

WASHINGTON STATE SENIOR GAMES

JULY 9 - AUGUST 9, 2021

COVID-19 GUIDELINES

Please understand the COVID-19 pandemic is not over and those involved in the planning of the Washington State Senior Games have attempted to mitigate the risk to everyone. But, even with all the careful planning, we cannot guarantee that there isn't a risk of infection. In planning, state and Department of Health guidelines have been followed. Your cooperation with these requirements is very important and much appreciated.

1. All restrictions imposed at the state, local or venue level that are in place at the time of the event will be strictly followed. Specific details will be emailed prior to each event and published on our website.
2. Participants, spectators, and officials will be required to wear a mask. For most sports, masks may be removed during competition, but some sports may require masks to be worn at all times.
3. Proof of vaccination isn't required, but we strongly encourage you to get the vaccine to protect yourself and others.
4. For the safety of our athletes, spectators, and volunteers, we are counting on athletes to self-screen before coming to their event. If you aren't feeling well, are experiencing symptoms of COVID-19, or have been exposed to someone with these symptoms, PLEASE STAY HOME.

REGISTRATION INSTRUCTIONS

1. Athletes must register by the specified deadline for the sport(s) they are entering. The deadline for most sports is July 13, 2021.
2. For 2021, no day-of-event registration will be allowed.
3. For Pickleball, you must register and pay online for the Washington State Senior Games tournament on PickleballTournaments.com You don't need to mail your entry or send your payment to WSSG for Pickleball unless you are registering for another sport.
4. Badminton, Ballroom Dance, Beach Volleyball, Golf, Rock Climbing, and Table Tennis have been cancelled for 2021.

PAYMENT INFORMATION

Please pay with a check made payable to **Washington State Senior Games**, or by supplying your credit card information on the registration form.

MAIL IN YOUR COMPLETED REGISTRATION FORM

Once you have completed your registration form and signed your waiver, mail them along with your check or credit card information to:

Washington State Senior Games

PO Box 1487

Olympia, WA 98507-1487

All registration forms must be postmarked by July 13, 2021
Save \$10 by mailing your registration forms by May 25, 2021

Your Registration Confirmation will be mailed to you within two weeks.
If you have any questions, please call us for assistance at 360-413-0148
or email wa.senior.games@gmail.com



INDIVIDUAL & DOUBLES SPORTS

ARCHERY

Sport Commissioner:

Teko Phillips
425-205-7781
pinkarrow1@yahoo.com

Schedule:

Sunday, July 11
Check-in and practice:
8:30 am to 10:00 am
Competition begins:
10:00 am

Venue:

Skookum Archers
11209 Shaw Rd E
Puyallup, WA 98374

BASKETBALL

Sport Commissioner:

Nick Schmidt
360-481-3144
nickaschmidt@gmail.com

Schedule:

Saturday, July 24
8:00 am - 3:00 pm

Venue:

Olympia High School Gym
1302 North St SE
Olympia, WA 98501

BOWLING

Sport Commissioner:

Beth Kempf
360-951-8019
bethkempf@comcast.net

Schedule:

Saturday, July 10 @ noon
Saturday, July 10 @ 3:00 pm
Sunday, July 11 @ noon

Venue:

Westside Lanes
2200 Garfield St NW
Olympia, WA 98502

COWBOY ACTION SHOOTING

Sport Commissioner:

Bill Dalton
360-352-1393

Schedule:

Sunday, July 11
8:00 am - 4:00 pm

Venue:

Evergreen Sportsmen's Club
12736 Marksman Rd SW
Olympia, WA 98512

CYCLING

Sport Commissioner:

Erik Anderson
erik.o.anderson@gmail.com

Schedule:

Sunday, July 25
7:30 am - check-in begins
9:00 am - 5k Time Trial
10:30 am - 10k Time Trial
12:30 pm - 40k Road Race

Venue:

Boston Harbor Elementary
7300 Zangle Rd NE
Olympia, WA 98506

DISC GOLF

Sport Commissioners:

John Anderson and Rick Gill
360-480-9523
post428@gmail.com

Schedule:

Saturday, July 24
8:00 am - check-in
9:00 am - start time

Venue:

