

St. Patrick's Day Invitational

March 28-29, 2020 Raymond Arthur Bussard Aquatic Center 3119 Shallowford Rd NE, Atlanta, GA 30341

SANCTION

Sanctioned by Georgia LMSC for USMS: 450-S002

FACILITY

The Dynamo Swim Center at 3119 Shallowford Road, Atlanta, GA, 30341. The pool is an indoor 10-lane, 25yard pool, seven feet deep throughout. *The pool has been certified and times will count for USMS records and Top Ten submission*. There will be anywhere from 5 to 23 lanes available for warm-up/warm-down. (Swimmers are reminded that USMS safety rules dictate a feet first entry in the warm-up/warm-down lanes except where designated.) Non-turbulent lane lines and automatic timing will be used. Athletes will have use of the shower and restroom facilities. There is ample onsite parking. The Dekalb County Fire Marshall dictates that folding chairs will not be allowed on the pool deck.

RULES & ELIGIBILITY

Current USMS rules apply. The event is open to USMS registered swimmers at least 18-years-of-age as of March 28th 2020. <u>A copy of your 2020 USMS card must accompany your entry in order for it to be processed.</u>

ENTRY DEADLINE

Paper entries must be received by Wed March 18th, 2020. Entries received after this date will be handled as **deck entries**. **Online entries close Tuesday, March 24, 2020 - 11:59PM**

Online Entries: <u>https://www.clubassistant.com/club/meet_information.cfm?c=2396&smid=12908</u>

ENTRIES

A swimmer may enter a maximum of four (4) individual events per day, exclusive of relays. Use the attached entry form. Relays will be deck seeded using forms available at the meet. All relay swimmers must be registered and entered in the meet. Deck entries will be accepted during Session I warm-ups on Saturday until 10:45am, with a \$10.00 late fee. (Late entries will be seeded into empty lanes when available. New heats will not be created to accommodate late entries.)

Events will be seeded as "Mixed Gender", by seed time.

The clerk of course will close at 12:00pm.

1000 FREESTYLE SWIMMERS

The 1000 free is limited to the first 30 entries. You may designate a "5th" event for Saturday should the 1000 be full. Make sure your 5th event is well marked or we will drop the last event listed for Saturday if needed.

CLERK OF COURSE

The meet will be managed by the Clerk of Course. Questions concerning entries and results will be handled by the Clerk during the meet.

FEES One day: \$40.00 Two days: \$60.00 Deck entry add \$10.00 late fee. There will be <u>no charge</u> for relay events. There will be NO REFUNDS.

SEEDING Heats will be slow to fast: The 1000 free, 500 free and 400 IM will be swum slow to fast.

MEET SCHEDULE Saturday: Session I: Pool opens for warm-ups at 9:00 a.m. 1000 Freestyle starts at 9:45 a.m.

Saturday: Session II:

Relay entries for events 3/4/21 are due by 10:15a.m. Warm-up for at least 30 minutes at the conclusion of the 1000 freestyle. <u>Meet will not begin before 10:30a.m.</u>

Sunday:

Relay entries for events 25/26/41 are due by 10:00 a.m. Warm-ups at 9am Competition begins at 10:00am

Concessions: Will NOT be offered at the meet

DIRECTIONS to POOL

Interstate 85 to exit #93 (Shallowford Road). Go north on Shallowford 1.3 miles; the Dynamo Swim Center is on the right side of the road.

MEET DIRECTOR

Jesse Lewis- jesse@dynamoswimclub.com Maria Thrash

Notes: Masters swimming is a strenuous activity and each participant is advised to consult a physician before participating in such a program. Due to stipulations in the Dynamo Swim Center's insurance policy, you must be registered with USMS to participate in the meet. NO CHILDREN or NON-REGISTERED GUESTS will be allowed in the pools during the weekend.

Dynamo Masters Swim Team - St. Patrick's Day Invitational

March 28-29,2020

Atlanta, GA

Name		Sex	Age	Birth date	
Address		_City		State	Zip
Telephone	E-mail				
USMS#	Team*		Team At	obreviation* _	

Your entry will not be processed without a copy of your 2020 USMS Registration Card.

* For in-state meets GAJA Super Team swimmers should use their Chapter Designation as their team, rather then GAJA.

		SUNDAY		
Seed time	Event	(circle)	Seed time	Event
	1000 Free	13		500 Free
	200 Freestyle Relay-Women	14		200 Medley Relay-Women
	200 Freestyle Relay- Men	15		200 Medley Relay-Men
	200 Butterfly	16		200 IM
	50 Freestyle	17		50 Backstroke
	200 Breaststroke	18		100 Freestyle
	100 Backstroke	19		100 Breaststroke
	200 Freestyle	20		100 Butterfly
	50 Butterfly	21		200 Backstroke
	50 Breaststroke	22		100 IM
	_ 400 IM	23		200 Medley Relay-Mixed
	200 Free Relay-Mixed			
	Seed time	1000 Free200 Freestyle Relay-Women200 Freestyle Relay- Men200 Butterfly200 Butterfly50 Freestyle200 Breaststroke100 Backstroke200 Freestyle50 Butterfly50 Butterfly50 Butterfly50 Butterfly50 Butterfly50 Butterfly50 Butterfly50 Breaststroke400 IM	Seed time Event (circle)	Seed time Event Seed time 1000 Free 13

Maximum of four individual events per day. The 1000 freestyle is open to the first 30 entrants.

Saturday: Warm-ups: 9am, competition: 9:45 a.m. There will be a 30 minute warm-up at the conclusion of the 1000. Afternoon session starts no earlier than 10:30am

Sunday: Warm-ups: 9:00 a.m., competition: 10:00 a.m.

Fees	Make checks payable to: Dynamo Parents' Club				
One Day \$40.00	c/o Maria Thrash (cell) 404 374-3578				
Two Days \$60.00	3119 Shallowford Rd				
Deck Entry \$10.00 late fee added	Atlanta Ga 30341				
No Refunds	<u>**Entries without a copy of your 2020 USMS registration and</u>				
Total Cost :	signature will not be processed				

Must sign USMS Liability Release on Back of Entry

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle)		Date of Birth (mm/dd/yy)	
			М	F		
Street Address, City, State, Zip						
Signature of Participant				Date Signed		