right at intersection with Miller Street.
Travel south on Miller to Russell (Pioneer Middle School is on the left).
Turn left on Russell - one block to Fuller – pool is on the left.

From Hwy 28 (East Wenatchee) cross Columbia River Bridge, turn right on Mission St.
then immediate left on Ferry St. Follow Ferry St. (turns into Russell).
Pool will be on the right on Fuller Street.

2019 Starlight Open

Fee Computation Form

Number of Individual Events: _____ x \$4.00 = \$ _____
Number of Relay Events: _____ x \$12.00 = \$ _____
IES Surcharge per Swimmer: _____ x \$14.00 = \$ _____
Facility Surcharge per Swimmer: _____ x \$3.00 = \$ _____
Total amount due: _____ \$ _____

NOTE: Please make one check payable to Velocity Swimming

Name of Team: _____

Submitted by: _____

Date: _____

Address: _____

Telephone: _____ Day _____ Evening _____

E-mail:(important) _____

Mail Entries To:

**Velocity Swimming
c/o Noelle Grigsby
PO Box 2791
Wenatchee, WA 98807**

***** Please Waive requirement for signature *****

Entry Submission must include:

1. Commlink entry file from Team Manager
2. Print file of team individual entries
3. Print file of team relay entries
4. Print file of meet fees due.

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2019) USA Swimming or SNC registration numbers.

IES Teams Priority deadline is Wed., June 5, 2019. (Note: requirement for Priority in Submissions section)

Final Entries deadline is **Wednesday, June 12, 2019.**

Entries may be submitted via email to billing@velocity-swimming.com

Phone and late entries will not be accepted.

Payment & printout hard copies must be received by deadline for entries to be considered official.

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only. The form can be found on the FORMS page of the IE website, www.ieswim.org

U.S. Masters Swimming entries and fees must be made online only at www.inlandnwmasters.org

Session: 1 Friday Afternoon

- 1 Girls 13-14 400 IM
- 2 Boys 13-14 400 IM
- 3 Women 15 & Over 400 IM
- 4 Men 15 & Over 400 IM
- 5 Girls 11-12 400 Medley Relay
- 6 Boys 11-12 400 Medley Relay
- 7 Girls 13-14 400 Medley Relay
- 8 Boys 13-14 400 Medley Relay
- 9 Girls 15 & Over 400 Medley Relay
- 10 Boys 15 & Over 400 Medley Relay
- 11 Girls 8 & Under 100 Freestyle
- 12 Boys 8 & Under 100 Freestyle
- 13 Girls 9-10 100 Freestyle
- 14 Boys 9-10 100 Freestyle
- 15 Girls 11-12 100 Freestyle
- 16 Boys 11-12 100 Freestyle
- 17 Girls 13-14 100 Freestyle
- 18 Boys 13-14 100 Freestyle
- 19 Girls 15 & Over 100 Freestyle
- 20 Boys 15 & Over 100 Freestyle
- 21 Mixed 11-12 400 Freestyle
- 22 Girls 10 & Under 200 IM
- 23 Boys 10 & Under 200 IM
- 24 Girls 11-12 200 IM
- 25 Boys 11-12 200 IM
- 26 Girls 48 & Under 200 Freestyle Relay
- 27 Boys 48 & Under 200 Freestyle Relay

Session: 2 Saturday Morning

- 28 Girls 11-12 200 Backstroke
- 29 Boys 11-12 200 Backstroke
- 30 Girls 10 & Under 200 Freestyle
- 31 Boys 10 & Under 200 Freestyle
- 32 Girls 11-12 200 Freestyle
- 33 Boys 11-12 200 Freestyle
- 34 Girls 8 & Under 200 Freestyle Relay
- 35 Boys 8 & Under 200 Freestyle Relay
- 36 Girls 9-10 200 Freestyle Relay
- 37 Boys 9-10 200 Freestyle Relay
- 38 Girls 11-12 400 Freestyle Relay
- 39 Boys 11-12 400 Freestyle Relay
- 40 Girls 10 & Under 100 Breaststroke
- 41 Boys 10 & Under 100 Breaststroke
- 42 Girls 11-12 100 Breaststroke
- 43 Boys 11-12 100 Breaststroke
- Break: 5 Minutes:
- 44 Girls 8 & Under 50 Backstroke
- 45 Boys 8 & Under 50 Backstroke
- 46 Girls 9-10 50 Backstroke
- 47 Boys 9-10 50 Backstroke
- 48 Girls 11-12 50 Backstroke
- 49 Boys 11-12 50 Backstroke
- 50 Girls 8 & Under 50 Butterfly
- 51 Boys 8 & Under 50 Butterfly
- 52 Girls 9-10 50 Butterfly
- 53 Boys 9-10 50 Butterfly
- 54 Girls 11-12 50 Butterfly
- 55 Boys 11-12 50 Butterfly
- Break: 5 Minutes:
- 56 Mixed 200 Medley Coaches Relay