Woodland Creek Community Park
6729 Pacific Ave SE
Lacey, WA 98503

PICKLEBALL

Sport Commissioner:

Ken Lee
253-514-0026
miokandken@comcast.net

Schedule:

Fri, Aug 6 @ 8:30 am WD
Sat, Aug 7 @ 8:00 am MXD
Sun, Aug 8 @ 8:30 am MD
Mon, Aug 9 @ 8:00 am MS/WS

Venue:

Rainier Vista Community Park
5475 45th Ave SE
Lacey, WA 98503

POWER WALKING

Sport Commissioner:

Edythe Hulet
huleteanne@comcast.net

Schedule:

Saturday, July 24 at 8:00 am

Venue:

Tumwater High School
700 Israel Rd SW
Tumwater, WA 98501

RACE WALKING

Sport Commissioner:

Dora Choi
206-361-6911
dora.choi.training@gmail.com

Schedule:

Saturday, July 24
8:45 am - 5k
11:30 am - 1500 meter

Venue:

Tumwater High School
700 Israel Rd SW
Tumwater, WA 98501

RACQUETBALL

Sport Commissioners:

Jerry Rettela
360-457-6994
eletteor@msn.com

Ted Bailey

360-705-6522
tedbailey12@msn.com

Schedule:

Saturday, July 17 @ 10:00 am

Venue:

The Valley Athletic Club
4833 Tumwater Valley Dr SE
Tumwater, WA 98501

ROAD RUN 5K/10K

Sport Commissioner:

Jeff Foster
360-352-6087
djfoster4@comcast.net

Schedule:

Saturday, July 24
7:30 am - check-in begins
8:45 am - start time

Venue:

Tumwater High School
700 Israel Rd SW
Tumwater, WA 98501

SHUFFLEBOARD

Sport Commissioner:

Rob Robinson
360-581-0669
ShufflingRob@outlook.com

Schedule:

Monday, July 19
Tuesday, July 20
Wednesday, July 21
8:00 am check-in each day
8:30 am competition begins

Venue:

Little Creek Casino
91 West State Route 108
Shelton, WA 98584

SWIMMING

Sport Commissioner:

Mel Smith
360-923-5581
melcomplynow@msn.com

Schedule:

Sunday, July 25
9:30 am competition begins

Venue:

Briggs Community YMCA
1530 Yelm Hwy SE
Olympia, WA 98501

TENNIS

Sport Commissioners:

Brenda and Mike Williams
360-790-8802
brenda@wmsgroup.com

Schedule:

Friday, July 9 @ 12:00 noon
Saturday, July 10 @ 8:00 am
Sunday, July 11 @ 9:00 am

Venue:

The Valley Athletic Club
4833 Tumwater Valley Dr SE
Tumwater, WA 98501

TRACK AND FIELD

Sport Commissioners:

Dianne Foster (track events)
360-701-8129
run.dj4@gmail.com

Paul Kelly (field events)

360-250-5527
greatnw55@yahoo.com

Fran Melzer (field events)

360-878-7708
dancingran@mac.com

Hammer & Weight Throws:

Schedule:

Friday, July 23
9:00 am - weigh-in/cert.
10:00 am - throws begin

Venue:

Saint Martin's University
5300 Pacific Ave SE
Lacey, WA 98503

All other T&F Events:

Schedule:

Saturday, July 24
9:00 am to 3:00 pm

Venue:

Tumwater High School
700 Israel Rd SW
Tumwater, WA 98501

SPORTS CANCELLED FOR 2021

Badminton
Ballroom Dance
Beach Volleyball
Golf
Rock Climbing
Table Tennis
Trap Shooting

WAIVER OF LIABILITY AND PAYMENT

THIS WAIVER MUST BE SIGNED AND RETURNED WITH YOUR ENTRY FORM AND PAYMENT

AGREEMENT, RELEASE AND WAIVER OF LIABILITY

It is my intent as a participant or player competing in the Washington State Senior Games sanctioned activities, while participating during activities that I am agreeable to the following:

