

MASTERS SWIMMING ENTRY FORM

- Athletes can list multiple sports on one entry form • Athlete's cotton T-shirt is included with the entry fee
- Make check or money order payable to "Iowa Games"
- Mail entry fee and form to: Iowa Games; 1421 S. Bell Ave. #104; Ames, IA 50010

ATHLETE INFORMATION (Thank you for printing all information)

FIRST NAME _____ LAST NAME _____ DATE OF BIRTH (MONTH/DAY/YEAR) _____ / _____ / _____

ADDRESS _____ CURRENT AGE _____

CITY _____ STATE _____ ZIP _____ MALE FEMALE

DAY PHONE _____ CELL PHONE _____ check box if you would like to receive text message updates about the Iowa Games and your sport

E-MAIL ADDRESS _____

EMERGENCY CONTACT NAME AND PHONE NUMBER (Athletes under age 18, please list a parent/guardian) _____

T-SHIRT SIZE

Youth: 6-8 10-12 14-16

Adult: S M L XL 2XL 3XL

DRI FIT UPGRADE
 Dri Fit Upgrade: YES NO Upgrade your cotton T-shirt to a Dri Fit for ONLY \$12 through June 22.

TOTAL FEES ENCLOSED

Entry Fee \$ _____

Dri Fit Upgrade \$ _____

Total Enclosed \$ _____

SWIMMING EVENTS (in order of events)

Saturday Morning (July 18) Seed Time (best time in 2019)

500 Freestyle _____ : _____ . _____

200 Freestyle _____ : _____ . _____

100 Breaststroke _____ : _____ . _____

100 Butterfly _____ : _____ . _____

50 Freestyle _____ : _____ . _____

400 Individual Medley _____ : _____ . _____

50 Butterfly _____ : _____ . _____

200 Backstroke _____ : _____ . _____

Sunday Morning (July 19) Seed Time (best time in 2019)

1650 Freestyle _____ : _____ . _____

100 Backstroke _____ : _____ . _____

100 Freestyle _____ : _____ . _____

50 Breaststroke _____ : _____ . _____

200 Butterfly _____ : _____ . _____

200 Individual Medley _____ : _____ . _____

50 Backstroke _____ : _____ . _____

200 Breaststroke _____ : _____ . _____

100 Individual Medley _____ : _____ . _____

Date: Saturday, July 18 & Sunday, July 19, 2020

Location: Beyer Hall, Iowa State University
Ames, Iowa

Time: Saturday, July 18 - Warm up 8:30 AM, Competition 9 AM
Sunday, July 19 - Warm up 8:30 AM, Competition 9 AM

Early Registration Deadline: \$20* - Monday, May 4, 2020 (postal/online)

Mid Registration Deadline: \$25* - May 5 - June 8 (postal/online)

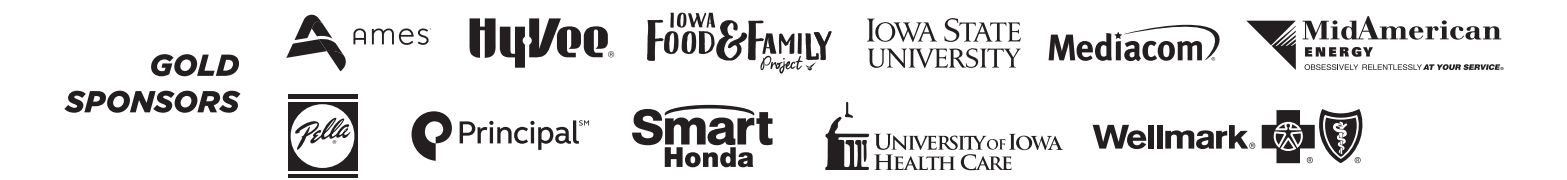
Final Registration Deadline: \$30* - June 9 - July 6 (postal/online)

* Entry fee is for first event. Each additional event is \$3.

Recognized by U.S.M.S. Inc. and Iowa Masters Swimming

Recognition Number: _____

THANK YOU FOR SIGNING THE WAIVER ON THE BACK SIDE! REMEMBER THE ENTRY FEE (please check your sport Web site for correct fee).



OFFICE USE ONLY: PM _____ PMT _____ EB _____ CL _____ WV _____ FD _____

IOWA GAMES ATHLETE WAIVER INSTRUCTIONS ATHLETE WAIVER AND RELEASE FROM LIABILITY

In consideration of being permitted to enter for any purpose any RESTRICTED AREA (herein defined as the areas to which admission by general public spectators is prohibited and in addition, consisting of the planned route, or any other area which the participant chooses to access by any mode of transportation), or being permitted to compete, officiate, observe, work for, or for any purpose participate in any way in the event, EACH OF THE UNDERSIGNED, for himself/herself, his/her personal representatives, heirs, next of kin, acknowledges, agrees and represents that he/she has, or will immediately upon entering any of such restricted areas, and will continuously thereafter, inspect such restricted area or areas and all portions thereof which he/she enters and with which he/she comes in contact, and he/she does further warrant that his/her entry upon such restricted area and that he/she finds and accepts the same as being safe and reasonably suited for the purpose of his/her use, and further agrees and warrants that if, at any time, he/she is in or about restricted areas and he/she feels anything to be unsafe, he/she will immediately advise the officials of such and will leave the restricted area(s):

1. HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the Iowa Sports Foundation, d/b/a/ Iowa Games, its affiliated clubs, organizations and licensed medical professionals, their respective administrators, officers, directors, representatives, agents, coaches, the promoters, hosts, other participants, operators, officials, sponsors, advertisers, owners and leasees of premises used to conduct the event and each of them, their officers, and employees, all for the purposes herein referred to as "releasees", from all liability to the undersigned, his/her personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in or upon the restricted area, and/or competing, officiating in, observing, or working for, or for any purpose participating in the event;

2. HEREBY AGREES TO INDEMNIFY AND SAVE HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted area or in any way competing, officiating, observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releasees or otherwise.

3. HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releasees or otherwise while in or upon the restricted area and/or while competing, officiating, observing, or working for or for any purpose participating in the event.

4. EACH OF THE UNDERSIGNED expressly acknowledges and agrees that the activities at the event and in the restricted areas are dangerous and involve the risk of serious injury and/or death and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

5. Hereby consent to allow my picture and/or voice or likeness to appear in any official documentary, promotional, exclusive television, radio or film coverage of the Iowa Sports Foundation, d/b/a/ Iowa Games in any manner incidental to my participation in the Iowa Sports Foundation, d/b/a Iowa Games and without compensation to me. THE UNDERSIGNED HAS READ THIS WAIVER AND RELEASE FROM LIABILITY, FULLY UNDERSTANDS ITS TERMS, UNDERSTANDS THAT SUBSTANTIAL RIGHTS ARE GIVEN UP BY SIGNING IT, AND SIGNS IT FREELY AND VOLUNTARILY, and further agrees that no oral representatives, statements or inducement apart from the foregoing written agreement have been made. This waiver, release and indemnification agreement, specifically embraces each and every event sanctioned, authorized, sponsored, co-sponsored, or promoted by said releasees during the entire season, including, without limitation, local or regional qualifying events, wherever located, and applies to each and every event, or activity hereinabove mentioned, and has the same effect as if executed after each and every activity or event in which the undersigned participates so that the parties herein intended to be released and indemnified shall be fully and effectively released and indemnified as to each and every event hereinabove described.

Signature: _____ Date: _____