Session: 3 Saturday Afternoon

- 57 Girls 13-14 400 Freestyle Relay
- 58 Boys 13-14 400 Freestyle Relay
- 59 Girls 15 & Over 400 Freestyle Relay
- 60 Boys 15 & Over 400 Freestyle Relay
- 61 Girls 13-14 200 Backstroke
- 62 Boys 13-14 200 Backstroke
- 63 Girls 15 & Over 200 Backstroke
- 64 Boys 15 & Over 200 Backstroke
- 65 Girls 13-14 400 Freestyle
- 66 Boys 13-14 400 Freestyle
- 67 Girls 15 & Over 400 Freestyle
- 68 Boys 15 & Over 400 Freestyle
- 69 Girls 13-14 200 IM
- 70 Boys 13-14 200 IM
- 71 Girls 15 & Over 200 IM
- 72 Boys 15 & Over 200 IM
- 73 Girls 13-14 100 Butterfly
- 74 Boys 13-14 100 Butterfly
- 75 Girls 15 & Over 100 Butterfly
- 76 Boys 15 & Over 100 Butterfly
- 77 Girls 13-14 100 Breaststroke
- 78 Boys 13-14 100 Breaststroke
- 79 Girls 15 & Over 100 Breaststroke
- 80 Boys 15 & Over 100 Breaststroke

Session: 4 Sunday Morning

- 81 Girls 11-12 400 IM
- 82 Boys 11-12 400 IM
- 83 Girls 8 & Under 200 Medley Relay
- 84 Boys 8 & Under 200 Medley Relay
- 85 Girls 11-12 200 Medley Relay
- 86 Boys 11-12 200 Medley Relay
- 87 Girls 9-10 200 Medley Relay
- 88 Boys 9-10 200 Medley Relay
- 89 Girls 11-12 200 Butterfly
- 90 Boys 11-12 200 Butterfly
- 91 Girls 10 & Under 100 Backstroke
- 92 Boys 10 & Under 100 Backstroke
- 93 Girls 11-12 100 Backstroke
- 94 Boys 11-12 100 Backstroke
- 95 Girls 10 & Under 100 Butterfly
- 96 Boys 10 & Under 100 Butterfly
- 97 Girls 11-12 100 Butterfly
- 98 Boys 11-12 100 Butterfly
- 99 Girls 11-12 200 Breaststroke
- 100 Boys 11-12 200 Breaststroke
- Break: 5 Minutes:
- 101 Girls 8 & Under 50 Breaststroke
- 102 Boys 8 & Under 50 Breaststroke
- 103 Girls 9-10 50 Breaststroke
- 104 Boys 9-10 50 Breaststroke
- 105 Girls 11-12 50 Breaststroke
- 106 Boys 11-12 50 Breaststroke
- 107 Girls 8 & Under 50 Freestyle
- 108 Boys 8 & Under 50 Freestyle
- 109 Girls 9-10 50 Freestyle
- 110 Boys 9-10 50 Freestyle
- 111 Girls 11-12 50 Freestyle
- 112 Boys 11-12 50 Freestyle
- Break: 5 Minutes:
- 113 Mixed 11-12 800 Freestyle

Session: 5 Sunday Afternoon

- 114 Girls 13-14 200 Medley Relay
- 115 Boys 13-14 200 Medley Relay
- 116 Girls 15 & Over 200 Medley Relay
- 117 Boys 15 & Over 200 Medley Relay
- 118 Girls 13-14 200 Freestyle
- 119 Boys 13-14 200 Freestyle
- 120 Girls 15 & Over 200 Freestyle
- 121 Boys 15 & Over 200 Freestyle
- 122 Girls 13-14 100 Backstroke
- 123 Boys 13-14 100 Backstroke
- 124 Girls 15 & Over 100 Backstroke
- 125 Boys 15 & Over 100 Backstroke
- 126 Girls 13-14 200 Breaststroke
- 127 Boys 13-14 200 Breaststroke
- 128 Girls 15 & Over 200 Breaststroke
- 129 Boys 15 & Over 200 Breaststroke
- Break: 5 Minutes:
- 130 Girls 13-14 50 Freestyle
- 131 Boys 13-14 50 Freestyle
- 132 Girls 15 & Over 50 Freestyle
- 133 Boys 15 & Over 50 Freestyle
- Break: 5 Minutes:
- 134 Girls 13-14 200 Butterfly
- 135 Boys 13-14 200 Butterfly
- 136 Girls 15 & Over 200 Butterfly
- 137 Boys 15 & Over 200 Butterfly
- Break: 5 Minutes:
- 138 Mixed 13 & Over 800 Freestyle