- ✓ I acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from:
 - An outbreak of any and all communicable disease, including but not limited to, the virus “severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)”, which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof.
- ✓ In consideration of having the opportunity to participate as either a team member or competitor, and in acknowledging that I am aware of and willing to assume the risks associated with this activity, I hereby voluntarily agree to waive, hold harmless and indemnify Washington State Senior Games and its Board of Directors, agents, volunteers, staff, coaches, trainers, officials, partner cities and sponsors, or others affiliated with the Games from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my preparation for or my participation in the Washington State Senior Games.
- ✓ I recognize and voluntarily accept all risks associated with my participation in the event, no matter how remote or unlikely. I realize that my activity may well include serious bodily injury, catastrophic spinal injury (including total or partial paralysis), permanent impairment, brain damage, and even death. I recognize that these injuries may be sustained by me from falling, tripping, being pushed, running, striking or being struck by a spectator, another participant, a vehicle, equipment used in the event, and the like.
- ✓ As an adult, I take full responsibility for my participation in this event and for the level at which I choose to participate. I have no impairment, physical or mental, that should preclude my participating in this event at the level that I choose. I am physically fit and capable of participating in this event at the level I choose. I understand that I can remove myself from participating in this event at any time I choose to do so.
- ✓ I do not expect Washington State Senior Games, its agents, volunteers, officers, employees, any partner cities or sponsors to coach, manage, instruct or train me for this event. I recognize that it is my personal responsibility to learn, prepare, understand and obey the rules for this activity or event.
- ✓ Prior to participating as an athlete I will inspect the facilities and equipment to be used and if I believe same to be unsafe, I will immediately report such conditions to the Sport Commissioner, Supervisor or Official connected with the Games of same and either decline to participate or assume the risk of participating.
- ✓ The undersigned expressly agrees that the foregoing Waiver and Release of all claims is intended to be as broad and inclusive as is permitted by the laws of Washington and that if any portion thereof is held invalid it is agreed that the balance shall not withstanding, continue in full legal force and effect.
- ✓ Further, I grant full permission to use my photograph, picture, likeness and/or voice to appear in any official documentary, promotional (including any and all advertisements), television, radio or film coverage of the Games without compensation.
- ✓ I consent to all emergency medical treatment as may be deemed appropriate under existing circumstances by medical personnel or personnel associated with the Games.
- ✓ I, the undersigned, have carefully read and voluntarily signed this hold harmless Waiver and Release of all claims and fully understand its contents and meaning as full waiver and release of all claims, liability and indemnity for Washington State Senior Games, its agents, volunteers, officers, employees and any partner cities and sponsors.

I have read this Waiver of Liability and I agree to its terms.

PRINT NAME _____

SIGN NAME _____

DATE SIGNED _____

PAYMENT CALCULATION

Basic Registration Fee	select one	Total
I mailed my registration on or before May 25	\$ 25	
I mailed my registration after May 25	\$ 35	\$ 35
Event Fee	select one	
I'm registering for 1 event	\$ 10 <input type="checkbox"/>	
I'm registering for 2 events	\$ 20 <input type="checkbox"/>	
I'm registering for 3 events	\$ 30 <input type="checkbox"/>	
I'm registering for 4 events	\$ 40 <input type="checkbox"/>	
I'm registering for 5 or more events	\$ 50 <input type="checkbox"/>	
I would like to make a donation to the Washington State Senior Games	Donation amount	
GRAND TOTAL		

Note: The event fee is based on the number of **events** within a sport (or sports) checked on your entry form.

PAYMENT INFORMATION

I'm paying by check

CHECK NUMBER

I'm paying by credit card

AMOUNT PAID

CREDIT CARD NUMBER

 -

EXPIRATION DATE (MM-YY)

CARD VERIFICATION CODE (ON BACK OF CARD)

SELECT YOUR EVENTS

CHECK THE BOX NEXT TO EACH EVENT YOU WISH TO ENTER

ARCHERY

ENTRY LIMITED TO ONE EVENT ONLY

- Barebow Compound
- Barebow Recurve
- Compound Fingers
- Compound Release
- Recurve

