WISCONSIN MASTERS 2019 WISCONSIN MASTERS SCM MEET AT WEST BEND HIGH SCHOOL SATURDAY, DECEMBER 7, 2019

| SPONSORED BY: | Wisconsin Masters Aquatic Club | |
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| SANCTIONED BY: | Wisconsin LMSC for USMS, Inc. Sanction number 209-S009 | |
| LOCATION: | West Bend High School, 1305 Decorah Rd., West Bend, WI The pool is on the West side of the building with adjacent parking. | |
| DATE AND TIME | Saturday, December 7, 2019. Pool Opens at 9:40 am, Warm-up 9:45 A.M. to 10:25 A.M. Meet starts at 10:30 A.M. | |
| FACILITIES: | 8 lane, 25 meter pool with anti-turbulent lane guides, starting blocks and backstroke flags. Lanes 2-7 will be used for competition. The length of the competition course, without a bulkhead, is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. | |
| ELIGIBILITY: | Open to all swimmers 18 years and over as of December 31, 2019. Because this is a USMS sanctioned event, 2019 USMS or FINA membership is required for insurance reasons. There are two membership options: Annual USMS membership for Wisconsin swimmers which is good through 12/31/2020). One Event membership. <u>Online entry is required for One Event memberships.</u> Times swum under one-event registration are not eligible for USMS Top 10 or records consideration. One Event memberships are not eligible for USMS or Wisconsin records (individual or relay) or All-American status. | |
| RULES: | Official USMS Masters Rules will govern this meet. All events will be timed finals. | |
| SEEDING: | Heats will be computer seeded, slowest to fastest, Please submit a reasonably accurate seed time, a "NO TIME" will be seeded in the slowest heat. Age groups and sexes will be combined. | |
| TIMING: | Primary: Automatic timing system (Colorado), Secondary: Semi-automatic with one button, Tertiary: two watches. Note: The timing system precision qualifies as appropriate for setting World Records (per FINA rule effective 9/21/2017). | |
| WARM-UP PROCEDURE: | Note: The lanes are numbered in reverse order of the standard. Lane 4 will be a start and sprint lane with swimming in one direction only and exiting to the side or end. Lanes 1-3 and 5-8 will be for circle swimming only. NO DIVING STARTS from the blocks or the deck in these lanes. <u>Swimmers must enter the pool in cautious manner feet</u> <u>first.</u> Hand paddles, kickboards, fins, etc., may not be used at any time during the warm up period. | |
| ENTRY FEE: | USMS Members \$15.00 plus \$5.00 per individual event. One Event members \$40.00 plus \$5.00 per individual event. | |

| ENTRY LIMIT: | Six (6) individual events plus relays. THE 1500 FREESTYLE WILL BE LIMITEDTO THE FIRST 12 ENTRIES RECEIVED. If the 1500 is filled, you may submit an email request to the Meet Director to be added to a waiting list. Each swimmer entered in the 1500 will be responsible for providing a lap counter. | | |
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| ON-LINE MEET ENTRY: | Enter On-Line via Club Assistant (see <u>www.swim-wimasters.org</u> for link) OR via US Mail with the Wisconsin Masters Swimming Universal Entry Form, one athlete_per form. <u>On-line entry is preferred.</u> The link for online entry for this meet is: <u>https://www.clubassistant.com/club/meet_information.cfm?c=2424∣=12661</u> The On-Line meet entry deadline for the West Bend meet is <u>Wednesday, December 4,</u> <u>2019</u> at midnight CST time. <u>NO EMAIL OR DECK OR LATE ENTRIES FOR INDIVIDUAL EVENTS WILL BE ACCEPTED.</u> | | |
| ENTRY DEADLINE | November 30, 2019. Fees mu | y Mueller's hands no later than 6:00 PM, Saturday, st accompany entries. Checks are made payable to lude a copy of the swimmer's USMS registration card. | |
| CO-MEET DIRECTORS: | Larry Mueller 4272 South Taylor Avenue. Milwaukee, WI 53207-5153 414-769-0941 Email: <u>WMAC.Swim.MeetDir(</u> | Andrew Babcock 262-307-4808 @Gmail.com | |
| AWARDS: | Ribbons for 1 st to 3 rd place. | | |
| | | E OF EVENTS ents maximum 12. 50m Breaststroke 13. 400m IM | |
| | 3. 50m Butterfly | 14. 50m Freestyle | |
| | 4. 100m Freestyle | 15. 100m Backstroke | |
| | 5. 200m Backstroke | 16. 200m Breaststroke | |
| | 6. 100m Breaststroke | 17. 100m Butterfly | |
| | 7. 200m Freestyle | 18. 100m IM | |
| | 8. 50m Backstroke | 19. 200m Freestyle Relay * | |
| | 9. 200m Butterfly | 20. 400m Medley Relay * | |
| | 10. 200m Medley Relay * | 21. 800m Freestyle Relay * | |
| | 11. 400m Freestyle Relay * | 22. 1500m Freestyle | |

* Submit relay entries at the meet. Relays may be all men, all women or mixed (two men, two women). Swimmers will be permitted to swim in 5 relays but may swim only one of each of the relay distances. This means one 200 free, one 200 medley, one 400 free, one 400 medley, and one 800 free relay.

DIRECTIONS: From the Milwaukee area: Hwy 45 north to the exit at Paradise Rd. East on Paradise to the "round-about" at Hwy G. North on G to the school, on the left, at Decorah Road.

From other areas: Hwy 33 to Hwy G, South on G to the school on Decorah Road.