BADMINTON

Badminton has been cancelled for 2021

BALLROOM DANCE

Ballroom Dance has been cancelled for 2021

BASKETBALL

- Hot Shot
- Free Throw

BEACH VOLLEYBALL

Beach Volleyball has been cancelled for 2021

BOWLING

Note: You can only bowl in one event per session

SESSION 1: SATURDAY, JULY 10TH AT 12:00 NOON

- Singles LIMIT OF ONE EVENT
PER SESSION
- Doubles _____
DOUBLES PARTNER FOR SESSION 1
- Mixed Doubles _____
MIXED DOUBLES PARTNER FOR SESSION 1

SESSION 2: SATURDAY, JULY 10TH AT 3:00 PM

- Singles LIMIT OF ONE EVENT
PER SESSION
- Doubles _____
DOUBLES PARTNER FOR SESSION 2
- Mixed Doubles _____
MIXED DOUBLES PARTNER FOR SESSION 2

SESSION 3: SUNDAY, JULY 11TH AT 12:00 NOON

- Singles LIMIT OF ONE EVENT
PER SESSION
- Doubles _____
DOUBLES PARTNER FOR SESSION 3
- Mixed Doubles _____
MIXED DOUBLES PARTNER FOR SESSION 3

COWBOY ACTION SHOOTING

ENTRY LIMITED TO ONE EVENT ONLY

- Traditional
- Gunfighter
- Duelist
- B-Western
- Open Black Powder
- Classic Cowboy/Cowgirl

CYCLING

- 5k Time Trial
- 10k Time Trial
- 40k Road Race

DISC GOLF

- Two, 18 Hole Rounds

GOLF

Golf has been cancelled for 2021

PICKLEBALL

For Pickleball, you must register and pay online for the Washington State Senior Games tournament on PickleballTournaments.com

If you are only registering for Pickleball:

- ☞ Complete your registration and payment online for Pickleball. In this case, please don't mail your entry or payment to WSSG.

If you are registering for Pickleball along with another sport or sports:

- ☞ Complete your registration and payment online for Pickleball first.
- ☞ Print, fill out, and mail an entry form along with your payment for the other sport(s).
- ☞ Please note on your entry form that you have already paid for Pickleball and list the events that you registered for online for Pickleball.
- ☞ For your fee calculation, you already paid your basic registration fee when you paid for Pickleball so just calculate the fees for the additional events.

If you have any questions, please call 360-413-0148 or email pugetsoundgames@comcast.net



SELECT YOUR EVENTS

CHECK THE BOX NEXT TO EACH EVENT YOU WISH TO ENTER

POWER WALKING

1500 meter

RACE WALKING

1500 meter
 5k

RACQUETBALL

Singles
 Doubles _____
DOUBLES PARTNER

ROAD RACE

5k Run/Walk
 10k Run

ROCK CLIMBING

Rock Climbing has been cancelled for 2021

SHUFFLEBOARD

Singles
 Doubles _____
DOUBLES PARTNER

SWIMMING

SEED TIME (YOUR LAST RECORDED TIME)

500 yd freestyle _____
 100 yd breaststroke _____
 25 yd butterfly _____
 200 yd freestyle _____
 25 yd backstroke _____
 *200 yd freestyle relay, mixed _____
 50 yd freestyle _____
 200 yd IM _____
 50 yd breaststroke _____
 200 yd backstroke _____
 100 yd freestyle _____
 400 yd IM _____
 *100 yd freestyle relay, mixed _____
 100 yd butterfly _____
 25 yd breaststroke _____
 50 yd butterfly _____
 100 yd backstroke _____
 200 yd breaststroke _____
 100 yd IM _____
 25 yd freestyle _____
 50 yd backstroke _____
 200 yd butterfly _____

* = No Fee for Relays

TABLE TENNIS

Table Tennis has been cancelled for 2021

TENNIS

Singles
 Doubles _____
DOUBLES PARTNER
 Mixed Doubles _____
MIXED DOUBLES PARTNER

TENNIS LEVEL

TRACK & FIELD

50 m
 100 m
 200 m
 400 m
 800 m
 1500 m
 High Jump
 Long Jump
 Standing Long Jump
 Triple Jump
 Pole Vault
 Discus
 Javelin
 Shot Put
 Football Throw
 Softball Throw
 Hammer Throw _____
 Weight Throw _____
USATF # (HAMMER & WEIGHT THROWS ONLY)

TRAP SHOOTING

Trap Shooting has been cancelled for 2021

